



Waltair Times

HOUSE JOURNAL OF THE WALT AIR CLUB, VISAKHAPATNAM

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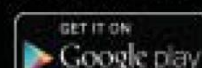
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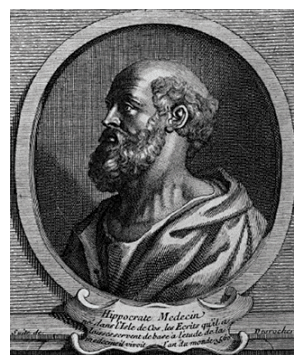
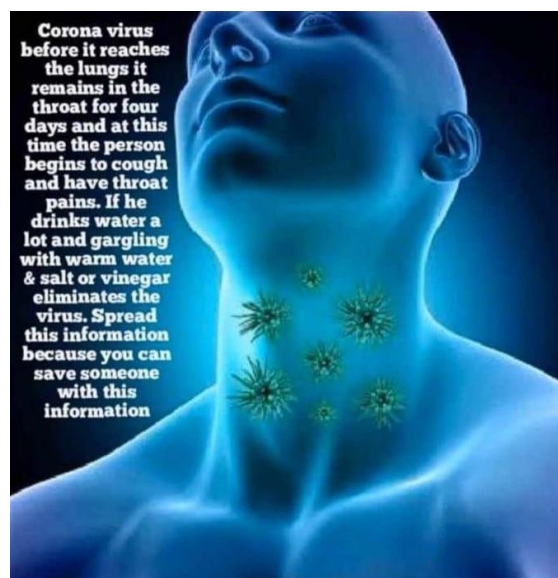
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Cover Page Concept : P S Raju FCA, Vice President, Waltair Club

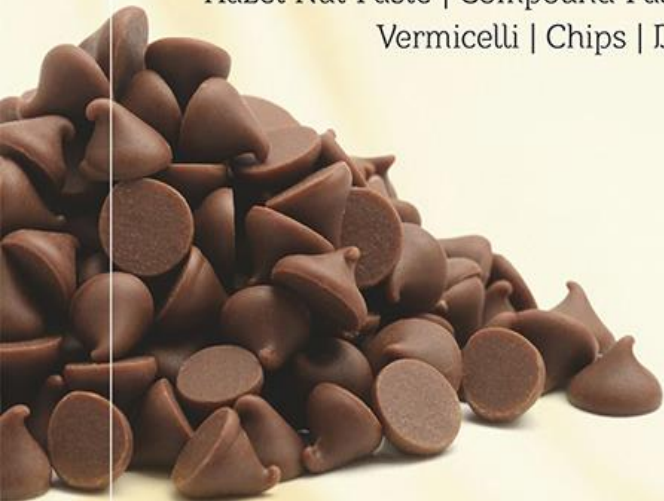


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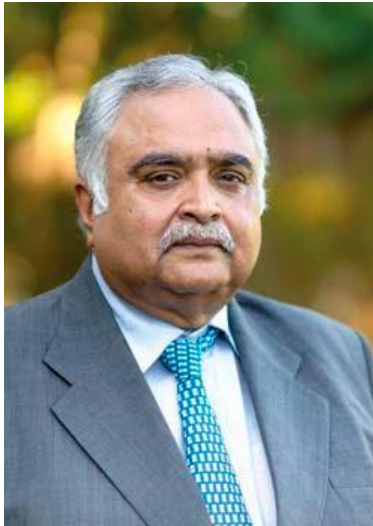


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PRESIDENT'S MESSAGE



Dear Members,

This COVID - 19 epidemic underscores vividly and tragically what we already knew, which is in a world as interconnected as ours, outbreaks anywhere – even in the most remote villages, in the remote corners of the world – or in distant Wuhan in China, have the potential to impact everybody, every nation.

We may need to brave and overcome whatever storms come our way. We may be tested, but as we saw after Hud Hud, we did not falter nor did we turn back.

This resilience of us Vizagites has inspired many and as we face another potential test, let us be vigilant and follow the Govt, guidelines to minimize the spread of this pandemic.

We have endured before and we shall endure again.

Be safe everybody!

Warm Regards

Kumar Muppidi

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Honorable Members,

It is in challenging and stressful times, this communication goes out to all the Honorable Members and their families. **Does any one remember, the last time any of us devoted our attention to our beloved families!!!**

“Unity in Diversity” is what this Great Country of ours has and the cover page of this issue signifies the same.

In this issue there are articles like “Some Common Diseases – Common Sense” in the Medical Arts section, “Sustainability – The Fashion Trend of the Future”, “Live in Relationships” in Legal Matters, “Comedy of Mistakes - An Experience in Real Life”, “గోరంత దీపం”, “Last Wish” a must read article taken from the Web, also from the Web is “City of Chennai -” and “Disable persons/ Physically Challenged” and “A BRILLIANT ANALYSIS OF KASHMIR PROBLEM BY CARLA STEWART”.

Affiliated Clubs find a place in this issue. My Articles “Benefits of the Present Situation – Sustainable Growth” and “Innovative Approach to Health Care – Secondary Level” are in this issue and I request, the Honorable Members and their families, to spare a little of ur valuable time. The other content, Announcements, Obituary references, Tit Bits, Sudoku, Chess, Puzzles, Bridge, Jokes, Book – Movies – Music Albums – Gadgets etc., are continued.

The ERP work is almost complete and would soon be launched. The effort, in this regard, has not stopped even in these difficult times. The, Risk Management Systems (P) Ltd., Bengaluru, who are implementing

the CMS (ERP for Clubs), have been given remote access and their hand holding time has started. This will continue for the next 10 months.

Members monthly bills are being automated and u will soon be receiving by e-mail and sms the complete details, with an option to pay online. This mode of payment, can be made online without the hassle of Cheque and other Modes of Payment. The present system, will continue but we would like to have more and more online payments.

I request all the Members to update their addresses, e-mail id's and mobile numbers. This would enable updating the mailing list. This can be done by sending a mail to info@waltair.com. U may also call the office and update the data. The importance of this exercise cannot be overstated. Ur co-operation in this regard is very important to us.

The Club has donated so far Rs.10 lakhs so far to, containing Covid – 19, Rs.5 lakhs out of this is, for the specific purpose of buying PPE Kits to the Doctors at Visakhapatnam. The whole credit for this goes to all the Honorable Members and also the Hon. Secretary, Prof. G. Seshagiri Rao.

One concern of the Management Committee is, the manner in which the complaints from Honorable Members are received, recorded and attended to. There is no doubt in any body's mind that this, takes utmost precedence, in the Club. We are working on a fool proof system and would soon Incorporate the same in our ERP System.

Another area, is identifying the Vendors for all our purchases of goods and services, technical evaluation by inviting online technical information, shortlisting, online invitation for price bids, evaluation of the same and transparent and honest manner of placing orders or entering into rate contracts, payments to the Vendors. This is being tackled by placing an automated system in the ERP with the necessary tools.

We need to conquer our fears, express freely and always be positive. We need to innovate and reinvent ourselves to, carry on our work, in spite the hurdles and tough times.

The Management Committee is wholly with all the Members & their Families. Put all your effort to make the lock down an absolute success. Stay Home and stay Safe.

P. S. Raju, FCA., Vice President & Editor, Waltair Times.

SECRETARY'S MESSAGE

I wish all Members

"ఉగాది శుభాకాంక్షలు"

Also to members who celebrates their New Year in "Chaitra" (March-April) – Gudi Padwa (Maharashtra), Baisakhi (Punjab), Bihu (Assamese), Vishu (Kerala), Puthandu (Tamilnadu), Cheti Chand (Sindhi), Pohela Boishakh (West Bengal), Navreh (Kashmiri), Pana Sankranti (Orissa) Ugadi (Karnataka).



I am happy to inform you that the Club will be screening old classics that are available. We start with "Mayabazar" on 21st March'2020. Every month one old movie will be screened from the following:

Paathala Bhairavi.

Missamma.

Meranaam Joker.

any other old movie that is available.

Members should come and enjoy them. Feel refreshed.

I request you all to take care of yourself from Corona Virus by following health precautions: We at the Club, take all precautions to avoid contact with virus.

Finally I wish all of them to attend the Ugadi and Sri Rama Navami Celebrations in March and April.

Thanking you,

Prof. G. Seshagiri Rao, Phd.,

Hon. Secretary

THE BENEFITS OF THE PRESENT PREDICAMENT – SUSTAINABLE GROWTH

By Mr. P. S. Raju, FCA., (S-148)



Fellow Citizens,

This is a very trying situation for everyone. But I truly believe, we can achieve a lot in this great Country of ours, during the lockdown period and even after we pass over it.

“Dream Dream Dream, Dreams transform into thoughts and thoughts result in action”. APJ Abdul Kalam.

If we look at it more closely and positively, Covid-19 and the consequent lockdown, is a great opportunity for India. It's an opportunity when people who improvise and reinvent themselves will benefit.

No activity except, unproductive activities, need to stop. They can be performed more efficiently and professionally.

India has the infrastructure to do this. There would be vast reduction *in unproductive* activities like: Travel both business & leisure, gambling, parties, extravagant events whether marriage celebrations and several others, funeral processions, get to gathers, unproductive gossiping, visiting government offices or the public sector or private organizations, following up on orders for business, payments, supply, designing and editing etc.

Social gathering events like Clubs, Pubs, Gambling dens, Event managements, functions, rail, bus, aircraft travel would mostly become things of the past. New avenues will open up to fill this space. All valuable resources will be directed towards productive outcomes. Delivery can be by drone technology, Goods transported by high speed rail freight carriers.

Without passenger trains imagine, how much free rail rolling stock, will be available, for this purpose. Dependence on fossil fuel would go. No cars on roads nor trucks on the highways. Truck activity will be taken over by the freight trains, till the last station from where drone technology can come into action and fairly large size delivery by electrically run vans, autos, mini trucks. Order any item of your requirement from a small grocery store or pan shop and you would get it delivered either by a drone or some other means.

Education can go online. No hostels, travel, classrooms, staff etc., Best material can be supplied and imparted to the Children - interactive, fun and of latest courses. Only thing missing would be outdoor sports. But your roof tops and small spaces around your home can make up to an extent. Skipping, tug of war, street cricket, marbles, badminton, volleyball do not require much space.

Hospital consultation would be available online, medicines delivered and in serious cases involving surgery etc., electrically driven ambulances can carry the patient to the hospital. The hospitals, which would mostly be empty, can easily handle the few serious cases.

Use video conferencing for business meetings, family discussions and also functions. Lot of other inventions would come in and the way we live now will change forever. Nothing will be the same again in this Country.

How many of us use technology like “team viewer”, “Zoom” etc., to access servers from a remote location and hold video conferencing? There is no growth without destruction. The destruction started, by grace of god, when we are fully equipped to handle it.

A number of people would be required for Manufacturing. In China, workers are stuck to their production units, for a year. It is only, once in a year, they go to their families, during Chinese new year. Links to the videos, on you tube, are given below. These documentaries, need to be seen by everyone, to know the plight of the Chinese worker.

1) <https://www.youtube.com/watch?v=-EjhevW7iWw>

2) <https://www.youtube.com/watch?v=KNXg-kYk-LU>

This need not necessarily be the case in India. The Manufacturing Plants need to plan for a 3 shift/day process. The active group, which is needed for the work, can go through testing or quarantine for 21 days and be provided all facilities at the place of their work including good lodging, boarding and entertainment.

The second batch should be ready, after about 45 days *or* the first *batch starting* work and replace the initial batch, as and when required. The wages to the labor, need to be attractive and *they* should have the facility to transfer the money to their families, preferably every week. Of course, this is just a general observation, each industry needs to adopt what is best suited to them.

The same can be done with the farming activities. Before I delve on this awesome activity, let us look at the rural background and the small holdings of the Majority of the Farmers. They are neither able to get the benefit of Modern Technology nor have the knowhow to determine which crop is most suitable to their land? What fertilizers and pesticides are required? How to get remunerative prices for their produce? How to avoid destruction by mice and rotting by lapse of time? etc.,

These are the problems which can be addressed by honest and large Business Groups in India. Luckily in this Country, there are plenty of them, some of them having already started work in this area.

Take the example of ITC, which entered this space and also set up rural agricultural choupals. But if groups like these, seriously enter this area, there would be transformation in the Agricultural Sector. A few others like the Tata's, Reliance, Mahindra, Birla's, Infosys, Wipro etc., who have proven themselves to be reliable and trustworthy Corporates may be interested to enter this area.

The Government at the Centre has a major role to play. They need to pass laws to take care of the interests of the farmers. Laws and rules ***which will safeguard the interests of the farmers specially their ownership rights.***

The Corporate bodies, can come in as partners, in the *production activity*. They can seek in their contracts with the farmers, a share of the produce, only after the profit of the farmer is passed on to him. These contracts can be facilitated by the Government Agencies. *In only exceptional and compelling cases* option *be* given to the Corporates, *not to associate* with any of the farmers, in the area where they choose to operate. *They need to take all the farm* lands and cannot avoid any stock of land unless the farmer does not want to participate. The sharing ratios can vary depending upon the fertility, water availability, quality of soil, accessibility etc.,

Farming/Plantations would get automated and latest technology will take over, resulting in farming techniques like use of modern equipment, soil testing, selection of suitable crops, regulated use of fertilizers and pesticides, logistics of transport, remunerative price for the produce, avoiding wastage, middlemen etc.,

To make as much agricultural land as possible cultivable, the Governments both at the Centre and States, can come together and make the dream of linking the rivers of India a reality. The other areas are the pan India Power Grid and Railway network and of course the fiber optic Grid.

The next is the Service sector. This is one sector, which can adopt itself very fast and in a very *professional and profitable way*. Most of the Services can be rendered *online, with* remote access to their offices, video conferencing etc.,

Let us now dare, to make a forecast of what can happen, in the lock down conditions and also thereafter, for some specific sectors.

“One great enemy we must all endeavor to fear not conquering is fear. Fear can cripple purpose and purposeful life. Fear asks questions we must fear. Fear makes vision a nightmare. One must always cross the barrier of fear to get to the great city of true purposefulness. A great number of us who are unable to live to accomplish the true reason for our existence on earth are unable to cross the barrier of fear in the first place.”

— Ernest Agyemang Yeboah

The Hotel & Hospitality Industry. As discussed earlier, it may not have much future but they can reinvent. The properties they own, in the present form, are white elephants, which every day, bleed them. One way of getting over it, is to invest and convert their hotel properties into office suites, service apartments to be run or sold. Still available space, can be converted into luxury apartments and sold.

The Refinery Industry will take a hit... With no cars and trucks on the roads, what use is petrol and diesel? They can reinvent themselves into, manufacturing Styrofoam Sheets and other forms in that category along with wood, glass combinations for use as wall and partition panels, fertilizers, pesticides and other chemicals.

Car & Truck manufacture is another Industry which would be severely be effected. They can transform them selves into manufacturing Drones, Medical Equipment, Farming Machinery etc., Some of them have already got into Ventilator manufacture which may be a requirement in the short term.

This future of the Building Industry will consist of Steel which would be the main input and others like panel boards, ceramic tiles, granite, marble, wood etc., No more bricks, metal, sand and cement. The pre fabricated buildings can be assembled and erected at the site, within a few days. The Building Activity will also breed lot of other manufacturing like prefabrication, wall partition, Styrofoam sheets, gypsum etc., So manufacture of Steel would be very important to the economy.

Power production is a major area. Already nuclear, solar, hydraulic and wind are being promoted. Is there any way we can completely do away with thermal power? There seems to be a way, if the Central Government finds it economical and reliable.

Natural Gas is now available in plenty in Qatar, Iran, Saudi Arabia, Bahrain etc., The Government can negotiate long term contracts with these Countries. The low prices, prevalent, can be taken advantage of. Merchant Ships can carry the natural gas to India and even probably, pipelines under the sea, at a future date. The merchant ships can also be fitted with nuclear powered engines (as against nuclear armed). ONGC and GAIL can play a major part in this endeavor.

Importance of Space Superiority, cannot be overstated. We have ISRO to show us the way forward. What needs to be done in this areas, the worthy and admirable scientists of this County, know better.

The use of natural gas to run power plants would require, investment for the capital cost. This can to an extent, be taken care by giving sufficient and targeted tax reliefs. This effort, when successful, would result in a pollution free environment and a much lower cost of power. The Industrial and Agricultural Sectors can be provided with cheap power.

Building activity which, provides probably the largest employment in this Country, should continue without any interruption. There are many innovative ways this can be achieved.

The above suggestions are not necessarily the options or the only options. They are best figured out, by the bright minds in the particularly Industry, to think, debate and come to conclusion, as to what is best for them.

There are other Industries like Airlines, Airports, Car & Truck manufacturing, Coal mining etc., which would also come under stress. The Country is quite capable of coming up with refreshing solutions, for all these sectors. But change and continuous change is what is required.

The other “active industries” in India which will take a big hit are tax evasion, corruption and hawala. So be it and sooner the better!!! When the majority of transactions go online, the scope for tax evasion, corruption and hawala (money laundering) would be reduced to negligible levels.

The time for demonetization has come. All high denomination notes can be phased out. Those, who cannot account for the Cash they hold, can be asked to pay a flat rate of Income Tax at 30%. They can be provided immunity under the Income Tax Act., but not other penal statutes. It may be on similar lines like the VDIS (Voluntary Disclosure of Income Scheme of 1997). We should at the end of all this have Rs.100/- as the highest denomination. **Honorable Prime Minister’s call of “Digital India” would come true.**

The tax incentives, the Central Government can, extend are:

- 1) The 15% tax rates for manufacturing units set up after October, 2020 may be extended to all the Industrial/Agriculture related sectors who reinvent themselves. 8
- 2) The additional investment for such reinvention may be given accelerated depreciation of say 2 years write off both under the regular Tax and MAT.
- 3) Investments, in these Industries notified by the Government, can be allowed as 100% deduction, say up to Rs.3 lakhs per year for each person.

The Agricultural and Industrial Sectors can aim to produce, at least double the quantity of India's requirement. The excess 50% can be exported to other Countries, at a marginal cost realizing a little contribution, which would enhance the sustainable growth rate of the Great Country. We may even aim to double this great Country's GDP in two years!!!

The concept of "Make in India" would become a reality.

What would happen to the great many who would become unemployed? We need not worry, new jobs would come and everyone would have productive employment. The displaced workforce, should be hand held by the Governments during the transition and be re-tooled/skilled, to move on.

Can we achieve the above objectives of Sustainable Growth? I am sure we can do it, with the many ingenious and experienced minds in this Country. And don't forget, the brilliant younger generation, this Country is abundant with.

I am confident, with the political leadership of this Country, will not allow any politics to drive their decisions but, would do only what is good for the Country.

"Opportunities pop up for everybody all of the time. It's the way that we progress. It's whether or not you're in the right frame of mind or in the right stage of your life or if you're even looking for them [that determines] whether or not you see them. [...] As you take more risks you see opportunities more easily.

***[Risks are] never the safe option, but for me the safe option is the worst option. [...] The riskiest life I can think of is letting yourself to be molded into this comfortable, same-as-everybody-else routine. For me, that is risking my whole life."** — Ben Brown*

FELLOW INDIANS BE READY TO, FACE THE CHALLENGES AND TURN THE TIDE OF THE FUTURE, IN OUR FAVOUR., including reducing "global warming or the greenhouse effect". STAY AT HOME OR THE FACTORIES & WORK PLACES AND/OR AT YOUR COMPUTERS TO PUT ALL OUR EFFORT, IN MAKING THIS COUNTRY OF OURS GREAT!!!

BEFORE CLOSING I WOULD LIKE TO SALUTE OUR SOLDIERS, POLICE, DOCTORS, HOSPITAL STAFF, SANITARY WORKERS ETC., FOR THE YEOMEN WORK THEY ARE CARRYING OUT.



Jalandhar residents wake up to the sprawling vistas of the Dhauladhars with a dramatic dip in air pollution levels due to lockdown

This is what sustainable growth can achieve? Jalandhar, is about 250 to 300 Kms., from the Himalayas. (Photo: Taken from the Web and Courtesy: The Tribune). Who knows the whole of the Gangetic Plains up to the "Vindhyas" can one day have this view of the Himalayas

The Author Mr. P. S. Raju, FCA., is a Chartered Accountant and Managing Director of M/s. Suryashakti BizAdvize (P) Ltd., a Business Consulting Venture based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com. Mobile: 9393107777.

A1 GRAND THE CONVENTION - RUSHIKONDA, VISAKHAPATNAM

The beautiful Smart City of Visakhapatnam has a function and convention space adjoining the lovely Bay of Bengal on the East Coast of India less than a kilometer from Gitam University. Designed with modern architecture the facility boasts of a fully air conditioned function/convention hall which can comfortably accommodate 1500 persons and dining space with an equal area. Ten double occupancy air conditioned rooms are available. Convenient car parking for 300 cars with valet facility available. The management is in the hands of experienced professionals who ensure smooth conduct of functions/meetings.

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Front View-1



Front View -2



Hall – 1 (Ground Floor)



Hall – 2 (First Floor)



Rooms



Road View



AN INNOVATIVE APPROACH TO HEALTH CARE – SECONDARY LEVEL



By Mr. P. S. Raju, FCA., (S-148)

"I swear by Apollo Physician, by Asclepius, by Hygieia, by Panacea, and by all the gods and goddesses, making them my witnesses, that I will carry out, according to my ability and judgment, this oath and this indenture.

To hold my teacher in this art equal to my own parents; to make him partner in my livelihood; when he is in need of money to share mine with him; to consider his family as my own brothers, and to teach them this art, if they want to learn it, without fee or indenture; to impart precept, oral instruction, and all other instruction to my own sons, the sons of my teacher, and to indentured pupils who have taken the physician's oath, but to nobody else.



The Greek physician **Hippocrates** (460–370 BC), to whom the oath is traditionally attributed.



A fragment of the oath on the 3rd-century **Papyrus Oxyrhynchus** 2547.

I will use treatment to help the sick according to my ability and judgment, but never with a view to injury and wrong-doing. Neither will I administer a poison to anybody when asked to do so, nor will I suggest such a course. Similarly I will not give to a woman a pessary to cause abortion. But I will keep pure and holy both my life and my art. I will not use the knife, not even, verily, on sufferers from stone, but I will give place to such as are craftsmen therein.

Into whatsoever houses I enter, I will enter to help the sick, and I will abstain from all intentional wrong-doing and harm, especially from abusing the bodies of man or woman, bond or free. And whatsoever I shall see or hear in the course of my profession, as

well as outside my profession in my intercourse with men, if it be what should not be published abroad, I will never divulge, holding such things to be holy secrets.

Now if I carry out this oath, and break it not, may I gain for ever reputation among all men for my life and for my art; but if I break it and forswear myself, may the opposite befall me. – Translation by W.H.S. Jones.”

In the previous issue of Waltair Times, the February, 2020, the discussion was on the primary health centers. These centers were planned in each and every cluster. A cluster is a set of 4 to 5 villages and in the rural areas and the equivalent of say 2 villages in the urban areas. This is because of the higher density of population in the urban areas.

The primary goal of the primary health centers is to provide, free world class primary health care, open to all Indians. The broad band connectivity used in an effective way will pave the way for achieving these goals.



The primary health centers primarily cater to the initial diagnosis, admission in hospital for minor health problems. It also takes care of about 80% to 90% of the ailments. The balance 10% to 20% would require a scale up to higher level. This would be the middle level. This level will be bigger, with more equipment, more qualified doctors, nursing staff, better surgical rooms and more beds etc.,

The clusters being of 4 to 5 villages and assuming about 40 villages for each Mandal, the middle level hospital would be, one for each of the Mandals. Each of these middle level health centers would have about 10 primary health centers under their cover. Here, the more complicated health care problems, would be addressed.

These Hospitals need to have facilities of a level comparable to a modern Corporate Hospital. They should have facility for Research & Development. It should have specialists having minimum qualification of an MD or MS.

The infrastructure should contain fully air conditioned buildings which are most hygienic, well maintained, beds, furniture, tv's in every room and also common areas. The common areas should also be well furnished and clean. The building should be of an area not less than 20,000 sq. ft., with either 3 or 4 floors with adequate elevator facility. They should have a 300 bed facility for inpatients.

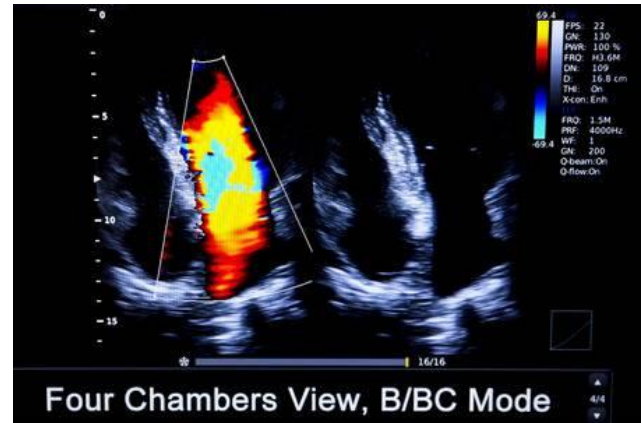


Each of these Mandal Hospitals should have Super Specialists, in every discipline of Medicine. They should all have excellent broad band connectivity. They should maintain a list of Super Specialists all across the globe and an agreement with them to consult online for their opinion. Most of the advanced surgeries like heart, brain, internal organs, orthopedic, ophthalmology, gynecology, orthopedic, pediatric etc., should be handled. The equipment should be modern and latest.



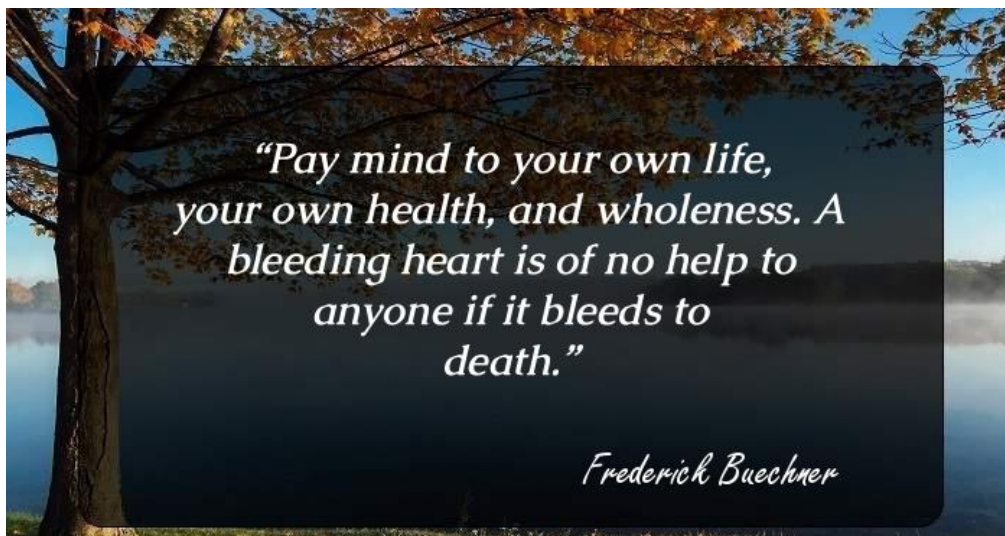
They should have state of the Art testing equipment like MRIs, Scanners, Digital X-ray's, Echocardiogram, Bone Density/DEXA, EKG (Electrocardiogram), Colonoscopy, Renal Artery Doppler, Thyroid Scan, Upper Endoscopy (EGD), IVP (Intravenous Pyelogram), Vascular (Arterial/Venous) Ultrasound etc.,

They should also have the facility of taking house surgeons from Medical Schools.



They should be equipped with a modern laundry and also a very hygienic kitchen. Wholesome and hygienic food is very important to the patients and their accompanying family members of not more than 1 at a time. The laundry should be able to clean, dry wash, iron the clothes of not only the patients but also the linen in the hospital.

The costs are not being discussed in this article since what is already said in the earlier article on “Primary Health Centers” would equally apply. However, a major revenue earner would be medical tourism from abroad. With world class medical care and at an affordable cost these hospitals can attract patients from abroad.



The Author Mr. P. S. Raju, FCA., (S – 148) is a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com

A SOCIAL IMPACT INITIATIVE

Compiled by Mr. P. S. Raju, FCA (M. No.S-148)



Raju
Vegesna
Foundation

Focus

Raju Vegesna Foundation (India) is committed to offering scalable and sustainable solutions to meet the basic necessities of safe drinking water and educational facilities for communities in need. Adopting an inclusive development policy, the Foundation takes up different initiatives with the active participation of local communities. An effective communication strategy has helped the Foundation achieve success at every stage of implementation of its initiatives.



Areas of Service

- Education
- Health
- Empowerment – Women & Elderly
- Safe Drinking Water
- Sports
- Social Initiatives

About the Foundation

Raju Vegesna Foundation (RVF) India is a not-for-profit organization founded by Mr. Raju Vegesna, a visionary entrepreneur from Andhra Pradesh, India. The Foundation is a reflection of his commitment to work for the betterment of society. Mr. Raju and his family are committed to

supporting economically disadvantaged families and children, assisting underserved communities and protecting the environment.

Inspiration

Although he comes from a humble background, Mr. Raju was fortunate in having parents who inculcated in him a very strong value system that aims to support communities in need with initiatives to improve the lives of their residents. This value system drives the Foundation to support underprivileged and marginalized communities spread across the State. RVF is committed to the cause of social development and has identified as its primary objective the provision of basic necessities such as safe drinking water and education to needy and underserved communities.



Education

The Foundation believes education is the cornerstone of an evolving society and a key factor in securing employment. The Foundation initiatives are aimed at ensuring - Aid to students from weaker sections of the society with scholarships, grants for books, medals and incentives for the best students across all communities. Assisting all educational institutions such as schools, colleges, libraries, reading rooms, universities, laboratories, research and other related institutions



Health

A healthy community is a prerequisite for the development of any society; there are few objectives more important than ensuring that children, the elderly, and other needy members of our communities are given the help they need to live in good health. The Foundation aspires to contribute its might to achieving this objective through initiatives such as:

Aid and grants to health institutions for their requirements, including medicines and medical care equipment .

- Health camps and medicine distribution to the poor and needy in rural areas
- Basic health & eye camps at schools in rural areas and small towns with provisions for spectacles to poor students



Empowerment - Women & the Elderly

- Recognizing the role of women and the elderly and their important role in creating a better society, the Foundation endeavours to empower them through its initiatives:
- Offering job oriented courses for skilled & semi-skilled
- Access to health and hygiene facilities for women
- Aiding the elderly in old age homes



Safe Drinking Water

There is an imperative need for access to safe drinking water for a developing country such as India, a need that is recognized and emphasized by the World Health Organization. The Foundation endeavours to:

- Guarantee the provision of safe, purified and potable drinking water
- Ensure that the technology used in recovering or recharging depleting water resources is not capital or manpower intensive or technologically intimidating and yet scalable

RVF's water purification units are designed to draw water from community water resources and are managed by locally trained members from the community.

The Foundation encourages community involvement and projects are initiated with collaboration from the Gram Panchayat and participation from local trained youth.



Sports

Sport offers the key to good health. The Foundation promotes sports tournaments at periodic intervals. Tennis tournaments are being conducted in collaboration with AISTA for the senior citizens.



Social Initiatives

The Foundation works towards empowerment of the differently-abled and endeavours to assist them in overcoming the restrictions imposed by their condition and pursuing a normal, self-reliant life. The Foundation has supported these initiatives:

- Annadanam Complex
- Housing for weaker section
- Kalyana Mandapam
- Crematorium



Message From Chairman

We at Raju Vegesna Foundation believe in the core values of giving and the pure joy of working selflessly for the development of communities. For us, helping the needy and disadvantaged is not merely a corporate social responsibility but a deep-felt personal commitment to spread happiness among rural communities.

In our own small way, we have been contributing to the betterment of society through aiding in the empowerment of women, taking care of the elderly and infirm, supporting the provision of safe drinking water, conducting health camps and awareness workshops on health issues and promoting sports tournaments for the elderly.



The Foundation is our humble contribution; an effort to give back to society through various initiatives while always keeping the community's welfare on top of our mind.

I am charged with the responsibility of helping the communities in need as Chairman of the Foundation and feel deeply humbled by this opportunity to serve the differently -abled and economically disadvantaged. I shall strive always to do my best to fulfil this responsibility.

Instead of cursing the darkness, I believe in lighting a small lamp to drive away the darkness from the lives of the people.

The greatest scientist ever, Albert Einstein, once said: "Every day, I remind myself that my inner and outer life are based on the labours of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving".



Raju Vegesna Foundation (India), Team & Belief

The story of Mr. Raju Vegesna, reflects the classic aspirations of any average middle-class Indian household. The difference is that in this case, the dreams were much bigger, and more inclusive.

The Foundation show cases his commitment to work for a better society. Mr. Raju Vegesna and his family are committed to improve the lives of economically disadvantaged families and children, strengthen vulnerable communities, and protect the environment.

The Vegesna family believes that this can be achieved through compassionate philanthropy, where funders get personally involved in the work.

From its inception, the Raju Vegesna Foundation has been investing in impact-driven solutions that create systemic change. The Foundation has contributed significantly towards medical care and educational scholarships.



THE LEADER



THE TEAM



EXECUTIVES



Address

Raju Vegesna Foundation (India) Plot No. 38, D.No: 8-1-63/75, Prashanthi Nagar Colony Pedda Waltair, Vishakapatnam – 530017 Phone: 0891-2553267 Fax: 0891-2573821 e-mail: service@rvf.co.in Web:www.rajuvegesnafoundation.org

Compiled from the Web Site of Raju Vegesna Foundation by Mr. P. S. Raju, FCA., (M. No: S – 148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice-President of Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com

SUSTAINABILITY – THE FASHION TREND OF THE FUTURE

by Deepti Rath (M. No: D – 116)



The Hollywood awards season just came to a close recently. And while the interest, of course, was in who takes home the biggest laurels tinsel town has to offer, this time, certain issues were brought to the forefront by the winners and presenters.



The awards season has, of late, become a platform for celebs to voice their opinions on current affairs in their attempt to bring about more awareness about matters which require our urgent attention. A range of topics from feminism, sexual harassment, animal cruelty, right to equal pay have been a common feature in the winners' speeches. But this year, Hollywood decided to tackle the very thing that it's rather (in) famous for - The Red Carpet.



It's a well known fact that the awards season is the time for designers to showcase the latest trends in fashion and the whole process begins months in advance. It was therefore, a pleasant surprise when, in his speech for the first of many victories, best actor winner Joaquin Phoenix announced he would be wearing the same suit for the entire awards season.

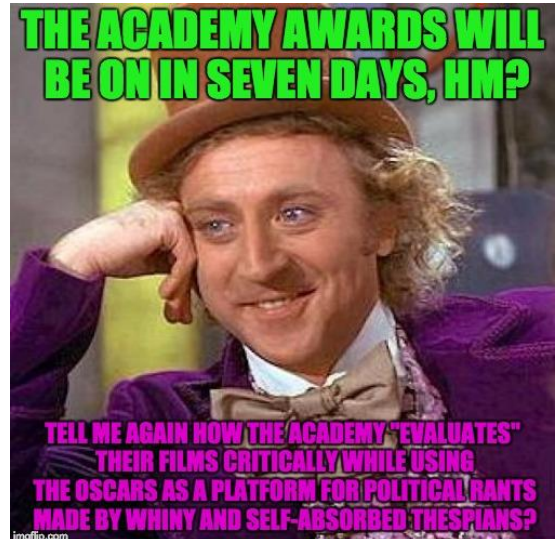


The BAFTAs also decided their red carpet theme would be sustainability. They encouraged the attendees to wear clothes they had (gasp!) already worn in previous red carpet appearances or to wear brands that focus on sustainable fashion.

Awards market themselves by ensuring a turn out well dressed celebs in new and vibrant designer clothes. Red carpet trends are followed and dissected for weeks, months and years. So, if they are the ones who are now encouraging people to repeat their outfits, then the question that needs to be asked is - is the fashion industry really causing irreparable environmental damage?

The answer, unfortunately, is yes. The shopaholic in all of us will be disappointed to know that the fashion industry is emerging as one of the biggest pollutants in the world. Our constant need to keep up with the latest trends is damaging the environment. Do you know what happens to the unsold clothes that "go out of style" less than a year after they are introduced as "hot fashion trends" in the market? Most of them end up in landfills, where the chemicals in their dyes get mixed up with the soil and pollute it, or they get burnt, which causes air pollution. And we all are (thankfully) well aware of the (very real and frighteningly true) animal cruelty stigma that the fashion industry has been fighting for so long because of the use of the skins and furs of various animals to make the more expensive and exotic clothing lines. And let's not even go to the amount of pollution caused during the cloth manufacturing process. That is a topic for a whole new article altogether.

So what do we do? Stop buying clothes? Too hard to resist the temptation right - what with something new coming out everyday which would look so good when worn? Well, maybe not that extreme, but we can consciously make efforts to cut down on our expenditure in apparel. Maybe think twice before discarding something old and thrice before buying something new? Try to preserve what is already in our cupboard for a little longer by being more judicious while wearing and washing them? Or we could find a way to repurpose our old clothes and reinvent them into new ones. And in the process give a little bit of gainful employment to your friendly neighborhood tailor. Donating to the less fortunate is always an option. Or, like the old, hilarious and extremely popular joke goes about how, in India, clothes are passed on from one person to the next until they are nothing but rags which are still put to good use by using them to wipe the floors.



Jokes aside, sustainable fashion really is the right path to take while moving forward. We need to make conscious efforts to either buy lesser clothes or buy clothes from more environment friendly brands. It's a niche branch of the industry which is still in its nascent stages yet with the right amount of research and effort we can get the right information. A preliminary google search shows several brands in india which are already venturing into this segment. A few are Ka Sha, No Nasties, Ethicus, Doodlage, House of Wandering Silk, Upasana. Did you know that designer Anita Dongre also has a sustainable fashion segment in her clothing line? Or that top international brands like H&M and Lush have separate lines for sustainable fashion enthusiasts?

So let's make an effort. Let's make a difference. Reduce, reuse, recycle. Literally. Jane Fonda just declared that she won't be buying any more new clothes. If she can do it, so can we.

Use it up

Wear it out

Make it work

Or do without!

The Author is Mrs. Deepthi Rathi (M.No: D -116), a Lady Member of the Club and Member Editorial Board of Waltair Times and can be reached at deepthi@gmail.com.



NOTICE BOARD

ANNOUNCEMENTS

(Some of these are subject to Lock Down being lifted and the Club allowed to function by the authorities).

1. With effective from 18th October, 2019 the movies will be screened on Fridays at 6.30 PM due to Winter Season.
2. This is to inform Members will not be allowed to have, more than 4 guests, in their chamber rooms. Guests should follow general dress code, when they are in Restaurant/Bar/Corridors/Reception.
4. Due to increase in prices of liquor by APBCL, the revised prices are as follows from 23.10.2019. Increased rates as follows: Liquor 30 ml 04/-, Beer 330ml 10/-, Beer 650ml 20/- and Breezer 20/-
5. We request the Members to respond, to our appeal for reduction of multiple number of copies of Waltair Times, to be posted to the same address. This can easily be done by sending an email from an address registered with the Club or sign on the papers available in the Club office. All the requests will be registered and dispatches stopped. This would result in saving paper and thereby the environment.
6. "All are requested to submit their articles, member's honor, announcements, advertisements, obituary references etc., before 25th of every month, to avoid delay in bringing out Waltair Times".
7. This is to inform all the Members that Dining Hall guest charges are revised from Rs.50/- to Rs.100/- w.e.f. 14.12.2019.
8. The Managing Committee has decided to revise the Guest Charges in Weekends (Friday to Sunday) w.e.f. 16.12.2019 as per below. Monday to Thursday - Rs.100/- Friday to Sunday - Rs.150/- Please co-operate with us.
9. The Managing Committee has decided to increase the rate of Executive Lunch from Rs.40/- to Rs.50/- (plus tax) w.e.f. 15.02.2020.
10. The members are requested to register their cars at the office and should have the "Waltair Club Member" sticker displayed on the front windshield of the car. Those who do not have the sticker should register at the office and get one. From 7th March 2020 onwards the cars that are not registered and without sticker cars will be stopped and checked for the same into the Club. This will be strictly implemented. Managing Committee requests the co-operation of the members in this regard.
11. Please be careful and alert. Please alert all family and friends not to open the door to any person or group claiming to be in charge of any party to sanitize homes from the virus. These criminals have looted many houses with this deceptive method. *Please circulate as broadly as necessary. There are NO groups intended for sanitization in homes being sent by Govt. (With Image alert-corona – sanitization).
12. Due to the current lockdown Waltair Club is unable to send physical copies of Bills. These will be sent by email for which your kind cooperation is requested in updating your email address using

the following unique url (will be unique for each member). You may also pay your outstanding dues on the website or using club Android app <http://bit.ly/2TzCgDi>.

13. Further, March Issue of Waltair Times (PDF) will be sent to your email and also uploaded to the website of the Club.

The Editor and Managing Committee are constantly endeavouring to improve the standard and usefulness of Waltair Times. Members, please send us your opinions and suggestions pertaining to the content or design of the club magazine - both bouquets and brickbats are welcome either by sms, what's app or in the Club Website.

NEW MEMBERS LIST

Member Name	M.No.	Category	D.O.J
Mr.Anant Chand Bothra	A-447	Associate	29.10.2019
Miss.G.S.V.Sindhu Kalyan	S-1262	Associate	29.10.2019
Miss.P.Sri Sanjana	S-1263	Associate	07.11.2019
Mrs.K.S.Annapurna Yasaswini	A-440	Regular mc	07.11.2019
Mr.K.Abhay	A-446	Associate	12.11.2019
Mr.G.Sampath Kumar	S-1027	Regular mc	15.11.2019
Mr.K.Sai Keshav	K-269	Regular mc	22.11.2019
Miss.A.Sreevalya	S-1049	Regular mc	11.12.2019
Mr.P.Satyanarayana Murthy	S-1264	Life	17.12.2019
Mr.P.Dheeraj Babu	D-155	Associate	17.12.2019
Mr.V.Somasekhara Akash	S-1267	Associate	17.12.2019
Dr.A.Srikant	S-1265	Life	18.12.2019
Miss.Bianca Marie Mannariat	B-175	Associate	18.12.2019
Mr.B.Rithik Prasad	R-740	Associate	19.12.2019
Mr.A.Manideep	M-334	Regular mc	20.12.2019
Miss.M.Novita Sriranga Sanjana	S-1266	Regular mc	20.12.2019
Mr.G.Harinadh	H-236	Associate	23.12.2019
Mr.P.Akhil Kumar	A-450	Regular mc	25.02.2020
Mr.M.Prahas Chowdary	P-313	Regular mc	26.02.2020
Mr.V.Surya Kiran	S-1270	Associate	26.02.2020

Mrs.Bh.Sowmya	S-1274	Regular mc	26.02.2020
Miss.J.Monica	M-335	Regular mc	29.02.2020
Mrs.N.Sravya	S-1268	Regular mc	29.02.2020
Mrs.P.Vasanth Lakshmi	V-438	Regular mc	02.03.2020
Mrs.T.Vanaja	V-439	Regular mc	02.03.2020
Mrs.Y.Ramya	R-741	Regular mc	03.03.2020
Mrs.G.Vyshnavi Kalyan	V-441	Regular mc	04.03.2020
Mr.K.Chaitanya Varma	C-122	Regular mc	06.03.2020
Mrs.G.Vyshnavi Kalyan	V-441	Regular mc	06.03.2020
Miss.Upasana Bothra	U-41	Associate	07.03.2020
Miss.M.Vandita	V-442	Regular mc	11.03.2020
Dr.Chebrolu Hethu	H-237	Life	16.03.2020
Mr.M.Sai Sridhar	S-1275	Associate	16.03.2020
Miss.Chetna Sharma	C-124	Associate	18.03.2020
Mr.P.Akhil Kumar	A-450	Regular mc	25.02.2020
Mr.M.Prahas Chowdary	P-313	Regular mc	26.02.2020
Mr.V.Surya Kiran	S-1270	Associate	26.02.2020
Mrs.Bh.Sowmya	S-1274	Regular mc	26.02.2020
Miss.J.Monica	M-335	Regular mc	29.02.2020
Mrs.N.Sravya	S-1268	Regular mc	29.02.2020
Mrs.P.Vasanth Lakshmi	V-438	Regular mc	02.03.2020
Mrs.T.Vanaja	V-439	Regular mc	02.03.2020
Mrs.Y.Ramya	R-741	Regular mc	03.03.2020
Mrs.G.Vyshnavi Kalyan	V-441	Regular mc	04.03.2020
Mr.K.Chaitanya Varma	C-122	Regular mc	06.03.2020
Mrs.G.Vyshnavi Kalyan	V-441	Regular mc	06.03.2020
Miss.Upasana Bothra	U-41	Associate	07.03.2020
Miss.M.Vandita	V-442	Regular mc	11.03.2020
Dr.Chebrolu Hethu	H-237	Life	16.03.2020

OBITUARY

We regret to announce the sad demise of our Regular Members. May their souls rest in peace.



Shri. G. Prithviraj Gowrisetti

Past Hon. secretary

(M.No.P - 34) expired on 7-3-2020



SRI SOMANI LALIT KUMAR

(M.NO. L07) EXPIRED ON 02.03.2020



SRI.V NARASIMHAM

(M.NO.N-33) EXPIRED ON 07.03.2020



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SURYASHAKTI BIZADVIZE PRIVATE LIMITED

TRUSTED ADVISORS – PARTNERS IN GROWTH

M/s Suryashakti Bizadvize Private Limited is a, start up Business Advisory Services Company, at Visakhapatnam in Andhra Pradesh and is promoted by Sri. P. S. Raju, FCA., a Chartered Accountant in practice for the last 40 years., with a rich and varied experience in Direct & Indirect Taxation, Corporate Law, Project Financing, Restructuring of Businesses and Value addition leading to listing and public issue and holding positions as Director, Financial Advisor, etc., in several Companies. M/s Suryashakti Bizadvize Private Limited, provides the Services listed in the experience of the Promoter. Our guiding principles are Professionalism and Integrity. Suryashakti Bizadvize Private Limited is staffed with highly qualified and experienced people and are presently involved in implementation of Club Management System in Waltair Club along with M/s. **INTEGRATED RISK MANAGEMENT SYSTEMS (P) LIMITED**, Bengaluru.

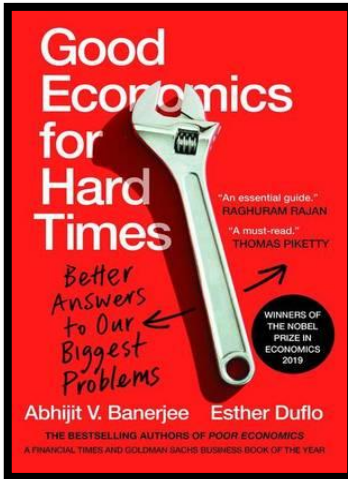
Name	Role	Experience
Sitarama Raju Pusapati (P. S Raju, FCA) 	President	40 plus years in Taxation both Direct and Indirect, Corporate Law, Project Finance and Advisory Services.
Srinivas Raju Pusapati, MS (Info Systems) 	Senior Analyst	5 plus years in the area of ERP Implementation.

SURYASHAKTI BIZADVIZE PRIVATE LIMITED

BOOKS, MOVIES, MUSIC ALBUMS REVIEWS, STROKES

‘Good Economics for Hard Times: Better Answers to Our Biggest Problems’

Review: Have plumbers, need architect



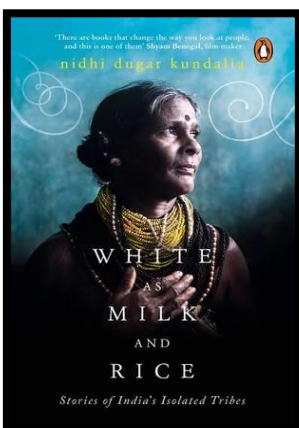
Seeing economists as ‘plumbers’, Abhijit Banerjee and Esther Duflo show how economic reasoning and evidence can shed light on real-world issues

John Maynard Keynes, the founder of Keynesian economics, once said that “if economists could manage to get themselves thought of as a humble, competent people, on a level with dentists that would be splendid”. Judging from recent opinion polls, economists still have a long way to go. According to one poll, cited in this book, 84% of people in the U.K. would trust the professional advice of a nurse, but only 25% would trust an economist.

The aim of this book is partly to demonstrate the value of “good economics”, and partly to bring economic reasoning to bear on the critical issues of our times — poverty, inequality, trade, migration, climate change, among others. Rather than dentists, Banerjee and Duflo think of able economists as plumbers who patiently “solve problems with a combination of intuition grounded in science, some guesswork aided by experience, and a bunch of pure trial and error”. Sure enough, their preferred tool of trial and error is the randomized controlled trial, but they also make healthy use of other types of evidence.

‘White as Milk and Rice: Stories of India’s Isolated Tribes’

Review: At home in the world of the Halakkis, Konyaks, Marias



Anusua Mukherjee:

A rich, in-depth study of tribal life is felt from within and not viewed from the outside, making the margins a place of reality

Think ‘isolated tribes’ of India and the images that will present themselves will probably be of labor-hardened men and women protesting with bows and arrows; JCBs throwing up the red earth of their homes; video clips of scantily-clad Jarawa women dancing for the delectation of tourists — in short, stereotypical images that frame them as ‘museum pieces’ (as one Andaman’s MP memorably described the

Jarawas) and present their problems in a suitably picturesque way to get a sympathetic but safely distanced 'tch tch' from the mainstream.

To go behind the scenes and see the tribals as animated figures with joys and problems that are universal but also particular to their circumstances and history, one must read Nidhi Dugar Kundalia's *White as Milk and Rice*. Her 'humble attempt to not bring this margin to the centre, but to make the margin a place of reality' is a richly in-depth study of tribal life, not viewed from the outside, but felt from within.

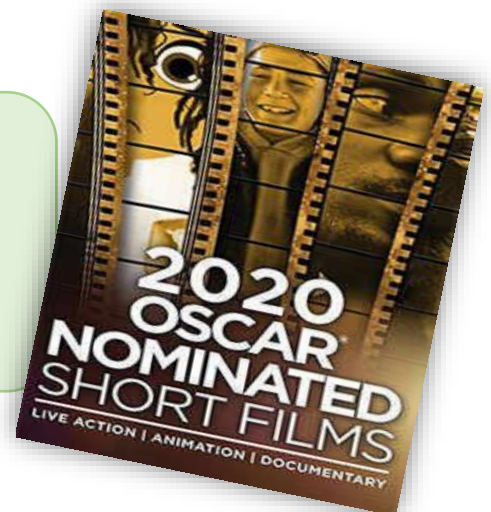
MOVIES

ENGLISH:



One of the rare psychological horror-thrillers that should come with a trigger warning, 'The Invisible Man' subverts many genre tropes to keep you looking over your shoulder well after the credits roll

2020 Oscar Nominated Short Films - Animation is an English movie released on 13 Mar, 2020.



HINDI:

'**Kaamyaab**' is an ode to Bollywood, the larger-than-life movies and their actors, bizarre wigs, love, drama, friendship passion but most importantly, it is about one's ability to realize their dreams even when the chips are down.

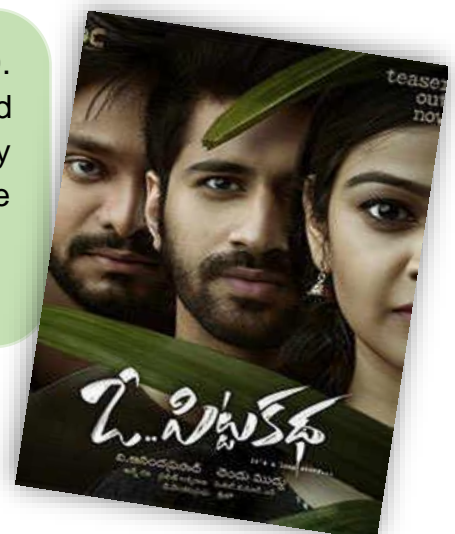


TELUGU:



Madha Story: A proof-reader named Nisha (Trishna Mukherjee) begins dating a cinematographer called Arjun (Venkat Rahul), unknowing of his devious plans for her.

O Pitta Katha is a Telugu movie released on 6 Mar, 2020. The movie is directed by Chandu Muddu and featured Viswant Duddumpudi, Brahmaji, Nithya Shetty and Sanjay Rao as lead characters. Other popular actors who were roped in for O Pitta Katha.



MUSIC ALBUMS

HINDI



Love Aaj Kal - Ten years ago music composer Pritam had created some of his best works in the album '**Love Aaj Kal**' and now he has to live up to his own standards for this 2020 film.

Street Dancer 3D Remo D'Souza is back with another dance-based film and his Street Dancer 3D, features some of the best dancers in the industry. Varun Dhawan, Shraddha Kapoor, Prabhudheva and Nora Fatehi are among the lead actors. The music album is a nice mix of originals and some recreated numbers.



TELUGU:



The first single from 'Love Story' is out, on Aditya Music. Perhaps because director Sekhar Kammula wanted to leave his stamp on the song, he seems to have made the music director make this a blend of the flavors of Mickey J Meyer and Pawan himself.

The first single from '**Orey Bujjiga**' is out, on Mango Music. Here is our review. For all we know, Anup Rubens is not yet done with that 'Amma' song from 'Manam'. Yes, it is his best song till date but shouldn't he offer something new?



The Strokes:

The NYC band's first album in seven years is sluggish and slight, rendering their signature sound as background music



The Strokes return after a lengthy hiatus following the disappointing First Impressions of Earth, and they sound fragmented with a lack of purpose.

Best Mini Fridge in India

Mini fridge or refrigerators are ideal picks to be kept and used for a compact storage. Giving a thought to this here we bring you the best mini fridge in India which you can shop online.





Best Vacuum Cleaners for Home

Find home cleaning a tedious task? Here we've simplified your problem with the best vacuum cleaners. In the below story, find a handpicked list of best vacuum cleaners so you can pick the one that suits your requirement.

Google Pixel 4a

Google Pixel 4a is expected to have 3,080mAh battery with support for 18W fast charging.



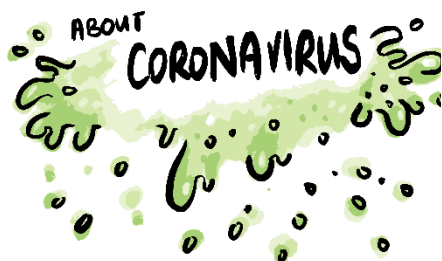
Google Pixel 4a, the successor to last year's mid-range Pixel 3a, has been in the news for a while now, in the form of leaks and teasers. Now, some of its specifications have been tipped providing some new details and also giving credence to some previous leaks. The phone is expected to be launched with a 5.81-inch full-HD+ screen. Further, an image for the retail box of the Google Pixel 4a has also been leaked, showing the square camera module and the black colour option.

Reviews on Books, Movies, Music Albums & Gadgets have been compiled from the Web by Mr. P. S. Raju, FCA. (S- 148), a Senior Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com.

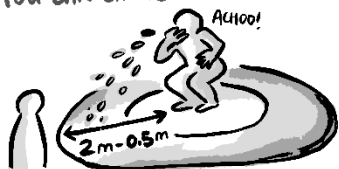
ADVISORY TIT BITS

The illustrated Carona Virus guidance tour by Siemens is one of the best Advisories received so far, in that it both elucidates and elaborates the DOs and DONTs in an easily digestible simple manner. Thats the famed German methodicity, precision and punctuality for you and me to learn from!

SIEMENS
Ingenuity for life



SO IF YOU SEE SOMEONE WHO IS VISIBLY COUGHING/SNEEZING/SICK, YOU CAN CHOOSE TO:



- 1 KEEP YOUR DISTANCE. 2m to 0.5m will keep you safe from large droplets.



OR,



- 2 GIVE THEM A MASK. THEY CAN COUGH /SNEEZE INTO IT AND PROTECT EVERYONE ELSE NEARBY

THE VIRUS SPREADS WHEN these droplets



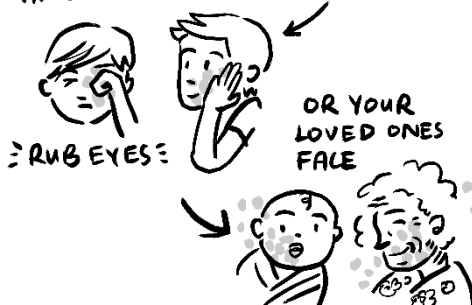
AND IN GENERAL, IT'S A GOOD IDEA TO AVOID CROWDS, BECAUSE YOU DON'T KNOW WHO MIGHT BE SICK.



HOWEVER, SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



AND IF YOU TOUCH ANY OF THESE THINGS BY ACCIDENT, AND THEN TOUCH YOUR FACE,



WHICH IS WHY IT IS ALSO GOOD TO FOLLOW THESE

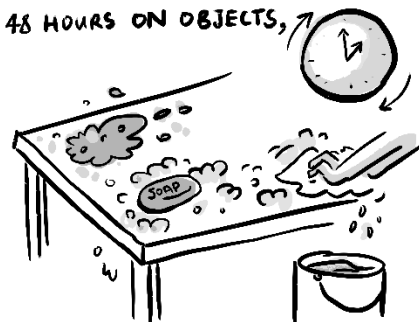
5

PRECAUTIONS

- 1 WASH YOUR HANDS THOROUGHLY WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AFTER TOUCHING A SUSPECTED CONTAMINATED SURFACE

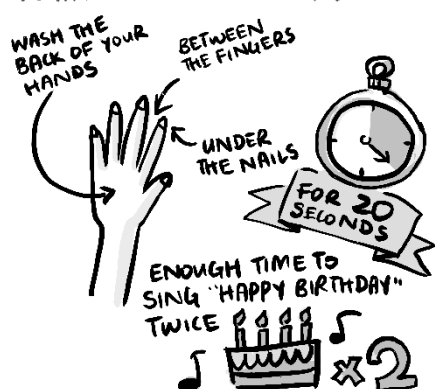


VIRUSES CAN LAST FOR UP TO 48 HOURS ON OBJECTS,



AND THE ONLY EFFECTIVE WAY TO GET RID OF THEM IS TO WASH THEM OFF WITH SOAP.

WHAT IS THOROUGHLY?



2 COVER YOUR COUGH WITH A DISPOSABLE TISSUE OR USE MASK AND DISCARD THEM IMMEDIATELY IN A WASTE BIN. DON'T WEAR THE MASK FOR MORE THAN A DAY.



ALSO, DON'T TOUCH THE OUTSIDE OF THE MASK IF YOU CAN. IF YOU DID, DON'T WORRY, JUST WASH YOUR HANDS WITH SOAP AFTER

3 AVOID COMING INTO CONTACT WITH PEOPLE WHO ARE SICK OR SHARE THE PERSONAL ITEMS, FOOD, UTENSILS, CUPS & TOWELS



4 AVOID TOUCHING YOUR EYE, EARS AND NOSE



AND FINALLY,

5 SEEK MEDICAL ADVICE IF YOU ARE SICK



MEDICAL ARTS – NO MALAISE

by Dr. Y. Jahawar (M. No: J-35)



Some Common Diseases – Common Sense

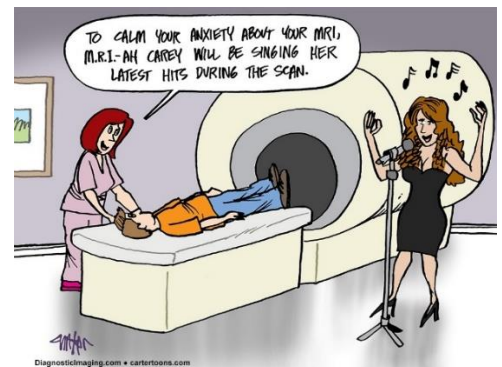
Every one knows about this. But implementation is the problem. But why! Fear of small things. Time factor. Don't want take the headache (even for their simple headache).



Let the Doctor have the ache. Spend money; clear their doubts. Feel free and happy. Doctor also is happy; made money for the prescription, pills and some times, investigations. Headaches are big botheration for many; Doctor got the play ground! The patients' head. Scan/MRI – is fancy. Who knows, there may be a tumour! Shell down good amount of money and get beautiful picture of the head to frame it. People may laugh at me ! Patient says “ I have Sinus Problem”. And so, it is the diagnosis. Of course a digital X-ray of sinuses for Rs.100 to 500 reveals.

The Doctor can look into the patients sinuses – just put the fingers and let the patient feel the pain. Where is the need for X-ray and still go for MRI to exclude tumours etc., I have seen those funny cases. I was a medical student in Anatomy I had headache for couple of months. I saw the ENT Asst Professor. “ You have sinusitis. Come, on coming Monday, I do the puncture and clear the sinuses” gave me out patient slip to attend ENT Operation Theatre at 9 am. I was there loitering, out side the operation theatre. My Asst. Professor was not there. One aged man with blue mask and cap, came out “What do you want, why you are here” shouted at me. “ I am a medical student sir” I have shown the order for puncture of my sinusitis. “Look fellow, what is this” took my little finger. Innocently I said “finger sir” “suppose there is wound with pus, should I have to cut this finger, the wounded half “No Sir”. “Bloody fellow; take this prescription, have penicillin injections for 7 days. Go to your class now. No operation”.

And he said “Once sinus puncture means, always a puncture”. I ran away, with smile. Never I had sinusitis again after 60 years even now. This may be a boring story for many, but for some who has sinusitis and had punctures, they can recollect, what they have experienced. Having cold and running nose, sneezing and sore throat – is all very much here in polluted cities. When the immunity dips, the virus climbs without any defensive obstacles. It is a cake walk for the virus. Well the defence and protective mechanism is always there in the body, trying to heal the initial wounds and slowly take over the sneezing. But we don't wait. Attack the Doctor – “it may be corona!”. The normal simple medication to start with – are the famous Avil and goes on cetirizine and further to monteks. And the Doctor may not stop there – more investigations, more medicines like Antibiotics for the common cold.





Every one knows the Joke - "A treated cold – for 1 week and the untreated for 7 days". For symptoms of Flu now, thinking of "Corona", the innocents asking for investigations and medication. Corona – no doubt is world famous. A tough one, mainly the 60s + will be prone to that, if they are not strong enough to attack and destroy the Neo muted virus. It goes to the height, takes its revenge, and once it rules from the top, it has to fall down, takes its own death. Wait and watch, sitting at home, enjoy good food and drink.

Even at home, the Fevers are there, are of many types, where the Adrenaline flows, temperatures raise, temperaments fluctuates. The treatment is cold water, cool mind, clean heart and detach. And further, the Fevers due to urinary tract infections, Malaria, Dengue, Typhoid etc. If there is, some where some infection, the temperature goes up. Big Fevers for big infections like Meningitis – to be investigated; no jokes!

For small Fevers, to start with is the most famous Pill Paracetamol. It works. The rat fevers and Dog fevers (if dog bites) The Dog to be observed for 10 days –be it mad or not a common prescription prevails. For Rat bite, it was routine A blind prescription! "Observe the Rat for 10 Days".



The child or Adult will have Fever, naturally with Diarrheal and dysentery. The patients wanted the fever should come down first with an injection. As long as the infection is there in the intestines, the fever will play and pull the strings. Better, treat the gut first. Many have the Fever, pain abdomen, and flatulence. The patients buy pantoprazole or any other Antacids. They pass couple of small stools in a day, with gas from up and down. It is not the common "gastric" It must be more wildly common Amoebiosis. Blind swallowing of Antacids does not work. Ant amoebic like Tinidazoles, (without alcohol) works.

The so called "Gastric" is a common term. The innocents will run around, to measure their length of the Gut. Normally they land into "Scopes" up and down some still not satisfied with these tubes, go to Madras or Hyderabad. We have good Gut people in our club. Some famous. Some were not recognized, because they are not after "Scopes" Some are happy in making more money, with 'scopes'. Some, contended with little prescription money. This gastric is pain in the, up above the stomach and going down to the ass! Treat accordingly.

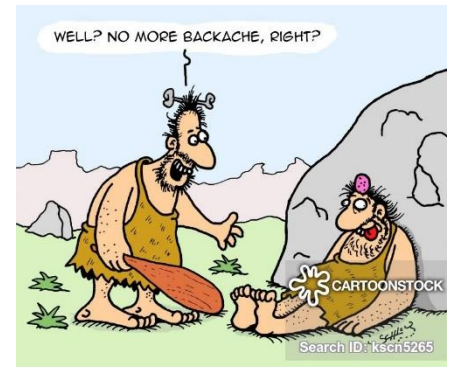
Relieving from pain is the great relief – be it, a Gastric /Head /Joint /Caner /Chest /Pain for fear of death! The common practice for Joint Pains – is the pain killers, for temporary relief – "Pain killers" is the good name invented by British; but how much havoc it creates! The 'killers' are easily

available across the counter. The patient is vexed. Opts for injectable for knee joints etc. Relief, and no relief, after some time, he be running around to get the changing names of the drugs. Where from they get a miracle?, Now the famous relief for joint pains is “Knee Replacements: costs 2-4 Lakhs of Rupees. Good money, for the patient as well as for me! (I am not Ortho).

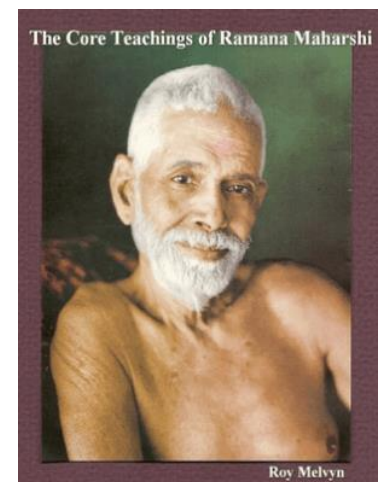
Is there any thing else? I don't know, the Orthopaedics Knows well with their wisdom. If at all there a medicine, will I prescribe it ? No. I need more patient visits. More consultation. If the osteoarthritis is curable with Medicines, where is the need for Replacements with Steels and Ceramics!. Can't be completely cured? Could it be cured with Balls and screws? Yes, but, the 'but' is always there. It is life long limping all through the life. Pain persists – it may be a pin prick or hammering.

Like the pain of the cancer, before and after chemo. The experienced patients said, “it is terrible, unbearable”. But should bear it. But for Ramana Maharshi – it is detachable.

Ramana Maharshi of Ramanashramam of Tiruvannamalai – he had a tumour – Sarcoma on his shoulder. It was growing, sitting pretty. He must be suffering with pain, but with a smile. The tearful devotees asked him, to go to Madras and get it operated. One man pestering him all the time “Bhagwan, you are having the pain, go for surgery and chemo”. Every morning as he appears before him – is the same story. Bhagwan responded one day “See my dear, all the time you are sitting on my head and asking about the tumour. Like you sitting on my head, it is also sitting pretty on my shoulder. Later, some learned people from Madras visited him from cancer institute. “It must be giving you lot of pain. We will take you to Madras”. “Pain; where is the pain, for the tumour on the shoulder. This shoulder is not mine”. These were the words of Ramana Maharshi.



THE FIRST PHYSIOTHERAPIST...



PS: This is not a Scientific writing. But facts are there. True facts. This is only a casual talk with experience – one or two are interesting. Those don't need to go through over a cup of coffee – well drink coffee first, it is getting cold!!!

The Author Dr. Y. Jawahar is a Senior Member(M. No:J-35) and practicing physician based at Visakhapatnam.

LIVE-IN RELATIONSHIPS



Mr.T.V.S.K.Kanaka Raju (M.No:143)

Some time ago in Ahmedabad, a Charitable Trust had organized a Senior Citizen live-in relationship meet. Over 300 men and 70 women from across the Country gathered at the meet. Seven couples



who met here have decided to enter into a live-in relationship. Whether, this is a good beginning or a bad beginning, one has to wait and see. The inspiration for this meet is reportedly the judgment of the Supreme Court where the apex court is stated to have remarked that live-in relationships are not

illegal!!! It is rather unfortunate that without going through the Supreme Court Judgment (in Khushboo's case), a good number of people including the educated and enlightened are assuming that the Supreme Court did remark that there is nothing illegal in a live-in relationship.

Legal Status in India

- None of the legislation that deals with marriage or succession, expressly extends recognition to live in relationships.
- Laws are in the form of court verdicts which varies from case to case.

Before independence:
Living together as husband and wife for a long term, shall be presumed legally married unless proved contrary.

A Dinohamy v. W L Blahamy, (1928) 1 M. L. J. 388 (PC)
Mohabbat Ali vs. Mohammad Ibrahim Khan AIR 1929 PC 135

“A good wife is one who serves her husband in the morning like a mother does, loves him in the day like a sister does and pleases him like a prostitute in the night”. Chanakya

Movie actress Khushboo in her interview to a leading news magazine expressed her personal opinion wherein she had noted the increasing incidence of premarital sex, especially in the context of live-in relationships and called for societal acceptance of the same. This triggered a wave of protests and as many as 23 criminal complaints were filed against Khushboo. Faced with the predicament of contesting the criminal proceedings instituted against her in several locations Khushboo approached the High Court and ultimately the Supreme Court.

It was in this context the Supreme Court expressed its viewpoint that even in the societal main stream there are a significant number of people who see nothing wrong in engaging in premarital sex. The apex court said that notions of social morality are inherently subjective and criminal law cannot be used as a means to unduly interfere with the domain of personal autonomy. Morality and criminality are not coextensive....

The Supreme Court has been definitely quoted out of context! There appears to be a garbled interpretation of what the Supreme Court opined. A live-in relationship is not a paradise, after the passing of the Protection of Women from Domestic Violence Act 2005, the aggrieved partner who had been a party to a live-in relationship is clothed with several statutory rights and entitlements. The law defines a domestic relationship as a relationship between two persons who live or have, at any point of time, lived together in a shared household, when they are related by a relationship in the nature of marriage. Instead of being enamoured by distorted interpretations of Supreme Court judgment, all those who encourage a live-in relationship should understand its legal consequences. The Domestic Violence Act is quite comprehensive. It defines the terms physical abuse, sexual abuse, economic abuse and emotional abuse in the widest possible manner. An aggrieved partner of a live-in relationship can very well maintain a complaint against the other partner and seek monetary relief. The monetary relief that is granted under the act shall be adequate, fair and reasonable and consistent with the kind of living to which an aggrieved person is accustomed to. Therefore, the quantum depends upon the status of the aggrieved person and not the status of the respondent. In addition to other reliefs like custody orders, residence orders as may be granted under the Act, the aggrieved partner of a live-in relationship may claim compensation and damages for injuries, mental torture or emotional distress. Furthermore, under the DVC Act, the magistrate may in appropriate cases where he feels it is just and proper, even grant interim orders to a party aggrieved. Therefore, the protagonists of live-in relationship should bear in mind the legal consequences of this relationship. **“The man who loves other Countries as much as his own stands on a level with the man who loves other women as much as he loves his own wife”.**

Mr. T. V. S. K. KANAKA RAJU, (K – 134) the Author is a Senior Advocate Practicing in Visakhapatnam and a Member of the Editorial Board, Waltair Times and can be reached at tvskkanakaraju@gmail.com.



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GUNTUR : LAKSHMIPURAM | HYDERABAD : JUBILEE HILLS | KAKINADA : MAIN ROAD

CITY OF CHENNAI

Compiled from the Web By Mr. P. S. Raju(S-148), FCA.,

The first city of modern India, Chennai, is celebrating its 378th birthday today, as Chennai, then Madras was founded on 22 August, 1639.

Rechristened as Chennai in 1996, the capital of Tamil Nadu is now home to more than 6 million people. The idea of Madras Day was born when a group of Madras lovers got together 12 years ago to celebrate the city, its history, traditions and culture. Madras is one of the oldest cities. Kolkata is 50 years younger than Madras and Bombay is about 35 years younger.

And it was here that almost virtually everything in modern India began - the first municipality, as early as in 1688, the first technical college - Guindy Engg College in 1794, first shopping mall Spencer's in 1863, the first cricket club in India set up here in 1846, and the list of firsts continue with first big library in Connemara, first big book store in Higginbothams, Country's oldest railway station in Royapuram, first public zoo in the country in Vandalur etc., 400 temples, 200 churches and 200 mosques are here, 35000 people get employed newly every year in the City; Asia's biggest IT park is here in Tidal park, Asia's biggest bus stand is here in Koyamedu; it's one of the safest cities to live with excellent medical facilities; New York Times in its survey of best places to visit included only Chennai in its list of 52 cities in South Asia, Forbes magazine reports Chennai as one of the top 10 cities which grows fast. In December 2015 floods, Chennai showed to the rest of the world what is humanity n solidarity - without any barriers of cast, creed, rich or poor, people just rallied around and helped each other; It's the place where people claim to be not mine or yours or his/her but " ours " - namma Ooru Chennaiku oru periya whistle podu;

Old Nostalgia





Present Day Excitement:



Compiled from the Web by Mr. P. S. Raju, FCA. (S-148), a Seniro Practicing Chartered Accountant based at Visakhapatnam and Vice-President Waltair Club & Editor-Waltair Times and can be reached at psraju@gmail.com.

LIST OF PRIVATE HOSPITALS PROVIDING ISOLATION FACILITIES FOR COVID-19

S.No	Name of the Hospital	Name of Contact Persons	Contact Number of the Doctors
1.	Care Hospital Banjara Hills, Hyderabad	Dr. Parbin Mokter	9704493206
2.	Continental Hospital, Gachibowli, Hyderabad	Mr. T.Nagaraj	8498094457
3.	Continental Hospital, Gachibowli, Hyderabad	Dr. Harish Jwalkar	9643039962
4.	Continental Hospital, Gachibowli, Hyderabad	Mr. M.Madhav Reddy	9849266892
5.	Asian Institute of Nephrology & Urology, Somajiguda, Hyderabad	Dr. Shyam Joshi	9673807160
6.	Medivision Eye Care Centre	Mr. S. Vasanth Kumar	9000180036
7.	Care Hospital Hi-Tech City, Hyderabad	Dr. Hrushikesh Phate	9975629322
8.	Basavatarakaram Indo Americal Cancer Hospital, Hyderabad	Dr. R.V. Prabhakar Rao	7588543065
9.	Basavatarakaram Indo America! Cancer Hospital, Hyderabad	Dr. K. Phani Koteswar	9849122762
10.	Basavatarakaram Indo Americal Cancer Hospital, Hyderabad	Dr. Sri Harsha	9912225348
11.	Kamineni Academy of Medical Sciences, L.B.Nagar, Hyderabad	Dr. K. Anajaih	9490467435
12.	Care Hospital, Nampally, Hyderabad	Dr. S. Sushma Rani	7702455499
13.	Care Hospital, Nampally, Hyderabad	Dr. Madhusudhan Jaju	9440379476
14.	Apollo Hospital, Jubilee Hills, Hyderabad	Mr. Guru Prasad	9000750500
15.	Apollo Hospital, Jubilee Hills, Hyderabad	Dr. Ravindra Babu	9849637920
16.	Apollo Hospital, Jubilee Hills, Hyderabad	Mr. K.L.Srinivas Rao	9676749191
17.	Apollo Hospital, Jubilee Hills, Hyderabad	Mr. Rama Krishna	9000225559
18.	Thumbay Hospital, Chadarghat, Hyderabad	Dr. Mustafa Afzal	9177629541
19.	Virinchi Hospital, Banjara Hills, Hyderabad	Dr. S. Srinivas	9866343632

20.	Star Hospital, Banjara Hills, Hyderabad	Dr. K.S.Vaisakhi	9440328338
21.	Medicover Hospital, Hitech City, Hyderabad	Dr. K.K.Chakravarthi	7330922327
22.	Medicover Hospital, Hitech City, Hyderabad	Dr. P.S.Rakesh Prabhu	9030888307
23.	Yashoda Hospital, Somajiguda, Hyderabad	Dr. P.Sridhar	8897755171
24.	Yashoda Hospital, Secunderabad	Dr. Ajith Singh	8008266532
25.	Yashoda Hospital, Malakpet, Hyderabad	Dr. Kiran Kumar Varma	8297545566
26.	KIMS Hospital, Secunderabad	Dr. Nirmal Sarangi	8005470760
27.	KIMS Hospital, Secunderabad	Dr. N.Rakesh	9866289644
28.	Prathima Hospital, Kachiguda, Hyderabad	Mr. P.Jaya Raj	7337336607
29.	Mallareddy Narayana Hospital, Hyderabad	Dr. S.Naga Satish	988560675
30.	New Retina Eye Care Institute, Abids, Hyderabad	Mr. S.R. Saxena	9573157478
31.	Sai Sanjeevani Hospital, Kothapet, Hyderabad	Dr. G.V.Thriupathi Reddy	8008311166
32.	Aware Gleanegles Global Hospital, L.B. Nagar, Hyderabad	Dr. Suresh Kumar	9885595089
33.	Kamineni Hospital, Hyderabad	Mr. K.Nagendra Prasad	9490294904
34.	Sai Sanjeevani Hospital, Hyderabad	Mr. G.H.John Robert	7032506479
35.	Sai Sanjeevani Hospital, Hyderabad	Dr. Thirupathi Reddy	8008311166
36.	KIMS Hospital, Secunderabad	Mr. Rakesh Kumar	9866079835
37.	Omega Hospitals, Banjara Hills, Hyderabad	Mr. K.H.Kishore	9948040471

38.	Sunshine Hospitals, Secunderabad	Dr. Asgarjahan	9581065796
39.	Kamineni Academy of Medical Sciences, L.B.Nagar, Hyderabad	Dr. Pravalika Vahini	9398125668
40.	Rainbow Hospital, Banjara Hills, Hyderabad	Dr. K. Prashanth	9959115050

EMERGENCY PHONE NUMBERS AT VISAKHAPATNAM

AMBULANCE SERVICES/ HOSPITALS

HOSPITALS	PHONE NUMBER
Emergency 108 (Toll Free)	108 (Toll Free)
Apollo, Waltair Main Road	2867777
Apollo, Arilova	2727272
Care Hospital, Ramnagar	3041444/ 2522622
ESI Hospital - Malkapuram	2577195
ESI Hospital - Industrial Estate	2558209
ESI Hospital - Ramnagar	2553780
Golden Jubilee Hospital	2748050, 2748037
K.G.H.	2564891, Casulity (2542987) Blood Bank : 2543342
Kanakadurga Nursing Home	26667201
Latha Hospital(Daspalla Hills)	2736116
Mental Hospital	2570915
Queen's NRI Hospital	2535063/ 2535752
Seven Hills Hospital	2535488, 6677777
TB Hospital	2552525
Sunrise Children's Hospital	9550377799
Onmi RK Super Speciality Hospital	3080300
Mahatma Gandhi Cancer Hospital	2878787
LV Prasad Eye Institute	6714000
Krishna Hospital	2706628
Sankar Foundation Eye	9152769228
St. Joseph's Hospital	2706974

MESSAGE OF MR. RATAN TATA

Mr. Ratan Tata just posted the concluding part of his 3-part post on FB: (3/3) “Ever since, my life has been for and about growing the company. When I was appointed Chairman, it was widely believed that it was my surname that got me the position, but my focus was on creating something that was bigger than us all and on giving back, which has been entwined in the TATA DNA since the very beginning. With Jamshedpur for instance, we realized that while our workers were thriving, the surrounding villages were still suffering. It became our goal to uplift their quality of life as well... things like these came naturally to us. Even with the Nano - I remember seeing a family of 4 on a motorbike in the heavy Bombay rain - I knew I wanted to do more for these families who were risking their lives for lack of an alternative. By the time we launched the Nano, our costs were higher, but I had made a promise, and we delivered on that promise... Looking back, I’m still proud of the car and the decision to go ahead with it. That’s what my life has been about — work became a lifestyle. I was either always at Bombay House or travelling, I guess that’s why even though on the personal front I came close to marriage with 2-3 different partners, but I couldn’t go through with it because they would have to really change and adjust to my lifestyle and that didn’t sit right with me. Now that I’m retired, that lifestyle has changed again. People often ask if I’m truly ‘retired’ - and to that I say - there’s no doubt about it. I’m enjoying the separation from the company - I don’t look at newspapers and worry about the bad stuff anymore. But let me tell you, retirement isn’t about playing golf, or lying on a beach, reading whilst sipping on a cocktail. In fact, never before has the urge to do more, been greater. From affordable cancer treatment, to looking into making the lives in rural India easier - I’m looking forward to this chapter of making it happen at the Tata Trusts. I’m trying to enjoy myself to be honest - I’m spending time with friends - old and new, across all age groups, who I’m constantly learning from. At 82, I’m still learning, so when you ask me to give a piece of advice, I feel like the ‘right advice’ changes over a period of time - but the one thing that remains unchanged is the desire to do the right thing. So I’ll say this - leave the advice aside and do what is the right thing, even if it isn’t the easiest thing to do. When you look back at your life, that’s what’s going to matter the most. Doing the right thing. ”Courtesy - Humans of Bombay”.

Compiled from the Web by Mr. P. S. Raju, FCA., a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice-President, Waltair Club & Editor Waltair Times and can be reached at psraju@gmail.com



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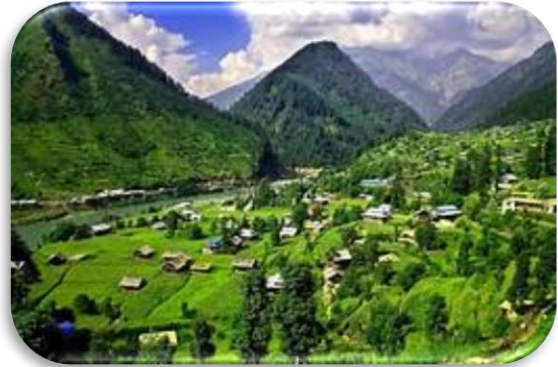


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A BRILLIANT ANALYSIS OF KASHMIR PROBLEM BY CARLA STEWART



The Personal Cost of exploring the Kashmir Issue - for this American writer...

There is something deeply distressing in exploring the morbidity of radical Islam and the destructive impact it has had on humanity in general and the socio cultural fabric in particular. Islam is a religion of love and peace, as are all religions in their truest form. Radical Islam is a different case study altogether.



The false narratives on Kashmir can only be dispelled by one that highlights the truth.



When did it all start?

The world we live in today, if you were to ask for a commentary or analysis or opinion on the Kashmir problem, there is one argument that will garner unanimous agreement across the South Asian subcontinent (and even from foreign affairs experts around the globe and self-styled experts on Kashmir from the western media) - that the history of the Kashmir problem starts with 1947.

The expanse and the magnitude of this myopia is disconcerting!

The seeds of the Kashmir problem were sown centuries before 1947 came into being. 1947 simply triggered what could be the beginning of the end for this most disturbing and perennially lingering episode in the history of the Indian civilization.

What is the Kashmir Problem?

Kashmir is not a territorial dispute, nor is it a political struggle.

Kashmir is a dispute emerging from a civilizational struggle.

A struggle for uprooting a civilization with an indigenous and deeply ingrained culture of peaceful coexistence between ethnicities and religions... and forcibly replacing it with a virulent strain of Islam that borders on the insidious and violent totalitarianism of Sunni Wahhabism.

The Land of Gold and Diamonds that welcomed all

This land was plentiful in gold and diamonds and had wealth and riches unheard of in those times. It was by far the biggest economy in the world, at the dawn of this abundance in itself ensured that life in this paradise would not be without its own trials and tribulations, not without its own intermittent phases of pain, loss, treachery and abject misery. Invaders and marauders of all hues and religions trampled upon this land with no signs of mercy or compassion, but with an insatiable lust for the riches and wealth which this land, this geographical being, this entity had to offer. This civilization bled and at times seemed to have almost collapsed under the insufferable weight of the relentless onslaught by the barbarians. But, it continued to survive, till it reached its time for an evolutionary metamorphosis on the wheel of time.

At the stroke of midnight on 15th August 1947, this eternal entity awoke to freedom from oppression and tyranny, to evolve into a modern day nation state. But, not without one last act of treachery and carnage imposed upon it by wanton elements of the day. This civilization was slit, to create a secondary entity whose sole purpose was to satisfy the lust for power of a few megalomaniacs. We will get to that a little later.

Exodus of Hindus from Kashmir

From the 14th century to the present times, the Hindus of Kashmir have been at the literal bleeding edge of the clash of civilizations. As a result, over the course of a few centuries most Kashmiris had been converted out of the Hindu fold by the force of intimidation and brutal violence that characterized the better part of Muslim Rule in Kashmir.

By the turn of the 20th century, Kashmiri Pandits came to represent the bulk of the Hindu presence that remained in Kashmir. The Kashmiri Pandits (also known as Kashmiri Brahmins) are Kashmiri Hindus and a part of the larger Saraswat Brahmin community.

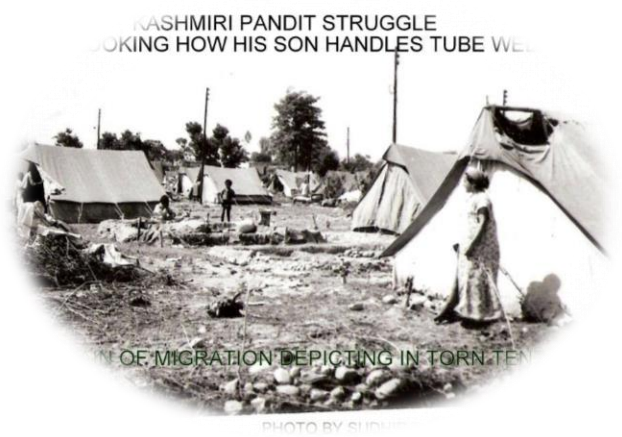
Kashmiri Hindu women were beautiful. There was a time in Kashmir under Afghan rule when their striking looks became such a burden on their families that their noses had to be cut-off and their heads shaved, to protect the Hindu girls from the lustful eyes of the ruling barbarians.

The Indian civilization finally woke up to an era of realizing its long cherished and hard fought dream of nationhood. However, fate had destined one last blow of plunder and pillage of a different nature.

Jinnah's overbearing lust for a kingdom and a throne, that was small price to pay so long as Muslims could secure their "only for us" homeland. A few decades down the line that cherished homeland for Muslims would turn out to be a paradise for the rich, the privileged and the corrupt among Punjabi Sunni Muslims and a purgatory for Muslims of all other types and sects. But, Pakistan didn't know that yet.

While Jinnah and his coterie enjoyed their newfound real estate, the British spiced up the situation with a menu of options to the autonomous princely states. Those options were - merge with either India or Pakistan, or remain independent.

The king of Jammu and Kashmir, Raja Hari Singh chose the latter. His decision caused serious concern in Jinnah's homeland named Pakistan (Land of the Pure).





Instrument of accession.

- After Tribesman attacked Jammu and Kashmir the Maharaja signed a treaty with India called **Instrument of accession**.
- The pact was signed between **The Maharaja**, **Lord Louis Mountbatten** (Governor general of India in 1947).
- On **25th October 1947** Maharaja signed a treaty with **The Government of India** called **Instrument of accession**.
- The pact was implemented from **27th October 1947**.
- The pact States that **Jammu and Kashmir is now a part of union of India**.
- The pact is already approved by **United Nations**, **Indian Independence act 1947** and **Government of India act 1935**.

Pakistan's Lust for Kashmir and the First Kashmir War of 1947 - 1948

To secure Kashmir, Pakistan dispatched tribal marauders to seize Kashmir by force. On 22 October 1947, Pakistan's Pashtun tribal militias crossed the border of the state. These local tribal militias and irregular Pakistani forces moved to take Srinagar, but on reaching Baramulla, they took to plunder and rape and stalled.

Hari Singh's Decision to join India

Maharaja Hari Singh made a plea to India for assistance, and help was offered, but it was subject to his signing an Instrument of Accession to India. The then British Viceroy Lord Mountbatten would not allow India's intervention without a formal treaty with the Maharaja. The Instrument of Accession broke that stalemate. By executing this document under the provisions of the Indian Independence Act 1947, Maharaja Hari Singh agreed to accede to the Dominion of India. The Instrument of Accession gave India's Parliament the power to legislate in respect of the state of Jammu and Kashmir only on the matters of defense, external affairs and communications.

While the remaining one-third of Kashmir came under Pakistani occupation. The irony is that Pakistan renamed that occupied territory as “Azad Kashmir”, meaning liberated Kashmir.

The Instrument of Accession

The Instrument of Accession, which Maharaja Hari Singh signed with India was a simple document. In the blank spaces, it had a place to fill in the name of the state, the name of the ruler, the date of accession, a place to hold the signature of the ruler and lastly, a line where Lord Mountbatten would put in his signature.

Article 370

In March 1948, the Maharaja appointed an interim government in the state, with Sheikh Abdullah as the prime minister. In July 1949, Sheikh Abdullah and three other colleagues joined the Indian Constituent Assembly and negotiated the special status of Jammu and Kashmir (J&K), leading to the adoption of Article 370. The controversial provision was drafted by Sheikh Abdullah.

Article 370, which came into force in 1952, empowered J&K to be a near autonomous state since it limited the Indian government's authority to just external affairs, defence, finance and communication. This provision allowed J&K to have a *Sadar-e-Riyasat* for governor and prime minister in place of a chief minister till 1965 as well as its own flag and constitution.

Article 370 ensured that the law of citizenship, ownership of property, and fundamental rights of the residents of Jammu & Kashmir is different from the residents living in rest of India. Under Article 370, citizens from other states cannot buy property in Jammu & Kashmir. Under Article 370, the Indian government had no power to declare financial emergency.

Sheikh Abdullah wanted to turn Article 370, the only temporary provision in the Indian Constitution, into a written-in-stone edict that could not be replaced or terminated by future Indian governments. This violated the very understanding which India's Constituent Assembly had reached with the state of Jammu and Kashmir - that the accession of the state to the Indian Union would be put on a slow but certain pace through Article 370.

Fortunately for India, Sheikh Abdullah did not succeed in voiding the temporary nature of Article 370, which is why the Article has now reached its logical conclusion, under the current Indian government.

Article 35A

Article 35A which comes under Article 370, gave the Jammu and Kashmir Legislature full discretionary power to decide who the 'permanent residents' of the state are. It gave them special rights and privileges regarding employment with the state government, acquisition of property in the state, settling in the state, and the right to scholarships and other forms of aid that the state government provides. It also allowed the state legislature to impose any restrictions upon persons other than the permanent residents regarding the above.

Article 35A, proscribed non-permanent residents of Jammu and Kashmir from permanently settling in the state, buying immovable property, acquiring land, applying for government jobs or any kind of scholarships, aids as well as other public welfare projects.

A Walled Garden

Article 370 and its component Article 35A turned the state of Jammu and Kashmir into a Walled Garden. Inhabitants of this garden could venture out and enjoy all benefits of the land outside, but

residents from the land outside would have very little freedom or privileges if they walked into the garden, even though the garden was part of their land.

The walled garden designed by Sheikh Abdullah in collusion with India's first Prime Minister Pt. Jawaharlal Nehru would turn out to be a golden cage for Kashmir that would keep it in Indian territory while preventing any encroachment from Pakistan, or even from entities within India.

However, a few decades down the line, this approach would precipitate a disastrous series of events not only for Jammu and Kashmir, but also for India. India didn't know that yet, nor did the state of Jammu and Kashmir.

The Night of January 19, 1990

Pakistan had not forgotten its unfinished business from the war of 1947 - 1948. It had captured a third of Kashmir. However, two-thirds of Jammu and Kashmir which included the prized Kashmir valley was still in Indian territory. Pakistan had been biding its time for an opportune moment to strike. That time came in the late 1980s. By 1989, Pakistan believed it now had a proven strategy. It was the one used to defeat the Soviets in Afghanistan. The strategy of infiltrating well trained Mujahideen across the Indian border into Kashmir to train and arm locals and incite them to foment jihad against every Indian entity present in Kashmir.



Also, Pakistan had the nuclear umbrella, to deter (as it hoped) any significant pushback from India in response to the proxy-war about to be launched in Kashmir. The nuclear threat was a tactic that Pakistan used very effectively against a far more powerful but surprisingly docile India, for a span of almost 25 years (till a man named Modi would come and call Pakistan's nuclear bluff).



Thus, Pakistan launched an asymmetric war in Kashmir.

The cold, dark night of January 19, 1990, had stirred into life the worst nightmares of Kashmiri Pandits living in the Kashmir valley. Screaming from loud speakers and crowded streets was a message for the Sikhs and Hindus living in Kashmir - Ralive, Tsalive ya Galive which translated from Kashmiri means "Convert to Islam, leave the place, or perish".

The threats had been coming in for a long time, but the night of January 19 is said to have seen a demented assault of a different level. Almost 3 decades later, Kashmiri Pandits shiver remembering the night that forced them into exodus.

Colonel Tej Kumar Tikoo, a Kashmiri Pandit himself, describes that fateful night in his book, Kashmir: Its Aborigines and Their Exodus[5].

"As the night fell, the microscopic community became panic-stricken when the Valley began reverberating with the war-cries of Islamists, who had stage-managed the whole event with great care; choosing its timing and the slogans to be used. A host of highly provocative, communal and threatening slogans, interspersed with martial songs, incited the Muslims to come out on the streets and break the chains of 'slavery'. These exhortations urged the faithful to give a final push to the Kafir in order to ring in the true Islamic order. These slogans were mixed with precise and unambiguous threats to Pandits. They were presented with three choices - Ralive, Tsaliv ya Galive (convert to Islam, leave the place or perish). Tens of thousands of Kashmiri Muslims poured into the streets of the Valley, shouting 'death to India' and death to Kafirs."

"The (Kashmiri) Pandits could see the writing on the wall. If they were lucky enough to see the night through, they would have to vacate the place before they met the same fate as Tikka Lal Taploo and many others. The Seventh Exodus was surely staring them in the face. By morning, it became apparent to Pandits that Kashmiri Muslims had decided to throw them out from the Valley. Broadcasting vicious Jehadi sermons and revolutionary songs, interspersed with blood curdling shouts and shrieks, threatening Kashmiri Pandits with dire consequences, became a routine 'Mantra' of the Muslims of the Valley, to force them to flee from Kashmir."

Ethnic Cleansing of the Kashmiri Pandits

Through the export of battle hardened Mujahideen into Kashmir, the Pakistan military and the ISI had set in motion a strategy which would later be described as "bleeding India by a thousand cuts".

The Muslims in the valley were being trained physically and psychologically, to envision a Kashmir free of any Hindu influence, geared up to demand statehood and complete independence from India.

Before the turn of the 21st century, Kashmir would be ethnically cleansed of Hindus that had called it home since the inception of the land.

Those Kashmiri Pandits that Stayed Back or Returned...

However, some Kashmiri Pandits would not leave or would come back to the valley. These are their stories.

Just as the dust of Hindu eviction from the valley was settling, it dawned upon the terrorist leadership of the Kashmir valley, their mentors in Pakistan and their apologists in the media all over the world that the public perception of the secessionist movement in Kashmir was getting damaged. So, a narrative began to be promoted that the Indian government had conspired to get the Hindus evicted

so that Indian security forces may freely oppress the Muslim population. The religious terrorism of the Kashmiris underwent a cosmetic surgery, and began to be called a political struggle.

The underlying thought process actively promoted by Pakistan was - now that Kashmir has been cleansed of almost all traces of Hinduism from the valley, it is time to revert to the 1947 formula concocted by a consortium of power crazy megalomaniacs from the Muslim League, that every piece of land with Muslim domination, should secede to Pakistan.

To this day, Kashmir remains a religious and civilizational conflict. It has no political dimension except on the surface.



Compiled from the Web by Mr. P. S. Raju, FCA., a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice-President, Waltair Club & Editor Waltair Times and can be reached at psraju@gmail.com

DISABLED PERSONS/PHYSICALLY CHALLENGED



By: K.VIJAYA KUMAR, M.A, B.L, M.Div. (U.S.A). (V-027)

The term “Physically handicapped” has been used in our country for the last several years. But due to the awareness and respect to the Disabled persons in the modern world the term “Physically challenged” is used. In U.S.A, Australia & England the term “Disabled” is used. The Disability is a Physical or mental condition that significantly limits person’s Motor, Sensory, or Cognitive abilities. It is the condition of being unable to perform a task or function because of a physical or mental impairment. Governments and Institutions are issuing Identity Cards, Tags & Vehicle Stickers to the disabled to have reservation in Car Parking Areas, Employment, Housing and Financial Assistance basing on the nature of Disability and Percentage of Disability. As the time advancing the Disabled are provided with Aids like Wheel-Chairs, Crutches, Walkers, Hand sticks, Hearing Aids, Visual Aids, Braille Books, Interpreters, Tricycles, Scribes for Examinations in higher studies or Competitive Examinations, Guides to the Blind, Attendants, Railway Concessions, Employment opportunities, Monthly Pensions, Medical Benefits etc., to the deserved. The Rights of Persons with Disabilities Act-2016 defines Persons with Disabilities as those having not less than 40% disability and Identified Seven categories of disabilities namely Blindness, Low Vision, Hearing impairment, Locomotors disability, Mental retardation, Mental illness and leprosy - cured This Act came into effect on 19-04-2017. As per this Act Sec.2(s) the person with disability means a person with long term physical, mental, intellectual or sensory impairment which, in interaction with barriers, hinders his full and effective participation in society equally with others.



The writer of this article is a layman and Senior Advocate in Visakhapatnam City District Courts having experience in handling few hundreds of Medico Legal Cases for more than 3 decades in Vishakhapatnam, Vijayanagaram, Srikakulam and East Godavari Districts for Road Traffic Accident Compensation Claims for Orthopedic, Neuro and Visually Disabled Persons. Few years ago the victims had to file the percentage of disability certificates issued by the concerned doctors basing on the injuries or ailments or loss

and Courts used to award Compensation. The accurate percentage of Disability was not there during that time as it was issued by the concerned Doctor only. Now in recent years the Medical Boards like SADAREM are issuing the Percentage of Disability Certificates after feeding ailments or

Impairments to the Computer. The King George Hospital, Visakhapatnam has the Medical Board "SADAREM" for issuing Percentage of Disability Certificates to Orthopedically and Neurologically disabled persons. Govt. Regional Eye Hospital, Visakhapatnam is issuing Percentage of Disability Certificates to the Visually Disabled. E.N.T. Hospital, Visakhapatnam is issuing the Percentages of disability certificates to the Deaf and Dumb. Gov. Mental Hospital will arrange to issue the percentage of disability certificates to the Mentally Retarded Cases and Mental illness cases. We should have concern for the fellow human beings i.e. disabled without any selfish motive or interest. In order to improve access to health services to people with disability,

World Health Organization (WHO) guides and supports Member States to increase awareness of disability issues, and promotes the inclusion of disability as a component in National Health Policies and Programmes, it further promotes strategies to ensure that people with disabilities are knowledgeable about their own health conditions and that Health/Care personnel Support and Protect the rights and dignity of persons with disability.

The Disability Discrimination Act (DDA) defines a disabled person as someone who has a physical or mental impairment that has a substantial and long – term adverse effect on his or her ability to carry out normal day- to – day activities:



A person is considered to be disabled under DDA if. He or She has a Mental or Physical Impairment.

The impairment has an adverse effect on his/her ability to carry out normal day-to-day activities.

The adverse effect is substantial and long – term.

In defining, normal day –to- day activities the DDA states that at least one of the following areas must be badly affected.,

1. Mobility
2. Manual dexterity
3. Physical Co-ordination.
4. Continence.
5. Ability to lift carry or move everyday objects.
6. Speech, Hearing or Eyesight.
7. Memory or ability to concentrate, learn or understand.
8. Understanding of the risk of physical danger.

DEMENTIA:

Dementia is a syndrome in which there is deterioration in memory thinking, behavior and the ability to perform everyday activities. Alzheimer Disease is the most common form of dementia. Dementia is one of the major causes of disability and dependence among older people. In early stages the symptoms of Dementia are forgetfulness, becoming lost in familiar places. In later stages forgetfulness of recent events and familiar names and needing help with personal care. In the last stage difficulty in recognizing relatives & friends, difficulty in walking. There is no permanent cure for Dementia but Psychiatry and Counseling will help to certain extent. Parkinson's Disease is caused by degeneration in the basal ganglia of the brain tremor and muscular rigidity.

The writer Mr. K. Vijaya Kumar, (V – 27) is a Senior Member of the Club and is a Senior Advocate in Visakhapatnam City District Courts.



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COMEDY OF MISTAKES

An Experience In Real Life

By DR. I. Venkata Rao, MD (M. No: V-79)



Committing mistakes is not an exclusive, prerogative of some people. We are all prone to make an error at some time or another, unintentionally. Wisdom emanates from mistakes which should serve as a guiding force.

It was during our trip to US in June 2019. An incident jolted us all but we ended up all smiles. Dallas where our daughters live is a place we cherish to visit. We try very hard to acclimatize with the gadgets unfamiliar to us in India.

I was returning home after morning stroll. The front door lock has a "code" with an attached safety alarm which I am not familiar about. A wild guess of the unknown 4 digits was the mistake I committed. Not only did the door not open, but I suddenly heard the voice of my daughter Manju who was at work 30 miles away saying "Hi dad, I can see you. Be patient". I will flash the code in a minute. (The door has a hidden camera & a speaker) Soon a flash appeared on the door lock with the numbers that enabled me to open the door successfully. As I was rejoicing at my success the door suddenly opened. My wife welcomed me for a hot cup of coffee.

That afternoon we were all sitting comfortably munching savory items and playing cards. Suddenly the doorbell rang. To our chagrin, a young lady constable (cop) enters the house with a smiling face inquiring if everything is okay. My daughter tried to query why the cop was there in the first place with a police van, parked in front of the house. The cop said an emergency call was registered in their talky phone. Apparently her visit was in response to an emergency call that accidentally went off my cell phone as a result of inadvertent use.

The cop was particularly concerned as her data showed 2 kids as part of the family. The end came smilingly not to mention the embarrassment to all. I told myself that this was a good learning experience.

Author of this article DR. I. Venkata Rao, MD (M. No: V-79) is a Senior Member of the Waltair Club.



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గోరంత దీపం:

By Mr. Dakshina Murthy (M. No: D-18)



"ఎంత సేపు వెయిట్ చెయ్యలి?" కొంటర్ దగ్గర తన పేరు తో పైల్ తయారవగానే డబ్బులు అందిస్తూ అడిగింది పూజ. "మేడమ్, మీ నెంబర్ పన్నెండు. మీ ముందు పదకొండు మంది పేషెంట్లు ఉన్నారు." నవ్వుతు బదులిచ్చింది కొంటర్ లోని అమ్మాయి. "షిట్" తాను వేసుకున్న హీల్ తో నేలని ఒక తన్ను తన్ని " ఐ విల్ కమ్ అగైన్" అంటూ బయటకి నడిచింది పూజ. అసలీ బాబాయి ననాలి. ఆస్ట్రాల్ ఫిజిషియన్ ట. ఈయన కొన్నెలింగ్ ఇచ్చే దేమిటి? ఏ రోజు అపాయింట్మెంట్లు ఆ రోజేనట. మై ఫుట్. ఎంత టైం వేస్ట్? అసలే సెవెన్ కి ఒక బిజినెస్ మీటింగ్ ఉంది. అయినా తను సిటీ లోనే ఫేమస్ బోటిక్ ఓనర్. ఇక్కడ ఇలా వెయిట్ చేస్తూ ఫూల్ లా నిలబడటమేమిటి? ఒక్క ఫోన్ కాల్ చేస్తే వంద మంది డాక్టర్లు తన గుమ్మం లోనే ఎదురు చూస్తారు. క్లినిక్ ఎదురుగా ఉన్న కాఫీ షాప్ లో కాఫీ తాగటం ముగించింది పూజ. ఏడిసినట్టుంది ఈ కాఫీ కూడా. ఈ డాక్టర్ చుట్టం ఎవరిదోనే అయి ఉంటుంది ఈ కాఫీ షాప్. ఆయన గారి కోసం వెయిట్ చేసే టైములో ఇక్కడి కొచ్చి ఎదో ఒకటి తిని, తాగి పోతారు. ఇది కూడా ఓ రకం సంపాదనేగా! నిరసనగా అనుకుంది పూజ. ప్రతిదాన్ని వ్యాపారంతో, డబ్బుతో ముడిపెట్టి ఆలోచించటం ఆమె మనస్తత్వం. ఒక సారి సెల్ లో టైం చూసుకుంది. తాను ఇక్కడికి వచ్చి ఇరవై నిమిషాలు దాటిపోయింది, ఫోన్ చూసుకుంటూ మరో పది నిమిషాలు గడిపి క్లినిక్ కేసి అడుగులేసింది. పేషెంట్లకి మూడు నిమిషాల చొప్పున వేసుకున్నా ఈ పాటికి పది మందన్నా అయిపోయి ఉంటారు. ఈ రోజుల్లో డాక్టర్లకి అంత కన్నా పేషెంట్ కిచ్చేందుకు టైం ఎక్కడిది? తంబలు, తంబలు గా పేషెంట్స్ వచ్చిపడుతుంటారు. అసలిన్ని రోగాలు ఎక్కడ నించి వచ్చి పడుతున్నయ్యో తెలియలేదు. ఆరోహి డాక్టరేగా, దానితో ఒక క్లినిక్ పెట్టిస్తే ఎలా ఉంటుందో అసలు? తన ఫ్రెండ్ ని గుర్తు చేసుకుంటూ అనుకుంది పూజ. కొంటర్ చేరుకొని అక్కడున్న అమ్మాయికి ఒక చిన్న సైల్ పడేసింది. ప్రతిగా ఆ అమ్మాయి నవ్వింది. "నీ పేరేమిటి?" "స్మిత"వావ్ . నీకు తగ్గ పేరు. చక్కటి నవ్వు నీది" ఎందుకన్న మంచిదని ఒక కాంప్లిమెంట్ విసిరేసింది పూజ. ఒక్కోసారి అవే హెల్ప్ చేస్తాయి మరి. ఆ అమ్మాయి మరో చక్కని చిరునవ్వు విసిరి తన పనిలోకి తల దూర్చింది. "ఇంకా ఎంతమంది పేషెంట్స్ ఉన్నారు?"పుస్తకం చూసి చెప్పింది ఆమె. "ఇంకా తొమ్మిది మంది ఉన్నారు మేడం "తొమ్మిది మందా!" నమ్మలేనట్లు అన్నది పూజ కళ్ళు పెద్దవి చేసి. ఈ డొక్కు డాక్టర్ ఏమి చేస్తున్నట్లు? అరగంటలో ముగ్గురినా చూసేది? ఈ లెక్కన అయినట్లే. ముందు బాబాయిని అనాలి. ఈయనని చూడకపోతే నీ మొహం చూడనన్నాడని రావాల్సి వచ్చింది. ఎలా కాదనటం ఆయన మాటని! చిన్నప్పటి నుంచి పెంచి, పెద్ద చేసి, పెళ్ళి కూడా చేసాడాయె. "నాకు గంటలకు వేరే అప్పాయింట్ మెంట్ ఉన్నదండి. కొంచెం ముందుగా పంపలేరా? "చాలా మర్యాదగా, రిక్వెస్ట్ చేస్తున్నట్లు మొహం పెట్టి అడిగింది పూజ. "సారీ మేడం. అలా కుదలదు. మీకు తెలుసుగా. సర్ కోసం వేరే ఊళ్ళ నుంచి కూడా రోగులు వస్తుంటారు. అదిగో వాళ్ళందరూ అలా వచ్చినవాళ్ళే. వాళ్ళందరూ పేషెంట్లు. అందరూ వాళ్ళవంతు కోసం ఎదురుచూస్తున్న వాళ్ళే." పేషెంట్లు ఎదురు చూస్తుంటే శుభ్రంగా ఉన్నావు. నీకేం

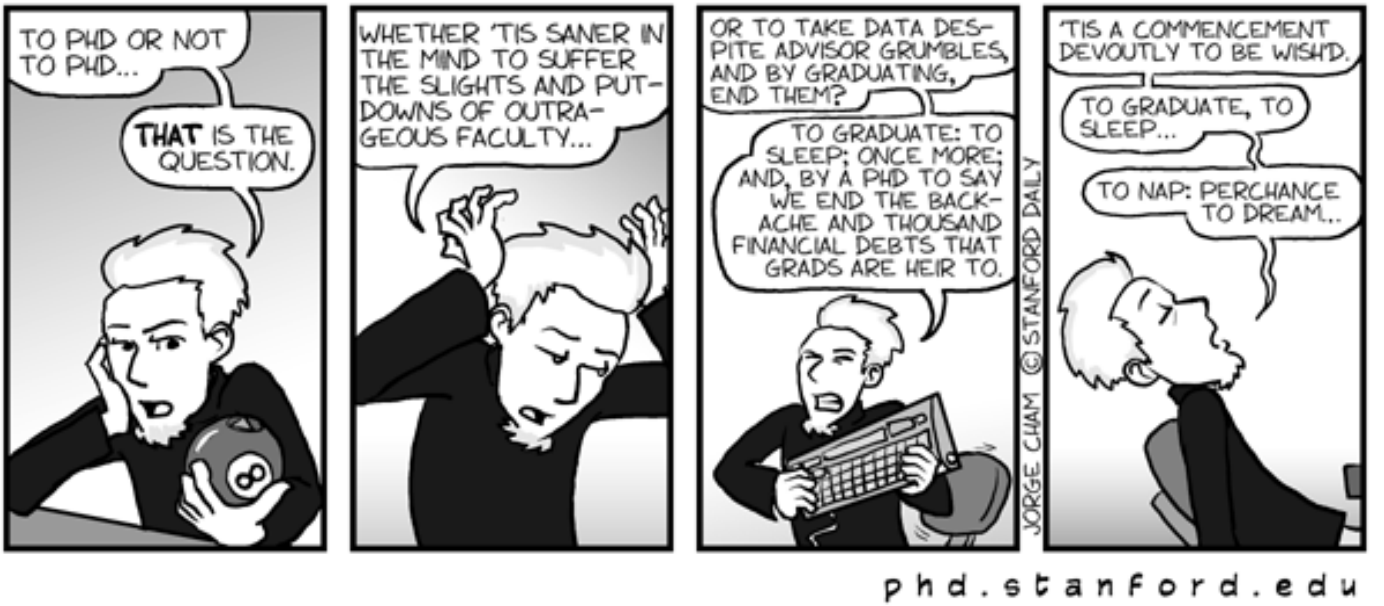
రోగం అని ఆమె అన్నట్లు అనిపించి అసహనంగా నిట్టూర్చింది పూజ. పైగా మీకు తెలుసుగా అని ఓ రాగం! నాకేం తెలుసు ఈయన గారి గురించి? చిరాగ్గా వాచీ వంక చూసుకుంది. అక్కడే ఉన్న ఓ సోఫాలో కూలబడి ఓ పుస్తకం చేతిలోకి తీసుకుంది. దాన్ని పేరుకి తిరగేస్తూ, ఎదురు చూస్తున్న పేషెంట్స్ వంక చూసింది. అందరు రకరకాలుగా ఉన్నారు. ఈ డాక్టర్ కన్సల్టేషన్ ఫీజ్ ఏడు వందల యాభై రూపాయలు. అంత ఫీజు అయినా కిటకిటలాడుతూనే ఉంది క్లినిక్. పోనీ స్పెషలిస్టా అంటే అదీ లేదు. ఉత్త

ఫిజిషియన్. ఒక్కొక్కరిని పరిశీలనగా చూస్తూ డాక్టర్ గారి రూమ్ తలుపు తెరవగానే కనిపించే విధంగా కూర్చుంది పూజ. ఆయనని చూపులతోనే రావచ్చా అని అడుగుదామని. దేవుని గుడి గంట మోగినట్లు డాక్టర్ గారి బెల్ మోగింది. పూజతో పాటు ఇంకో నలుగురు లేచి నిలుచున్నారు. ఊహా. డాక్టర్ దేవుడు కానీ ,బయటే



ఉన్ననర్చు పూజారి కానీ కనికరించనే లేదు. ఉసూరు మని సీట్ లో కూలబడింది పూజ. వెంటనే కిసుక్కున నవ్వు వినిపించింది. అప్రయత్నంగానే అటుకేసి చూసింది పూజ. ఇంచుమించు తన వయసు పిల్లే. సాధారణమైన ముతక చీరె, మెడలో పసుపు తాడు, చేతులకి మట్టి గాజులు, చెవులకి ఏవో చిన్న పూసల దిద్దులు. చాలా మామూలుగా ఉంది. ఒక్కసారి తనకేసి చూసుకుంది. తన బోటిక్ లోనే డిజైన్ చేసిన చీరె, దానికి మంచింగ్ నగలు, బొట్టు, హై హీల్స్. ఒక్కసారి మిగిలిన వాళ్ళందరిని చూసింది. తనలా అయితే ఎవరు తయారయి రాలేదు. ఏం లాభం? అయినా డాక్టర్ ముందు పిలవల్లేదు, మళ్ళా ఆ అమ్మాయి కేసి చూసింది పూజ. ఈసారి స్నేహ పూర్వకంగా చిరునవ్వు నవ్వుతోందా అమ్మాయి. నొసలు చిట్టించుకుంది పూజ. ఆమె ఎక్కడా? తనెక్కడా? తనని చూసి ఆ అమ్మాయి నవ్వుటమా! అయినా ఆ అమ్మాయి తనని చూసి ఎందుకు నవ్వింది? ఆమెలో కుతూహలం నిలవనియ్యలేదు. లేచి వెళ్లి, ఆమె పక్కన ఉన్న కుర్చీ ఖాళీగానే ఉండటంతో అందులో కూర్చుంది. పూజ తన పక్కన కూర్చోగానే మళ్ళీ నవ్వింది ఆ అమ్మాయి. ఆమె దర్బాన్ని చూసి కుంచించుకు పోలేదు. "నీ పేరేంటి?" అడిగింది పూజ "సావిత్రి." ఏమి చేస్తుంటావు? "నేనా? ఒక ఐదు ఇళ్ళలో పనిచేస్తుంటాను. నెలకి ఒక ఎనిమిది వేలు సంపాదించు కుంటానులే. ఇంతకీ నీ పేరేంటి?" అడిగింది సావిత్రి. ఒక్కసారిగా ఉలిక్కిపడ్డది పూజ ఆ ఏక వచన ప్రయోగానికి. ఆమెకు కంపరమెక్కింది. అక్కడనించి లేచి వెళ్లి పోదామనుకుంది. కానీ కుతూహలం కదలనీయలేదు. "పూజ." "బాగుంది మంచిపేరు" నిజాయితీగా మెచ్చుకుంది సావిత్రి. "అది సరేలే. నువ్వెందుకలా నవ్వావు నన్నుచూసి? "అదా! లోపలకి వచ్చి ఓ గంటన్నా కాలేదు, అప్పుడే వెళ్ళాలనే నీ తొందర చూసి. చీటికీ, మాటికీ వెళ్ళి గుమ్మం దగ్గర నిలబడ నక్కర లేదు. మన నెంబరు చూసి వాళ్ళే పిలుస్తారు. ఈ డాక్టర్ దగ్గర కొచ్చిన ఎవరు అంత తొందరగా వెళ్ళలేరు. నేను నాలుగింటి నించి ఎదురు చూస్తున్నా. ఇప్పటి వరకూ ఏది?" పెదవి విరిచింది సావిత్రి "అమ్మయ్య" అనుకుంది పూజ. ఇంకా తన మేక్ అప్ లో ఏమన్నా లోపముందేమో అని ఎంత భయ పడింది. తన ఆలోచనకి తనకే నవ్వొచ్చింది. ఇంత ఎడ్రేగా ఉన్న ఈ మనిషికి అసలు మేక్అప్ అంటే ఏమిటో అయినా తెలుస్తుందా. "మీ ఆయన ఏమి చేస్తుంటాడు?" కాలక్షేపానికి అడిగింది పూజ "ఆటో నడిపిస్తాడు. నెలకి ఇరవై వేల దాకా వస్తాయి. ఆటో అద్దె, పెట్రోలు, రిపేర్ల ఖర్చులు పోను ఓ పన్నెండువేల దాకా మిగలొచ్చు." గర్వంగా చెప్పుకుంది సావిత్రి. "అంటే ఇద్దరికీ

కలిపి నెలకి ఇరవై వేలు. అంతేగా అంది పూజ""ఒక్కోసారి అంతకూడా రాదు, మా ఆయన నడిపే ఆటో పాతది కదా, రిపేర్లు ఎక్కువగా వస్తుంటాయి."సహజంగా అన్నది సావిత్రి. దానికే ఈ కిసుక్కు నవ్వులా! పూజ మనసులో ఆశ్చర్యం, కొద్దిపాటి హేళన కూడా. తన సంపాదన రోజుకి కనీసం లక్ష"అందులోనే పాపం ఇద్దరూ బతకాలేమో!""ఇద్దర మేంటీ, నా పిల్లలిద్దరూ, అత్త, మామ అందరం అందులోనే బతకాలి." నవ్వింది సావిత్రి. "సరిపోతుందా?" ఆశ్చర్యంగా ప్రశ్నించింది పూజ. "ఏం సరిపోక?" ఎదురు ప్రశ్న వేసింది సావిత్రి. "పిల్లలని ఎక్కడ చదివిస్తున్నారేమిటి?" "మా ఇంటి దగ్గరే ఉన్న గవర్నమెంట్ స్కూల్ లో." "అవున్నే. అక్కడైతే ఫీజు లుండవుగా." చులకన ధ్వనించింది పూజ గొంతులో."ఫీజులు కట్టి ప్రైవేటు స్కూళ్ళలో చదివించేంత డబ్బు మా దగ్గర లేదు కదా! అయినా మా పిల్లలు ఎంత బాగా చదువుకుంటారో. వాళ్ళ టీచర్ ఎప్పుడూ చెప్తుంటుంది. వీళ్ళిలాగే చదివితే పెద్ద చదువులకి స్కాలర్ షిప్పు లొస్తాయని.అయినా స్కూళ్ళని బట్టి చదువు లుంటాయా? మనం దగ్గరుండి చదివిస్తే పిల్లలు బ్రహ్మాండంగా చదువుకుంటారు. "గర్వంగా చెప్పింది సావిత్రి. పూజ కళ్ళల్లో నెలకి ఐదు వేలిచ్చి హోమ్ ట్యూషన్ పెట్టినా, చదవటానికి మొరాయించే తన ముద్దుల కూతురు మెదిలింది. "ఇంతకీ నువ్వేం చదివావో వాళ్ళని చదివించేందుకు?" ఆరా తీసింది పూజ. సావిత్రి సిగ్గు పడింది."పెద్దగా చదువుకోలేదు. టెన్త్. కానీ ఆవిషయం వాళ్ళకి తెలియదుగా. పక్కనే కూర్చుని గదమాయిస్తుంటే సరి, భయపడి వాళ్ళే చదువుకుంటారు." సిగ్గు పడుతూ చెప్పింది సావిత్రి. అప్రయత్నంగా నవ్వింది పూజ "గడుసు దానివే" "ఆ మాత్రం గడుసుదనం లేకపోతే పిల్లలు మన మాట వింటారా? ఇంకా రెండిళ్ళు పట్టుకుంటే, నాలుగు రాళ్ళు వచ్చునేమో కానీ పిల్లలతో గడిపి నట్టవదు కదా. అందుకే మధ్యాహ్నమే ఇంటికొచ్చేస్తాను. వాళ్ళకి రోజు కావలసినవి చేసిపెడతాను. వాళ్ళతో కబుర్లు చెప్తాను. ఆటలాడతాను. చదివిస్తాను.అలా వాళ్ళతో గడుపుతుంటే ఎంత బాగుంటుందో తెలుసా? పూజ కళ్ళ ముందు తన కోసం ఎదురు చూసి చూసి వంటామె పెట్టిన దేదో తిని సోఫాలోనే నిద్ర పోయే బేబీ మెదిలింది.ఒక్కో సారి ఆ చిట్టి బుగ్గల మీద కన్నీటి చారలు. "ఇప్పటి వరకు మీ కోసమే చూసి నిద్ర పోయిందమ్మా.అన్నం కూడా సరిగ్గా తినలేదు." అని బేబీ నప్పగిస్తూ వాచ్ మన్ భార్య చెప్పే మాటలు ఆమె చెవులలో మారుమోగాయి. కానీ బొటిక్ స్వయంగా చూసుకోక పోతే ఎంత నష్టం! ఈ సంపాదనంతా దాని కోసమేగా!



"నిజమేలే. ఇంతకు నీ పిల్లలు స్కూల్ కి ఎలా వెళ్తారు నువ్వు పొద్దున్నే పనిలోకెళ్తే? బస్సుమాట్లాడావా మరి? "పూజ అడిగింది. ఈ మాత్రం తెలియదా అన్నట్లు తన స్టైల్ లో నవ్వింది సావిత్రి "ఎందుకా నవ్వు?" చికాగా నోసలు చిట్టిస్తూ అడిగింది పూజ "ఇందాక కూడా నన్ను చూసి నవ్వావు. అసలు పదే పదే నవ్వుతుంటావు. ఏంటి సంగతి?" "అయ్యో. అదేంటక్కా? నవ్వితే తప్పేంటి? నవ్వుగలగటం ఎంత అద్భుత మసలు? అవును, నిజమే. అది తనకేది? అందుకేగా ఈ ఏడుపు. మనసులోనే అనుకుంది పూజ." అయినా ఏమి తెలియని దానిలా అలా అడుగుతా వేమిటక్కా?మా బండి మాకుంటే బస్సెందుకంటా? ఒక్క స్కూల్ కనే కాదు. మేము ఎక్కడికి వెళ్లినా మా బండిలోనే వెళ్తాము. సినిమా కానీ, షికారు కానీ. ఆఖరికి నేను సందు చివర కొట్టుకెళ్ళి వెచ్చాలు తెస్తానన్న మా ఆయన నన్ను నడవనిస్తాడనుకున్నావా? మా బండిలోనే పోతాం. నేను ఏమన్నా చీరె, నారా ఎప్పుడో పండకోక్క, పబ్బానికో కొనుక్కుందామన్న మాబండే. పిల్లల్ని తొంగోపెట్టి మేము మా బండిలో సెకండ్ షో సినిమా కి కూడా వెళతాము తెలుసా? నేను గురువారం, గురువారం ఉన్నంతలో గుడి దగ్గర లేనోళ్ళకు ఓ పదిమందికి అన్నం వండి, వేడివేడిగా పెట్టి వస్తాలే ఇంత మజ్జిగలో పోపేసి కలిపి. ఆఖరికి దానికి కూడా మా బండి లోనే వెళ్తాం" గర్వంగా చెప్పింది సావిత్రి పూజకి ఛేళ్ళున కొట్టినట్లయ్యింది. "అబ్బ, దానమా!" అంది.వ్యంగ్యంగా. సావిత్రి అది వ్యంగ్యమని గుర్తించనే లేదు "అవునక్కా! మనకన్నా తక్కువ వాళ్ళను మనం కాక ఎవరు చూసుకుంటారుచెప్పు? అలా చూసుకోక పోతే పదిమందీ బాగుపడేదెలా?సంపాదించుకున్నది అరుగుతుందా ఒక్కళ్ళమే తింటుంటే. నీకు తెలియని దేముంది? మనం పదిమందిని చూస్తే పైవాడు మనని చూస్తాడు." అసహనంగా ఆ టాపిక్ మార్చటానికి అన్నట్లు అడిగింది పూజ. "మరి మీ పిల్లలు భయ పడరా మీరు వాళ్ళని వదిలి సినిమాకి వెళ్తే?" "ఎందుకు? మా అత్తా మామ లుంటారుగా ఇంటి దగ్గర. వాళ్ళకి సినిమా లంటే ఇష్టం లేదులే. అందుకని కొంత డబ్బు వెనకేసి ఏటేటా వాళ్ళని యాత్ర స్పెషల్ బస్సులో తీర్చి యాత్రలకి పంపుతాం. చేతి ఖర్చులకి కూడా డబ్బులిస్తాం. వాళ్ళు ఇంచుమించు దేశమంతా చూసేసినట్టే. అత్తమామల్ని బాగా చూసుకుంటే మన చేతికడ్డా, చేత కడ్డా? పైగా వాళ్ళు మటుకూ మా అమ్మానాన్నల లెక్క కాదా? వాళ్ళు యాత్రలకు వెళ్తారే..అప్పుడు మటుకు మా వాడికి...."సిగ్గుపడి చటుక్కున ఆగిపోయింది సావిత్రి. ఎర్రబడ్డ ఆ నల్ల పిల్ల బుగ్గలను వినోదంగా చూస్తూ నవ్వుతూ అడిగింది పూజ. "చెప్పు, ఆగిపోయావేం?" "...పండగే పండగ.నన్ను క్షణం కూడా వదలడక్కా. ఆటో కూడా నడపడు ఆ పది



రోజులు. నన్ను అసలు కదలనివ్వడు. మంచం దిగనివ్వడు. ఆఖరికి మంచినీళ్ళు కూడా ఆయనే అందిస్తాడు. నిన్ను చాలా కష్ట పెడుతున్నాను గదే సావిత్రి అంటాడు. ఒకటే ఇదనుకో. " సావిత్రి మొహాన్ని రెండు చేతులతో కప్పేసుకుంది. కందిపోయిన సావిత్రి మొహాన్ని చూస్తూ పూజ నవ్వేసింది హాయిగా.

"అయినా ఆలుమగల వివరాలు నీకు తెలియనివా అక్కా? మీరు గొప్పవాళ్ళు... మీ సరసాలింకా వేరుగా ఉంటాయేమోలే" స్వచ్ఛంగా నవ్వేస్తూ అందిసావిత్రి. సరసాలా! పూజకుఒక్కసారిగా మనసు చివుక్కుమనిపించింది. తామిద్దరు కలసి నవ్వుకుంటూ మాట్లాడుకుని ఎన్నిరోజులైందో అసలు. "అలా ఏడాదికోసారి ఆయనతో మాత్రమే ఏకాంతంగా గడిపితే ఉంటుంది చూడూ, ఆ సంతోషంతో, ఆయనిచ్చిన ప్రేమ బలంతో మరో ఏడాది హాయిగా గడిపేస్తాను.ఎంత పవైనా చేసేస్తాను, ఎంత బాధైనా

భరించుకో గలను. మొగుడూ పెళ్ళా లన్నాక మధ్య మధ్య అలా గడిపితే ఆ మజానే వేరు. ఏమంటావు? ఆ ప్రశ్న దాటేస్తూ అడిగింది పూజ "మరి పిల్లలు?" "నువ్వు భలేదానివే. అమ్మా వాళ్ళింటికి పంపేస్తా ఆ పది రోజులూ. వాళ్ళెందుకూ పానకంలో పుడకల్లాగా" కొంటెగా నవ్వేసింది సావిత్రి. ఆ నవ్వు అంటువ్యాధిలా పూజనూ చుట్టుకుంది.

సావిత్రి వాళ్ళాయన గురించి చెప్పే టప్పుడు ఆ కళ్ళల్లో మెరుపు, భర్త ప్రేమను పూర్తిగా జుర్రుకుంటున్నానన్న మైమరపు పూజకు స్పష్టంగా కనిపించి ముచ్చట పడింది. ఆమెతో మాట్లాడిన కొద్దీ పూజ తనకు తెలియకుండానే ఆమెను ఇష్టపడటం మొదలు పెట్టింది "అయితే సావిత్రి, నీకు జీవితంలో ఇవి కావాలి, అవి కావాలి అని ఏమీ లేవా?" "అదేంటి? ఎందుకుండవు? నేను మటుకు మనిషిని కానా అక్కా? నాకు ఎప్పటినుంచో మా ఆయనకు ఒక మంచి ఫోను కొనిపెట్టాలని కోరిక. అదేదో స్మార్ట్ ఫోన్ ఉంటుందటగా. అది కొందామని. దానికని రహస్యంగా కొన్ని డబ్బుల్ని దాస్తున్నా కూడా" గొంతు తగ్గించి రహస్యం చెప్పింది సావిత్రి. "ఆయనకు తెలియకుండా నా ట్రంక్ పెట్టెలో నా పెళ్ళిచీరె మడతల మధ్యన దాస్తున్నా. అవిగానీ చూశాడంటే మాట్లాడకుండా నాకేదో ఒకటి కొని తెచ్చేస్తాడు. అందుకే ఆయనకు కనిపించకుండా దాస్తున్నా. ఆయన నన్ను ఇష్టపడి పెళ్ళి చేసుకున్నాడని మా అమ్మ, నాన్న తూ తూమంత్రం పెళ్ళి జరిపించేసి ఆయనకి ఏమి ఇవ్వలేదు. కనీసం బట్టలు కూడా పెట్టలేదు. మంచి మనిషి కనుక మనసులో పెట్టుకోలేదు. పైగా నాకు పెళ్ళికి ఓ మంచి చీర, బంగారపు ముక్కు పుడక కొన్నాడు. ఆ చీరె ఎంత బాగుంటుందను కున్నావ్? నేను మా ఆయనతో ఎప్పుడన్నా బయటకు వెళితే ఆ చీరె కట్టుకుంటా. ముదురాకు పచ్చకు జరీ అంచు." "ఔనా, మంచి పట్టు చీరె లేదా నీకు?" "ఆమె తనని అక్క అంటోందన్న విషయం కూడా తెలియలేదు పూజకి. "పట్టు చీరె లెందుకక్క. మా ఆయనేపట్టు..ఆయనమనసేబంగారం" మురిసిపోతూ చెంగర్వంగాచెప్పిందిగాయత్రి.మతిపోయింది పూజకి. తను పక్కంటికి వెళ్ళాల్సి వచ్చినా పావుగంట బీరువా ముందు నిలబడి "ఏ చీరె కట్టుకోవాలి" అని ఆలోచిస్తుంది. మరి ఈ అమ్మాయి తరహా ఏంటి! విచిత్రంగా ఉందే. "ఇంతకీ ఏదీ నీ ముక్కు పుడక? పెట్టుకోలేదేం?" బోసిగా ఉన్న ఆమె ముక్కు వంక చూస్తూ కుతూహలంగా అడిగింది.అప్పటిదాకా నక్షత్రాల్లా మిలమిల మెరిసిపోతున్న సావిత్రి కళ్ళు ఒక్కసారిగా జడివాన కురిపించే మేఘాలయ్యాయి. "మా ఆయనకీ మధ్య వంట్లో బాగుండట్లేదక్కా. మంచాన పడ్డాడు. ఆయనకోసం ఆ ముక్కుపుడకని, చిట్టీ లేపి చేయించుకున్న నా పుస్తెల గొలుసుని తాకట్టు పెట్టానక్కా. ఈ డాక్టర్ హస్తవాసి మంచిదని ఇక్కడ చూపిస్తున్నాను. కోలుకుంటాడు కానీ పూర్తిగా తగ్గాలంటే రెండేళ్లు పడుతుంది అన్నాడు. చాలా ఖర్చవుతుంది అన్నాడు. ఖర్చుదేముంది. నా రెక్కల్లో శక్తి ఉంది. కష్టపడతాను. ఇప్పటిదానికి ఇంకా ఇంత సంపాదిస్తాను. కానీ ఆయన అలా మంచంలో పడుంటే నేను చూడలేక పోతున్నాను "సావిత్రి గొంతు పూడుకు పోయింది. పూజ మనసు కరిగి పోయింది.

"అయ్యో, మరి కష్టంకదా!" అప్రయత్నంగా సావిత్రి చెయ్యి మీద తన చెయ్యి వేసింది పూజ. "నిజమే అక్కా. దేనికీ లోటులేని నా సంసారంలో ఈయన అనారోగ్యం ఒక అగ్గిరవ్వలా చొరబడి నా మనశాంతిని జీవితాన్ని కొల్లగొట్టే స్థితి కొచ్చింది. అన్నిటికీ ఆ భగవంతుడే ఉన్నాడు. నేనెవరికీ చెడు చెయ్యలేదు. నాకు చెడు జరగదు. అందుకే నా మనిషికి తగ్గే జబ్బొచ్చింది. అదే మనిషినే మాయం చేసే జబ్బొస్తే నా బతుకు ఏమయ్యి ఉండేనో? జీవితంలో రెండేళ్లు నావి కావనుకుంటే మొత్తం వందేళ్ళ జీవితం నాదే కదా. అయినా సమస్య లొచ్చి నప్పుడేగా మనమెంత గట్టి మనుషులమో తెలిసేది. కష్టాలు మనని పరీక్ష చెయ్యటానికే వస్తాయట, బెంగ పడి కూర్చుంటే బాధ తీరదు కదా. బయట పడే దారి మనమే వెతుక్కోవాలి." కళ్ళు తుడుచుకుంటూ ఆత్మ విశ్వాసంతో అంది సావిత్రి.ఇప్పుడు సావిత్రి పేదరికం కానీ మరే విషయం కానీ తక్కువగా, చులకనగా కనిపించటం లేదు పూజకి. అసలు ఆమె ఒక అద్భుతంలా అనిపిస్తోంది. కొండంత కష్టాన్ని ఆమె ఒంటరిగా ఎదుర్కొంటూ ఉన్న తీరు నిజానికి పూజను అబ్బుర

పరుస్తోంద. "అవునూ, మీ ఆయన రాలేదు?" అడిగింది పూజ. "రాలేదు " క్లుప్తంగా చెప్పింది సావిత్రి ఈ లోగా నర్స్ సావిత్రిని పిలిచింది. "రా సావిత్రి డాక్టర్ పిలుస్తున్నారు" "వస్తాఅక్క"లోపలివెళ్ళిందిసావిత్రి. ఒక్కసారిగా పూజకు ఒక అరుదైన వ్యక్తి తో పరిచయం అయినట్లు అనిపించింది. నిజంగా తాను ఎంత నేర్చుకోవాలి ఈమె నించి. నేర్చుకుంటే తన బ్రతుకు ఎంత మారుతుంది? ఆత్మ విమర్శ మొదలైంది పూజలో. ఆమె గురించే ఆలోచిస్తూ ఉండి పోయింది పూజ. ఎంత ఆత్మస్థైర్యం! ఎంత గొప్ప వ్యక్తిత్వం!! పేదరికం ఆమె సంతోషాన్ని వేలితో కూడా తాకలేక ఓడిపోయింది. డబ్బుకీ, సంతోషానికీ సంబంధమే లేదని సావిత్రి నిరూపిస్తోంది. సంపాదించే మనిషి అడ్డం పడినా అధైర్య పడలేదు సావిత్రి. ఈ పరిస్థితిని అధిగమించటం ఓ లెక్కా అన్నట్లు ఉంది. ఇలాంటి వాళ్ళు సమస్యల్నే పరిహసిస్తారేమో! భర్త పరిస్థితి కి బాధ పడుతోందే తప్పభయపడలేదు.

"వాళ్ళాయనకు ఏమి జబ్బు సిస్టర్? అటు వైపు వెళ్ళున్న నర్సుని ఆపి అడిగింది పూజ. "సావిత్రి వాళ్ళాయనకా? వెన్ను పూసలో టీ బీ మేడం. మంచం మీదనించి లేచే పరిస్థితి లేదు.రెండేళ్లు పూర్తిగా విశ్రాంతి ఇస్తే తగ్గే అవకాశం ఉంది. కానీ వాళ్ళ కుటుంబ పరిస్థితులు చూస్తే ఆ వీలు లేదు. పాపం కష్ట జీవి. ఎలా బయట పడుతుందో ఏమో? కానీ అలా వున్నా ఏ మాత్రం అధైర్య పడదు. ఇప్పుడు కూడా కష్టపడి పనిచేస్తుంది. ఎవరికీ ఏమి కావలసి వచ్చినా అందరికీ తలలో నాలిక లాగా ఉంటుంది. ఆమె ఉండే చోటుకి వెళ్లి ఎం ఎల్ ఏ ఇల్లు ఎక్కడ అంటే చెప్పలేని వారు ఉంటారేమో కానీ సావిత్రి ఇల్లు అంటే అందరు చూపిస్తారు. చాలా గుండె ధైర్యం ఉన్న మనిషి. ఎంత కష్టమైనా చిరునవ్వుతో ఎదుర్కొంటుంది..ఎవరిని నోరు తెరిచి సాయం అడగదు. గొప్ప అభిమానవతి." నర్సు ఇంకా ఏమి చెప్పేదో కానీ ఈలోగా డాక్టర్పెళ్ళొట్టటంతోపరిగెత్తినట్లువెళ్ళిపోయింది.బయటకు వచ్చి "మేడం మీరే, వెళ్ళండి. ఇందాకటినించి ఒకటే హడావిడి పడుతున్నారుగా."అన్నది చిరునవ్వుతో. అప్పుడే బయటకు వచ్చిన సావిత్రిని చూస్తూ పూజ "సావిత్రి, నేను ఇప్పుడే వచ్చేస్తాను ఒక్క నిమిషం వెయిట్ చేయి ప్లీజ్" అన్నది "అలాగే అక్కా" అన్నది చిరునవ్వుతో సావిత్రి. మందులు తీసుకుంటూ ఉంటా ఇక్కడ. వెంటనే వచ్చేయ్యి మరి. ఎక్కువ ఆలస్యమైతే కొంచెం ఇబ్బంది ఔతుంది మా ఆయనకి" "అలాగే" అంటూలోపలికి వెళ్ళింది పూజ. డాక్టర్ ఆమె వంక సాదరంగా చూస్తూ "రండమ్మా, ఏమిటి ప్రాబ్లెమ్ "అన్నాడు "సర, ఒక గంట క్రితం వరకు నాకు ఈ ప్రపంచం లో బ్రతకటమే ఒక సమస్య. పెద్ద ప్రాబ్లెమ్. ఆత్మ హత్య చేసుకోవాలనే కోరిక చాలా తీవ్రంగా ఉండేది. అలాగని నాకు ఏ సమస్యలు లేవు. నేను అవలీలగా రోజుకి లక్ష రూపాయలు సంపాదిస్తున్నాను. నా భర్త ఒక మూడు లక్షలు సంపాదిస్తారు. ఇద్దరివీ బ్రహ్మాండమైన బిజినెస్ లు. మూడు కార్లు. ఇంట్లో నలుగురు పని మనుషులు. పాపని స్కూల్కి పంపేదుకు ఒక కారు, నాకు ఒకటి మా వారికి ఒకటి. నెలకి కనీసం మూడు సార్లు పార్టీలు ఇస్తుంటాము. పెద్ద పెద్ద వాళ్ళతో ఆరోగ్యకరమైన సంబంధాలు ఉన్నాయి. కానీ తీవ్రమైన అసంతృప్తి. దానితో చావాలనే బలమైన కోరిక. ఏ సమస్యని ఎదుర్కోలేను. బిజినెస్ లో ఒక రోజు ఒక సమస్య వస్తే మందు కొట్టకుండా పడుకోలేను. ఒక బ్యాంకు లోన్ శాంక్షన్ అవలేదంటే విపరీతమైన టెన్షన్. మా వారు ఒక రాత్రి ఇంటికి రాలేదంటే ఎవరితో ఉన్నాడో అని అనుమానం, అసూయ.అలాగని నాతో ఉన్నప్పుడు ఆయనను సంతోషంగా ఉంచలేను. ఏదో ఒక దానికి పోట్లాడుతూనే ఉంటాను. ఆయనను సంతోష పెట్టలేను, నేనూ సంతోషంగా ఉండలేను. నిద్రమాత్రం వేసుకున్నా నిద్ర రాదు."బలంగా ఊపిరి పీల్చుకుంది పూజ ఉద్వేగాన్ని అదుపులో ఉంచుకోవటానికి. "చుట్టాలందరు మా ఆస్తి కోసం ప్రేమ నటిస్తున్నారని ఆలోచన. అవకాశం వస్తే మమ్మల్ని చంపటానికి చూస్తున్నారని భయం, అనుమానం. ఏ ఒక్కళ్ళకు కూడా సాయం చెయ్యను. ఎందుకు చెయ్యాలి? నేను కష్ట పడి సంపాదిస్తేనేగా ఆ డబ్బు వచ్చింది. వాళ్ళూ సంపాదించు కోవచ్చుగా అనిపిస్తుంది. ఇన్ని టెన్షన్స్ నేను పడుతున్నా ఆయన పట్టించుకోడని కని. ఒక్కో సారైతే ఆయన్ని చంపేసి నేను చచ్చి పోదామనిపిస్తుంది. ఇంకా ఏవో పిచ్చి

పిచ్చి ఆలోచనలు. అట్లా ఉన్న నన్ను చూసి మా బాబాయి భయపడి, మీ దగ్గిరకి నన్ను కొన్నిలింగ్ కి పంపారు. చాలా మంచి కొన్నిలింగ్ ఇస్తారని, నా జీవితాన్నే మార్చేస్తారని చెప్పి పంపించారు. నిజానికి మిమ్మల్ని కలవకపోతే నా మొహం చూడనని ఆయన చెప్పటంతో వచ్చాను. లేక పోతే వచ్చేదాన్ని కాదు. బయట విసుక్కుంటూ ఎదురుచూస్తున్న నాకు ఒక అద్భుతమైన వ్యక్తితో పరిచయం అయ్యింది."



డాక్టర్ గారు ఎదో అనబోయారు. పూజ ఆయనను చేతితో వారిస్తూ అన్నది. "అక్కరలేదు సర్. ఇప్పుడు నాకు చావాలని లేదు. బతకాలని ఉంది. కొత్త జీవితం గడపాలని ఉంది. నా జీవితాన్ని ఎన్ని రకాలుగా ఉపయోగించుకోవచ్చో అర్థం అయ్యింది. ఊరికే పేరుకున్న సంపద ఉపద్రవానికే. ఎవరికన్నా ఉపయోగపడేంత డబ్బు మనకున్నప్పుడు దాన్ని వారికి ఉపయోగించటమే సార్థకం అని ఇప్పుడే!! తెలుసుకున్నాను. ఒక అపురూపమైన మనిషి నుంచి. ఆమె నా కొన్నెలర్. నా వ్యర్థ జీవితాన్ని ఫల వంతం ఎలా చేసుకోవాలో ప్రాక్టికల్ గా చెప్పిన గైడ్. థాంక్ యు. నేనిక మీ దగ్గరకి రాను. గుడ్ బై. డాక్టర్" ఉద్వేగంగా తన మాటలు ముగించిన పూజ ఆయనకు

రెండు చేతులు జోడించి బయటకు వచ్చి సావిత్రిని చేరుకుంది."పద చెల్లి, పోదాం. మీ ఇంటికి. నీ అక్కకు మీ ఇల్లు చూపించవా?"సంతోషంతో విప్పారిన మొహం తో "అయ్యో రా అక్కా. బ్రహ్మాండమైన గారెలు చేసి పెడతాను, పద. వెళ్తూ వెళ్తూ దోవలో ఈ జ్వరం మాత్రం ఒక ముసలవ్వకు ఇచ్చి వెళ్ళామేం. పాపం మూడురోజుల నుంచీ అవస్థ పడుతోందని డాక్టర్ గారిని అడిగి తీసుకున్నాను" అన్నది సావిత్రి. సరేనన్నట్లు తల ఊపుతూ తన జీవితంలో అదృష్టవశాత్తు కనిపించిన ఆ గోరంత దీపాన్ని అనుసరిస్తూ వెళ్ళింది పూజ, తన గుండెల్లోని కొండంత చీకటిని అంతం చేసుకోవటానికి. శ్రీమతి శారద లంక గారు సేకరణ కథ నాకు నచ్చింది మీకు



నచ్చుతుంది అనే ఉద్దేశం తో ఉంచుతున్న

Author of this article is Mr. Durvasula Dakshina Murthy, a Senior Member (M. No: D-18), a Senior Practicing Advocate based at Visakhapatnam and Member of the Legal Committee of Waltair Club.



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FORWARD TOGETHER



The academic session at Silver Oaks has begun on a new note with new ways of learning and connecting with each other. Here's to the next! Let us make it good, together.

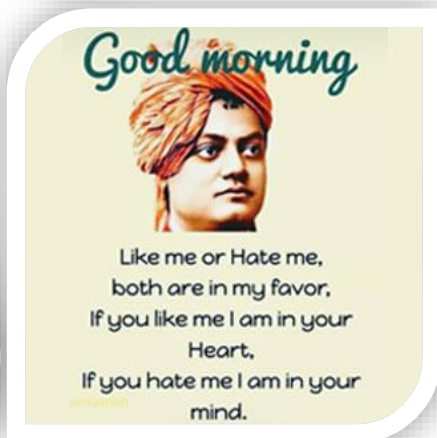
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CHILDREN



How the world has
changed in 1 month !

Feb 14 - Valentine

Mar 14 - Quarantine



యోగాతో కరోనా ఒత్తిడికి చెక్: హార్వర్డ్ మెడికల్ స్కూల్

వాషింగ్టన్, మార్చి 16: అమెరికాలో యోగాపై నిషేధం ఎత్తివేత.. యోగాతో కరోనా ఒత్తిడిని జయించవచ్చంటూ హార్వర్డ్ మెడికల్ స్కూల్ వెల్లడి.. వెరసి అమెరికాలో యోగాపై ఆసక్తి పెరుగుతోంది. నానాటికీ విస్తరిస్తున్న కరోనా ఒత్తిడిని తట్టుకునేందుకు యోగా, మెడిటేషన్, శ్వాస నియంత్రణ ఉత్తమ మార్గాలని హార్వర్డ్ మెడికల్ స్కూల్ మ్యాగజైన్ వివరించింది. సాధారణ మెడిటేషన్తోనే మనసుకు ప్రశాంతత చేకూరుతుందని, దీన్ని నేర్చేందుకు యోగా స్టూడియో, పాకెట్ యోగా వంటి యాప్లు ఉన్నాయని మానసిక వైద్య నిపుణుడు జాన్ షార్ప్ తెలిపారు.


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Glycerin/Glycerol	1 Teaspoon	Rs. 0.70
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 **VIVID GROUP**

QUIZ, CHESS, SUDOKU AND JOKES

Life and style

What links flute (bird), oboe (duck) and clarinet (cat)?

The Weekend quiz

A springbok appears on the back of what gold coin?

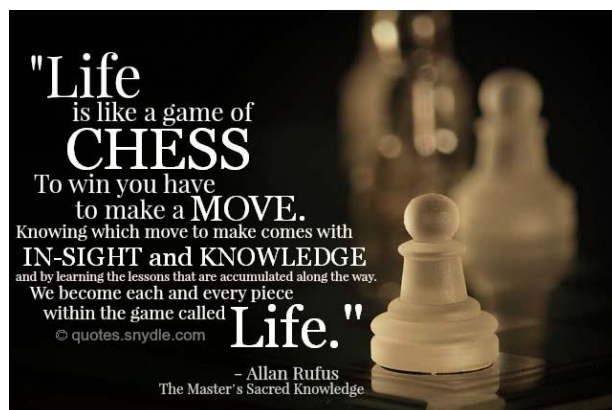
1. In 1956, who became the most titled woman in the world?
- 2 .The Missouri meets the Mississippi just north of which city?
3. What list was compiled by Antipater of Sidon?
4. Copyright usually lasts how long after an author's death?]
5. Przewalski's is the only surviving wild species of what?
6. Who was reburied last year in Madrid's Mingorrubio Cemetery?
7. A springbok appears on the back of what gold coin?
8. Weir Of Hermiston was whose final, unfinished novel?
9. UK, 1979; Canada, 1993; New Zealand, 1997; Australia, 2010?
10. Iron; A-Z; marathon; Swiss cantons; Irish counties?
11. Flute (bird); oboe (duck); clarinet (cat); bassoon (grandfather)?
12. Ceres; Pallas; Juno; Vesta; Astraea?
13. Guadeloupe; Martinique; Réunion; Guiana; Mayotte?
14. Cavy; capybara; coypu; chinchilla; mara; paca?
15. Reason to Believe; Girls' School; Dreams of Children; Computer Love?

Answers: 1 Princess Grace of Monaco. 2 St Louis. 3 Seven wonders of the ancient world. 4 70 years. 5 Horse. 6 Francisco Franco. 7 Krugerrand. 8 Robert Louis Stevenson. 9 First female PM: Margaret Thatcher; Kim Campbell; Jenny Shipley; Julia Gillard. 10 26: atomic number; letters in alphabet; full miles in race; in Switzerland; in Republic of Ireland. 11 Instrumentation in Prokofiev's Peter and the Wolf. 12 Asteroids (first five discovered). 13 French overseas departments. 14 Rodents native to South America. 15 "Lesser known" halves of double A-side #1s: Rod Stewart's Maggie May; Wings' Mull of Kintyre; The Jam's Going Underground; Kraftwerk's The Model.

SUDOKU:

	6			9				
1				3				8
3					2			
				8			1	
		4			5		8	
6	3			7		5		
	5			3			6	
								7
9				5		4		3

CHESS:



BEST CHESS GAME:



Kasparov vs. Topalov (1999)

In one of the most stunning combinations ever played, Kasparov played 24.Rxd4a combination that required seeing around 15 moves ahead in order to know that the sacrifice works. While Topalov may have been able to survive had he declined the sacrifice, one can hardly fault him for believing it was unsound he reportedly has said he looked around nine moves deep in the position but missed 33. c3+, which ultimately proves decisive.

JOKES – TONY BLAIR:



Here's Some Hilarious Tony Blair jokes 😄

Trump has a heart attack and dies. He goes to Hell where the Devil is waiting for him.

"I don't know what to do," says the Devil. "You're on my list but I have no room for you. But you definitely have to stay here, so I'll tell you what I'm going to do. I've got three people here who weren't quite as bad as you. I'll let one of them go, but you have to take their place. I'll even let YOU decide who leaves." Trump thought that sounded pretty good so he agreed. The devil opened the first room. In it was Richard Nixon and a large pool of water. He kept diving in and surfacing empty handed over and over and over, such was his fate in Hell. "No!" Trump said. "I don't think so.

I'm not a good swimmer and I don't think I could do that all day long." The Devil led him to the next room. In it was Tony Blair with a sledgehammer and a room full of rocks. All he did was swing that hammer, time after time after time.

"No! I've got this problem with my shoulder. I would be in constant agony if all I could do was break rocks all day!" commented Trump.



"There is nothing in the world so irresistibly contagious as laughter and good humor." — [Charles Dickens, A Christmas Carol](#)



"If you want to tell people the truth, make them laugh, otherwise they'll kill you." — [George Bernard Shaw](#)

George Bush wanted to know how to better run his government so he asked the Queen while he was visiting the UK. He asked "So, your Majesty, how do you run your Country so well?" The Queen just smiled and said "Simple, I just surround myself with smart people. Watch." She called Tony Blair over and asked "Tony, who is the Child of your father?" Tony, without skipping a beat, replied "Me". Impressed, Bush heads back to the States and decides to try this out. He asks Condoleezza Rice the same question, and she replies "Hum", I'll get back to you on that. "She then asks Sarah Palin "Sarah, who is the Child of your father?" And Sarah says "Me". She then heads back to Bush and when he asks her "Who is the Child of your father", she replies "Sarah Palin!!" Bush loses his cool and shouts "No you idiot, it's Tony Blair!"

George Bush was visiting the queen of England...

When he asked her "I must say, you run a real tight ship over here, would you mind telling me some of your secrets or advice?" The queen said "sure, it's quite simple, I surround myself with smart people, for example, watch this". She then calls upon Tony Blair. "Tony, I have a simple question, if your mother has a child and your father has a child, and it's not your brother or sister, then who is it?"

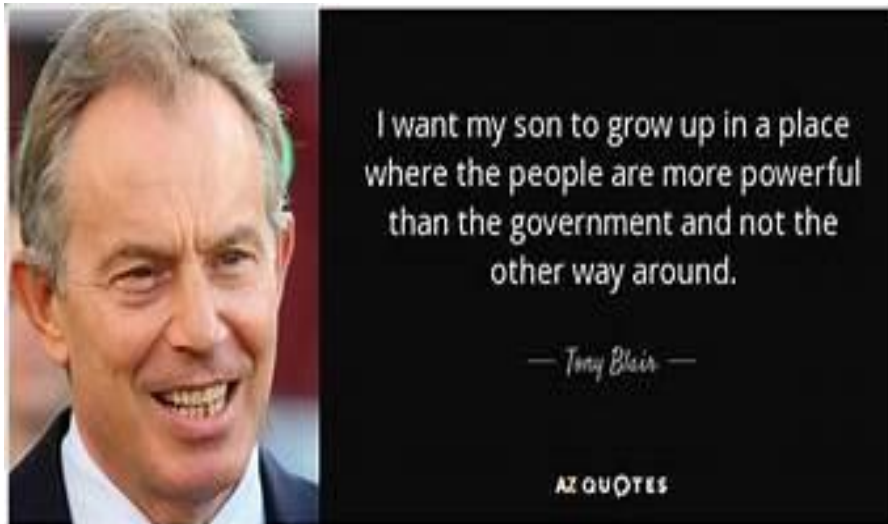
Tony Blair thinks for a moment and responds "Well it would be me" "Correct. Thank you very much Tony" says the queen. Bush says "Ahh, you know, that's real clever, I might have to try that on some of my cabinet members. Thank you very much" Bush is now back home in the U.S and calls Donald Rumsfeld to his office. "Donald, I have a question for you. If your mother has a child and your father has a child and it's not your brother or sister, who is it?"

Donald thinks long and hard and says "You know George, I'm not sure, but I'll give you an answer by tomorrow"

Bush agrees and lets Donald go Donald then gathers up the cabinet and asks them the question. Nobody knows the answer, and after many failed attempts someone speaks up and says "I know! Let's ask Colin Powell! He's a smart man, he should know". So they call up Colin Powell.

They ask him, "Colin, we have an important question for you... if your mother has a child and your father has a child and it's not your brother or sister, who is it?" "You bunch of morons, it would be myself!" says Colin Powell. "Ahhh!! We get it now!" says the members of the cabinet.

The next day Donald Rumsfeld approaches the president. "Sir, I believe I have the answer to that question you asked me the other day." says Donald. "Well ok, Donald, what is the answer?" "Colin Powell!" says Rumsfeld Bush looks at him for a second and gets up and yells "No you god damn idiot, it's Tony Blair!"



The above content taken and compiled from the Web by Mr. P. S. Raju, FCA. A senior practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com.



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Sports Club has a glorious story to tell, it has a wonderful past and tantalizing present. In the early 1950's, the province of Bombay gifted 80,000 sq. yards of land to the Cricket Club of Ahmedabad (CCA), to construct a grand Cricket stadium and a Club House. The Members of the CCA procured new land and formed club adjacent to the stadium and christened it "The Sports Club" of Gujarat and thus emerged the magnificence called Sports Club! It is designed by the famous international architect Charles Correa, who has also designed the soulful Gandhi Ashram. The Sports Club of Gujarat was officially inaugurated on July 17, 1965. The unique feature of its structure lies in its flexible design and spaciousness which can be upgraded time and again. As a result of this, the Club stands with a strong physical infrastructure focusing on optimum space and timeless design

The magnificent stadium with a seating capacity of 50,000 is the colossal highlight of the marvelous Sports Club. Today Sports Club is one the most happening Clubs in Ahmedabad. It has been upgraded with state of the art amenities to make it all the more uptown and niche! Restaurants, gymnasium, swimming pool, indoor-outdoor sports, movie theatre, hall et al make the club a wholesome place for entertainment for family and friends. A number of events both social as well as sports' oriented are held at the splendid Sports Club. The plush 45 rooms loaded with imperial design and interiors makes yours and your guests' stay exclusive and majestic. Sports Club is the most preferred venue for celebrities, sports stars, bureaucrats and other VIPs to spend their leisure time or stay on their visit to Ahmedabad.

The long list of amenities and even more boastful list of prominent people as its members make Sports Club a niche and finest club in Ahmedabad. The historically rich and one of the most celebrated clubs of Ahmedabad has made history by celebrating golden jubilee of its glory...experience grandeur, experience panache, experience the spirit of sport...come home to Sports Club!

AQUAPOINT

Sports Club houses a huge swimming pool where coaching facilities are provided throughout the year. Not just that, we have smaller swimming pool for children along with spring and diving boards respectively. There is an annual club aquatic meet with innovative water events and expert coaches to train swimmers in various styles and water sports.



BADMINTON

The Badminton court at Sports club is not less than a professionally prepared court, it is well equipped and well-lit for evening practice sessions too. So if you are bitten by a badminton bug, you know where to come!



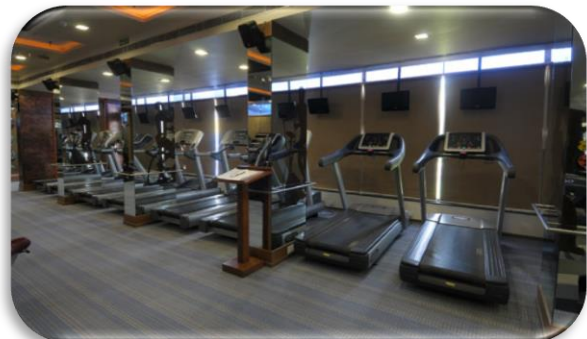
BILLIARDS

Centrally air-conditioned Billiards room equipped with four Billiards tables; is one of the largest in Ahmedabad. Both National and International tournaments are held here from time to time. Internationally reputed, Padmashri Geet Sethi, Rupesh Shah and many others practice at our club.



BODY ZONE

We have incorporated a well-equipped health club for fitness enthusiasts along with certified trainers who help to maintain a fit and healthy body. We also have facilities like aerobics, massage, acupressure and fat monitors to provide you with umpteen health benefits.



CARD ROOM

A room specially dedicated to the card connoisseurs of the town is located at our club. With a regal interior, twenty four tables and LCD TVs; the card room is one of the puzzling rooms of the club where avid card players have a gala time!



TABLE TENNIS

A well-equipped and air-conditioned table tennis room, with two tables so that you can sweat it out at your favorite sport without a single drop!



ACCOMODATION

Spend your holidays or render your guests with an ultra-luxurious accommodation at Sports club. We have luxury suites, super deluxe and executive deluxe rooms with full-fledged amenities that give you a slice of luxury like royalty! Spend a relaxing time in our deluxe suites. To book now, write an e-mail to rooms@sportsclub-gujarat.com



BANQUET & MULTIPURPOSE HALL

With modern interior, ample space and with a capacity of 200 people, the multipurpose hall at Sports Club is perfect for an array of events like conferences, get-togethers and parties.



LAWN

A lush green Lawn with a sitting capacity of 2500 people serves as an open space where one can unwind and get a generous dose of nature or just spend some leisure time with friends and family.



LIBRARY

We have a well equipped and well stocked library which is a perennial source of knowledge for the book-worm in you. A place where you can read your choice of books with a pin drop silence and calm environment.



ACCOMMODATION:

Following are the rules for booking accommodation at Sports Club:

Cancellation Charges

10% of tariff if cancelled before 15 days.

25% of tariff if cancelled before 7 days.

50% of tariff if cancelled before 24 hours.

100% of tariff if 8% luxury tax if cancelled within 24 hours.

Cancellation after Check In: If the guest vacates the room one day prior, than 100% of total tariff will be charged. If the guest vacates the room 2 days earlier, than 90% for 1st and 50% of 2nd day tariff will be charged.

CONTACT:

The Sports Club of Gujarat Ltd. Sardar Patel Stadium, Ahmedabad – 380 014, Gujarat, India 91 726440371 / 3, 26560597, 26440661. E-mailmailbox@sportsclub-gujarat.com

LOTUS CLUB – COCHIN



About Us

History is a long, emotional and personal journey to some. But to many, it is only a statistics of dates and battles. Accepting history is a vital point of being human, a type of elfin treasure that loses its value the moment it is brought out into the limelight. Be that as it may, recorded history is a treasure house of information stored for posterity. The history of our club is no different.

Most of us know that the club was founded on 15th of July, 1931. In the words of Mrs. Gertrude Bristow, the founder president “it was to be a meeting place of persons of all ages, castes and creeds and of both sexes who confess that they find pleasure in each other’s company”. We began with a membership of about a dozen persons, but this soon rose to forty one. The main activities of the club were tennis, badminton and bridge. Talks on various subjects were also periodically arranged. The first club day was held on 9th of September 1932, in the presence of H.M. Maharaja of Cochin. The first biennial report says “The club holds its origin to the Parvathi Saroj Samithi a social service league formed in the town some time ago for doing humanitarian work. It was at one of its meetings the suggestion was put forth by few and accepted by all present there, of starting a club where men, women and children alike of all communities would have the opportunity of meeting together and promoting good fellowship. The development of a healthy social life and the rendering of selfless social service form two of the main objects of the club. It’s gratifying to know that this novel experiment has, in spite of some adverse circumstances so far proved successful.

Even though the above thought was simmering in the minds of many, two significant events accelerated this thought into action. Sir Robert Bristow, who was a divorcee and who had married an ex nun had problem in Cochin. In 1923, he met Gertrude Annie Kempton, daughter of Edward Thomas Kempton, a railway clerk and after a few meetings in the Government House Madras, they got married in 1925. Mrs. Bristow was not exactly welcome in the British Cochin Society, the epicenter of which was the Cochin Club.

Between 1928 and 1930 a few educated and enlightened families of Cochin used to get together and have monthly tea parties in each other’s houses. They were Mrs. and Mr. T.K. Krishna Menon, Mrs. and Mr. P. Padmanabha Menon, Mrs. and Mr. P. Sankaran Nambiar, Mrs. and Mr. E.V. Mathew, Mrs. and Mr. C.J. Mathew, Mrs. and Mr. P.I. Korah, Mrs. and Mr. K.B Menon, Mrs. and Mr. Paulose, Mrs. and Mr. Chacko George, Mrs. and Dr. Tharian Varghese. The houses were becoming

crowded and they met once or twice in the Women's Association Hall which was also an industrial training school of Cochin. These regular meetings gave a fright to Mrs. Velayudha Menon (Ambadi Karthiyayani Amma, President, Women's Association) Parvathi Saroj Samithi as the group was baptized were expelled from the premises. By 1931, Mrs. Bristow took over the Presidentship of the club arrived at the name Lotus Club and thus was our club born. Mr. P. Padmanabha Menon was the first Secretary of the Club, Mr. C.G. Herbert was the Diwan of Cochin and since the Bristows were very friendly with him, it was not difficult for the current premises to be allocated by the Cochin Government.

There was an old building in the compound which was uninhabitable. Old timers say that this was once the residence of Mr. Kandar Menon, Chief Secretary to the Government. By 1934 the members of the club felt the need for a proper building. On 27th of December 1934, the general body resolved to raise Rs. 2000/- by issuing debentures towards the construction of a club House. The Government of Cochin donated ninety candies of timber. The total cost of the building was Rs. 2100/-. The new club House was opened on Sunday 8th December 1935 by Sir R.K. Shanmugham Chetty, Diwan of Cochin. Earlier a Memorandum of Association was drawn and the club was registered under the Literary, Charitable and Scientific Societies Registration Act of M.E. 1088. The photograph of Mrs. and Mr. R.C. Bristow was unveiled by Smt. Lakshmikutty Naithiaramma, Consort of the Ilayaraja of Cochin on 1st of February, 1938. Unfortunately, or more precisely due to lack of respect for history this photograph is missing.

The membership though exclusive was burgeoning and the desire for more facilities were on the increase. An extension to the existing building was constructed in 1942 and billiards was started. A sort of improvised bar also came into being in 1946. Rummy became very popular and to accommodate the needs of the Rummy players, in 1970 a large hall was built to the north of the club house.

Around 1970, a large number of members felt the necessity to expand the club and provide adequate accommodation and facilities. It was also felt that it was not advisable to extend the exciting facility. It was decided to construct a new building on the extremity of the compound where the tennis court stood. Foundation stone for the new building was laid on 13th of April 1971 and after completion of construction, the new building was inaugurated on 22nd of October 1972. The old club house was demolished. Shri R. Madhavan Nayar presided over the entire renovation as president during the three years. The current building has 7000 square feet of floor space on each floor (three floors) and has adequate facilities for tennis, billiards, bridge, Rummy and shuttle. The club also has a well-stocked library. Four years back a massive renovation was undertaken which was completed after a year's work and today the club can boast of top class facilities for the members. We celebrated the platinum jubilee in 2006 which saw the revival of tennis and billiards as important games for the members. One more billiards table was added and annual tournaments in tennis, bridge and billiards is a regular feature over the last three years. The tennis court was relaid with synthetic surfacing at a cost of Rs. 4,00,000/- and this year the club was able to conduct a ranking tournament which will impart national status to the participants. The faded enthusiasm of yester years for tennis in the club which hosted exhibition matches with Wimbledon Champions, Budge Patty and Frank Sedgman has seen a revival in recent years. May be, in the not too distant future, we will be able to witness exhibition matches with national and international players. In its long journey through the corridors of the Ernakulam Society, the club also had the opportunity of receiving many important visitors. Some of them are Sir T. Vijayaraghavacharya (1933), W. Somerset Maugham, Lord Linlithgow, Viceroy of India (1941), Raja of Pudukotta (1937) and The

Maharaja of Mysore (1943). The Viceroy also played tennis with some of our members. The lady members as part of the War efforts produced many knitwear working in the club premises and donated it to the war fund. All these and much more were achieved by the tireless and dedicated work of many of our members who sacrificed much to gain this. The club today is a space which provides togetherness for its members and also the chemistry of fusion and freedom which deliver a million moments of shared happiness.

Source: Information gathered from conversation with Late Ex- Chief Justice M.S. Menon and Late Mrs. Anna Varghese one of the founder members.





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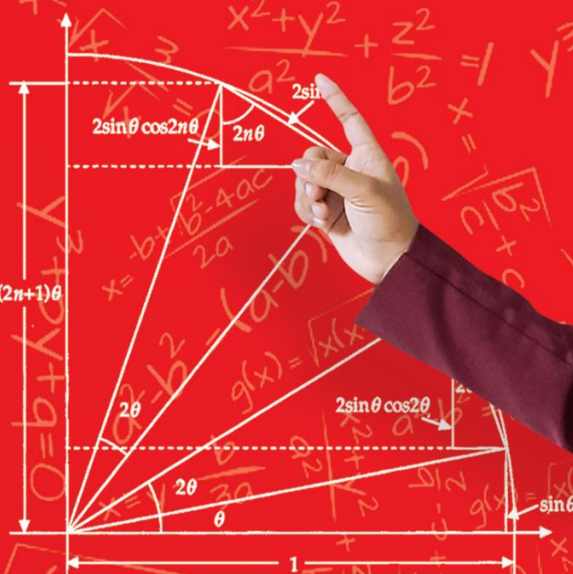
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Compiled from the Web Sites of the Affiliated Clubs by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com.

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LAST WISH

Compiled from the Web by Mr. P. S. Raju, FCA. (S-148)

Military Police has reported that your unit has sneaked out special army rations as part of the luggage of your officer evacuated to Chandigarh by aircraft. And you abetted this," said the Brigade Commander of Siachen Brigade in a very stiff tone.



"Yes, sir I have committed the offence and I will be proud to face the punishment," replied the Commanding Officer. "Proud? What was the item taken?"



"Five chocolates, sir." "That is too small a thing to put your career at stake." "Sir, you remember last week Pakistanis launched an attack on our Bana Post?" "Yes, I do, but don't try to divert my attention." "In that attack one of my officers Lieutenant Sandeep got injured. He got caught in an air burst of the enemy artillery.

The flesh from his waist, hand and above left ankle had got blown off. He was bleeding badly but he fought hard." "Yes, they successfully repelled the attack." "After the attack my soldiers dragged him into the shelter. He was in pain. We couldn't evacuate him as the firing was still on.

Next day we brought him near the helipad. But the helicopter couldn't come as the weather was all packed up." "Your nursing assistant on the post must have given him medical aid." "Yes, he was giving the medical aid but a faux pas happened." "What?" "Sandeep has grown up in the unit as his father was also in this unit. His buddy couldn't see him in pain. The Gorkha knew that Ibrufen tablets relieve pain so seeing and feeling the magnitude of the pain he gave him seven pills of that medicine. Sandeep's parameters started getting erratic."



"So, you evacuated him on foot." "No, we were told that at daybreak we will get the helicopter. But in the morning weather again got nasty. It was already fourth day. So, in the night I decided to evacuate him on foot. But while bringing him down my boys slipped. Fortunately, they could anchor themselves on the edge of a crevasse. Sandeep was dangling in the crevasse. Soldiers had a choice to cut the cord and let him go down. When one of them suggested this option, others said it will be difficult to answer his father. Boys struggled for an hour to get him out. In the bargain the avalanche chord cut into their hands through the gloves. By four in the morning they reached the outskirts of the post. An officer was there to receive them.

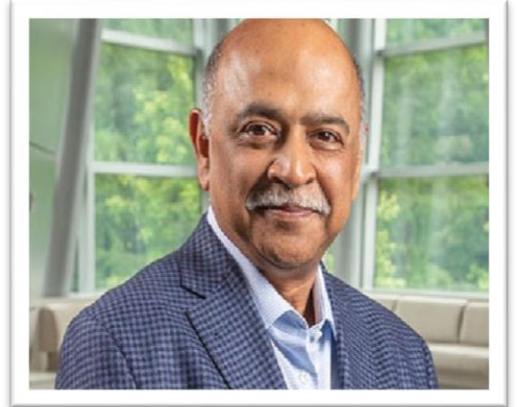
Seeing the condition of the evacuation party he picked up Sandeep and walked to the surgical center only to collapse at its door." "You still have not told me about the chocolates?" "Sir, while Sandeep was being prepared for air evacuation to Chandigarh, I went there to meet him. Before meeting him I asked the senior doctor as to what are the chances of Sandeep's survival. He said about twenty percent. I walked up to Sandeep. He was delirious. I told him that he will be alright and does he want anything? His reply was 'chocolate'. I remembered that when I was a young officer in the unit and he was a child and I used to get chocolates for him.

Seeing his condition, I felt it was his last wish. So how could I deny it?" "How is he now?" "Critical, as per the report I got in the morning." "You can go. I can't even say don't do it again," said the Brigade Commander. After the Commanding Officer moved out the Staff Officer walked in and asked, "Sir, should I sign the convening order for the Court of inquiry." "No," said the Brigade Commander. He picked up the report by the military police and put it in the shredder. A true Story written by Brig PS Gothra Note: Lieutenant Sandeep survived and is a serving Brigadier now. Sandeep confided that he was able to hear and understand the conversation among his soldiers when he was dangling in the crevasse.

Compiled from the Web by Mr. P. S. Raju, FCA. (S-148), a Senior Chartered Accountant in practice based at Visakhapatnam and Vice-President, Waltair Club & Editor-Waltair Times and can be reached at psraju@gmail.com

Arvind Krishna Elected IBM Chief Executive Officer

IBM Board of Directors has elected Mr. Arvind Krishna as Chief Executive Officer of the Company and a Member of the Board of Directors, effective April 6, 2020. Krishna is currently IBM Senior Vice President for Cloud and Cognitive Software, and was a principal architect of the company's acquisition of Red Hat.



"Arvind is the right CEO for the next era at IBM," said Rometty. "He is a brilliant technologist who has played a significant role in developing our key technologies such as artificial intelligence, cloud, quantum computing and block chain. He is also a superb operational leader, able to win today while building the business of tomorrow. Arvind has grown IBM's Cloud and Cognitive Software business and led the largest acquisition in the Company's history. Through his multiple experiences running businesses in IBM, Arvind has built an outstanding track record of bold transformations and proven business results, and is an authentic, values-driven leader. He is well-positioned to lead IBM and its clients into the cloud and cognitive era."

"With the strong foundation now established by Ginni for IBM's future, the Board is confident that Arvind is the right CEO to lead IBM," Eskew continued. "The Board ran a world-class succession process and found in Arvind a leader with the business acumen, operational skills, and technology vision needed to guide IBM in this fast-moving industry."



Arvind Krishna:

Early life and education

Arvind Krishna is an Indian, who was born in West Godavari, Andhra Pradesh, India. His father, Major General Vijay Krishna, was an Army Officer who worked for the Indian Army of the Government of India and his mother, Aarti Krishna, worked for the welfare of Army widows.

Arvind completed schooling in St Joseph's Academy, Dehradun and the Stanes School, Connor, Tamil Nadu, before receiving a bachelor's in Electrical Engineering from the Indian Institute of Technology, Kanpur 1985. Arvind subsequently traveled to the U.S. to study for a Ph.D. in Electrical Engineering from the University of Illinois at Urbana–Champaign in 1990

Born in 1962) is an Indian-born American Executive with IBM and Senior Vice President from Kanpur, Bihar. In January 2020, he became the chief executive officer of International Business Machines (IBM).

In his successful career, Arvind also worked with IBM Systems and Technology Group's Development and Manufacturing organization. He served as the General Manager at that time.

Compiled from the Web by Mr. P. S. Raju, FCA., (S – 148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com

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