



# Waltair Times

HOUSE JOURNAL OF THE WALT AIR CLUB, VISAKHAPATNAM

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VOL.24 | ISSUE 11 | May 2020





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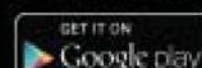
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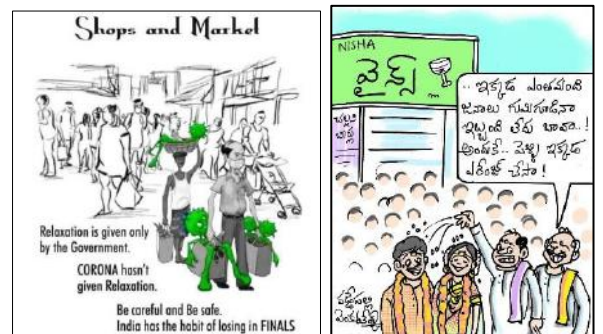
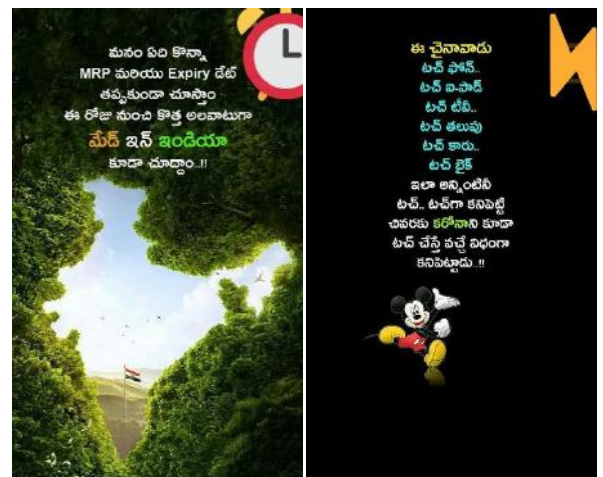
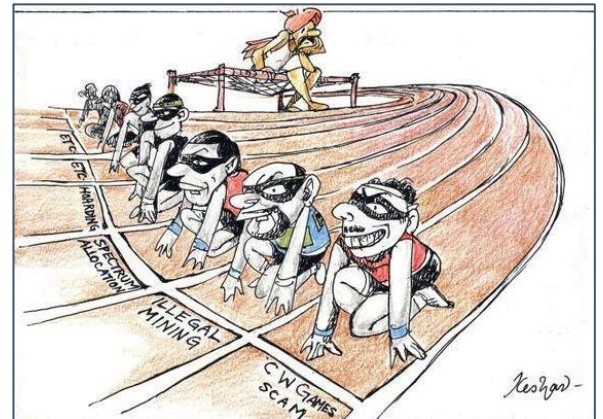




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Cover Page Concept (Web) : P S Raju FCA, Vice President, Waltair Club



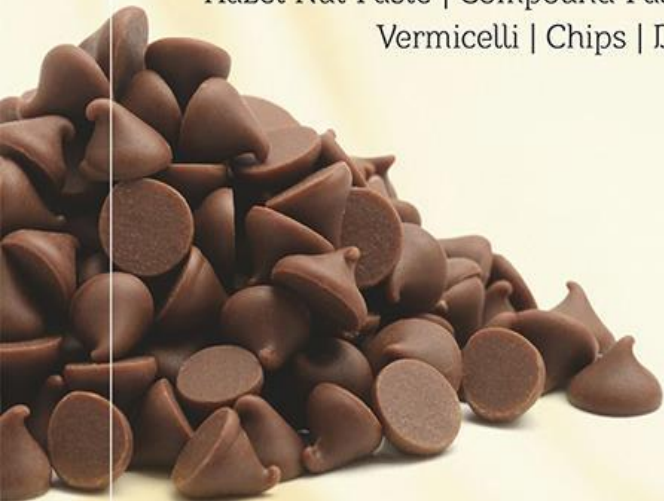


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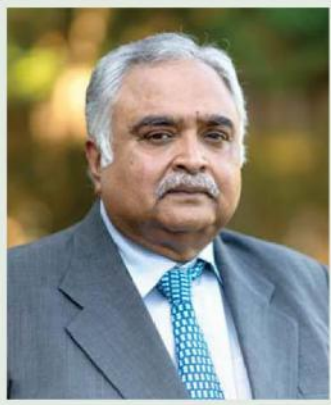
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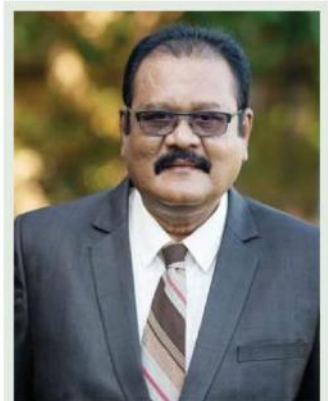
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9866565656



# **CHAIRMEN OF CATERING & GENERAL SERVICES COMMITTEE AT WORK DURING THE LOCK DOWN**







***Mr. O. Srinivasulu, our energetic Chairman, Catering Committee has taken up the job of cleaning up the kitchen.***



***Mr. R. V. Prasad, our ever enthusiastic Chairman, General Service is in the processing our walking path.***





## VICE PRESIDENT & EDITOR, WALTAIR TIMES DESK

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Honourable Members,

We have all been confined to our Homes and spending time with our Families due to the Lockdown. Probably for most of us this is one of the rare occasions to spend quality time with the Families. For me and I am sure for most of the Members this would remain a memorable moment of our lives.

We have enjoyed several festivals during the last one year but, as far as Club is concerned, one more festival is round the corner. I am talking about the ELECTIONS TO THE MANAGEMENT COMMITTEE. I wish more and more enlightened and experienced Members, the bright and participating youth of both genders will come forward to contest the Elections. The Club requires excellent, professional, outgoing and participative individuals to manage its affairs. The "GenNext" slowly but surely will come into the Management. The future belongs to them. Participating more than winning is important. This is the beauty of democracy.

The greatest achievement of this Management Committee is to serve the Club through its tenure without a single incident of "disciplinary action". "Compassion" is hall mark of any Management and this without compromising discipline deserves applause. The Club consists of nearly 3500 Members with their families and it is close knit FAMILY and should continue to be for generations to come.

With the support of all the Members & their families, the Editorial Board and the Management Committee, our in house journal "Waltair Times" has come a long way since the present Management Committee took over. We have



received all round appreciation for the quality and content of the Magazine. This gives me as the Editor immense satisfaction.

“Waltair Times” has also contributed to the nurturing of several authors during this period who enthusiastically submitted, several interesting and thought provoking articles. This culture needs to continue.

The Magazine also carried several classy photographs of events in addition to Announcements, Obituary references, New Members admitted particulars, Members’ Honor references, club calendar and schedule, flight timings, etiquette reminders, affiliated Clubs references etc.,

It was also colorful containing puzzles, tit bits, Sudoku, Chess, Bridge, reviews of books – movies – music albums - gadgets and Jokes, in addition to coverage of Social Impact Initiatives. It has now reached a stage of 100 inside page with 6 cover pages, the front cover folded for additional advertisement space. I whole heartedly thank the printers and distributors.

The last 3 months from March have seen disturbance in printing and distribution of the Magazine. This is due to the lockdown being in place and other constraints. However, the Magazine is now being printed and all the copies starting from March’20 would be at your door steps.

I need to specially thank the Advertisers for their support without which all the above are not possible.

This Managing Committee will be saying good bye on the 30th of June’20 and let us all wish the new Committee all the very best.

***“John Quincy Adams was a leader and a trailblazer. He wrote, "If your actions inspire others to dream more, learn more, do more and become more, you are a leader”.***

**P. S. Raju, FCA.**



# THE BLACK SWAN – EFFECT

by K. Narayana Rao (N - 44)



## Meaning:



A **Black swan** is an unpredictable event that is beyond what is normally expected of a situation and has potentially severe consequences, causing extreme damages to the economy of one country or several countries or the world economy.

Black swan events are characterized by their extreme rarity, their severe impact, and the practice of explaining widespread failure to predict them as simple folly in hindsight.

A Black swan event, a phrase commonly used in the world of Finance, is an extremely negative event or occurrence that is impossibly difficult to predict.

In other words, black swan events are events that are unexpected and unknowable.

The term was popularized by former Wall Street trader Nassim Nicholas Taleb, who wrote about the concept in his 2001 book Fooled by Randomness.

## Attributes of Black Swan Events:

Taleb outlined the three defining attributes of a black swan event:

1. An event that is unpredictable.
2. A black swan event results in severe and widespread consequences.
3. After the occurrence of a black swan event, people will rationalize the event as having been predictable (known as the hindsight bias).



Thus, a **Black swan** is a metaphor that discuss a hard to predict event or a surprise in many aspects of our society. It thus describes randomness and uncertainty.

The occurrence of an event is a Black Swan if you are not informed of it, thus you are a sucker.

There is also a Grey Swan which signifies an event, Known Unknowns as compared, the Black swan events, are Unknown Unknowns.

Unpredictable events are actually much more common than people think and are the norm and not the exception with wide spread consequences.

It normally refers to an extremely rare negative event, which is impossible to predict. It is infinite and an unknown event.

Never deny a Black swan event, as it happens to anyone. Plan for the worst, Black swan effect, even for you, individually.

Point to note based on Black swan events, is, what is proved right today, may not hold good forever, it may prove wrong tomorrow and vice versa is also true.

The following are the several instances or Examples of Black swan events, that were least expected with huge damages to the world and the economies, that literally shook the World:

#### 1.The spread of internet



#### 2. 9/11 Attacks-USA

#### 3. 26/11 Attacks-India





4. Beginning July 1997, a series of currency devaluations, spread in East and South East Asia. Collapse of Thai BATH after the Govt stopped pegging local currency to US Dollar. ii. Reduced Imports iii. Fall of International stocks.



5. March 2000-The DOT. Com crash. Stock Prices rallied at unreal speed, as several Tech companies put sell orders at their peak. - DELL, ORACLE, CISCO. The NASDAQ composite index fell by 78%. Simply Panic Selling. Trillions of \$ lost.

6. September 9th, 2001-The World Trade Twin Towers were attacked by terrorists and Stock Markets Crashed.



7. September 15th 2008-Lehman Brothers filed for bankruptcy. Total Debt \$619 billion dollars. BEAR STEARNS, collapsed was bailed out and eventually sold to JP Morgan Chase. 25,000 employees lost jobs. The big cash of the stock markets.

8. 2009 December European Sovereign Debt crisis. Spain, Portugal, Greece and Ireland suffered huge debt to GDP.

9. March 11, 2011-FUKUSHIMA Nuclear disaster-it was an energy accident initiated by the Tsunami following the Tohoku earth quake on March 11, 2011. Dow Jones Index fell by 2.4%, NIKKEI by 16% and DAX by 4%.

10. June 14th 2014 OIL Crisis-over supply of Crude OIL and from 5 Million Barrels a day in 2008 to 8.5 Million barrels a day, in 2014!! prices drop from \$110 to \$50/.

11. August 2015, Black Monday, China devalued as a result of the slump in the crash of Oil prices, Chinese stock market fell by 8.5% in a single day, as their plan backfired.

12. On 9th June 2016 BREXIT-The Pound tumbled to a 31% low against the dollar, more than 10% fall.

13. The Tsunami on 26th December 2004. The 1918 Spanish flu that killed millions of people and effected 500 million people.



14. 2020, CORONA VIRUS (COVID-19) the present pandemic ,is the, Black Swan e which effected every country in the world, without exception, with thousands of deaths and over 600,000 effected by the virus and which in turn has crashed Stock Markets worldwide and economies and brought the whole economic activity to a standstill with complete lock down of the countries, to prevent the Virus from spreading. It has no vaccination and most unknown and no one expected it.

Thus, in conclusion we can say that just because we have seen only white swans does not mean that there are no Black Swan. Just because a certain even has not happened does not mean that particular even will never occur. So, one and all should expect the most unexpected and be prepared for the same.

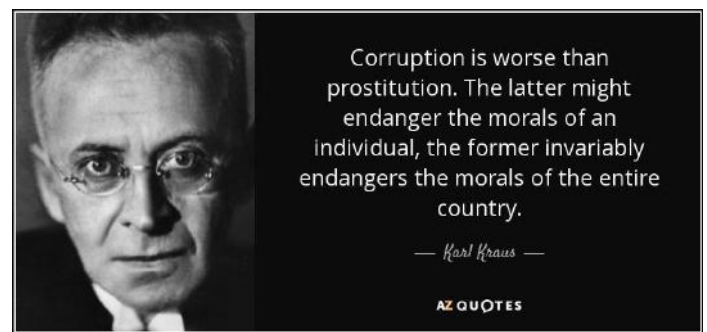
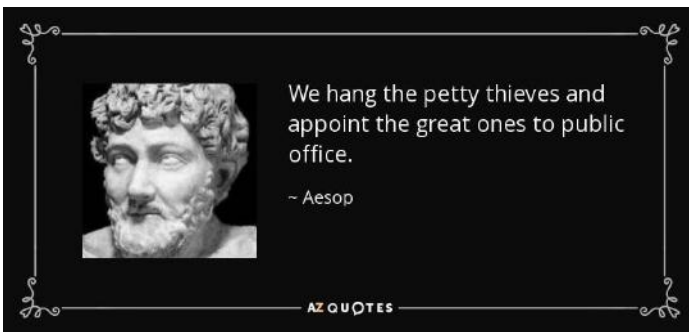
*The Author Mr. K. Narayana Rao (N-44) is a Senior Practicing Chartered Accountant based at Visakhapatnam and Member, Editorial Board, Waltair Times and can be reached at [kollururao@gmail.com](mailto:kollururao@gmail.com)*





# TECHNOLOGY TO REDUCE CORRUPTION THE CONCLUSION

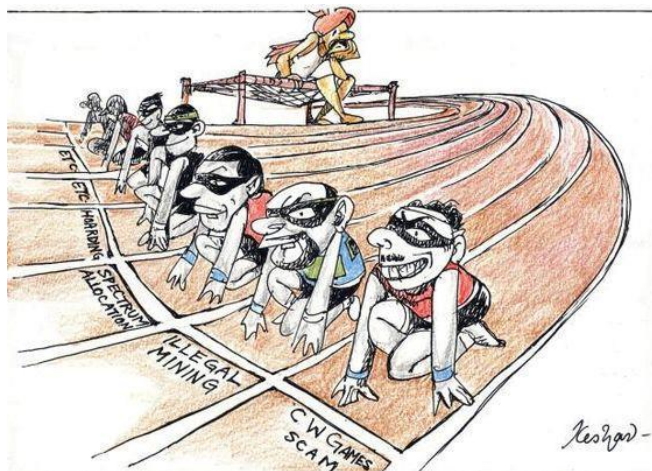
*By Mr. P. S. Raju, FCA., (S-148)*



In my previous Articles on this subject, I have covered various Departments and the ways and means of tackling Corruption, by use of Technology. The Departments involved are 1. Stamps & Registration (August'19 Issue), 2. Revenue (September'19 Issue), 3. Medical and Health (October'19 Issue), 4. Education Sector – Corruption Erodes Social Trust (December'19 Issue), 5. Municipal Administration (January'20 Issue) and 6. Panchayat raj (February'20 Issue).

There remain doubts, in the minds of the readers, is it possible to find solutions to implement the ideas? Will the Governments with their own objectives & concerns ever do it? Will not the prospect of losing the power to, manage these and other Departments is lost, if they really start implementing the thoughts put forth in the Articles?

These questions, honestly, beg for answers. The purpose of this Article is, to find a way seeing the Governments do implement these reforms.





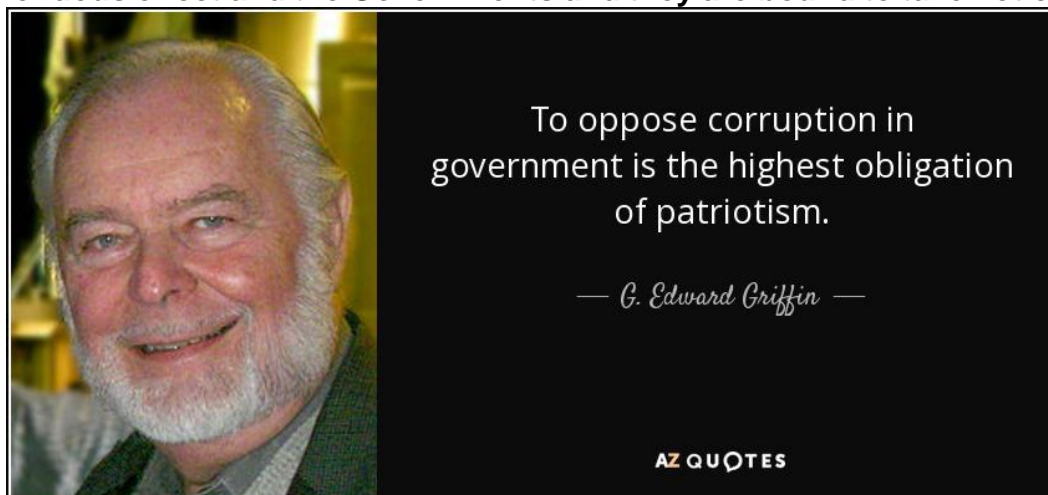
At the outset let me say, the Governments have done a lot in this regard by bringing the necessary legislation and rules. More needs to be done.

The implementation of Online payments for, Schemes including “Mangrega” to benefit the below poverty line masses, Distribution of Gas cylinders to the house holds, Issue of ration cards for distribution of essential food grains and other consumables, health schemes like “Arogya Sree”, allotment of houses or sites to the poor, crediting cash to the bank accounts of targeted segment for meeting health and educational needs of the poor and fee re-imbursements for Schools, Colleges & Universities.



CAD System for Registration of Documents, Online submission of Building Plans for approval within 30 days of submission - providing “deemed as approved” clauses, Online recording of Land and Building details, Online payment of the dues to the Government - Municipal and other Property taxes - Land Cass - Electricity bills, E-Tendering for Procurement of Goods & Services, E–Auction of Government Properties, Online Registration for Elections and issue of ids, Issue of Aadhar Cards online, Online Vehicle Registrations, issuing & renewing of Driving Licenses, Submission Assessment & Appeals under the Income Tax and Other Indirect Tax legislations are some of these measures.

**One of the ways of seeing these and other reforms are taken to their logical end is Public Pressure through Media, both Print and Visual, online social portals, representations, seeking information by the use of Right to information Act etc. This pubic outpour would have tremendous effect and the Governments and they are bound to take notice of the same.**





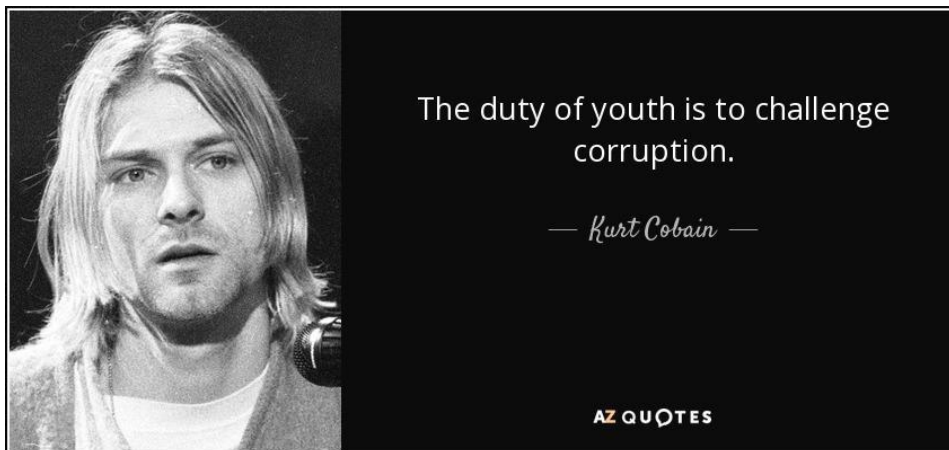
Another way is to seek justice from Courts. The Courts presently are having long pendency's. The Justice system also requires, far reaching reforms. Providing alternative redressal systems like lokpals & lokayuktas, arbitration, withdrawal of Civil Cases by the Governments where the amounts involved are small and seeking opinion of the Apex Court on common legal issues.

Criminal cases require proper, speedy & effective ways of 'Compounding of Offences'. Once the Judicial System is free of pendency then it can concentrate on the bigger issues and would have time and capacity to handle them. Public Interest Litigation touching upon Governments Acts, Rules, Policies and Procedures will make the Systems Honest, Transparent, Compassionate, un biased and effective.

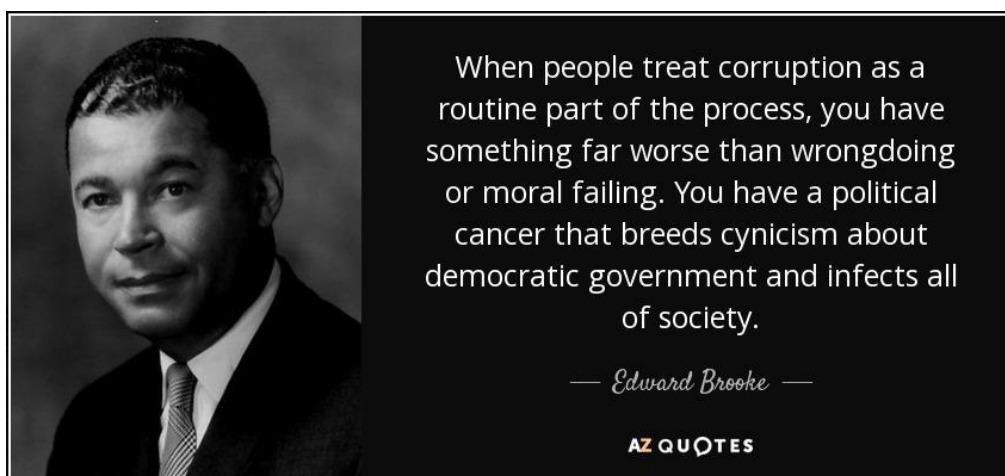
**If these measures are adopted the pending cases can be cleared. The references to various tribunals, district courts, high courts and even Supreme Court can also be taken care.**

There is another very Important and Effective Tool which can make everything possible. We need to recognize that most of the Citizens are not educated nor informed enough or tech savvy to fight with Governments for their rights.

**This is where the role of NGOs needs to enter. These are basically bodies which can be set up by the Corporates as a part of their Social Responsibility, or Common Citizens.**



There are any number of Citizens, who want to serve the Society at large and are ready to do so without expecting anything in return. This Great Country is bestowed with retired Bureaucrats, Judicial officers, School Teachers, Doctors, Lawyers, Architects, Engineers, Chartered and Cost Accountants, Company Secretaries etc., who can work for these NGOs without expecting anything in return. If they are retired lot of spare time is and if not some time is available.





They can have small makeshift Centers near the various Departments of the Government and even operate online to help the hapless Citizens in filing the necessary forms, documents etc., to get speedy consideration.

When properly & professionally represented, the Government Departments will be bound to act. It would be very difficult for the Government Departments, to deny the Citizens, their rights.



**“I see in the near future a crisis approaching that unnerves me and causes me to tremble for the safety of my country... corporations have been enthroned and an era of corruption in high places will follow, and the money power of the country will endeavor to prolong its reign by working upon the prejudices of the people until all wealth is aggregated in a few hands and the Republic is destroyed.”**

~ ABRAHAM LINCOLN

*The Author Mr. P. S. Raju, FCA., (S-148), is a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*



# INDIA'S BIGGEST LIBRARY

This library was founded by Sant Harivansh Singh Nirmal, the owner and head of a trust named Jagdamba Seva Committee. It was made from the funds for a temple of a goddess. Knowledge is said to be the biggest goddess. So, the funds for building a temple were put to their best use by building the temple of knowledge, i.e. a library.

This library is containing a huge stock of over 9 lakh books, kept in a highly neat manner. Around Rs.6-7 lakhs is spent every year on the maintenance of this library.

The holding capacity of the library is around 40,000 people. Rajasthan is a place having hot temperature level, but the temperature of this library is cool and comforting. Moreover, this library provides the readers a completely tranquil environment. The walls of this library are very light-shaded and beautiful. The interior of this library is very beautifully designed.



The aisles and corridors of the library are quite clean and tidy and so well lit that you feel as if you're in a paradise with glass shelves around you containing tonnes of knowledge.

The collection of books of this library is brilliant. This library contains a lot of books related to mythology, astronomy, astrology, and history. It is also having a huge collection of epics and scriptures. Moreover, it also contains a wide variety of dictionaries and different Atlases. This library is most famous for its books in Hindi and Sanskrit.

\*Temple at the top - The temple of deity Bhadariya Mata stands on top of the library above the ground. The temple as well as the library is taken care of by the devotees who live there.

***Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)***



# A1 GRAND THE CONVENTION - RUSHIKONDA, VISAKHAPATNAM

The beautiful Smart City of Visakhapatnam has a function and convention space adjoining the lovely Bay of Bengal on the East Coast of India less than a kilometer from Gitam University. Designed with modern architecture the facility boasts of a fully air conditioned function/convention hall which can comfortably accommodate 1500 persons and dining space with an equal area. Ten double occupancy air conditioned rooms are available. Convenient car parking for 300 cars with valet facility available. The management is in the hands of experienced professionals who ensure smooth conduct of functions/meetings.

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Front View-1



Front View -2



Hall – 1 (Ground Floor)



Hall – 2 (First Floor)



Rooms



Road View





# NOTICE BOARD

## Announcements

(Some of these are subject to Lock Down being lifted and the Club allowed to function by the authorities).

1. With effective from 18th October, 2019 the movies will be screened on Fridays at 6.30 PM due to Winter Season.
2. This is to inform Members will not be allowed to have, more than 4 guests, in their chamber rooms. Guests should follow general dress code, when they are in Restaurant/ Bar/ Corridors/ Reception.
3. Due to increase in prices of liquor by APBCL, the revised prices are as follows from 23.10.2019. Increased rates as follows: Liquor 30 ml 04/-, Beer 330ml 10/-, Beer 650ml 20/- and Breezer 20/-
4. We request the Members to respond, to our appeal for reduction of multiple number of copies of Waltair Times, to be posted to the same address. This can easily be done by sending an email from an address registered with the Club or sign on the papers available in the Club office. All the requests will be registered and dispatches stopped. This would result in saving paper and thereby the environment.
5. "All are requested to submit their articles, member's honor, announcements, advertisements, obituary references etc., before 25th of every month, to avoid delay in bringing out Waltair Times".
6. This is to inform all the Members that Dining Hall guest charges are revised from Rs.50/- to Rs.100/- w.e.f. 14.12.2019.
7. The Managing Committee has decided to revise the Guest Charges in Weekends (Friday to Sunday) w.e.f. 16.12.2019 as per below. Monday to Thursday - Rs.100/- Friday to Sunday - Rs.150/- Please co-operate with us.
8. The Managing Committee has decided to increase the rate of Executive Lunch from Rs.40/- to Rs.50/- (plus tax) w.e.f. 15.02.2020.
9. The members are requested to register their cars at the office and should have the "Waltair Club Member" sticker displayed on the front windshield of the car. Those who do not have the sticker should register at the office and get one. From 7th March 2020 onwards the cars that are not registered and without sticker cars will be stopped and checked for the same into the Club. This will be strictly implemented. Managing Committee requests the co-operation of the members in this regard.
10. Please be careful and alert. Please alert all family and friends not to open the door to any person or group claiming to be in charge of any party to sanitize homes from the virus. These criminals have looted many houses with this deceptive method. \*Please circulate as broadly as necessary. There are NO groups intended for sanitization in homes being sent by Govt. (With Image alert-corona – sanitization).



11. Due to the current lockdown Waltair Club is unable to send physical copies of Bills. These will be sent by email for which your kind cooperation is requested in updating your email address using the following unique url (will be unique for each member). You may also pay your outstanding dues on the website or using club Android app <http://bit.ly/2TzCgDi>.

12. Further, March Issue of Waltair Times (PDF) will be sent to your email and also uploaded to the website of the Club.

The Editor and Managing Committee are constantly endeavouring to improve the standard and usefulness of Waltair Times. Members, please send us your opinions and suggestions pertaining to the content or design of the club magazine - both bouquets and brickbats are welcome either by sms, what's app or in the Club Website.

## రాష్ట్రంలో రాకపోకలకు అనుమతులు అవసరం లేదు: డీజీపీ voice of police

ఈనాడు, అమరావతి: ఆంధ్రప్రదేశ్‌లో ఒక ప్రాంతం నుంచి మరో ప్రాంతానికి వ్యక్తిగత వాహనాల్లో వెళ్లేందుకు ప్రత్యేక అనుమతులు అవసరం లేదని డీజీపీ గౌతమ్ సవాంగ్ తెలిపారు. జిల్లాల సరిహద్దుల్లో వాహనాలు ఆపొద్దని ఇప్పటికే ఎస్పీలకు ఆదేశాలు జారీ చేశామని చెప్పారు. ముగ్గురికి మించకుండా ప్రయాణించడం, మాస్కులు ధరించడం వంటి నిబంధనలు తప్పనిసరిగా పాటించాలన్నారు.



రహదారులపై నడిచి వెళ్ళే వలస కూలీలపై ప్రభుత్వం ప్రత్యేక దృష్టి  
ఇప్పటికే 6 వేల మందిని నడిచి వెళ్ళేవారిని రిలీఫ్ క్యాంపులకు తరలించాం  
వలస కూలీలు 28 వేల మందిని వారి స్వంత రాష్ట్రాలకు పంపాం  
మరో 4 రోజులలో 37 వేల మందిని పంపడానికి ఏర్పాట్లు చేస్తున్నాం  
రోజుకు జిల్లాకు 200 మందిని హైదరాబాదు నుంచి తీసుకురావడానికి ఏర్పాట్లు  
- ఆర్ & బి ముఖ్య కార్యదర్శి ఎం.టి.కృష్ణబాబు

జాతీయ రహదారులపై నడిచి వెళ్ళే వలస కూలీలపై ప్రభుత్వం ప్రత్యేక దృష్టి సారించిందని ఆర్ & బి ముఖ్య కార్యదర్శి, కోవిడ్-19 రాష్ట్రస్థాయి ట్రాన్స్ పోర్టు కమిటీ కోఆర్డినేటరు ఎం.టి.కృష్ణబాబు తెలిపారు. చాలామంది రహదారులపై నడుస్తూ తమ స్వంత రాష్ట్రాలకు చేరుకోవాలని నడిచి వెళుతున్న విషయం ప్రభుత్వం దృష్టికి రావడంతో ముఖ్యమంత్రి స్పందించి వారికి అవసరమైన రిలీఫ్ సెంటర్లు, ఆహారం, త్రాగునీరు అందించాలని ముఖ్యమంత్రి జగన్మోహన్ రెడ్డి ఆదేశించారని ఆయన తెలిపారు. ఇతర రాష్ట్రాల కూలీలందరినీ వారి రాష్ట్రాలకు పంపిస్తున్నామని ఇప్పటికే 28 వేల మందిని శ్రామిక రైళ్ళ ద్వారా వారి స్వరాష్ట్రాలకు తరలించడం జరిగిందని ఆయన పేర్కొన్నారు.

విజయవాడలోని ఆర్ & బి భవన ప్రాంగణంలోని రాష్ట్ర కోవిడ్ కమాండ్ కంట్రోల్ రూము వద్ద గురువారం నిర్వహించిన మీడియా సమావేశంలో ఆర్ & బి ముఖ్య కార్యదర్శి, కోవిడ్-19 రాష్ట్రస్థాయి కమిటీ సభ్యులు ఎం.టి.కృష్ణబాబు మాట్లాడుతూ ఈ రోజు కోవిడ్-19 పై నిర్వహించిన సమీక్షా సమావేశంలో రహదారుల వెంట నడిచి వెళుతున్న వలస కూలీలపై ప్రత్యేక శ్రద్ధతీసుకొని వారి స్వంత రాష్ట్రాలకు పంపడానికి కావలసిన ఏర్పాట్లు చేయమని ముఖ్యమంత్రి వై.ఎస్.జగన్మోహన్ రెడ్డి సూచించారని ఆయన తెలిపారు. గడచిన 15 రోజుల నుండి దాదాపు 6 వేల మంది రహదారుల వెంట నడిచి వెళుతున్న వలస కూలీలను గుర్తించి కౌన్సిలింగ్ నిర్వహించి రిలీఫ్ క్యాంపులకు తరలించామన్నారు. అయినప్పటికీ ఇంకా కొంత మంది నడిచి వెళుతున్నట్లుగా ప్రభుత్వం దృష్టికి వచ్చిందన్నారు. వారందరికీ కూడా ఆహారం ప్యాకెట్లు, త్రాగునీరు అందించమని ఆయా జిల్లా కలెక్టర్లకి ఆదేశాలిచ్చామన్నారు. ఇప్పటి వరకు 24 శ్రామిక రైళ్ళ ద్వారా 6 రాష్ట్రాలకు చెందిన 27,954 మందిని వారి స్వంత రాష్ట్రాలకు పంపామన్నారు. రాజ్ యే 2-3 రోజులలో మరో 22 రైళ్ళ ద్వారా 37,394 మందిని పంపడానికి ఏర్పాట్లు చేస్తున్నామని ఆయన తెలిపారు. రహదారుల వెంట నడిచి వెళుతున్న వారిని కూడా గుర్తించి ఈటైములో వేలాది కిలోమీటర్లు దూరం నడిచి వెళ్ళడం శ్రేయస్కరం కాదని నచ్చజెప్పి, కౌన్సిలింగ్ ఇచ్చి రిలీఫ్ క్యాంపులకు తరలిస్తున్నామని వారందరినీ కూడా రాజ్ యే 3-4 రోజులలో వారి స్వరాష్ట్రాలకు పంపుతామన్నారు. వారందరికీ కూడా ఆర్థమయ్యేరితిలో వారి భాషలో బ్యానర్లు ఏర్పాటుచేస్తున్నామన్నారు. బీహార్, ఝార్ఖండ్, యుపి, పశ్చిమ బెంగాల్ తదితర రాష్ట్రాలకు చెందిన వలస కూలీలు ఎక్కువగా మన రాష్ట్రంలో ఉన్నారని ఒక్క పశ్చిమ బెంగాల్ మినహా మిగిలిన అన్ని రాష్ట్రాలు కూడా మనకు వలస కూలీలను పంపే రైళ్ళకు ఎన్ ఓటీలు ఇచ్చాయని తెలిపారు. పశ్చిమ బెంగాల్ మాత్రం ఇంత వరకు ముందుకు రాలేదన్నారు.

రాజ్ యే 19 వ తేదీ నుండి 27 వ తేదీ మధ్య 9 విమానాలలో 1028 మంది విదేశాల నుండి మన రాష్ట్రానికి వస్తున్నారని వారంతా విశాఖపట్నం, విజయవాడ ఎయిర్ పోర్టులలో దిగుతారన్నారు. వారందరినీ నేరుగా ఆయా జిల్లాలకు పంపి ఉచిత / పెయిడ్ క్వారంటైన్ లకు పంపుతామన్నారు. కొన్ని దేశాల నుండి వచ్చేవారు హైదరాబాదు, బెంగళూరు, చెన్నై ఎయిర్ పోర్టులలో కూడా దిగుతున్నారని వారిలో చెన్నైలో దిగిన 13 మంది విద్యార్థినులను నెల్లూరు క్వారంటైన్ కి పంపామన్నారు. తెలంగాణా, కర్నాటక రాష్ట్ర ప్రభుత్వాలు అక్కడ దిగినవారిని ఆ రాష్ట్రాలలోనే పెయిడ్ క్వారంటైన్ లో ఉంచుతున్నాయన్నారు. గల్ఫ్ దేశాలలో 2 వేల మంది మన రాష్ట్రానికి చెందినవారు చిక్కుకుపోయారని వారు సరైన సౌకర్యాలు లేక ఇబ్బందులు పడుతున్నారని వారందరినీ కూడా తీసుకు రావడానికి ఏర్పాట్లు చేయవలసిందిగా విదేశాంగ శాఖకు ముఖ్యమంత్రి విజ్ఞపి చేశారన్నారు.

ఇప్పటి వరకు 3,15,000 మంది వివిధ రాష్ట్రాలకు వెళ్ళడానికి దరఖాస్తు చేసుకున్నారున్నారు. తమిళనాడు, కర్నాటక రాష్ట్రాలు మినహా మిగిలిన ఒరిస్సా, మహారాష్ట్ర, తెలంగాణా, ఈశాన్య రాష్ట్రాలు మన రాష్ట్రం జారీచేసిన పాస్ లు అనుమతిస్తున్నాయన్నారు. తెలంగాణా, కర్నాటక, తమిళనాడు రాష్ట్రాల నుండి మన రాష్ట్రానికి వచ్చే వారిని తీసుకురావడం కోసం ఆర్ డిసి బస్సులు ఏర్పాటు చేస్తున్నామన్నారు. ఆన్ లైన్ లో ముందుగా రిజిస్ట్రేషన్ చేసుకున్న వారిని జిల్లాకు 200 మందిని చొప్పున 13 జిల్లాలకు రోజుకు 2600 మందిని తీసుకొస్తానికి ఏర్పాట్లు చేస్తున్నామన్నారు. ముందుగా హైదరాబాదు, బెంగళూరు నుండి వచ్చేవారిని తీసుకొస్తామని, కోయంబేడులు కరోనా ఉదృతి ఎక్కువగా ఉన్న కారణంగా తరువాత చెన్నై నుండి వచ్చేవారికి ప్రాధాన్యత నిస్తామన్నారు.

రవాణా శాఖ కోవిడ్-19 నియంత్రణ చర్యలలో భాగంగా శానిటైజర్, గ్లోజులు, మాస్కు, డాటాల్ సోపుతో కూడిన కిట్లతో పాటు తెలుగులో ముద్రించిన బ్రోచర్లను అవగాహన కోసం డ్రైవర్లకు అందజేస్తున్నామని తెలిపారు. ఈ సందర్భంగా ట్రాన్స్ పోర్టు జె.టి.సి. ప్రసాదరావుతో కలిసి బ్రోచర్లను విడుదలచేశారు.

**ఆర్ డిసి ఛార్జీలు పెంచే ఆలోచన లేదు**

ప్రజా రవాణాకు సంబంధించి భారత ప్రభుత్వం ఇచ్చే సూచనలకు అనుగుణంగా రాష్ట్రంలో కరోనా వ్యాప్తి చెందకుండా నిబంధనలు రూపొందించి తీసుకోవలసిన ముందు జాగ్రత్తలపైనే దృష్టి పెట్టామన్నారు. డిపోలు, బస్టాండులు, బస్సులలో సీటింగ్ కెపాసిటీ పెంచడం వంటి అంశాలను పరిగణనలోకి తీసుకొని తగిన చర్యలు తీసుకుంటున్నామన్నారు. ఆర్ డిసి ఛార్జీలు పెంచే ఆలోచన ఏమీ లేదని విలేఖరులు అడిగిన ప్రశ్నకు సమాధానంగా తెలిపారు.

సహాయ సంచాలకులు, సమాచార పౌర సంబంధాల శాఖ విజయవాడ వారిచే జారీచేయడమైనది



**PRESS INFORMATION BUREAU  
GOVERNMENT OF INDIA**

\*\*\*\*\*

**Gradual Resumption of Select Passenger Services  
by Indian Railways**

**New Delhi, 10th May 2020**

Indian Railways plans to gradually restart passenger train operations from 12th May, 2020, initially with 15 pairs of trains (30 return journeys). These trains will be run as special trains from New Delhi Station connecting Dibrugarh, Agartala, Howrah, Patna, Bilaspur, Ranchi, Bhubaneswar, Secunderabad, Bengaluru, Chennai, Thiruvananthapuram, Madgaon, Mumbai Central, Ahmedabad and Jammu Tawi.

Thereafter, Indian Railways shall start more special services on new routes, based on the available coaches after reserving 20,000 coaches for COVID-19 care centres and adequate number of coaches being reserved to enable operation of up to 300 trains everyday as "Shramik Special" for stranded migrants.

Booking for reservation in these trains will start at 4 pm on 11th May and will be available only on the IRCTC website (<https://www.irctc.co.in/>). Ticket booking counters at the railway stations shall remain closed and no counter tickets (including platform tickets) shall be issued. Only passengers with valid confirmed tickets will be allowed to enter the railway stations. It will be mandatory for the passengers to wear face cover and undergo screening at departure and only asymptomatic passengers will be allowed to board the train. Further details including train schedule will be issued separately in due course.



## GOVERNMENT OF ANDHRA PRADESH

### ABSTRACT

Industries and Commerce Department – Containment, Control, and Prevention of COVID – 19 Epidemic – Resuming of Industries – Orders – Issued.

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### INDUSTRIES AND COMMERCE (P&I) DEPARTMENT

G.O.Rt.No.98

Dated:03.05.2020

**Read the following: -**

1. G.O. Rt.No.88, I& C (P&I) Department, Dt. 18.04.2020.
2. G.O. Rt.No.92, I& C (P&I) Department, Dt. 29.04.2020.
3. MHA, GoI Order No. 40-3/2020-DM-I(A) Dt. 01.05.2020.

\*\*\*\*\*

### **ORDER:**

The Industries and Commerce Department had issued consolidated guidelines vide GO Rt NO.88 given in the reference 1<sup>st</sup> read above along with certain modifications in GO Rt No.92 given in reference 2<sup>nd</sup> read above, for permitting industries to operate in the State duly imposing certain restrictions and distancing norms to prevent onset of community transmission of the Corona-virus.

2) Now, vide the order in reference 3<sup>rd</sup> cited above, the Ministry of Home Affairs (MHA), Government of India has issued new guidelines for containment of COVID-19 for the extended period of National lockdown for a further period of two weeks with effect from 4<sup>th</sup> May 2020.

3) As per the revised orders mentioned above, the districts in the State are categorised as Red, Orange and Green depending upon the case load and other factors. Districts of Kurnool, Guntur, Krishna, SPSR Nellore and Chittoor have been classified as Red Districts while Vizianagaram is classified as Green. The rest of the 7 districts are classified as Orange districts. The categorisation of mandals previously made will cease to exist with the new classification of districts.

4) In compliance of the above, partial modifications to the orders issued in G.O.Rt.No.88, Industries & Commerce Department, dated: 18.04.2020, are hereby issued:

- a. No Industrial activities shall be permitted in the Containment Zones either in the urban or rural areas. The Containment Zones shall be notified by the District Administration or the State government from time to time.
- b. The labour force working in the units shall not be taken from the Containment Zones as mentioned in point (a) above.
- c. Intermixing of labourers and staff coming from different places shall be avoided within the factory as far as possible.



- d. Every industry shall function duly following all the social distancing norms and all other measures for containing the spread of COVID-19 and all such measures as required from time to time. The Industry shall display prominently the SOPs being followed for social distancing at their premises.
- e. **In the Rural areas, the following are applicable**
  - i. All Industrial activities are permitted completely subject to points (a) to (d) above and subject to safeguards for prevention of spread of COVID 19, without any reference to essential or non-essential products in all Red/Orange/Green districts.
- f. **In the Urban Areas, the following are applicable**
  - i. Industrial activities are permitted completely subject to points (a) to (d) above and subject to safeguards for prevention of spread of COVID-19, without any reference to essential or non-essential products in Orange and Green districts.
  - ii. In case of Red zone districts, Industrial establishments in **urban areas** subject to points (a) to (d) above shall be permitted as follows:
    - 1. Special Economic Zones (SEZs), Export Oriented Units (EOUs), industrial estates and industrial townships with access control.
    - 2. Manufacturing units of essential goods, including drugs, pharmaceuticals, medical devices, their raw material and intermediates; production units which require continuous process, and their supply chain; manufacturing of IT hardware; jute industry with staggered shifts and social distancing; and manufacturing units of packaging material.

5) No separate/ fresh permissions will be required from any authority for activities already permitted to operate under the guidelines on "lockdown" measures up to 3<sup>rd</sup> May, 2020. The Standard Operating Protocols (SOPs) issued by MHA will continue to operate.

6) After 3<sup>rd</sup> May, 2020, the industrial units can automatically resume operations in all permitted areas and activities as mentioned above, without any specific permission or NOC but with a self-certification to be given by the head of the industrial unit. S(he) will self-certify to run the unit by complying with all the Standard Operating Procedures (SOPs) with regard to social distancing and other measures for containing the spread of COVID-19 as prescribed in G.O. Rt. No. 88, without any relaxation whatsoever in this regard. A form for self-certification /under taking in place of NOC is required to be made along with the other details in <https://www.apindustries.gov.in/Covid19/> on resumption of operations.

7) The District Collectors as Chairpersons of the DIPC shall guide and encourage the permissible units to restart the operations and also operate with migrant labour wherever available so that skilled manpower is gainfully retained.



8) Therefore, the District Collectors / Superintendents of Police / Director of Industries, Andhra Pradesh, Vijayawada /Director of Factories, Andhra Pradesh, Vijayawada /Commissioner of Labour, Andhra Pradesh, Vijayawada/Commissioner of Transport, Andhra Pradesh, Vijayawada are hereby instructed to strictly implement the modified consolidated guidelines accordingly.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

NILAM SAWHNEY  
CHIEF SECRETARY TO GOVERNMENT

To

1. All the District Collectors
2. All the Superintendent of Police
3. Commissioner of Police, Vijayawada and Visakhapatnam
4. Director of Industries, Andhra Pradesh, Vijayawada
5. Director of Industries, Andhra Pradesh, Vijayawada
6. Director of Factories, Andhra Pradesh, Vijayawada
7. Commissioner of Labour, Andhra Pradesh, Vijayawada
8. Commissioner of Transport, Andhra Pradesh, Vijayawada
9. All the General Managers of DIC
10. All the Zonal Managers of APIIC

**Copy to:**

PS to Chief Secretary to Government  
PS to Special Chief Secretary to Govt., Industries & Commerce Dept.  
PS to Secretary to Hon'ble Chief Minister  
PS to DGP, Andhra Pradesh

// FORWARDED: : BY ORDER//

SECTION OFFICER



# NEW MEMBERS LIST

The following members were elected and Managing Committee welcomed the new members to our prestigious club.

1	Mr.T.Ajay Reddy	Regular Mc	Approved
2	Mrs.Y.Ramya	Regular Mc	Approved
3	Miss.J.Monica	Regular Mc	Approved
4	Mr.P.Akhil Kumar	Regular Mc	Approved
5	Mrs.G.Vyshnavi Kalyan	Regular Mc	Approved
6	Mrs.N.Sravya	Regular Mc	Approved
7	Dr.Supriya Satapathy	Regular Mc	Approved
8	Mrs.Bh.Sowmya	Regular Mc	Approved
9	Mr.P.Sanjay	Regular Mc	Approved
10	Mr.M.Nihaal	Regular Mc	Approved
11	Mrs.P.Vasanth Lakshmi	Regular Mc	Approved
12	Miss.D.Namratha Raju	Regular Mc	Approved
13	Mrs.T.Vanaja	Regular Mc	Approved
14	Mr.K.Chaitanya Varma	Regular mc	Approved
15	Miss.M.Vandita	Regular mc	Approved
16	Mr.V.Surya Kiran	Associate	Approved
17	Mr.Ishan Garodia	Associate	Approved
18	Miss.V.Brinda Savitri Sanjna	Associate	Approved
19	Mr.D.B.M.Venkata Reddy	Associate	Approved
20	Miss.T.Sai Eswari	Associate	Approved
21	Mr.T.Sai Bala Guruvu Gupta	Associate	Approved
22	Miss.Upasana Bothra	Associate	Approved
23	Mr.Goutam Muhuri	Change of Nominee	Approved



## MEMBER'S HONOUR



*Mr. T. V. S. K. Kanaka Raju, Senior Advocate, Visakhapatnam being felicitated by Prabhu Samba Das of ISKON, for protecting valuable property of ISKON the spiritual Organization.*

## OBITUARY REFERENCE

**We regret to announce the sad demise of our Senior Member. May his soul rest in peace.**



**Shri. N. Gopalakrishnaiah Garu**

**(M. No: G-13)**



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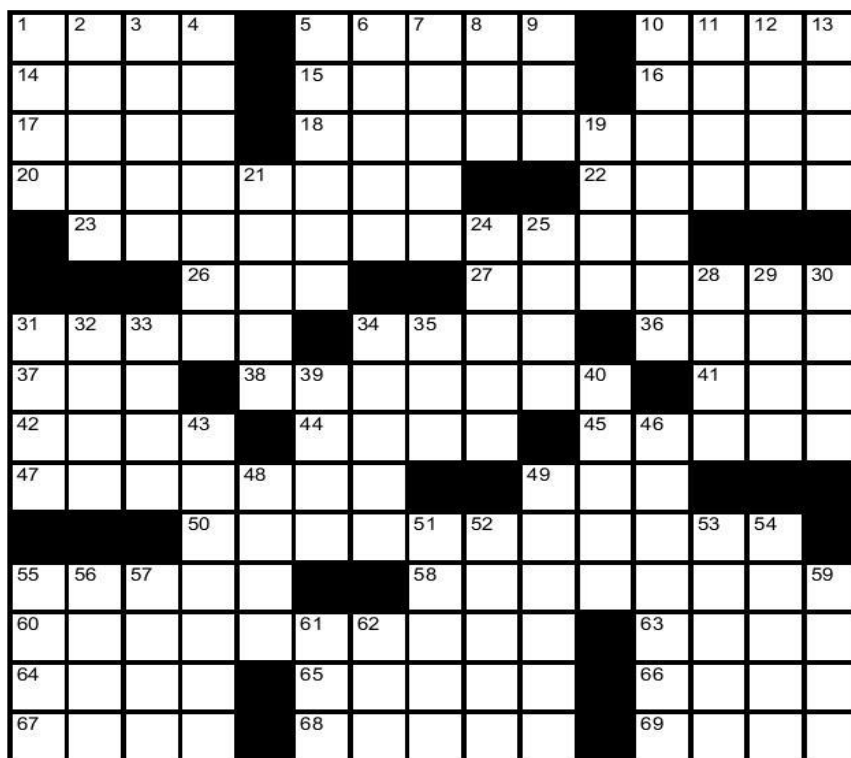
# PUZZLES, CHESS, SUDOKU, JOKES, MOVIE REVIEWS

## Multiple Choice

Robert Stockton (© 2008)

### Across

1. Disputed strip in the midwest
5. Olympic skater Cohen
10. Minute meadow mammal
14. Offs
15. Transparent
16. Foley on film
17. Sunday speeches: Abbr.
18. Flared fashion
20. Woes
22. Washer cycle
23. Lesser cinematic fare
26. Count follower
27. Dedicatory dip
31. Kinda
34. Meat in a can
36. Ketch's kin
37. Modern form of address?
38. Vice-like devices
41. Bad beginning?
42. Prefix with "-syncratic"
44. Opera set in Egypt
45. Word with library or tomato
47. Taoist principle
49. Dad's daughter
50. Gold, Juno, Omaha, Sword and Utah, historically
55. Seawall
58. Surfer's haven
60. Online answer
63. Melody at the Met
64. Agfa product
65. Slander
66. Member of an order
67. Like open-source software
68. A8s and TTs



69. "I drew my snicker-  
\_\_\_\_" -- Mikado, Act 2

### Down

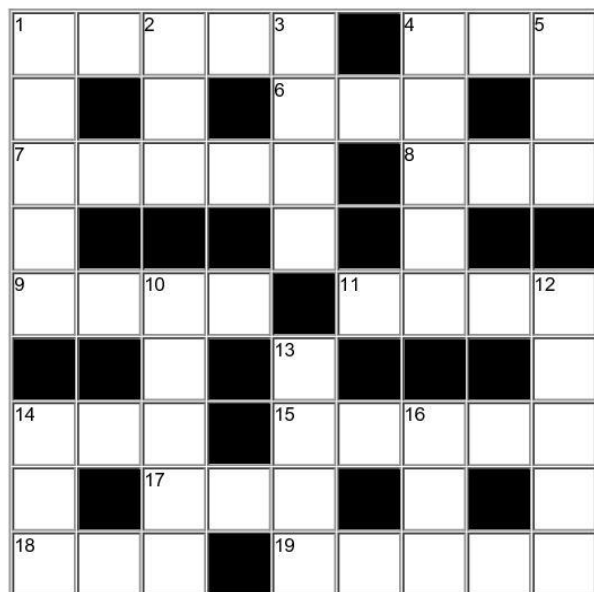
1. Crux
2. Bitter tasting
3. Weightless state
4. Guarantee
5. Attacks with boiling oil
6. Aachen avenue
7. Temblor
8. Solo in space?
9. Exist
10. "The spice of life"
11. They can take a yoke
12. Dieter's portion
13. Ultimatum word
19. Cofee maker's method
21. Kind of training

24. He served in the Illinois Senate from 1997 to 2004

25. Siren
28. Hill's competitor
29. Babe Ruth's "sultanate"
30. Fr. miss
31. \_\_\_\_ pro quo
32. Pakistani language
33. Others in the forum
34. Slug-like
35. Something to do with a budget or a bra
39. Diego's dwelling
40. Dune's "melange"
43. Traditional
46. Hindu hermitages
48. Pastoral poem
49. Hooved partiers, in myth

51. Chimp or chicken, but not cheetah
52. China' Zhou \_\_\_\_\_
53. Kenneth Lay's company
54. Vertical fishnet
55. Comedian Foxworthy
56. Kuwaiti chief
57. It may be tall and short at the same time
59. The house's receipts
61. Cape Town country: Abbr.
62. Ostrich's Aussie auntie?

### 9x9 Crossword #269



#### Across

1. Cook on gridiron
4. Work with shovel
6. Belonging to us
7. Repeated another time
8. Small insect
9. 10 cent coin
11. Frozen precipitation
14. Food tin
15. Grayish green
17. Hooting bird
18. Sticky black substance
19. A lollipop

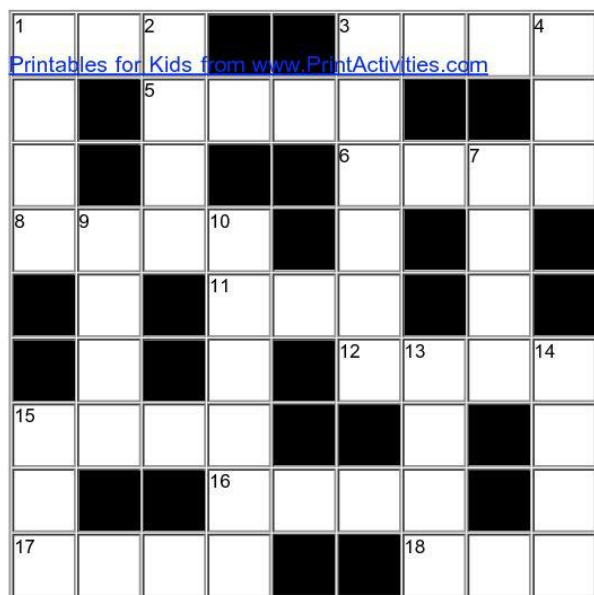
#### Down

1. Protect
2. Northern Ireland army
3. Not short
4. Empty liquid from container
5. Acquire
10. Not major
12. Fully of weeds
13. Tootsie \_\_\_\_\_
14. Feline
16. Sick

#### Answers to 9x9 Crossword #270:

**Across:** 1.dad, 3.send, 5.east, 6.itsy, 8.nerf, 11.ark, 12.sync, 15.mesh, 16.ever, 17.near, 18.down **Down:** 1.down, 2.dear, 3.stinks, 4.day, 7.stun, 9.ease, 10.father, 13.yard, 14.card, 15.man

### 9x9 Crossword #270



#### Across

1. Father
3. Cause to go
5. Not west
6. \_\_\_\_\_ bitsy spider
8. Maker of foam toys
11. Large boat, like Noah's
12. Create unison
15. Netting
16. At any time
17. Closeby
18. Had done

#### Down

1. Not up
2. Honey, sweetheart
3. Smells bad
4. Not night
7. Amaze; make speechless
9. Slacken
10. Male parent
13. Land around a house
14. Ace, King or 8
15. Not a woman

#### Answers to 9x9 Crossword #269:

**Across:** 1.grill, 4.dig, 6.our, 7.again, 8.ant, 9.dime, 11.snow, 14.can, 15.olive, 17.owl, 18.tar, 19.lolly **Down:** 1.guard, 2.IRA, 3.long, 4.drain, 5.get, 10.minor, 12.weedy, 13.roll, 14.cat, 16.ill



# Test your Brain with these 10 Visual Illusions

*By: Dr. Pascale Michelon*

The brain has two hemispheres, each divided into four lobes. Each lobe is responsible for different functions. For instance the frontal cortex (in blue below) is responsible for decision making and planning; the temporal lobe (in green) for language and memory; and the parietal lobe (in yellow) for spatial skills. The occipital lobe (in red) is entirely devoted to vision: It is thus the place where visual illusions happen.

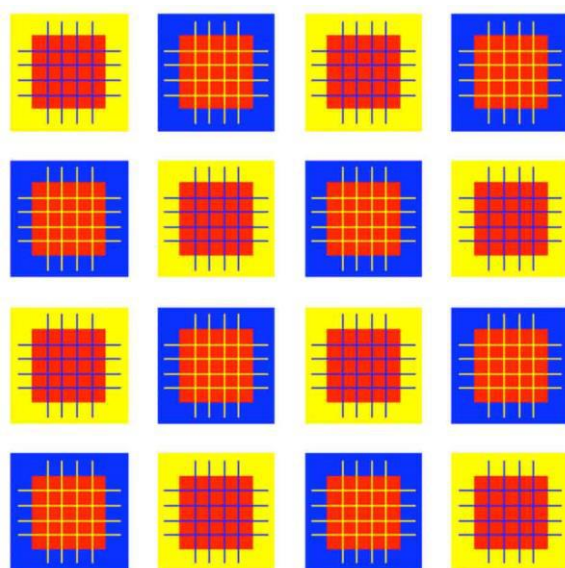


The frontal lobe represents around 41% of total cerebral cortex volume; the temporal lobe 22%; the parietal lobe 19%; and the occipital lobe 18%. How the visual system processes shapes, colors, sizes, etc. has been researched for decades. One way to understand more about this system is to look at how we can trick it, that is, to look at how the brain reacts to visual illusions..

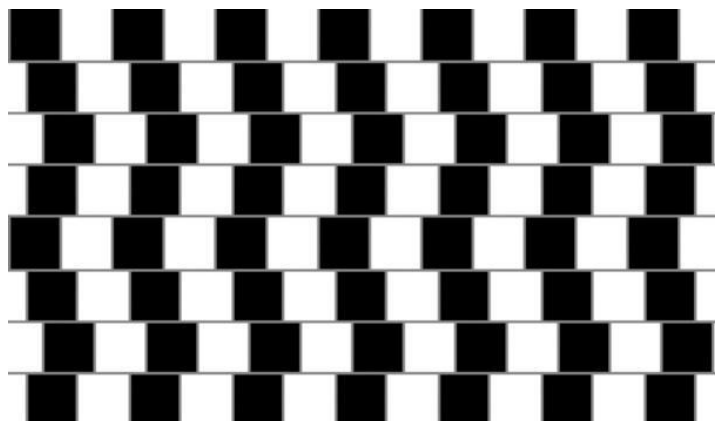
**10 visual illusions to combine fun and learning about the visual system (You'll find answers and explanations at the end of the article)**

We know you know there is a trick since these are illusions... but don't try to be smarter than your brain: Just enjoyed being tricked!

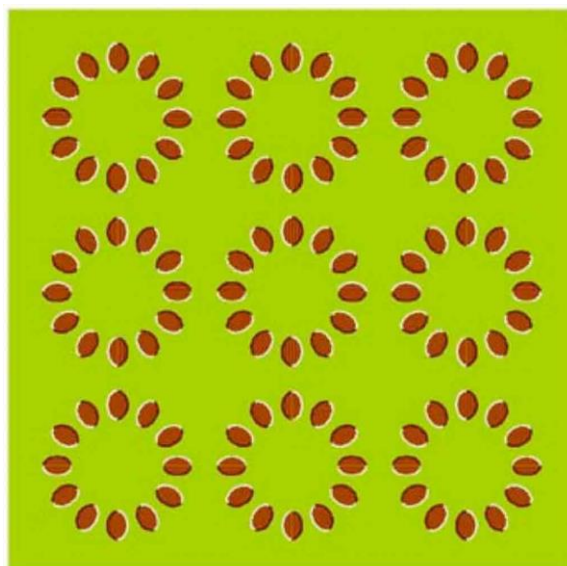
**1. Are the squares inside the blue and yellow squares all the same color?**



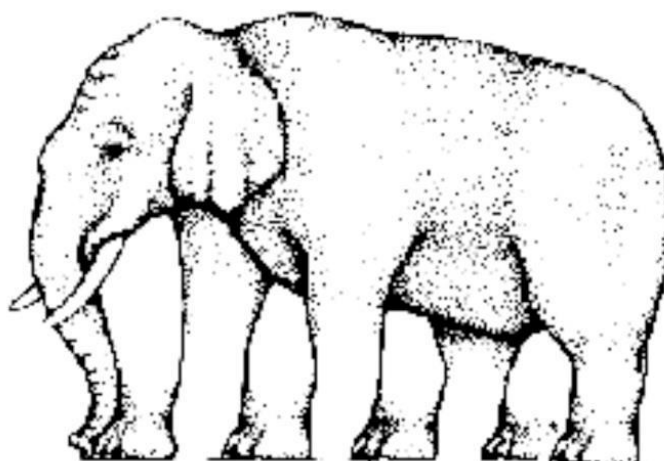
2. Are the horizontal lines straight or crooked?



3. Are the circles static or moving?



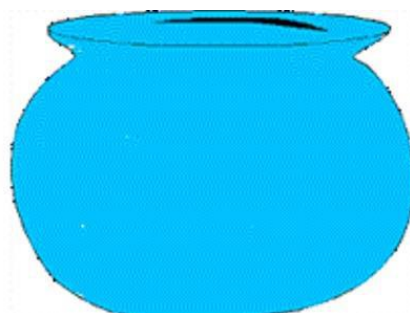
4. How many legs does this elephant have?



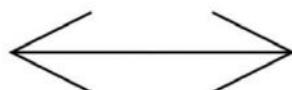


5. Can you put the fish in the fishbowl?

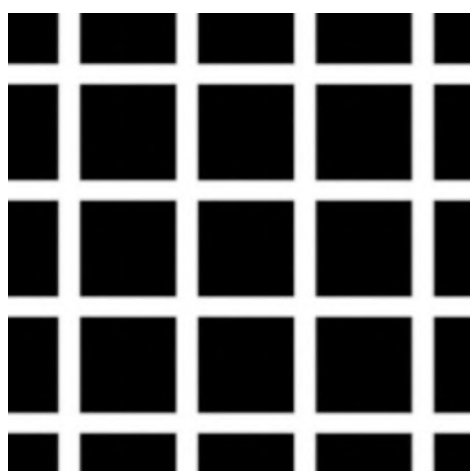
Stare at the yellow stripe in the middle of the fish in the picture below for about 10–20 sec. Then move your gaze to the fish bowl.



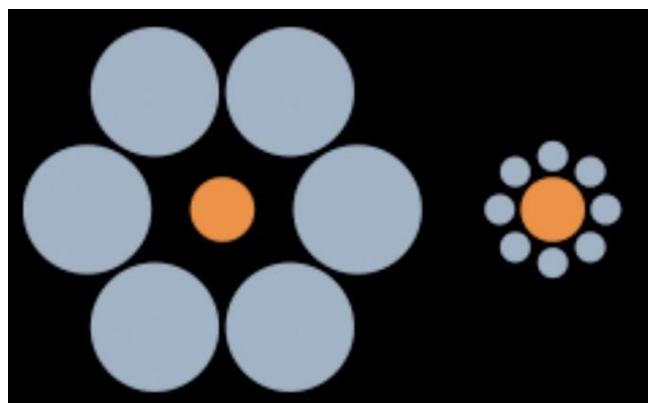
6. Are the two horizontal lines of the same length?



7. Do you see gray dots at the intersections of the white lines?



8. Are the two orange circles of the same size?



9. Does Lincoln's face look normal?



10. Can you see a baby?





**ANSWERS AND EXPLANATIONS:** Contrast your answers with the ones below, and learn about what was going on in your brain while you experienced each of these illusions:

1. Can you put the fish in the fishbowl?

Did you see a fish of a different color in the bowl? You have just experienced an afterimage. In the retina of your eyes, there are three types of color receptors (cones) that are most sensitive to either red, blue or green. When you stare at a particular color for too long, these receptors get “fatigued.” When you then look at a different background, the receptors that are tired do not work as well. Therefore, the information from all of the different color receptors is not in balance. This will create the color “afterimages.”

2. Bezold effect

The smaller squares inside the blue and yellow squares are all the same color. They seem different (magenta and orange) because a color is perceived differently depending on its relation to adjacent colors (here blue or yellow depending on the outer square)

3. Café Wall Illusion

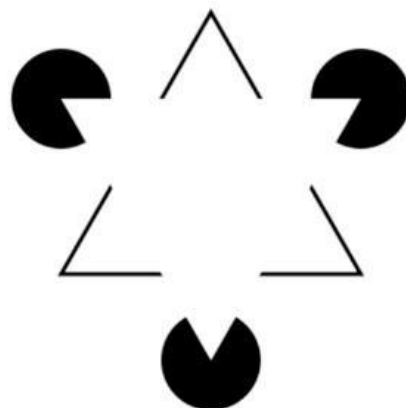
The horizontal lines are straight, even though they do not seem straight. In this illusion, the vertical zigzag patterns disrupt our horizontal perception.

4. Illusory Motion

The circles do appear to be moving even though they are static. This is due to the cognitive effects of interacting color contrasts and shape position.

5. How many legs does this elephant have?

Tricky, isn't it?! This picture is an impossible picture that also contains some subjective contours, such as the Kanizsa Triangle below: A white triangle (pointing down) can be seen in this figure even though no triangle is actually drawn. This effect is known as a subjective or illusory contour. The contour of the triangle is created by the shapes around it.



#### 6. The Mueller-Lyer Illusion

The two horizontal lines are of the same length, even though the one at the bottom seems longer. As you know, the visual angle gets smaller with distance, so the brain automatically perceives objects at farther distances to be bigger.

In general, lines that have inward flaps, such as corner of a building, are relatively the nearest points of the overall object. Similarly, lines with outward flaps are found at the longer distance, as the farthest corner of a room. So in the Mueller-Lyer illusion, the brain perceives the line with outward flaps to be at a farther point as compared to the line with inward flaps. Consequently, the brain perceives the line with outward flaps to be longer.

#### 7. Hermann grid illusion

There are not gray dots in this grid. However “ghostlike” gray blobs are perceived at the intersections of the white lines. The gray dots disappear when looking directly at an intersection. This illusion can be explained by a neural process happening in the visual system called lateral inhibition (the capacity of an active neuron to reduce the activity of its neighbors)

#### 8. The Ebbinghaus Illusion

The two orange circles are exactly the same size, even though the one on the left seems smaller. This size distortion may be caused by the size of the surrounding circles or by their distance to the center circle.

#### 9. Does Lincoln's face look normal?

It seems normal but now, look at it upright: Lincoln's eyes do not look quite right!



Some neurons in the brain seem specialized in processing faces. Faces are usually seen upright. When presented upside down, the brain no longer recognizes a picture of a face as a face but rather as an object. Neurons processing objects are different from those processing faces and not as specialized. As a consequence, these neurons do not respond to face distortions as well. This explains why we miss the weird eyes when the face is inverted.

#### 10. Can you see a baby?

Another great example of an illusory contour! The baby's head is on the left; the baby's feet are against the trunk of the tree on the right.



## SUDOKU:

			5	8		9		
	1				8	5	2	
2								
		8	7		5		9	
1		2		4				7
8		7		9	6			
								4
4	3	8					2	
	6		3	2				

					7			
		2	4		6	3		
	1	7				9	6	
5	8						3	
				9				
	7						4	2
	9	4				6	5	
		5	2		8	1		
			5					

			4	6	8			9
	4		9					6
			7	3		2		4
			6		5	3		2
6		5	1		9			
1		8		7	3			
3					6		1	
9			8	1	4			

## CHESS

World Champions (to mid-2013) Here is the generally-recognized, unbroken list of World Champions since the first recognized World Champion, Wilhelm Steinitz: 1. Wilhelm Steinitz 2. Emanuel Lasker 3. José Raúl Capablanca 4. Alexander Alekhine 5. Max Euwe 6. Mikhail Botvinnik 7. Vasily Smyslov 8. Mikhail Tal 9. Tigran Petrosian 10. Boris Spassky 11. Bobby Fischer 12. Anatoly Karpov 13. Garry Kasparov 14. Vladimir Kramnik 15. Viswanathan Anand



Viswanathan Anand vs Magnus Carlsen "Anand the Third Day..." (game of the day Apr-05-2015)  
Carlsen - Anand World Championship Match (2014), Sochi RUS, rd 3, Nov-11  
Queen's Gambit Declined: Harrwitz Attack. Two Knights Defense Blockade Line (D37) · 1-0



White to move.

1.d4Nf62.c4e63.Nf3d54.Nc3Be75.Bf4O -O6.e3Nbd.c5c68.Bd3b69.b4a510.a

3Ba611.Bxa6Rxa612.b5cxb513.c6Qc814.c7b415.Nb5a416.Rc1Ne417.Ng5Ndf618.Nxe4Nxe419.f3Ra520.fxe4Rxb521.Qxa4Ra522.Qc6bxa323.exd5Rxd524.Qxb6Qd725.O.ORc826.Rc6g527.Bg3Bb428.Ra1Ba529.Qa6Bxc730.Qc4e531.Bxe5Rxe532.dxe5Qe733.e6Kf834.Rc11-0

## BRIDGE



Contract Bridge or just Bridge is the most popular card game which can be played by teams consisting two players each. Bridge is the English pronunciation of a card game called “Biritch” which stands for “Russian Whist” according to the Oxford English Dictionary. The oldest reference of this game was found in a book called Biritch Rule Book by John Collinson in 1886. The World Bridge Federation is the sole governing body of the international competitive bridge matches and

tournaments. Contract Bridge’s gameplay consists of several deals where the deal again consists of four phases which are dealing, auction, playing and scoring. A variant of original Bridge called Duplicate Bridge is mostly played in clubs and tournaments where the same deal is played by two or more different sets of players for comparative scoring without re-dealing the cards on each occasion.



# REVIEWS

## BOOKS:

### ENGLISH

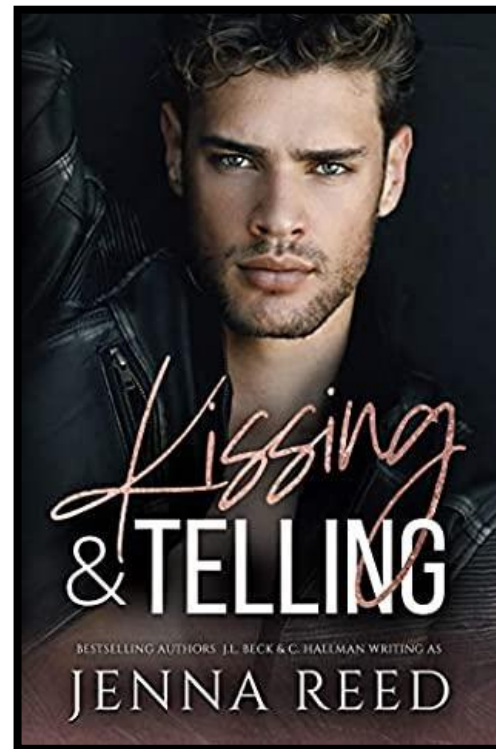
#### Kissing & Telling – Jenna Reed:

**Everyone knows the rules of friendship, right?**

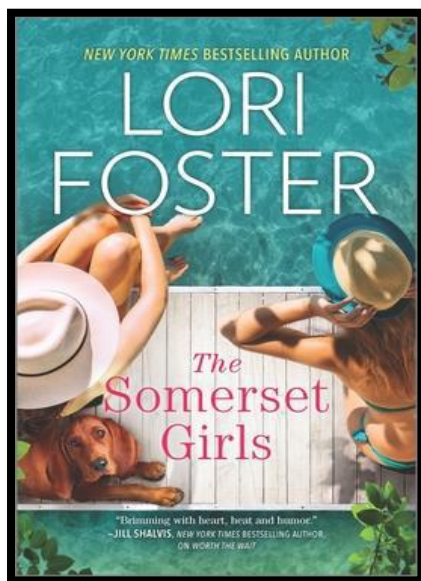
Rule #1: Don't kiss your best friend.

Rule #2: Don't have sex with your best friend.

Rule #3: Don't pretend like it didn't happen the next day. Bailey Renshaw is my best friend. Kind. Sweet as a peach, and so beautiful it should be a crime. Since we were kids I've wanted her, and one time when we were nothing more than teenagers I kissed her. It was the first mistake I ever made in our friendship. Giving her my heart and hoping she felt the same were my second and third. That night she broke me, ripped my heart out of my chest and stomped on it. Anyone else would've hated her for it, but it only made me value her more, and realize that I would do anything I could to keep her in my life even if it was only as a friend and nothing more-----



#### The Somerset Girls – Lori Foster:

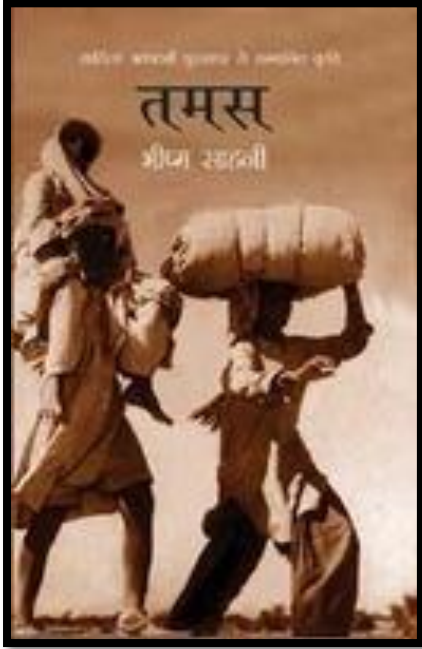


Foster convincingly brings her characters to life against the idyllic backdrop of Kentucky farmland. This down-to-earth romance will especially appeal to animal lovers.

No one knows you quite like a sister. Summer in Sunset, Kentucky, means long, hot days and sometimes surprising new beginnings. Through it all, the ties of sisterhood.

## HINDI

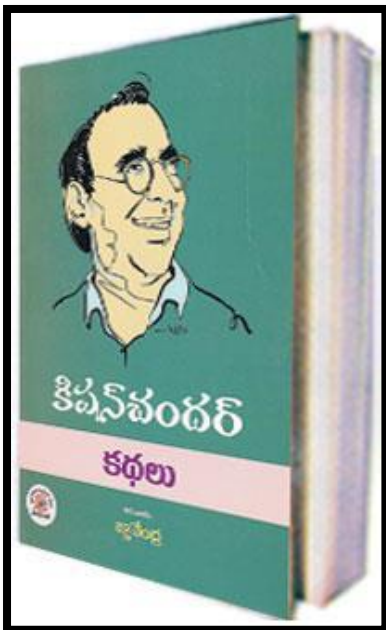
### तमस By Bhisham Sahni



आज़ादी के ठीक पहले सांप्रदायिकता की बैसाखियाँ लगाकर पाशविकता का जो नंगा नाच इस देश में नाचा गया था, उसका अंतरंग चित्रण भीष्म साहनी ने इस उपन्यास में किया है। काल-विस्तार की दृष्टि से यह केवल पाँच दिनों की कहानी है, वहशत के अँधेरे में डूबे हुए पाँच दिनों की कहानी, जिसे लेखक ने इस खूबी के साथ बुना है कि सांप्रदायिकता का हर पहलू तार-तार उद्-घाटित हो जाता है और पाठक सारा उपन्यास

## TELUGU

### కిషన్‌చందర్ కథలు



పాత తరానికి పరిచయం అవసరం లేని సుప్రసిద్ధ ఉర్దూ కథా రచయిత కిషన్‌చంద్ (1914-1977). అభ్యుదయ రచయితగా ఆయన ప్రపంచ దేశాల్లో ప్రసిద్ధి. అన్ని భారతీయ భాషలు సహా, ఇంగ్లీష్, రష్యన్, చైనీస్, డేనిష్, పోలిష్, జర్మన్, హంగేరియన్ వంటి పలు విదేశీభాషల్లోకి ఆయన రచనలు అనువాదమయ్యాయి.



# MOVIES

## ENGLISH:

### | Guardians Of The Galaxy Vol 2



**Genre:** Action, Adventure **Cast:** Chris Pratt, Zoe Saldana, Dave Bautista, Bradley Cooper, Vin Diesel, Michael Rooker, Kurt Russell, Karen Gillan **Director:** James Gunn Look to the Walkman for the wisdom. "Your mommy's alright, your daddy's alright," promise the Cheap Trick vocals from their smashing anthem Surrender, the song that closes out Guardians of The Galaxy Volume 2 with a line that, in context, seems like severe understatement: "They just seem a little weird." You don't say. Daddy issues have long been a staple of intergalactic

storytelling, but things are noticeably nuttier in this film where many a father and father-figure is brought to task. At one point when a character wonders whether he should chase after the charismatic silver-fox claiming to be his father, another asks him that most eternal of questions: "What if this man is your Hasselhoff?" What, indeed.

#### The English Game Review:

#### A well Mounted Netflix Series About The Emergence of Modern Football



**Cast:** Edward Holcroft, Kevin Guthrie, Charlotte Hope **Director:** Birgitte Saermose, Tim Fywell. The English Game, a six-episode Netflix Original miniseries, resorts to freewheeling blend of fact and fiction to dramatise the emergence of modern football in a Lancashire mill town in the late 19th century on the back of two hired Scottish players. However, the ballgame that the sweeping period epic plays extends way beyond the

football field and addresses the British class system and the social movement that led to the game being wrested for good from the control of the aristocracy.

## HINDI

### 1. Never Have I Ever



Never Have I Ever Review: Maitreyi Ramakrishnan in the series Cast: Maitreyi Ramakrishnan, Ramona Young, Lee Rodriguez, Darren Barnet, Jaren Lewison, John McEnroe, Poorna Jagannathan, Richa Moorjani. Creators: Mindy Kaling, Lang Fisher The appeal of Never Have I Ever, a charming, peppy Netflix teen dramedy created by Mindy Kaling and Lang Fisher, stems primarily from its spry tempo, which alternates

between the rollicking and the staccato, vividly capturing.

### 2. HASMUKH



Cast: Vir Das, Ranvir Shorey, Suhail Nayyar, Neeraj Pandey, Deeksha Sonalkar and Amrita Bagchi. Director: Nikhil Gonsalves. The idea is a killer: a small-town stand-up comic can't get his act together unless he commits murder. A local policeman is an avowed fan. He also has a crafty confidant to dress up the crime scene and cover his tracks. What's there to stop the fumbling funnyman from getting a stranglehold on his career? As the body count rises, the stocks of the

stage performer soar while the simple Saharanpur man who has never had it easy in life is wracked by guilt, self-loathing and the fear of being found out. That construct constitutes a fabulously twisted psychological vantage point from which to explore a range of intertwined theme.

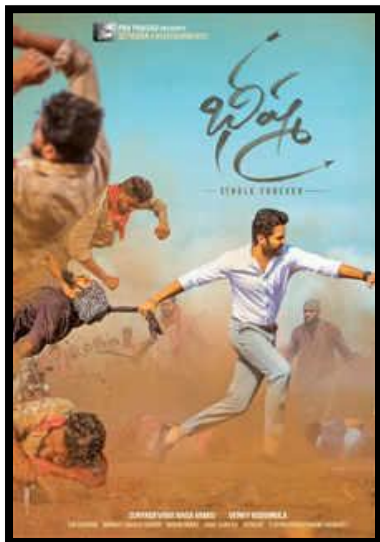
## TELUGU

### 1. OKA CHINNA VIRAMAM

**Story:** Deepak (Sanjay Varma) is a businessman immensely in love with his pregnant wife Sameera (Garima Singh). But when his idea of raising profits for his business puts her in trouble, he teams up with Balu (Naveen Neni) and Maya (Punarnavi) to save her. Suspense thrillers are most often than not filled with heavy plot points and sometimes too many characters. Oka Chinna Viramam is one such film which is fresh and simple, but thrilling. Director Sundeep Cheguri creates an environment that neither puts you on the edge of the seat nor bores you. He keeps raising the suspense and ends the movie on a satisfactory note without any lows. And that's not an easy feat for any debutant director.



## 2. BHEESHMA



Bheeshma (Nithiin) is a frustrated man who's tired of being single all his life. When an incident changes his life forever but helps him get close to the woman he loves, how does he deal with it? Bheeshma is Venky Kudumula's second film and you can see he has a particular style of filmmaking that's clearly becoming unique to him. With his first film Chalo, the director had proved that a script can be as inane and unbelievable as he wants it to be, and yet, he can manage to keep you entertained. And with this one, he pulls it off yet again, maybe not as well as his debut film, but still, definitely making it clear that the crazy is what he excels at.

## MUSIC ALBUMS

### ENGLISH:

#### 1. Witch 'n' Monk



Witch 'n' Monk are a theatrical Anglo-Colombian duet featuring two very different musicians. Mauricio Velasierra plays a variety of flutes, while Heidi Heidelberg is a classically trained soprano singer who plays spiky prog-punk riffs on guitar while using looper pedals. They've released two mini-albums as Bitch 'n' Monk, but their new moniker rather suits the slightly shamanic, unearthly quality of their music.

#### 2. NICOLA BENEDETTI: ELGAR VIOLIN CONCERT:

The violin was Edward Elgar's instrument, and when he was composing he thought as a string player: you can hear the idiomatic shaping of lines, the relishing of sonorities, in everything he wrote. Nicola Benedetti's new recording – out today as a download, with the CD release planned for July – brings together his huge, sumptuous 1910 Violin Concerto with three miniatures for violin and piano that nevertheless say a lot in a few minutes.



## HINDI

### SHUBH MANGAL ZYADA SAAVDHAN



As is the current trend with majority of Bollywood flicks, soundtrack of Shubh Mangal Zyada Saavdhan too has released alongside the arrival of the film in theatres. Though an early release of the jukebox can well help gain added popularity in days preceding to the film's release, one wonders if this trend would reverse in time to come. Moreover, yet again there are three recreated songs in this album which has over half a dozen numbers in there.

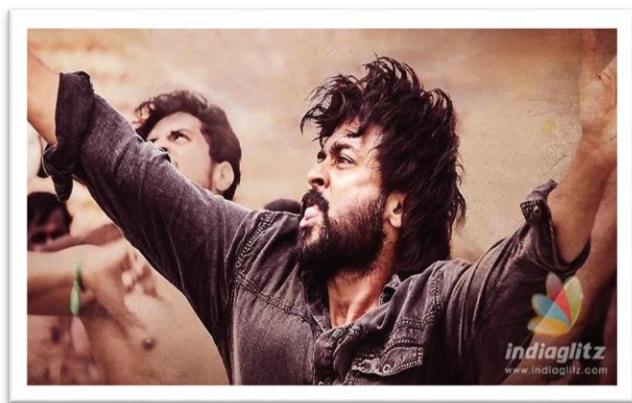
## Album

### Malang

A romantic action thriller, Mohit Suri's 'Malang', features Aditya Roy Kapur, Disha Patani, Anil Kapoor and Kunal Kemmu in lead roles. The album of four songs (at the time of going to press) is predominantly love tracks and has been composed by four different musicians with distinct styles, thereby making the album an interesting one.



### 'Aakaasam Nee Haddhu Ra'



Rakendu Mouli's lyrics convey the Tamil original's meaning seamlessly. Rahul's voice, joined by Revanth's, adds a raw texture to the song. GV Prakash Kumar uses the drums to a foot-tapping effect. Despite its stark Kollywood-esque flavour, the song is enjoyable.

**Pilla Puli Singers:** Anurag Kulkarni, Harish Sivaramakrishnan. **Lyrics:** Ramajogayya Sastry

As irreverent romantic songs go, 'Pilla Puli' is one of the best in recent times. The line **'Nee nuduti samatallo kunkaala bottalle, thadavali naa kala'** has a very striking ring. The singers - Anurag



and Harish - do a splendid job, with the former bring to the table a somewhat pounding streak. This might turn out to be the album's best song.

## RED



The first single from 'RED' is out, on Lahari Music. Nuvve Nuvve Singers: Ramya Behara, Anurag Kulkarni  
*Lyricist:* Sirivennela Sitarama Sastry. The lyrics are laced with meaning even though the wordings do sound a bit too familiar. Ramya Behara's voice is too mild to a fault. Perhaps, it's also dated but that's how Mani Sharma chooses to do it sometimes. Anurag Kulkarni's voice builds on the image of 'Ramuloo Ramulaa' from 'Ala Vaikunthapurramuloo'. Shot in picturesque locations, the duet is fairly impressive.

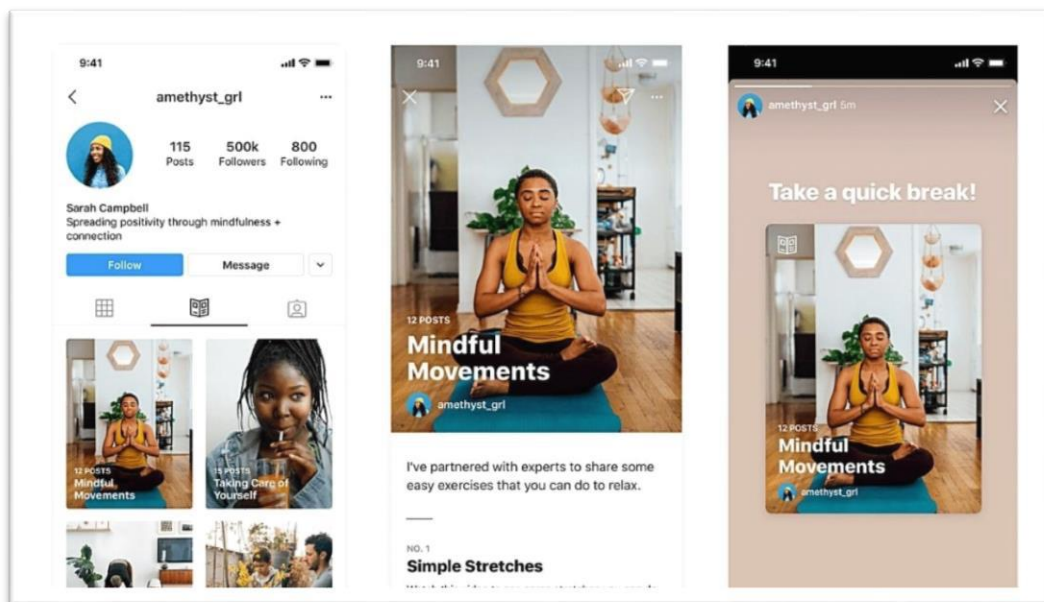
## LATEST GADGETS

### iPhone SE (2020)



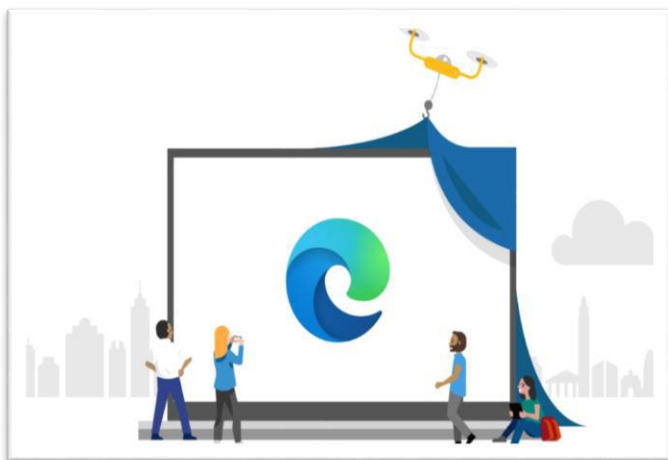
iPhone SE (2020), Apple's latest smartphone, is going on sale in India today at 12pm (noon). Buyers will be able to place their orders online on Flipkart for the phone at a starting price of Rs. 42,500. There is an instant discount offer of up to Rs. 3,600 on the phone as well for those who pay via HDFC Bank debit and credit cards. The “affordable” new iPhone was launched by the company in April with Apple's A13 Bionic SoC.

## 2. Instagram 'Guides' APP:



Instagram is rolling out a new feature dubbed as 'Guides' that lets users discover recommendations and other content from their favorite creators or public figures. Guides is essentially a tab within a user's profile where they can create article-like updates from old posts and videos including IGTV videos with small captions and headers to highlight a specific topic. At the moment, the Facebook-owned social media platform is focusing Guides on wellness content amid the coronavirus pandemic, therefore, the feature is available to use by a very specific group of wellness influencers. Instagram added that the guides will start to appear in the Explore tab in the coming days.

## 3. Microsoft Edge:



### HIGHLIGHTS

Microsoft Edge users will get the new search option in the coming weeks, adding Pinterest integration for Collections feature and templates for an easy signup. Also a contextual search experience that will allow users to get results of their queries directly on the sidebar, without leaving the active webpage.



# JOKES:

## Nikita Khrushchev



**Nikita Sergeyevich Khrushchev**<sup>[a]</sup> (15 April [O.S. 3 April] 1894 – 11 September 1971) was a Soviet politician who led the Soviet Union during part of the Cold War as the first secretary of the Communist Party of the Soviet Union from 1953 to 1964 and as chairman of the Council of Ministers (or premier) from 1958 to 1964. Khrushchev was responsible for the de-Stalinization of the Soviet Union, for backing the progress of the early Soviet space program, and for several relatively liberal reforms in areas of domestic policy. Khrushchev's party colleagues removed him from power in 1964, replacing him with Leonid Brezhnev as First Secretary and Alexei Kosygin as Premier.

Khrushchev was giving a speech when a heckler in the audience shouted "Why did you never speak out against Stalin?" Straight away Khrushchev bellowed "WHO SAID THAT?" and there was a rattle of safeties being taken off by his bodyguards. Nobody spoke. Khrushchev bellowed even louder "\*\*\*WHO. SAID.

THAT?!\*\*\*". He gave a signal, one gesture of his hand. More armed men filed into the hall and stared intently down every row. Not one person moved a single muscle. Dead silence. And after a full minute, Khrushchev said: "...That's why I never spoke out against Stalin."

Lenin, Stalin, Khrushchev, Brezhnev and Gorbachev are sitting together on a train...The train breaks down. Lenin tries to rally the workers to work together and get the train running again. When that fails, Stalin lines up all the workers and shoots them. When that doesn't help, Khrushchev tries to reform the workers back to life. When that also fails, Brezhnev pulls down all the curtains in the rail car and says "let's just pretend the train is moving." After sitting in the dark for a while, Gorbachev breaks the silence and says "Hey, any of you guys wanna pick up some McDonalds?"

One day, a man ran through Red Square in Moscow, shouting at the top of his lungs, "Khrushchev is a fool!" He was subsequently arrested for revealing state secrets. An American, Russian and Malaysian are having a conversation. The American says: "We have the best stealth planes ever. We can fly our B-2 stealth bomber over Beijing and the Chinese will never see." The Russian, not willing to be out done, says "We also have good stealth planes, so stealthy like Khrushchev and very accurate. 100% not bootleg." The Malaysian said, "I have the best stealth plane. MH370 hasn't been found for 4 years."

### Crisis

Once upon a time, JFK had this Rubik's cube that he was extremely fond of. He was also rumored to be having a rather stormy relationship with a woman named Laura (I'll call her Ms. L). JFK went for a walk with his dog every day between 10 and 11. One day, when he wasn't home, Khrushchev

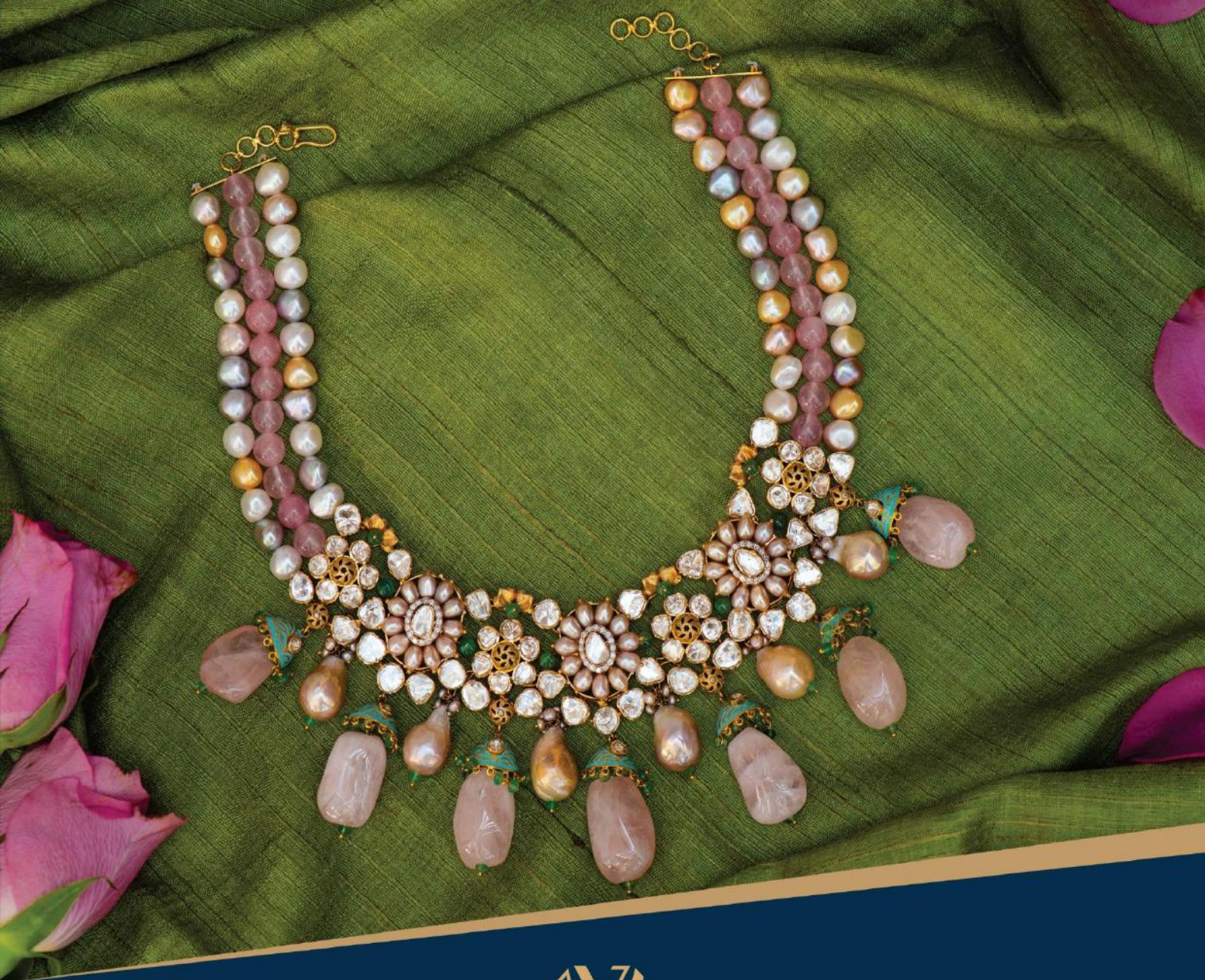
came in, nailed Ms. L, and took the cube. Tensions between the national leaders were never higher than during the Cube and Ms. L Crisis.



The great train of Communism grinds to a halt...Stalin, Khrushchev and Brezhnev are riding on the great train of communism together when it suddenly grinds to a halt. Stalin pokes his head out of the window and shouts, "Take the engineers behind the tool sheds and have them shot, then get new engineers!" But the train still does not move. Khrushchev has a go at it next. "Pardon the engineers, retrain them, then put them back to work!" But still the train does not move. Finally, after hours at complete standstill, Brezhnev turns to his fuming compatriots and says, "Gentlemen, let us simply close the blinds and pretend that we are moving!"

***Puzzles, Brain Teasers, Chess, Bridge, Reviews – Movies, Music Albums & Gadgets compiled from the Web by Mr. P. S. Raju, FCA., a senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com).***





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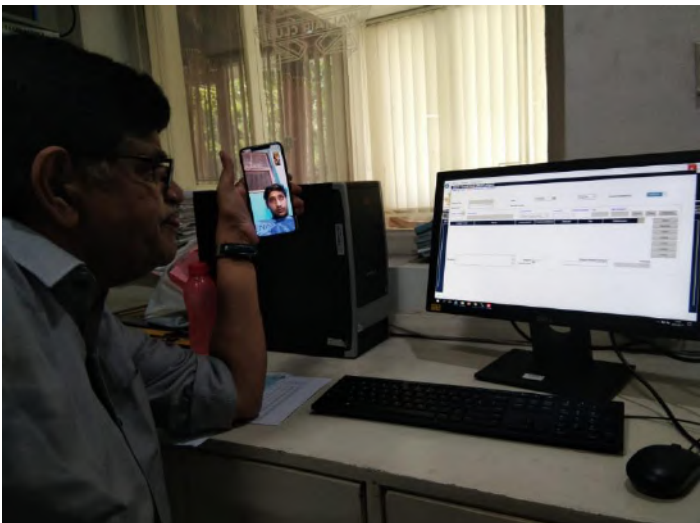
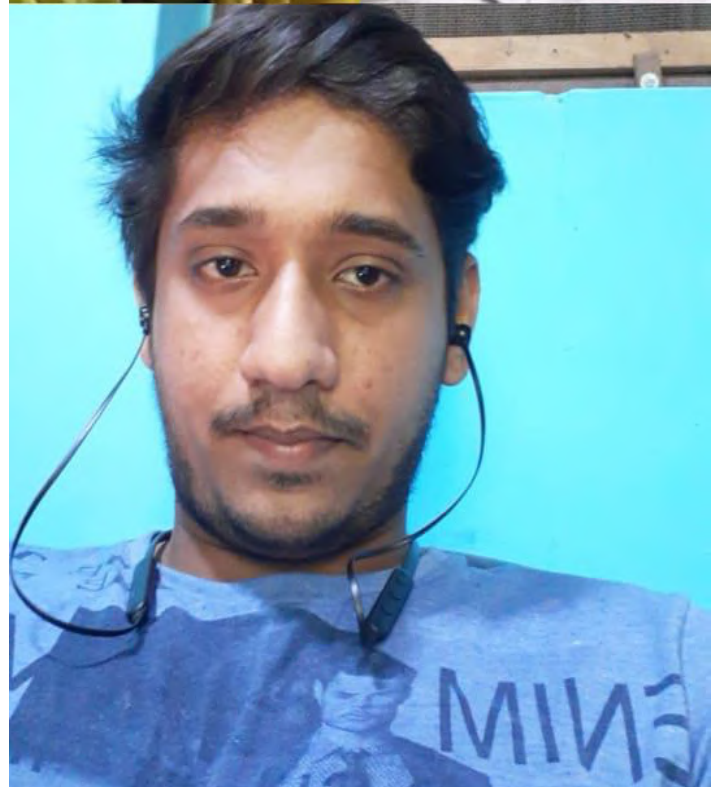
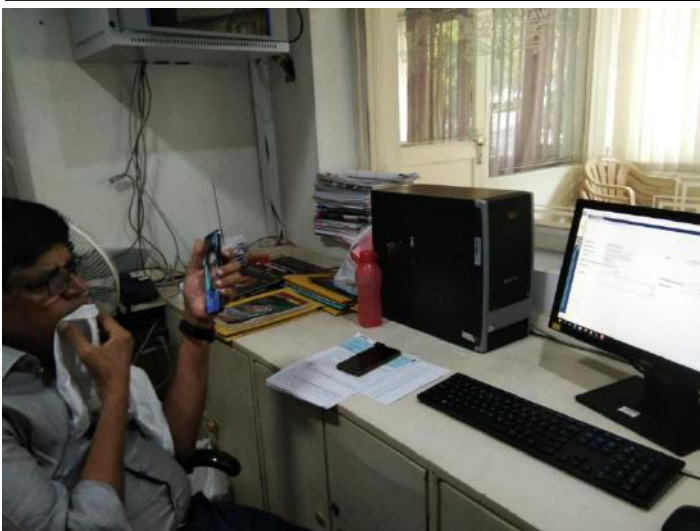
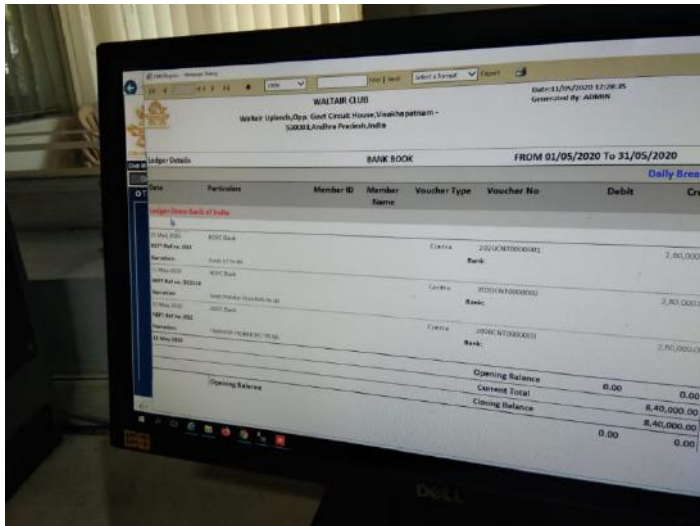
## KANKATALA

SAREES | SALWARS | PAWADAS | MIX & MATCH

VISAKHAPATNAM : DWARAKANAGAR | JAGADAMBA JUNCTION | MVP COLONY  
NOVOTEL | GAJUWAKA | VIJAYAWADA : M.G. ROAD | NOVOTEL | RAJAMAHENDRAVARAM : PUSHKAR GHAT  
GUNTUR : LAKSHMIPURAM | HYDERABAD : JUBILEE HILLS | KAKINADA : MAIN ROAD



# ERP IMPLEMENTATION – FIRST ENTRY BEING PASSED – VICE PRESIDENT, MR.P.S.RAJU, FCA., ACHIEVED THE MILE STONE MONDAY MAY 11TH, 2020.





Dear All,

The ERP has been successfully connected. The first transaction was passed. From now on all transactions can be processed through the ERP System of the Club. I am sure it would be a great milestone to Waltair Club.

Best Regards,

P. S. Raju, FCA.,

Vice President, Waltair Club.



# **\*CLEAR INSTRUCTIONS TAUGHT BY "SANATAN DHARM" TO PREVENT PANDEMICS BY MAINTAINING PERFECT HYGIENE\***

\*1 »\*लवणं व्यञ्जनं चैव घृतं तैलं तथैव च । लेह्यं पेयं च विविधं हस्तदत्तं न भक्षयेत् ॥ धर्मसिन्धू ३पू. आह्निक. \*Salt, ghee, oil, Annam and other food should not be served with bare hand. Use spoons to serve.\*

\*2 »\*अनातुरः स्वानि खानि न स्पृशेदनिमित्ततः ॥मनुस्मृति ४/१४४ \*Without a reason don't touch your own indriyas. (Eyes, nose, ears, etc.)\*

\*3 »\* अपमृज्यान्न च स्नातो गात्राण्यम्बरपाणिभिः ॥ मार्कण्डेय पुराण ३४/५२ \*Don't use clothes already worn by you & dry yourself after a bath.\*

\*4 »हस्तपादे मुखे चैव पञ्चाद्रे भोजनं चरेत् ॥ पद्म०सृष्टि.५१/८८ नाप्रक्षालितपाणिपादो भुञ्जीत ॥सुश्रुतसंहिता चिकित्सा २४/९८ \*Wash your hands, feet, mouth before you eat.\*

\*5 »\* स्नानाचारविहीनस्य सर्वाः स्युः निष्फलाः क्रियाः ॥ वाघलस्मृति ६९ \*Without a bath or Snan and Shudhi, all Karmas done are Nishphal.\*

\*6 »\* न धारयेत् परस्यैवं स्नानवस्त्रं कदाचन ॥ पद्म० सृष्टि.५१/८६  
\*Don't use the cloth (like towel) used by another person for drying yourself after a bath.\*

\*7 »\*अन्यदेव भवद्वासः शयनीये नरोत्तम । अन्यद् रथ्यासु देवानाम् अर्चयाम् अन्यदेव हि ॥ महाभारत अनु १०४/८६\*Use different clothes while sleeping, while going out, while doing pooja.\*

\*8 » तथा न अन्यधृतं (वस्त्रं) धार्यम् ॥ महाभारत अनु १०४/८६ \*Don't wear clothes worn by others.\*

\*9 »न अप्रक्षालितं पूर्वधृतं वसनं बिभृयाद् ॥ विष्णुस्मृति ६४ \*Clothes once worn should not be worn again before washing.\*

\*10 »न आद्रं परिदधीत ॥ गोभिसगृह्यसूत्र ३/५२४ \*Don't wear wet clothes.\*

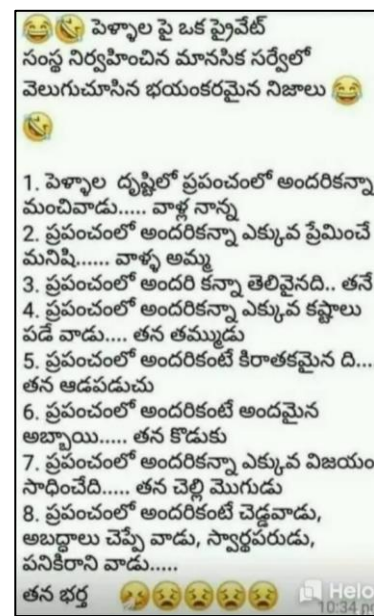
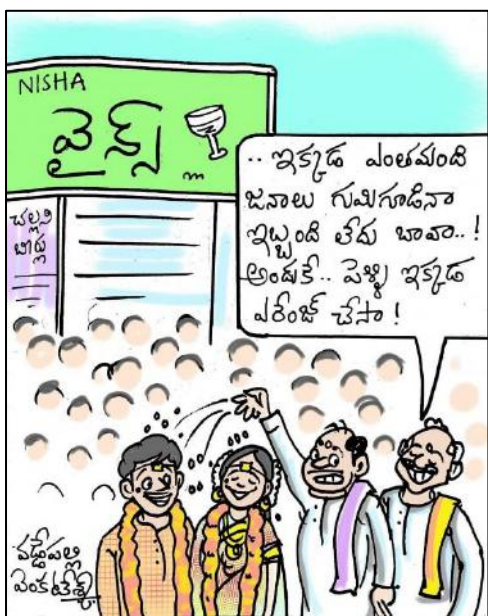
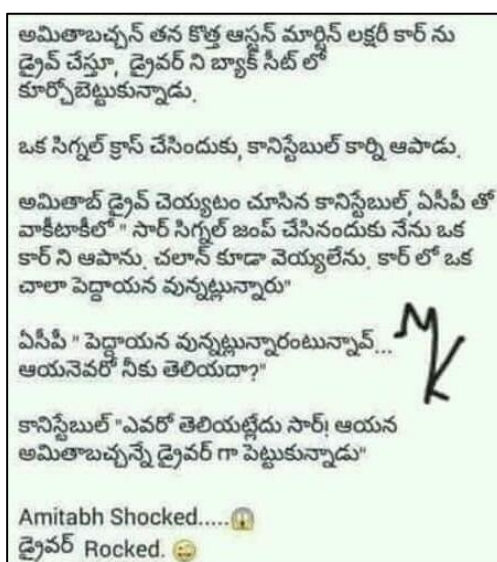
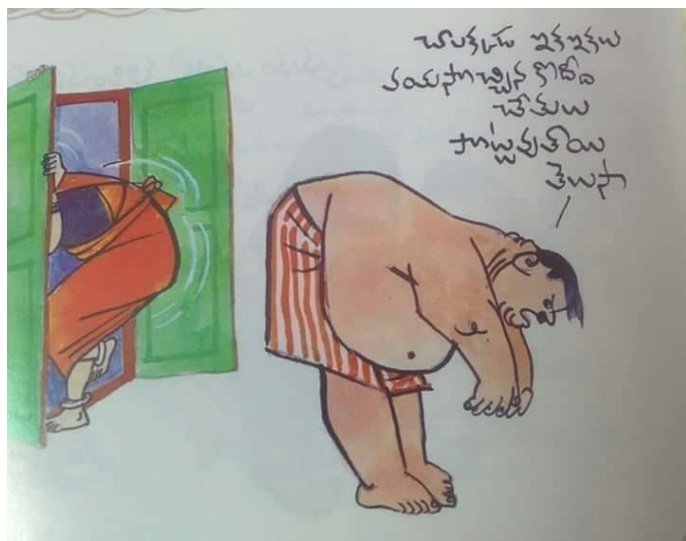
\*11 »\* चिताधूमसेवने सर्वे वर्णाः स्नानम् आचरेयुः । वमने श्मश्रुकर्मणि कृते च ॥ विष्णुस्मृति २२\*Take a bath on return from cremation ground. Take a bath after every haircut\*

\*These precautions were taught to every Indian five thousand years ago in the Sanatana Gatha. We were forewarned about importance of maintaining good hygiene, when no microscopes existed, by our ancestors using Vedic knowledge! \*See in today's scenario how true these are\*\*सनातन ही सत्य है और सत्य ही सनातन है !\*

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com*



# TIT BITS





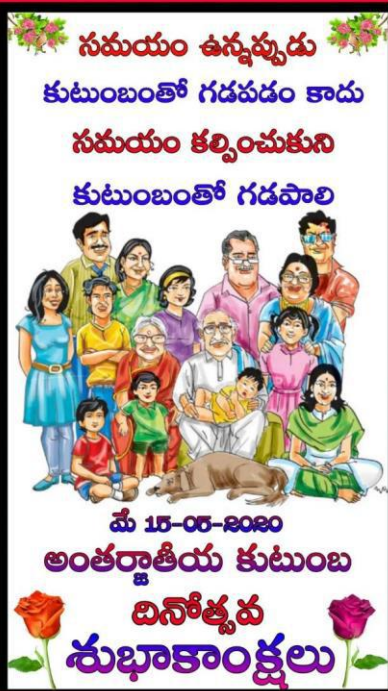


'నీవంటే ఇష్టం' అంది.  
నిజమనుకున్నాడు!  
పెళ్లయ్యాకే తెలిసింది.  
నీ'వంటే' ఇష్టం అందని!!



### మంచి జీవితం కోసం మనం చేయాల్సిన పనులు

పూజించవల్సిన తొలి దైవం... తల్లిదండ్రులు  
నీలో రాకూడనిది... విరక్తి  
నీలో ఉండాలి... ఓర్పు, బుద్ధి  
మంచి గుణం... మన్నించే గుణం  
భయంకరమైన రోగం... అత్యాశ  
నమ్మకూడనివి... వదంతులు  
ఆపదను తెచ్చేది... అతి వాగుడు  
చేయవలసింది... సహాయం  
చేయకూడనిది... ద్రోహం  
వదలకూడనిది... స్నేహం  
వదిలేయాల్సింది... వాదన



ఈ చైనావాడు

టచ్ ఫోన్..

టచ్ ఐ-పాడ్

టచ్ టీవీ..

టచ్ తలుపు

టచ్ కారు..

టచ్ బైక్

ఇలా అన్నింటినీ

టచ్.. టచ్గా కనిపెట్టి

చివరకు కరోనాని కూడా

టచ్ చేస్తే వచ్చే విధంగా

కనిపెట్టాడు...!!



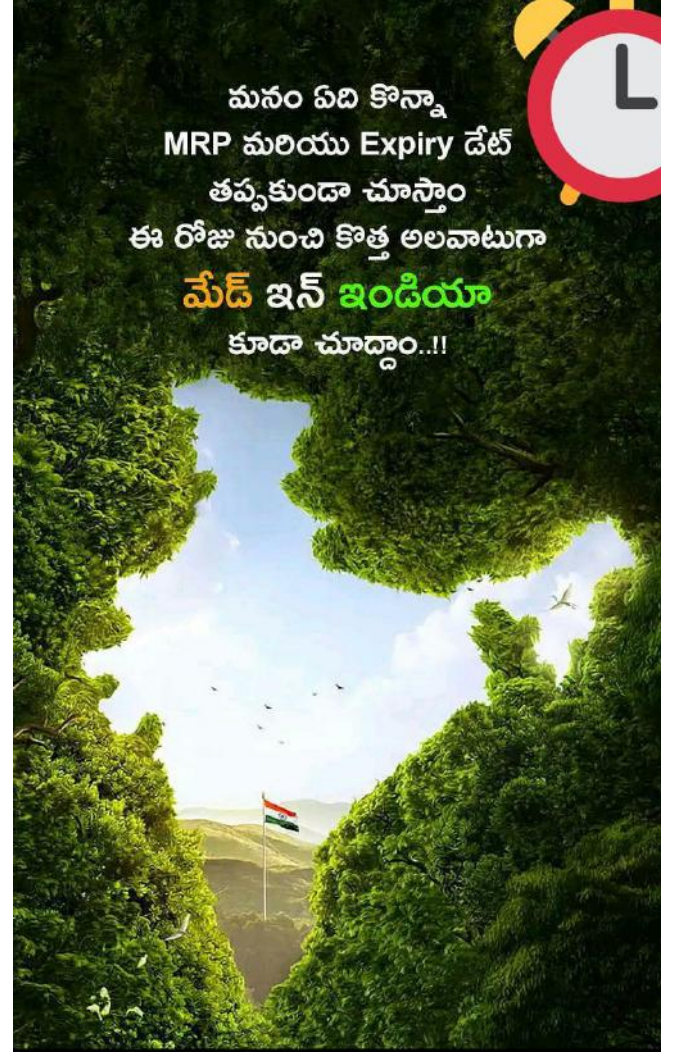
పరిస్థితులకు తగ్గట్టుగా కొత్త సాంప్రదాయాలను పుట్టించాలంటే మన తెలుగువారి తర్వాతే ఎవరైనా.

కరోనా వైరస్ వ్యాప్తి చెందుతున్న ప్రస్తుత తరుణంలో "పెళ్లి" శుభలేఖను ఇలా అందరికీ ఉపయోగపడేలా మాస్కులపై ముద్రించడం అంటే ఎంత గొప్ప ఆలోచనో కదా..



బయాలజీ సార్ సెల్ అంటే ..కణం అంటారు ..  
ఫిజిక్స్ సార్ సెల్ అంటే బ్యాటరీ అంటారు ...  
ఎకనామిక్స్ సార్ సెల్ అంటే అమ్మకం అంటారు .  
హిస్టరీ సార్ సెల్ అంటే జైలు గది అంటారు ..  
ఇంగ్లీష్ సార్ సెల్ అంటే ఫోన్ అంటారు ..  
దీనిమ్మ జీవితం చదువు చెప్పే సార్లకే క్లారిటీ లేదు ..  
అందుకే స్కూల్ కెళ్లడం మానేశా ....





## కరోనా - కష్టాలుమూతికి గుడ్డాయె

ముప్పుటల పుడ్డాయె ఖాళీగా రోడ్డాయె కదిలితే రాడ్డాయె బడులన్నీ బంధాయె సదువేమో సాగదాయె ఆటపాటలాగిపాయె సెల్ ఫోన్ చేతిలాయె గుళ్లన్నీ బందాయె దేవుళ్లకు సెలవాయె దావఖాన్లు పుల్లాయె డాక్టర్లు దేవుల్లాయె పచ్చీసు ముప్పాయె పేకాడితే తప్పాయె ఆఫీసులు సెలవాయె సాలరీలు సగమాయె అరుగుమీది ముచ్చటాగె వకిలిమీది సందడాగె ఇరుగుపొరుగు చిన్నబోయె ఇళ్లంతా బోసిపోయె నిదరేమో రాదాయె టైమ్ పాసు కాదాయె ఉడుకపోత మొదలాయె చెమటపోత చిందులాయె పెళ్ళిళ్ళు లేవాయె ఫంక్షన్లు బందాయె పలకరింపు కరువాయె మనసంతా బరువాయె విందులన్నీ బందాయె విలాసాల రందాయె తినబోతే చిరుతిండ్లు ఇంట్లోళ్ళు తిడుతుండ్లు సినిమాలు శిన్నబోయె స రియల్లు సన్నబోయె వార్తల్లో కరోనాయె వింటుంటే భయమాయె పేవింగులు పెరిగిపోయె సేవింగులు కరిగిపోయె కాలరీలు పెరిగిపోయె సాలరీలు తరిగిపోయె ముప్పేమో ముందాయె దోమలకే విందాయె మనసేదో అందాయె మందేమో బందాయె ఆశచూస్తే ఆగదాయె పనిచూస్తే దొరకదాయె కలలన్నీ చెదిరిపోయె లాక్-డౌన్ ముదిరిపోయె !

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com*





## \* నడక (వాకింగ్)... గురించి ఈ 10 విషయాలు తప్పక తెలుసుకోవాలి...!!!\_\*

మీకు హిపోక్రాట్స్ తెలుసా...? ఆయన ఇప్పటి వాడు కాదు. క్రీస్తు పూర్వం 460వ సంవత్సరానికి చెందిన వాడు. అప్పట్లోనే వైద్య రంగ నిపుణుడిగా పేరుగాంచాడు. అందుకే ఆయన్ను ఫాదర్ ఆఫ్ మెడిసిన్ అని పిలుస్తారు. ఇంతకీ అసలు విషయం ఏంటో తెలుసా...? ఏమీ లేదండీ...! సదరు హిపోక్రాట్స్ అనే ఆయన వాకింగ్ గురించి ఓ కొటేషన్ చెప్పారు. అదేమిటంటే...! వాకింగ్ ఈజ్ ఎ మ్యాన్స్ బెస్ట్ మెడిసిన్...! అని ఆయన అన్నారు. అవును...! మీరు విన్నది నిజమే. ఈ క్రమంలోనే ప్రతి రోజూ కనీసం 15 నుంచి 30 నిమిషాల పాటు అయినా వాకింగ్ చేస్తే దాంతో ఎన్నో ప్రయోజనాలు కలుగుతాయని ఆయన చెప్పారు. మరి అవేమిటో ఇప్పుడు తెలుసుకుందామా...!\_

1. వాకింగ్\_\* రెగ్యులర్ గా చేయడం వల్ల శరీరంలో ఎండార్పిన్లు అనబడే హార్మోన్లు విడుదలవుతాయి. ఇవి మానసిక ఆరోగ్యాన్ని మెరుగు పరుస్తాయి. ఒత్తిడి, ఆందోళన, డిప్రెషన్, కంగారు వంటి సమస్యలు తగ్గుతాయి. అలాగే వయస్సు మీద పడడం కారణంగా వచ్చే దెమెంటియా, అల్జీమర్స్ వంటి వ్యాధులు రాకుండా ఉంటాయి.

2. నిత్యం\_\* వాకింగ్ చేయడం వల్ల కంటి ఆరోగ్యం మెరుగుపడుతుందని అధ్యయనాలు చెబుతున్నాయి. కంటికి సంబంధించిన పలు నాడులు కాళ్లలో ఉంటాయి. అందుకనే కాళ్లతో వాకింగ్ చేయడం వల్ల కంటి ఆరోగ్యం కూడా మెరుగు పడుతుందట. నిత్యం వాకింగ్ చేస్తే కళ్లపై అధిక ఒత్తిడి తగ్గడంతోపాటు గ్లకోమా వంటి కంటి వ్యాధులు రాకుండా ఉంటాయట.

3. నిత్యం\_\* రన్నింగ్ చేస్తే ఎలాంటి లాభాలు కలుగుతాయో అదేలాంటి బెనిఫిట్స్ వాకింగ్ చేయడం వల్ల కూడా కలుగుతాయని అమెరికన్ హార్ట్ అసోసియేషన్ చెబుతోంది. నిత్యం వాకింగ్ చేస్తే గుండె సమస్యలు, హార్ట్ ఎటాక్లు రావటం. అలాగే హైబిపీ, కొలెస్ట్రాల్ తగ్గుతాయట. దీంతోపాటు శరీరంలో రక్త సరఫరా మెరుగు పడుతుందట.

4. వాకింగ్\_\* చేయడం వల్ల శరీరం ఆక్సిజన్ ను ఎక్కువగా గ్రహిస్తుంది. దీంతో అదే ఆక్సిజన్ రక్తంలో చేరి అది ఊపిరితిత్తులకు అందుతుంది. ఈ క్రమంలో సదరు ఆక్సిజన్ ఊపిరితిత్తుల్లో ఉండే టాక్సిన్లు, విష, వ్యర్థ పదార్థాలను బయటకు పంపుతుంది. అలాగే ఇతర ఊపిరితిత్తుల సమస్యలు దూరమవుతాయి.

5. డయాబెటిస్\_\* ఉన్నవారు నిత్యం రన్నింగ్ కన్నా వాకింగ్ చేస్తేనే ఎంతో ప్రయోజనం కలుగుతుందట. 6 నెలల పాటు వాకింగ్, రన్నింగ్ చేసిన కొందరు డయాబెటిస్ పేషెంట్లను సైంటిస్టులు పరిశీలించగా ఈ విషయం వెల్లడైంది. వాకింగ్ చేసిన వారిలో రక్తంలో గ్లూకోజ్ స్థాయిలు బాగా అదుపులోకి వచ్చాయని సైంటిస్టులు గుర్తించారు. అందువల్ల రోజూ వాకింగ్ చేస్తే డయాబెటిస్ ను సమర్థవంతంగా ఎదుర్కోవచ్చని వారు చెబుతున్నారు.

6. నిత్యం\_\* కనీసం 30 నిమిషాల పాటు వాకింగ్ చేస్తే పెద్ద పేగు క్యాన్సర్ వచ్చే ముప్పు చాలా వరకు తగ్గుతుందని పరిశోధనలు చెబుతున్నాయి. అలాగే జీర్ణప్రక్రియ మెరుగు పడుతుంది. మలబద్ధకం పోతుంది. విరేచనం రోజూ సాఫీగా అవుతుంది.

7. నిత్యం\_\* 10వేల స్టెప్స్ (100 నిమిషాలు) పాటు వాకింగ్ చేస్తే అధిక బరువు త్వరగా తగ్గుతారని పరిశోధనలు చెబుతున్నాయి. దీంతోపాటు కండరాలు దృఢంగా మారుతాయట.

8. నిత్యం\_\* వాకింగ్ చేయడం వల్ల కీళ్లు బాగా పనిచేస్తాయి. అవి అంత త్వరగా అరిగిపోవు. అలాగే ఎముకల్లో సాంద్రత పెరుగుతుంది. దీంతో ప్రాక్చర్లు, కీళ్ల నొప్పులు వచ్చే అవకాశాలు తగ్గుతాయి. ఇందుకు రోజూ కనీసం 30 నిమిషాల పాటు అయినా వాకింగ్ చేయాలి. ఇలా చేస్తే కీళ్ల నొప్పులు, వాపులు కూడా తగ్గుతాయి.

9. బ్యాక్ పెయిన్తో\_\* సతమతమయ్యేవారికి వాకింగ్ చక్కని ఔషధం అనే చెప్పవచ్చు. లో ఇంపాక్ట్ వ్యాయామం కిందకు వాకింగ్ వస్తుంది. కనుక నడుంపై పెద్దగా ఒత్తిడి పడదు. దీనికి తోడు ఆ భాగంలో ఉండే ఒత్తిడి, నొప్పి కూడా పోతాయి. రక్త సరఫరా పెరిగి నొప్పి తగ్గుతుంది. కనుక వెన్ను నొప్పి ఉన్న వారు నిత్యం వాకింగ్ చేయడం మంచిది.

10. నిత్యం\_\* వాకింగ్ చేయడం వల్ల ఎప్పుడూ డిప్రెషన్లో ఉండే వారు మంచి మూడ్కు వస్తారట. వారు హ్యాపీగా ఉంటారని పరిశోధనలు చెబుతున్నాయి. కనుక నిత్యం వాకింగ్ చేయడం మంచిది...!!!

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com*



# \*కిరాతార్జునీయం\*



By Mr. Durvasula Dakshina Murthy (M NO - D-18)

పాండవులు అరణ్యవాసం చేస్తున్న సమయమది. తమ వద్దకు వచ్చిన వ్యాసమునీంద్రుని పాండవులు అర్హ్య పాద్యాదులతో పూజించిన తరువాత ఆయనతో 'కౌరవులు మమ్మల్ని మాయ జూదంలో ఓడించారు. మమ్మల్ని అరణ్యవాసానికి, అజ్ఞాతవాసానికి పంపించారు. శత్రుంజయులుగా పేరొందిన మాకే ఇప్పుడు శత్రుభయం పట్టుకుంది. మాకు తగిన తరుణోపాయం చెప్పండి'' అని అడిగారు.

అప్పుడు వ్యాసభగవానుడు "మీకు ఎంతమంది శత్రువులున్నా వారిని గెలవాలంటే శివానుగ్రహం కలగాలి. కాబట్టి అర్జునుని శంకరుని గురించి తపస్సు చేయమనండి. శంకరుడు ప్రత్యక్షం అయినప్పుడు పాశుపతాస్త్రం అడగండి. శంకరుడు దానిని మీకు ఇచ్చి విజయభవ అని ఆశీర్వాదిస్తే ఇక మీ విజయానికి తిరుగులేదు" అని చెప్పి వ్యాసుడు అక్కడి నుంచి వెళ్ళిపోయాడు.

వ్యాసుడి సూచన మేరకు అర్జునుడు శివారాధన చేయడం మొదలుపెట్టాడు. కొంతకాలం తర్వాత శంకరుడు అర్జునుడి శక్తిని పరీక్షించాలనుకున్నాడు. ఒక అడవిపందిని సృష్టించి దానిని అర్జునుడు



తపస్సు చేసుకుంటున్న పర్వతాల వద్దకు పంపాడు. అది అక్కడికి వెళ్లి రొద చేస్తోంది. ఆ ధ్వనికే శళ్ళు తెరిచి చూశాడు అర్జునుడు. వెంటనే తన విల్లందుకున్నాడు. ఈలోగా శివుడు అర్జునుడి వెనుక నుంచి అడవిపంది మీదకి వేసిన బాణం దాని పృష్ఠ భాగంలోంచి శరీరంలోకి వెళ్లి దాని నోట్లోంచి బయటకు వచ్చి నేలమీద పడింది. సరిగ్గా అదే సమయంలో ఎక్కు పెట్టిన అర్జునుడి బాణం అడవి పంది నోట్లోంచి శరీరంలోకి వెళ్లి అక్కడనుంచి పృష్ఠభాగంలోంచి బయటకు వెళ్లి నేలమీద పడింది. శివుడు తన ప్రమథగణాలలో ఒకడిని పిలిచి తన బాణాన్ని తీసుకు రమ్మనమని చెప్పాడు. అతను వెళ్లి అర్జునునితో 'ఈ బాణం మా నాయకుడిది. ఆయన గొప్ప వీరుడు. ఆయన బాణం తీశాడంటే ఎవరూ నిలబడలేరు. జాగ్రత్త' అన్నాడు కవ్వంపుగా..

**From the epic poem Kiratarjuniya: Arjuna recognises Shiva and surrenders to him. Painting by Raja Ravi Varma, 19th century. Raja Ravi Varma.**

"మీ నాయకుడు అంత మొనగాడయితే నాతో యుద్ధానికి రమ్మని చెప్పు" అన్నాడు అర్జునుడు. ఆ మాటకోసమే ఎదురు చూస్తున్నాడు కిరాతుడి రూపంలో ఉన్న శివుడు. కొండమీది నుంచి ఒక్క దూకు దూకి అర్జునుడి ముందు నిలబడి, "ఈ పందిని నువ్వు నీ బాణంతో కొట్టావా? ఏదీ ఇప్పుడు చూపు నీ విద్య" అన్నాడు.

అర్జునుడు క్షణం ఆలస్యం చేయకుండా శివుని మీద బాణాలు ప్రయోగించడం ప్రారంభించాడు. శివుడు కూడా అర్జునుని మీదకు బాణాలు వేస్తున్నాడు. అర్జునుడు తన బలం అంతటినీ ఉపయోగించి శివుడిని పడగొట్టేందుకు యత్నిస్తున్నాడు. కానీ శివునికి ఏమీ అవడం లేదు. తర్వాత ఇద్దరూ మల్లయుద్ధం



చేశారు. శంకరుడు అర్జునుని శరీరాన్ని తోసి అవతల పారేశాడు. అప్పుడు అర్జునుడు తిరిగి లేచి తన ధనుస్సుతో శంకరుని జటాజూటం మీద ఒక గట్టి ప్రహారం చేశాడు. అప్పుడు శంకరుడు ఇక యుద్ధాన్ని చాలించి చంద్రవంకతో, పట్టుపుట్టంతో, పార్వతీ సమేతంగా అర్జునుడికి ఎదురుగుండా నిలబడ్డాడు. మళ్ళీ కొడదామని గాండీవాన్ని ఎత్తిన అర్జునుడు తన ఎదుట సాక్షాత్కరించిన అర్థనారీశ్వరుడి పాదాల మీద పడి శంకరుని ఏమి అడగాలో మర్చిపోయి కన్నుల వెంట నీరు కార్చుతూ “ఈశ్వరా, జగత్తుకే తండ్రీవయిన నీపై అజ్ఞానినై బాణాలు వేశాను. నీ కారుణ్యంతో నా గుండె నిండిపోయింది” అని పరమేశ్వరుని పాదాల మీద పడిపోయాడు. అప్పుడు శంకరుడు “నీకు పాశుపతాస్త్రాన్ని ఇస్తున్నాను. మీకు ఎదురులేదు. రాబోయే కురుక్షేత్ర యుద్ధంలో మీరే గెలిచి తీరుతారు. విజయభవ!” అని ఆశీర్వాదించాడు. ఇందులో మనం గ్రహించవలసిన నీతి ఏమిటంటే... ఆపదలో ఉన్న సమయంలో తగిన ఉపాయం చూపిన వాడే మనకు హితుడనీ, భగవంతుడు తన భక్తులకు అనేక పరీక్షలు పెట్టి, వాటిలో శిష్ట గ్రహిస్తుండే వరాలను అనుగ్రహిస్తాడనీ, అంతవరకూ మనం కుంగిపోకుండా కాలం పెట్టిన పరీక్షలలో నిగ్గు తేలాలి.



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సభ్యా లందరికి నమస్కారం. మనో చాలామందికి మాతృభాష అయిన తెలుగు పూరిగా విసమ రింపబడిన సమయంలో మన కృత మాన పత్రిక సంపాదకుల సౌజన్యం తో గత 3 నెలలుగా న్నకు తోచినవో రాసి పంపిస్తున్నాను. ఐతే అవి మీకు నుచ్చ తున్నాయో, లేదో తెలియదు. ఖాళీగా ఉన్నప్పుడు ఎదో ఒకటి చదవడం, రాయడం చిన్న పుటినుండి అలవాటు. ఇలా రాసిన వాక్కులు ఇంకా చాలా వున్నాయి. కరోనా కాలం న్నకు కలిసి వచ్చింది. ఖాళీగా ఉండలేక భాగవతం మరోమారు చదువుతున్నాను. భాగవత పఠనం. అమృతాన్నం రండు చేతులతోనూ తాగడమే. మీరందరూ అనుమిస్తే భాగవతం లో కొన్నన అదు తమైన్ ఘట్టాలన్న రాయలన్న ఉంది. ఊరికే రాయడం వలన ఉపయోగం ఏమంది. అలన్నడు అలబస్కన్న పెదదన్నరూలు చెప్పి స్టబ " రమణి త్రపియ దూక తెచి ఇచో కప్పు ర విడెమ " లేకపోయిన ఆస్కా దించ గలిగిన పాఠకోతిమలు ఉంటే అంతే చాలు. మీ అభిప్రాయాలను న్నర్కమ హమాటం గా న్న mail id (dmdurvasula@gmail.com) లేదా న్న what's app no 9346434348 కి పంప వలసినిగా త్రపారన్త . మీకు న్ని న్న న్న కపోయిన ఫరవాలేదు. మీ సుందన్ కోసం – Author Mr. D. Dakshina Murthy([dmdurvasula@gmail.com](mailto:dmdurvasula@gmail.com)).





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# AFFILIATED CLUBS

## POONA CLUB

### HERITAGE:

With its charming stone-and-stucco portico, red-roofed cricket pavilion and expansive lawns ringed by some magnificent trees, the Poona Club has an old world elegance that only heritage can bequeath.

Occupying as it does, a prime position in the heart of Pune, the Club's location provides a fair indication of its antecedents. Indeed it began as the place where British troops stationed in the city came for some recreation.

Little is known of the Club's beginnings, thanks in most measure to a devastation fire on August 29, 1945 that destroyed not only the stately Club house and the library, but all records, photographs or any such reference material that would assist in reconstructing the original structure, or the exact chronology of events that led to the evolution of the present day Club. The source of the fire too is shrouded in mystery and lore, being variously attributed to the open fire in the kitchen and a cigar tossed carelessly by a merry tippler. What is known is that the clubhouse was predominantly built of wood, and had a three-storey wedding cake design.

Information gleaned in bits and pieces from a host of sources reveal hat back in the 1860s, the site of the present day Club as known as the Edwards Garden. Recreation rooms, essentially for the use of the military garrison stationed in the city, were constructed here in the 1860s, laying the first foundations for a larger establishment. Around 1880, the name of the institute was changed to Poona Gymkhana Club. Gymkhana, incidentally, is an Urdu word referring to any form of sporting contest. In the Indian context, it leans towards racquet games, squash and badminton in particular and the British nuance tips towards equestrian events especially polo and show jumping.

The Club's edifice is believed to have been built sometime in the year 1982. Some years on, thirteen and a half acres of land, leased to the Trustees of what had come to be known as the Poona Assembly Rooms, at a princely annual rent of Rs 13 and twelve annas, laid the foundation for what is now the Poona Club. Around 1890, the main Club and Golf Course lands were delimited from the Cantonment limits, and were included within the limits of the Poona Suburban Municipality.

By the late 1880s the Club had acquired a sport air and much snob value, meant as it was, for the rich, the royals and high placed British officialdom. By the time American litterateur Mark Twain visited Poona in 1896 (posters around the town suggest he also visited the erstwhile Poona Gymkhana) the Club had grown considerably in facilities, style, and stature. It had a ground so large that two cricket games could be played simultaneously, numerous tennis and squash courts, two polo pitches and the beginnings of what is now an 18-hole golf course.

Off-fielders could enjoy a snack in the day and a cocktail in the evening, served as they were, on wide, airy verandas by uniformed bearers, in the true blue tradition of the Raj.

The bearers and the other staff were the only non-royal Indians allowed into the Club. Royal Indians, with their fabulous wealth and, tending to be more British than the British, were more than welcome





the founding fathers of the Poona Gymkhana Club were indeed the great and the good old Anglo-India society.

Given the flavour of the time, it bears witness that the list of founder patrons of the Poona Gymkhana emerges as a compilation of the Who's Who of the 1880s: the Aga Khan, Nawab Shah Rookh Yar Jung Bahadur, F E Dinshaw, the Maharajas of Jodhpur and Rajpipla, the Gaikwad of Baroda, Sir Dorab Tata, Sir Cusrow Wadia, Sir Victor Sassoon, the Nawab of Junagadh, Sir Cowasji Jehangir, Sir Nusserwanji Wadia, Aga Kasim Shah, Aga Jalal M Shah, Sir Jehangir Kothari, Sir Dhanjibhoy Bomanji, Sir David Sassoon, CD Dady and Victor Rosenthal. The grand Institute that such illustrious members of Society had established was not one to be quelled into obliteration by man-made travesty. A plan was made to resurrect it, in all its past glory.

In 1953, the revived Poona Club was inaugurated by Morarji Desai, the then Chief Minister of the erstwhile State of Bombay. The Poona Club breathed again, re-kindling memories of an era that had Gone with the Wind.



The Poona Club Ltd, one of the oldest and most prestigious clubs in the Country, has a glorious 131 years' history dating back to 1886. The list of founder patrons of the Poona Gymkhana was a compilation of the who's who of the 1880s, the Aga Khan, Maharajas of Jodhpur and Rajpipla, The Gaikwad of Baroda, Sir Dorab Tata, Sir Cusrow Wadia, Sir Victor Sassoon, The Nawab of Junagad and a few other very highly decorated and renowned dignitaries.

The club was registered with the Registrar of Companies on 31st August 1931 and presently has over 6000 Members in various categories.

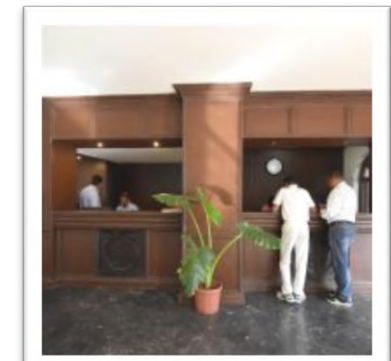
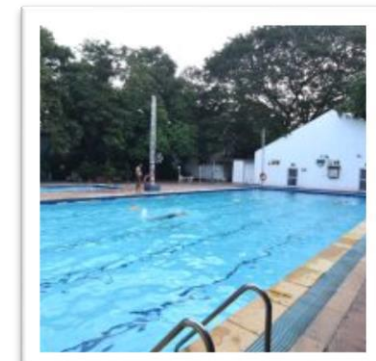
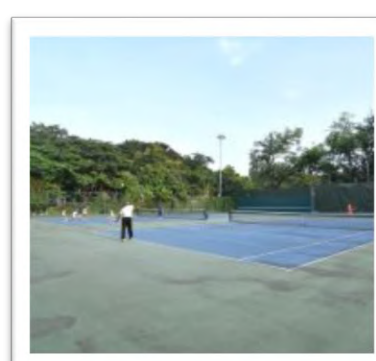
The Club spans 3 locations – the Main Club on thirteen and half acres of land, the Swimming Pool and Squash Court Complex on two and half acres and the Golf Course on 96 acres, all in prime areas in the heart of the city.

The Club offers practically all modern sports disciplines having world class facilities like Tennis, Table Tennis, Badminton, Squash, Swimming Pool, Health Club as also Indoor Games like Billiards and snooker, Card Room, Scrabble and an extremely popular Children's Park. In addition to a 18 Hole Golf Course and a Cricket Ground and Pavilion, the jogging track is a spectacular walker's paradise, the pride of the Club and undoubtedly one of the best in the city having varied flora and fauna and a lush shaded canopy. The Club also has 18 Deluxe Residential Double Rooms with

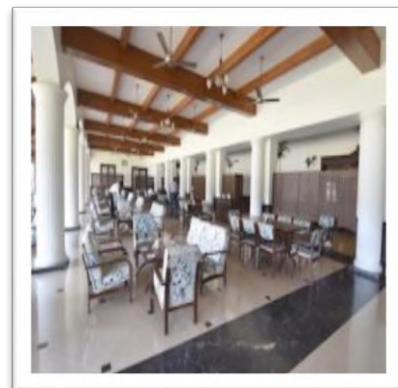
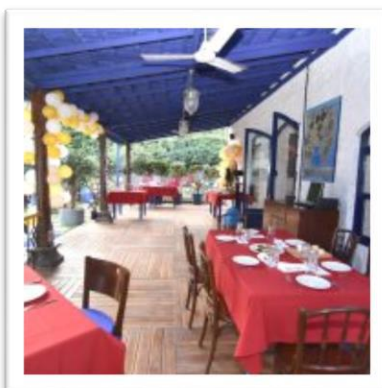
catering and laundry facilities. There are 3 restaurants providing choicest multi cuisines, 4 permit rooms, a bakery and a Club Shop for daily needs.

We also have a library on the premises which is housed in a heritage building. Further, a total of 12 Party Venues in varying sizes are available for hosting private parties / functions. The club also organizes a large number of entertainment programmes.

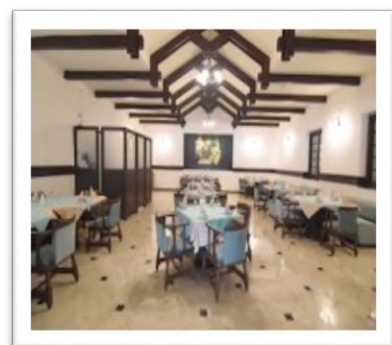
We have reciprocal affiliations with 77 clubs in India and 14 international clubs. The reciprocity provides a huge advantage to members from clubs like yours, when they travel to Pune.



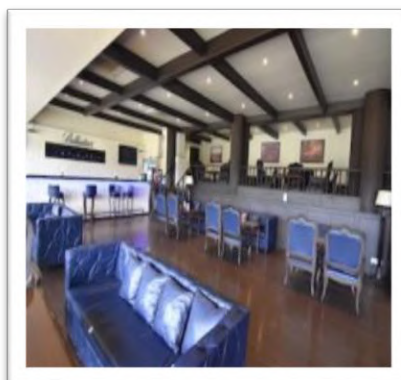
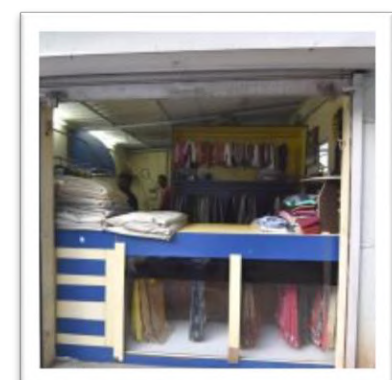
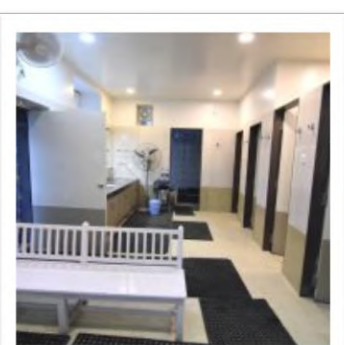




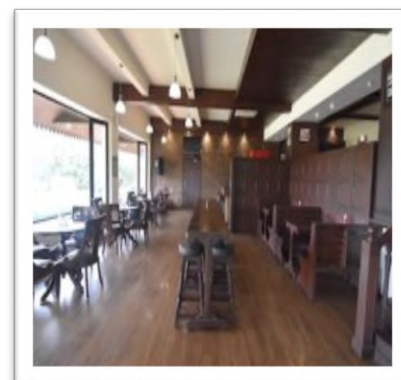
**Mah-Jong Room**



**The Lounge**



**Cedar Lounge**



**Ballantine's Bar**



**The Pub**

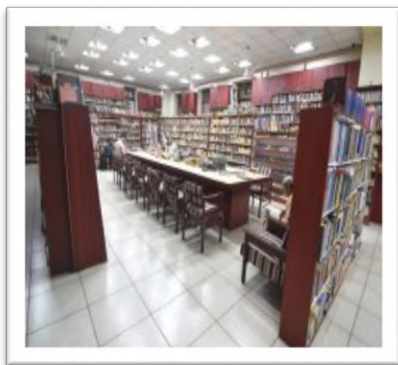


**Dario's Trattoria**



**Billiards Terrace**





**Library**



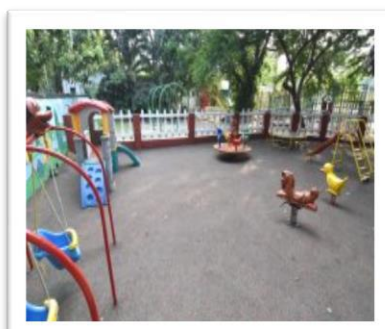
**Club Shop**



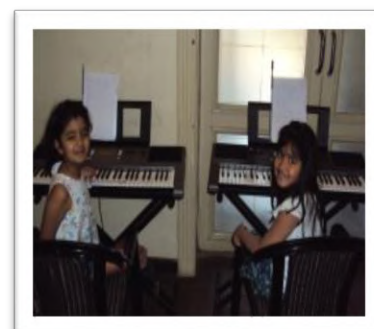
**Cinema Hall**



**Amphi Theatre**



**Children Park**



**SoundGuru Academy**

## Location

The Poona Club 6, Bund Garden Road, Pune

Phone Numbers - 411001 +91-20-26360083

+91-20-26362084

+91-20-26360086

+91-20-26360447

Email - [secretary@poonaclubltd.com](mailto:secretary@poonaclubltd.com).

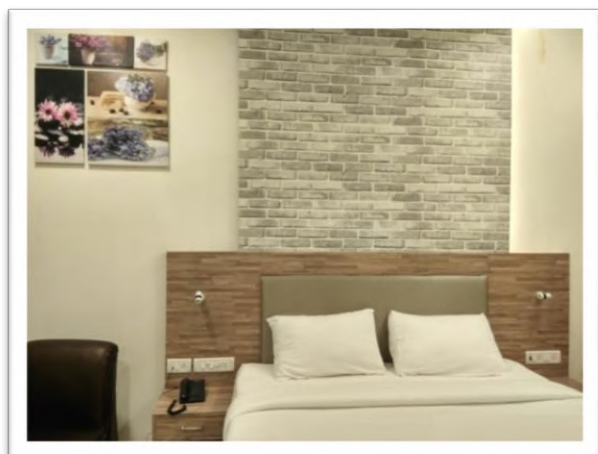
Monday to Saturday - 10.00 am to 6.30 pm.



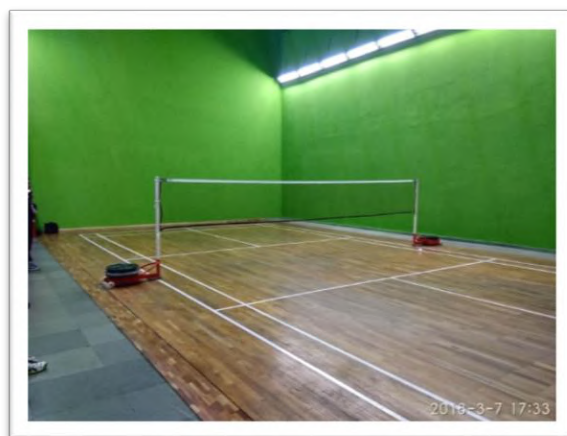
# THE PRESIDENCY CLUB – CHENNAI:

The Presidency Club, one of the premier Clubs in Chennai was founded in the year of 1929 and then on, the history of the Club has been one of progress and growth. The club is situated in the heart of Chennai and the privileges of the Presidency club atmosphere we enjoy today stemmed from a notion of friendship and solidarity.

To this day, we hold true to our heritage and at 2500 Members, we are among the most exclusive Clubs in Chennai. Despite this aura of exclusivity, the membership is humbled with a strong sense of family and a proud desire to always engender a warm and welcoming atmosphere to all who pass through our gates. We represent 88 years of hospitality and camaraderie.



**CATERING FACILITIES**



**OUTDOOR & INDOOR GAMES**



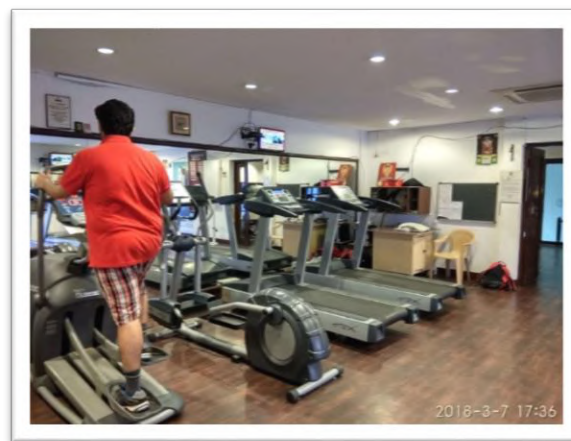
**THE BAR**



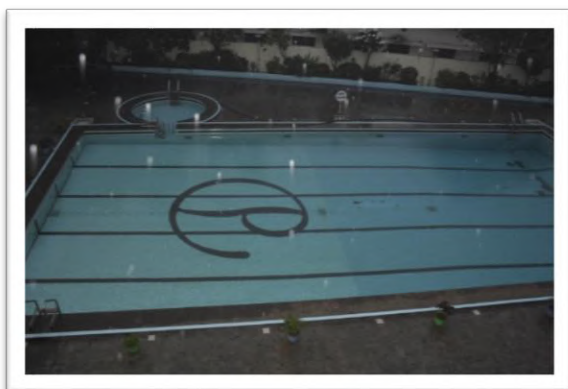
**CARDS ROOM**



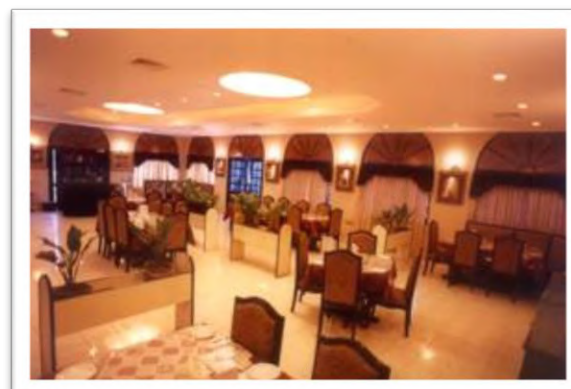
**LIBRARY**



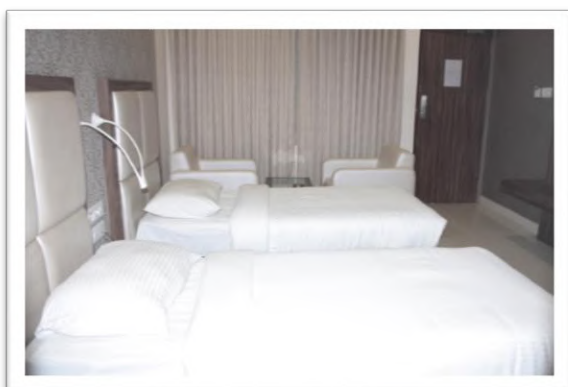
**HEALTH CLUB & GYM**



**SWIMMING POOL**



**PARTY FACILITIES**



**GUEST HOUSE**

### **Location**

**The Presidency Club**

Fairlawns,

51, Ethiraj Salai,

Chennai – 600 008



**Phone**

+ 91-44-2822 6881 / 7, 4214 6805

**Email**

[admn@thepresidencyclub.com](mailto:admn@thepresidencyclub.com)

**Contact Person**

**Mr.C.V.G.Kumar – Manager (Admin) +91 98409 65565**

**Mr.S.D.Santhanam-Manager (Accounts) +91 99623 26639**

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltir Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*



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# TIT BITS

**Congratulations to all fathers who made Mother's Day possible**



**Good Morning**

A blessing is a circle of light drawn around a person to protect, heal and strengthen.

May you be blessed always

**very motivational at this hour**

• Ratan Tata



Experts are predicting huge down fall of Economy due to the Corona.

I do not know much about these experts.

But I know for sure that they do not know anything about the value of human motivation and determined efforts.

If experts were to be believed, after the total destruction in 2nd World War Japan had NO future. BUT the same Japan in just 3 decades or so, made US cry at the market place. If the experts were to be believed, Israel should have been wiped out from the world map by the Arabs, but the fact is different. As per the rules of Aerodynamics, the Bumble Bee can NOT fly. But it flies, because it does not know the rules of Aerodynamics. If the experts were to be believed, we should have been no where in 83 Cricket World Cup. If the experts were to be believed Wilma Rudolf, the first American lady to win 4 Olympic Gold in Athletics, should not have been in a position to walk without braces, no question of running. If the experts were to be believed Arunima Sinha can hardly lead a normal life. But she climbed the Mount Everest. The corona crisis is no different. I do not have any doubt that, We will defeat the Corona hands down and The Indian Economy will bounce back in a great manner

**No vegetarian is effected by CORONA. Corona requires animal fat in body - WHO**

I had said this several days back .. but people didn't like it, now this sos confirmed that no vegetarian is effected by COVID, corona requires animal protein in the body to survive

"As long as people eat meat, there is going to be some risk of infection."

Dr. Gauden Galeo  
WHO Representative



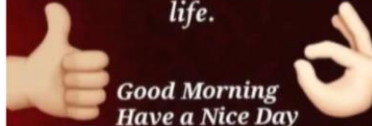
सनातन के संस्कार की पूरी दुनिया दीवानी हो चुकी है..

विश्व का एक भी शाकाहारी व्यक्ति कोरोना से ग्रस्त नहीं पाया गया.

WHO की रिपोर्ट...

पूरा विश्व अब नमस्ते कर रहा है.. हवन और यज्ञ कर रहा है..

**Life and time are world's two teachers. Life teaches us to make good use of time, while time teaches us the value of life.**



**CAUTION**

Our most favourite season has arrived - "the mango season" and mangoes are widely available in the Indian markets nowadays. Since we Indians have a habit of smelling and purchasing our mangoes, so it is highly advised not to smell the mangoes and purchase them as we never know how many people touched and smelled the mango you are going to smell.

Please, don't let these mangoes be a carrier of CORONA VIRUS into your houses.

Please Remember this highly infectious virus spreads rapidly through mouth and nose.

STAY SAFE.



In a way Corona is like your spouse. Initially you try to control it, then you realize you can't. Then you learn to live with it.

**GOOD MORNING**



*With Time,  
you can create Money,  
but with Money  
you cannot create Time.  
So Time is more  
valuable than Money.*



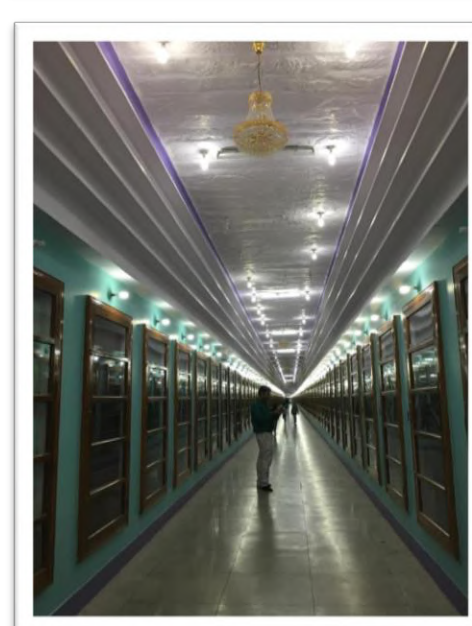
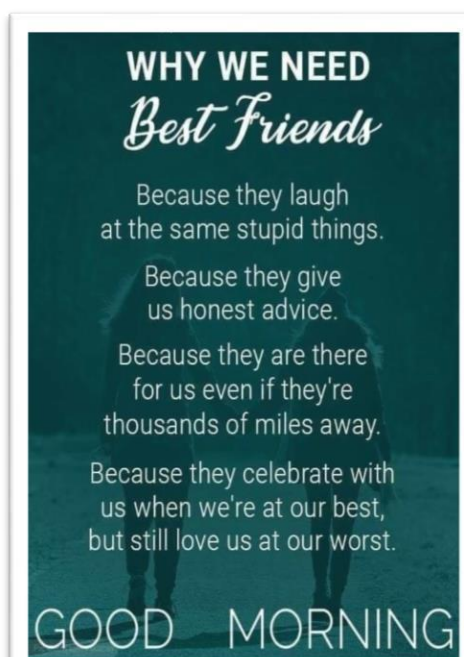
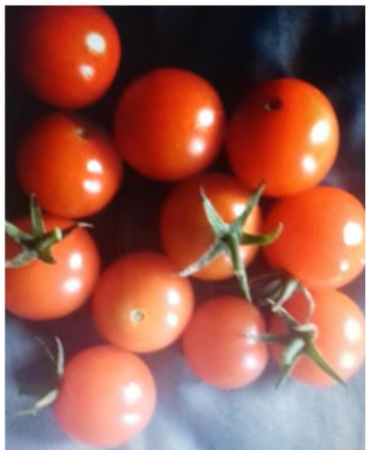
good morning

Life is a trip.  
The only problem is  
that it doesn't come with a map...  
We have to search  
our own routes  
to reach our destination..



**Good Morning!  
HAPPY SUNDAY**







### SIX LITTLE STORIES WITH LOTS OF MEANINGS

- (1). Once all villagers decided to pray for rain. On the day of prayer, all the people gathered, but only one boy came with an umbrella. That is faith.
- (2). When you throw babies in the air, they laugh because they know you will catch them. That is trust.
- (3). Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up. That is hope.
- (4). We plan big things for tomorrow in spite of zero knowledge of the future. That is confidence.
- (5). We see the world suffering, but still, we get married and have children. That is love.
- (6). On an old man's shirt was written a sentence 'I am not 80 years old; I am sweet 16 with 64 years of experience.' That is attitude.

Have a happy day and live your life like these six stories.  
Remember - Good friends are the rare jewels of life,  
difficult to find and impossible to replace!!

### Shops and Market



Relaxation is given only  
by the Government.

CORONA hasn't  
given Relaxation.

Be careful and Be safe.  
India has the habit of losing in FINALS

*Compiled by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*

# LT. GEN. JACK FARJ RAFAEL JACOB, PVSM – THE HERO OF BANGLADESH LIBERATION

Lieutenant General Jack Farj Rafael Jacob, PVSM (2 May 1921 – 13 January 2016), was an Indian Army officer. He was best known for the role he played in the creation of Bangladesh in the Bangladesh Liberation War of 1971. Jacob, then a major general, served as the chief of staff of the Indian Army's Eastern Command. During his 36-year long career in the army, Jacob fought in World War II and the Indo-Pakistani War of 1965. He later served as the governor of the Indian states of Goa and Punjab.



Jacob was born in Calcutta (now Kolkata), Bengal Presidency, British India. His family were deeply religious Baghdadi Jews, originally from Iraq, who settled in Calcutta in the middle of the 18th century. Jacob's father, Elias Emanuel, was an affluent businessman. After his father became sick, Jacob was sent at the age of nine to Victoria School, a boarding school in Kurseong near Darjeeling. From then on, he went home only during school holidays. Jacob, motivated by reports of the Holocaust of European Jews during World War II, enlisted in the British Indian Army in 1942 as "Jack Frederick Ralph Jacob." His father objected to his enlisting. Jacob said in 2010, "I am proud to be a Jew, but am Indian through and through."

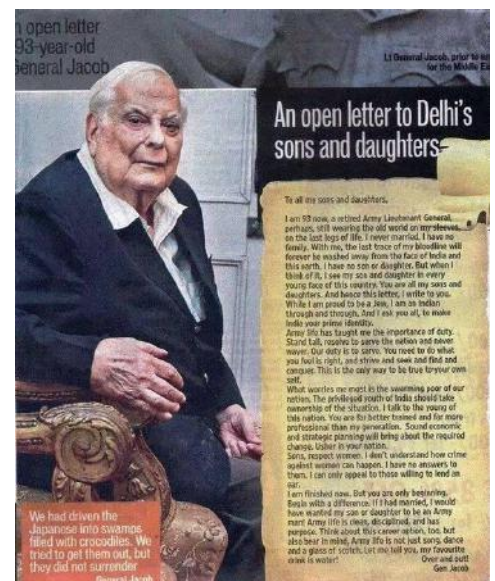
## Military career

Jacob graduated from the Officer's Training School in Mhow in 1942, and received an emergency commission as a second lieutenant on 7 June. He was initially posted to northern Iraq in anticipation of a possible German attempt to seize the oil fields of Kirkuk, and was promoted war-substantive lieutenant on 7 December.

In 1943, Jacob was transferred to an artillery brigade that was dispatched to Tunisia to reinforce the British Army against Field Marshal Erwin Rommel's Afrika Korps. The brigade arrived after the Axis surrender. From 1943 to the end of the war, Jacob's unit fought in the Burma Campaign against the Empire of Japan. In the wake of Japan's defeat, he was assigned to Sumatra.

On 27 October 1945, Jacob was granted a permanent commission in the rank of lieutenant. After World War II, he attended and graduated from artillery schools in England and the United States, specializing in advanced artillery and missiles. He returned to India following its partition, and joined the Indian Army. On 20 May 1964, he was given command of an artillery brigade, with the acting rank of brigadier. During the Indo-Pakistani War of 1965, he commanded an infantry division, which later became the 12th Infantry Division, in the state of Rajasthan. During this period, Jacob composed an Indian Army manual on desert warfare.

Jacob was promoted to substantive brigadier on 17 January 1966, and received command of an infantry brigade on 30 September. On 2 October 1967, he was promoted to the





acting rank of major general and was given command of an infantry division, with promotion to the substantive rank on 10 June 1968. On 29 April 1969, he was appointed the chief of staff, Eastern Command, by General Sam Manekshaw (later field marshal). Jacob's immediate superior was Lieutenant General Jagjit Singh Aurora, the general officer commanding-in-chief (GOC-in-C) of the Eastern Command. Jacob was soon tasked with dealing with the mounting insurgency in Northeast India.

### Bangladesh War



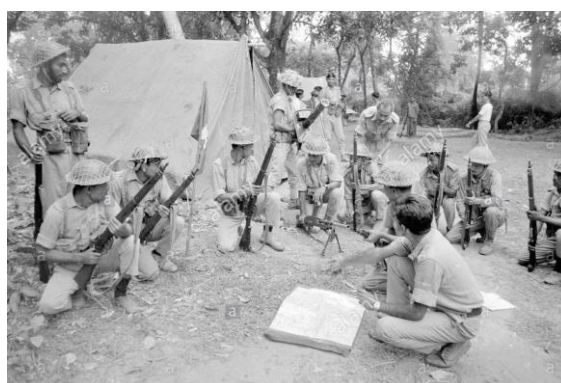
***A. K. Niazi signing the instrument of surrender under the gaze of J. S. Aurora. Standing immediately behind (L-R) Nilkanta Krishnan, Hari Chand Dewan, Sagat Singh, Jacob (with Krishnamurthy peeping over his shoulder). Newscaster, Surajit Sen of All India Radio, is seen holding a microphone on the right.***

Jacob gained prominence during his stint as the chief of staff of the Eastern Command; the command helped to defeat the Pakistan Army in East Pakistan during the 1971 Bangladesh Liberation War. Jacob was awarded a commendation of merit for his role.

In March 1971, the Pakistan Army launched Operation Searchlight to stem the Bengali nationalist movement in East Pakistan. The action led to over 10 million refugees entering India, fuelling tensions between India and Pakistan. By the monsoon season Jacob—as chief of staff—was tasked with drawing the contingency plans in case of a conflict. After consulting with his superior officers, Jacob developed a plan for engaging Pakistan in a "war of movement" in the difficult and swampy terrain of East Pakistan.



An initial plan, given to the Eastern Command by Manekshaw, involved an incursion into East Pakistan and the capture of the provinces of Chittagong and Khulna.



***Pakistan - Bangladesh Civil War June 1971; A large area of East Pakistan territory is under the control of the Bangladesh Freedom Fighters. These pictures were taken on patrol with an operational unit whose camp is in the Jungle just inside the Indian border.;Our Picture Shows: Troops in camp training before going out on operations.***

Senior Indian Army officers were reluctant to execute an aggressive invasion for fears of early ceasefire demands by the United Nations and a looming threat posed by China.<sup>1</sup> That, together with the difficulty of navigating the marshy terrain of East Pakistan through three wide rivers, led the commanders to initially believe that the capture of all of East Pakistan was not possible. Jacob disagreed; his "war of movement" plan aimed to take control of all of East Pakistan. Jacob felt that the capital Dhaka was the geopolitical center of the region, and that any successful campaign had



to involve the eventual capture of Dhaka. Realizing that the Pakistani Army's commander of its eastern command, A. A. K. Niazi, was going to fortify the towns and "defend them in strength", his plan was to bypass intermediary towns altogether, neutralize Pakistan's command and communication infrastructure, and use secondary routes reach Dhaka. Jacob's plan was eventually approved by the Eastern Command.

The strategy eventually led to the capture of Dhaka. The Pakistani forces were selectively by passed, their communication centers were captured and secured, and their command and control capabilities were destroyed. His campaign was planned for execution in three weeks, but was executed in under a fortnight.

***Dhaka, Bangladesh, 21st Nov, 2015. Ganajagaran Mancha activists celebrate at Shahbagh in Dhaka after the executions of BNP leader Salauddin Quader Chowdhury and Jamaat leader Ali Ahsan Mohammad Mujahid for 1971 war crimes in the wee hours of Sunday.***

Jacob understood that a protracted war would not be in India's best interests. On 16 December, during a lull in the battle, Jacob sought permission to visit Niazi to seek his surrender. He flew to Dhaka and obtained an unconditional surrender from Niazi, who later accused Jacob of blackmailing him into the surrender by threatening to order the annihilation of Pakistani troops in the east by bombing. The war was a significant victory for India, with nearly ninety thousand Pakistani soldiers surrendering to the Indian Army. Dhaka fell, despite that, there were more than twenty-six thousand Pakistani soldiers in the city and only three thousand Indian soldiers in the immediate area.

A study of the campaign by Pakistan's National Defense College concluded that ***"the credit really goes to Jacob's meticulous preparations in the Indian eastern command and to the implementation by his corps commanders."***





According to the website Bharat Rakshak, Jacob had repeatedly asserted that the Bangladesh war was only successful because of his own efforts rather than those of Field Marshal Manekshaw or the GOC-in-C of Eastern Command, Lieutenant General Aurora.

### **Later military career and retirement**

On 17 June 1972, Jacob was promoted to acting lieutenant-general and was appointed a corps commander, with promotion to substantive lieutenant-general on 5 August 1973. His final appointment was as GOC-in-C, Eastern Command, which he held from 1974 until 31 July 1978, when he retired from the Army following 36 years of service and having reached the mandatory retirement age.

### **Post-retirement life and political career**

Following his retirement from the army, Jacob entered a career in business. He was appointed as governor of the state of Goa in 1998, and later served as governor of Punjab from 1999 to 2003.

He was appointed as the governor of Goa and later appointed the governor of Punjab. He was a supporter of improved India–Israel relations with which India has had formal diplomatic relations since 1992.

He supported the purchase and trade of military equipment and technology from Israel by India, particularly the purchase of Israeli Arrow missiles, which he preferred over the U.S-made Patriot missiles on account of the Arrows' ability to intercept enemy missiles at higher altitudes.

He remained cautious about relations between India and Pakistan in light of the Pakistani media's suggesting that military and intelligence co-operation between Israel and India, which they called a "Zionist threat" on Pakistan's borders.

India has been attacked several times by Pakistan. We cannot take risks, and be unprepared for a surprise attack. India should be prepared for both Pakistan and China. Therefore, there is a need for anti-missile missiles. Due to the Pakistani danger and the threat of launch of missiles with nuclear warheads.

He was also positive about India's recent economic growth and the capabilities of the young Indian generation. He said:

As a Country, we are at the threshold of an economic explosion and, hence, at this moment, empowerment means most to those who hold the key to the future. I talk of the younger generation. Sound economic and strategic planning will bring about this change. Unfortunately, since our prosperity comes in bursts, good governance, in the form of dedicated politicians and bureaucrats, is essential to usher any changes.

### **Death**

On 13 January 2016, at around 8.30 am local time, Jacob died at New Delhi's Army Research and Referral Hospital due to pneumonia. He was laid to rest the following day in Delhi's Jewish

cemetery on Humayun Road. His funeral was attended by India's defense minister, information minister, and foreign delegations.

In April 2019, Israel honored Jacob with a commemorative plaque on the Ammunition Hill Wall of Honor.



*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*



# WORLD WAR II INCIDENT

During World War II, numerous fighter planes were getting hit by anti-aircraft guns. Air Force officers wanted to add some protective armor/shield to the planes. The question was "where"? The planes could only support few more kilos of weight. A group of mathematicians and engineers were called for a short consulting project.

Fighter planes returning from missions were analysed for bullet holes per square foot. They found 1.93 bullet holes/sq. foot near the tail of the planes whereas only 1.11 bullet holes/sq. foot close to the engine. The Air Force officers thought that since the tail portion had the greatest density of bullets, that would be the logical location for putting an anti-bullet shield.

A mathematician named Abraham Wald said exactly the opposite; more protection is needed where the bullet holes aren't - that is -around the engines. His judgement surprised everyone. He said ,We are counting the planes that returned from a mission. Planes with lots of bullet holes in the engine did not return at all.

*\*Debrief\**

If you go to the recovery room at the hospital, you'll see a lot more people with bullet holes in their legs than people with bullet holes in their chests. That's not because people don't get shot in the chest; it's because the people who get shot in the chest don't recover. Remember the words of Einstein - Not everything that counts can be counted, and not everything that can be counted, counts.

**Source:** From the book -*\*How Not To Be Wrong\**, by Jordan Ellenberg. Count how safe we are at home. After relaxations of lockdown, remember our engines will be exposed.

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*



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# FORWARD TOGETHER



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Competence**



# NAUGHTY-----

I'm going to live forever, or die trying !!!!!!!...I also believe that...

if you feel otherwise, you may want to exit now.... A student essay stated: "The girl tumbled down the stairs and lay prostitute at the bottom." In the margin of the paper, the professor commented: "My dear sir, you must learn to distinguish between a fallen woman and one who has merely slipped." The play's author insisted that the theatre let grossly obese people in for free. He wanted his work to be seen by a much wider audience! Innkeeper: "The room is \$15. a night. It's \$5. if you make your own bed." Guest: "I'll make my own bed. Innkeeper: "Good. I'll get you some nails and some wood."

At the Bike Shop...Nearing 40 and woefully out of shape, I resolved to buy a bicycle and begin an exercise regimen. As I browsed in the bike shop, a young, athletic-looking clerk approached. "What do you have for a fat old lady with a big, tender posterior who hasn't ridden in years?" I asked. He didn't even blink. "Well, why don't you bring her in, and we'll see what we can do," he said, clinching the sale. Men join clubs for the same reason they once carried them. Security. Did you hear about the politically correct country club? They no longer refer to their golfers as having handicaps...instead they're "stroke challenged" When you're feeling low don't be surprised when your date slaps you!

The day I started my construction job, I was in the office filling out an employee form when I came to the section that asked: Single, Married, Divorced. I marked single. Glancing at the man next to me, who was also filling out his form, I noticed he hadn't marked any of the blanks. Instead he had written, 'Yes, in that order.'

It was long time ago, but I still remember my wife accusing me of chasing anything with a skirt. Equably, I pointed out the inaccuracies of her accusation, to wit: I did not chase Scotsmen...and there were many hot women who wore pants.

These reversing cameras are great. Since I got one I haven't looked back. I went to a bookstore and asked the saleswoman, "Where's the self-help section?" She said if she told me, it would defeat the purpose. I was in Baskin Robbins and asked the waitress for a hot fudge sundae with extra hot fudge.

The girl replied, "I'm sorry, sir, but the hot fudge comes in only one temperature."

To get rid of an itch, you have to start from scratch. (Barbara Noel)

The author of the book "Joy of Sex" died after a series of strokes!

"You name it, we'll make it!" Was the big sign outside the new restaurant on 13th Avenue. "There is no food we can't make for you!"

"Excuse me sir", said a man with a heavy Russian accent to the waiter, "I would like please, A Garden Salad with Russian dressing." "RUSSIAN DRESSING?!" Screamed the head cook, "I'VE

NEVER EVEN HEARD OF RUSSIAN DRESSING! WHAT ARE WE GOING TO GIVE THIS GUY?"  
"Don't worry," said the owner to the cook, "I'll take care of everything, you just make the salad."

Two minutes later the waiter walked out with a big Garden Salad and a picture of a Russian man putting on his pants. The prof was telling his early morning class, "I've found that the best way to start the day is to exercise for five minutes, take a deep breath of air, and then finish with a cold shower. Then I feel rosy all over." A sleepy voice from the back of the room said, "Tell us more about Rosy." My father is Welsh and my mother is Hungarian. That makes me well-hung. provide references for former employees by companies considering hiring them.

On one firm's form was the question: "Was this person a steady worker?"

Since the guy was a well-known do-nothing, I entered, "Not just steady, but motionless" in the space provided. Imagine what the world would sound like if the inventor of the telephone had been Alexander Graham Siren.

*Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)*



# SIR ARTHUR COTTON – OUR GOD:

## *Sir Arthur Cotton's statue in Hyderabad.*

Arthur Cotton was born on 15th May 1803 as tenth son to Mr. and Mrs. Henry Calvely Cotton. He was one of eleven brothers, who lived honorable lives through all the vicissitudes of their different careers. At the age of 15 i.e., in 1818 Cotton joined as a cadet for Military at Addiscombe where cadets for Artillery and Engineering Service of East Indian Company received training. He was appointed to the Royal Engineers as Second Lieutenant in the year 1819. Lieutenant Cotton started his career with ordinance survey in Wales in January 1820 where he received a high praises for his admirable reports.



Sir Arthur Cotton after return from Burma, Cotton has conducted marine survey of Pamban passage between India and Ceylon. Cotton was promoted to the rank of "Captain" in the year 1828 and was in charge of Investigation for Cauveri Scheme. The Cauveri Anicut was successful and paved the way for great projects on Godavari and Krishna Rivers. In the year 1844 Cotton recommended the construction of "Anicut" with Channels, Embankments, and roads of Godavari Delta, prepared plans for Visakhapatnam port. In the Year 1847 the work on Godavari Anicut was started.

In the Year 1848 he proceeded to Australia due to ill health and handed over the charge to Captain Orr. In the year 1850 returned to India and promoted as Colonel. Cotton made best use of local materials, that he had in the shape of Hydraulic lime, good stone, and excellent teak available in the neighborhood. He succeeded in completing the magnificent project on Godavari river at Dowleswaram in the year 1852. In the same year work on Gannavaram Aqueduct was also commenced.

Sir Arthur Cotton after completing the Godavari Anicut Cotton shifted his attention to the construction of Aqueduct on Krishna River. The project was sanctioned in the year 1851 and completed by 1855. After completing the Krishna and Godavari Anicuts, Cotton envisaged of storages of Krishna and Godavari rivers. In the year 1858 Cotton came up with still more ambitious proposals connecting almost all major rivers of India and suggested drought relief measures in Orissa and interlinking of canals and rivers.

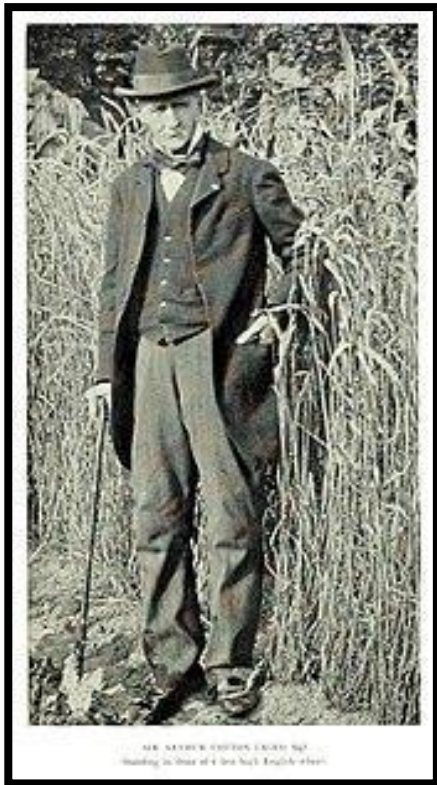


## **Sir Arthur Cotton Barrage in Rajamahendravaram on River Godavari**

His work in India was so much appreciated and honored with K.C.S.I (Knight Commander of Supreme India) in the year 1877. The Spiritual solace strengthened and comforted him until the very end of his earthly mission i.e. the 24th of July 1899 at the age of 96 years.

In India due to outstanding and pioneer achievements of SIR ARTHUR COTTON, his name is enshrined in the hearts of the people forever and the new Barrage constructed across River Godavari Upstream side of the Anicut was also named after "SIR ARTHUR COTTON" and dedicated to the Nation by the Hon'ble Prime Minister of India in the year 1982.

When he was 18 (i.e., 1821) he was appointed for service in India and attached to the Chief Engineer to Madras initially and later appointed as an Assistant Engineer to Superintending Engineer of Tank Department, Southern Division from 1822 to 1824. Cotton spent partly in the Irrigation Tank Department and partly in Military duties in Burma.



**Sir Arthur Cotton, Aged 94.**



Arthur Cotton was retired from the service in the year 1860 and was knighted in the year 1861 and left India. In the year 1862 and 1863 visited India and offered advice on some river valley projects. His work in India was so much appreciated and honoured with K.C.S.I (Knight Commander of Supreme India) in the year 1877. The Spiritual solace strengthened and comforted him until the very end of his earthly mission i.e. the 24th of July 1899 at the age of 96 years.

**Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltir Times and can be reached at [psraju@gmail.com](mailto:psraju@gmail.com)**





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# Staying Strong through the Lockdown



*By Deepthi Rathie (M.No: D-116)*

We're in Lockdown 4.0 and it's been a long two months! These two months have definitely turned our lives upside down. From busy schedules to having time to do all the nothing we want, from juggling too many things to struggling to keep up with just one, from having no time to spend with our loved ones to spending all your time with them, lockdown has brought major changes into our lives - some good, some bad.



For most, the lockdown has definitely been a struggle. It was difficult to understand how and why things changed, and it was even more difficult to get used to the change. The threat of Co-Vid coupled with financial uncertainty, not to mention the sudden overload of domestic chores took some getting used to. However, we have now started noticing some positive changes. People have found ways to beat the isolation. They have started to reconnect online with friends and family - over

WhatsApp and Zoom calls. They have started celebrating birthdays and anniversaries virtually. They have let work take a backseat for sometime and are simply enjoying embracing their creativity - whether it be in cooking, artwork or writing. They have found a way to both work from home and spend quality time with their families. People have become more accommodating and understanding. They have become more helpful and compassionate. Everyone has found their own way to adjust to the new world order and yet find ways to do the things they enjoy the most. However, for some, lockdown has been a different kind of struggle. Over the years, we have essentially internalised the concepts of inserting competitiveness and productivity into every situation. There were a lot of messages and forwards doing rounds that now is the time to start working on all those things you said you didn't have time to do, and if you came out of the lockdown without having formulated an efficient plan to lead the rest of your life or without learning a new skill, you would probably never end up doing it ever.



*Mid adult woman on phone with laptop at dining table, son using digital tablet, role model, working ..*



What we did not realise was that lockdown actually gave us an opportunity to give up exactly this kind of attitude that has had us running the "rat race" for most of our lives. It is a time to stop, take a break and just focus on yourself. It has definitely been an emotionally exhausting experience, full of fear and uncertainty. We have been bound indoors, deprived of being productive and having a sense of achievement, and are facing the prospect of living at least the next couple of years of our lives under some sort of restrictions. These prospects for the future are not easy to process. And some have not coped as well as they would have hoped.



*Left: A Gudi arrangement is used to ward off evil and invite prosperity into a house during the Marathi new year. It's usually created with neem leaves and a colorful flag, but curry leaves are used here, because that's what was available. Right: A parakeet in midflight.*

These are difficult times. And everyone has their own way of adapting to them. Of course, it doesn't help that social media is flooded with images of people doing productive things in lockdown, with others who aren't in a position to do so going further and further into despair that they haven't been able to make good use of this time. But let me remind you. This is not a time to try and outdo the person next to you. This is not a time to try and do something you don't enjoy just because the rest of the world is doing it. If you are struggling to get through this lockdown, remember a lot of others are too, even though they might not show it. This is a time for you to remember to take each day as it comes and get through it in whatever way you find best. Some days will be good, some days will be bad. Some days you will get inspiration and have a plethora of ideas, and other days you will find it difficult to just get up from bed. It is okay. These are unprecedented circumstances which are testing your mental and physical strength and it is okay if today, you break down. Just know that you have another chance at it tomorrow. Don't push yourself too hard. In some ways, it is nature's way of telling us to slow down and find happiness in the little things.

So don't get too worked up if things don't go your way, don't worry if it seems as if all is lost, just remember that it is not what you achieve during this time that is important. It is more important to get through this time and come out on the other side with the determination and the strength to face the world again. Hopefully this will be the last lockdown and things will slowly start getting back to normal, but let us not forget what we have learnt. Life is not about walking on the road to excellence, it is just about making sure that you make the best out of every situation you face, and manage to cross the bridge to the other side. If you have made it through this phase, whether you are armed with a new skill set or otherwise, you are a winner already - and don't forget it!!!

**The Author Mrs. Deepthi Rath (M. No: D-116) a Senior Lady Member of the Waltair Club and is a Member of the Editorial Board, Waltair times and can be reached at [deepthi.rathi@gmail.com](mailto:deepthi.rathi@gmail.com).**

# GANDHI MARG - MAHATMA'S THOUGHTS



*By Mr. Bhupala Reddy Mora, IRS.,*

"Untouchability is a sin against God and man " "It is like s poison slowly eating into the very vitals of Hinduism" "It has no sanction whatsoever in the Hindu Sastras taken as a whole" "Woman is the incarnation of Ahimsa. Ahimsa means infinite love, which again means infinite capacity for suffering" "If by strength is meant brute strength, then indeed is woman less brute than man. If by strength is meant moral power, then woman is immeasurably man 's superior"

"Not until we have reduced ourselves to nothingness, can we conquer the evil in us" "It's when the horizon is the darkest and human reason is beaten to the ground, that faith shines brightest and comes to our rescue " "A merely intellectual conception of the things of life is not enough . It's the spiritual conception which eludes the intellect, and which alone can give satisfaction. "Capital as such is not evil; it is the wrong use that is evil " "Let not possession of wealth be synonymous with degradation, vice and profligacy "

"Khadi to me is the symbol of unity of Indian humanity, of its economic freedom and equality and therefore, ultimately, .the livery of India's freedom " "the khadi mentality means decentralization of the production and distribution of the necessities of life" "Heavy industries will necessarily be centralized and nationalized " "The Swaraj of my dreams is the poor man s Swaraj" "Complete Independence is when the masses feel that they can improve their lot, by their own effort and can shape their destiny the way they like."

"Birth and observance of forms cannot determine one's superiority and inferiority " "Character is the only determining factor" "no scripture which labels a human being as inferior or untouchable because of his or her birth can command our allegiance ; " All that is printed in the name of scriptures, need not be taken as the word of God" "Everyone can't decide what is good and authentic, and what's bad and interpolated " "There should, therefore, be some authoritative body that would revise all that passes under the name of scriptures, expurgate all the texts that have no moral value, or are contrary to the fundamentals of religion and moral, and present such an edition for the guidance of Hindus" " I have no special revelation of God 's will."

" My firm belief is that, He reveals himself daily to every human being, but we shut our ears to the "still small voice" "Having made a ceaseless effort to attain self- purification, I have developed dome little capacity to hear correctly and clearly the " still small voice" within." "Generations to come, it may be, will scarce believe that such a one as this, ever in flesh and blood walked upon this earth "Albert Einstein " I believe that prayer is the very soul and essence of religion.

" The man of prayer will be at peace with himself and with the whole world: " I agree that, if a man could practice the presence of God all the 24 hours, there would be no need for a separate time for



prayer" "The complete withdrawal of mind...though only for a few minutes every day, will be of infinite use "It was a tribute to the man. , who founded the modern tradition of non'-violent action for change, Mahatma Gandhi whose life taught and inspired me" \*His Holiness Dalai Lama in 1989 while accepting. Nobel Peace Prize in Oslo\* \*Buddha Jayanthi Greetings-\* "Marriage must cease to be a matter of arrangement made by parents for money" "Parents shouldn't hesitate to travel outside their little castes and provinces, to secure true gallant young men for their daughters"

"I am a humble servant of India and in trying to serve India, I serve humanity at large" "Through realization of freedom of India, I hope to realize and carry on, the mission of the brotherhood of man." "I reject that patriotism which seeks to mount upon the distress or the exploitation of other nationalities" "God has endowed us with intellect and the faculty of discrimination between good and evil." "Let's fear God and we shall cease to fear man " "He who loses himself finds God" "Spirituality is not a matter of knowing scriptures and engaging in philosophical discussions."

"It's a matter of heart culture, of immeasurable strength." "The highest moral law is that we should unremittingly work for the good of mankind. " "It's better to allow our lives to speak for us than our words" "Faith has to be lived and then it becomes self-propagating." "If we return good for good, it carries no merit." "Return good for evil, it becomes a redeeming force. The evil ceases before the good." "Joy lies... in the fight, ...in the attempt in the suffering involved but not in the victory itself" "Happiness after all is a mental state." "Learn to detach happiness from surroundings. "Without rule over self, there can be no Swaraj or Ram Raj"

"Great causes cannot be served by intellectual equipment alone, they call for spiritual effort or soul-force" "Man's happiness really lies in contentment. "The moment he wants to multiply his daily wants, he falls from the pursuit of the ideal of \*plain living and high thinking" Vows of a Satyagrahi\* - Truth-Celibacy - Non-violence - Non stealing - Non-possession - Control of palate - Dedication to people. \*Ram-Nam.\* "The seven year old \*Mohan Das\* who was afraid to go out in the dark, started saying" Ram - Nam" to ward off his fear, could attain fearlessness through that very \*Ram-Nam.

Mahatma breathed his last, uttering the words \*Hey Ram\* "Gandhi was probably the first person in history to lift the love ethic of Jesus, above mere interaction between individuals to a powerful and effective social force on a large scale" Marten Luther king Jr-\* "Woman is the incarnation of Ahimsa."

"Ahimsa means infinite love, which again means infinite capacity for suffering" "What can beat the suffering caused by pangs of labor, which she forgets in the joy of creation" "Purity of personal life is the one indispensable condition for building of sound Education." "The end of all knowledge must be building up of character" "There is a fundamental unity moving amidst the endless variety that we see in all regions, viz. Truth and Innocence (literally to mean non-killing and non-violence)" "Untruthfulness, uncharitableness, violence, sensuality- all these things are strangers to any Faith" \*-Bhagavat Gita\* proclaims it in almost every verse -Teaching of. \*Sermon on the Mount\* ..sums up to the same - Reading of \*Quran\* leads to same conclusion

***Contributed by Mr. Bhupal Reddy Mora, IRS., Principal Commissioner of Income Tax, Hyderabad and President, Mahatma Gandhi Charitable Trust, Chityal Town of Nalgonda District, Telangana State and can be reached at [bhupalreddy.mora@yahoo.co.in](mailto:bhupalreddy.mora@yahoo.co.in)***





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# MAHARANA PRATAP - HERO FOR VIETNAM

5 నిమిషాలు వెచ్చించి ఖచ్చితంగా చదవండి... ప్రపంచంలోని చిన్ దేశాలలో వియత్నాం ఒకటి. ప్రపంచంలో అత్యంత బలశాలి అయిన అమెరికా తలని వంచింది. కనీసం 20 సంవత్సరాలు సాగిన

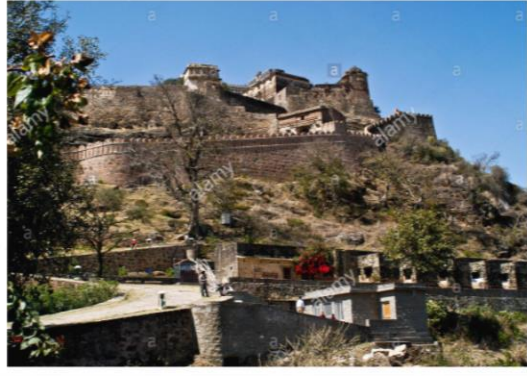


యుద్ధంలో ఆఖరికి అమెరికాని ఓడించింది. అమెరికా మీద విజయం తరువాత వియత్నాం అధ్యక్షుడికి ఒక విలేకరి ఒక ప్రశ్న అడిగాడు. విలేకరి: ఇప్పటికీ అర్థంకాన విషయమేమిటంటే, అమెరికాని ఓడించి యుద్ధంలో ఎలా గెలిచారు. ఆ విలేకరి అడిగిన ప్రశ్నకి సమాధానం విని మనం చాలా గర్వంగా ఫీల్ అవుతాం. అన్నీ దేశాలలోకెల్లా శక్తిశాలి అయిన అమెరికాని ఓడించడానికి నేను మహామహుడ, శ్రేష్ఠమైన దేశభక్తిగల భారతీయ రాజు చరిత్రను చదివాను. అతని జీవనంనుండి ప్రేరణపొంది యుద్ధనీతి, ఇతరత్రా ప్రయోగాలతో మేము యుద్ధంలో గెలిచాము. ఎవరా భారతీయ మహారాజు? వియత్నాం అధ్యక్షుడు నలబడి గర్వంతో ఇలా సమాధానం చెప్పాడు. "అతడే రాజస్థాన్లోని మేవాడ్ మహారాజు రాణా ప్రతాప్ సింహ్" మహారాణా ప్రతాప్ సింహ్ పేరు చెప్పేటప్పుడు అతని కళ్ళలో వీరత్వం నిండి వలుగు ఉన్నది. అలాగే ఇలా అన్నాడు "ఒకవేళ అలాంటి రాజు మా దేశంలో జన్మించి ఉంటే మేము ఈ ప్రపంచాన్నే జయించేవారం." కొన్ని రోజుల తరువాత వియత్నాం అధ్యక్షుడు చనిపోయాడు అయితే అతని సమాధి మీద ఇలా రాశి ఉంది "ఇది మహారాణా ప్రతాప్

యొక్క శిష్యుడిది" అని రాసి పెట్టారు. కాలాంతరంలో వియత్నాం విదేశాంగమంత్రి భారత పర్యటనకి వచ్చాడు. మహామహుల శ్రద్ధాంజలి ఘటించడానికి మొదట గాంధీ సమాధి అతనికి చూపించారు. ఆ తరువాత ఎర్రకోట, ఇంకా, ఇంకా ఇలా చూపించారు. ఇవన్నీ చూపించేటప్పుడు ఆ విదేశాంగమంత్రి ఇలా అన్నాడు. "మహారాణా ప్రతాప్ సమాధి ఎక్కడ?". ఇవన్నీ చూపిస్తున్న భారత అధికారి అతని ప్రశ్నకి ఆశ్చర్యపోయి ఉదయపూర్ణో ఉన్నదని చెప్పాడు. విదేశాంగమంత్రి అక్కడనుండి ఉదయ్ పూర్ వెళ్ళి సమాధిని దర్శించి అక్కడనుండి పిడికెడు మట్టిని తీసుకొని అతని బ్యాగ్ లో పెట్టుకున్నాడు. ఇది చూసిన భారత అధికారి మట్టిని బ్యాగ్ లో పెట్టుకోవడానికి కారణం అడిగాడు. "ఇదే మట్టి దేశభక్తులై వీరపుత్రులను కన్నది, ఈ మట్టిని తీసుకెళ్లి మాదేశం మట్టిలోకలుపుతా. మా దేశంలో కూడా ఇలాంటి రాజు ప్రేరణతో దేశభక్తులు జన్మిస్తారు. మహారాణా ఈ దేశమే కాదు ప్రపంచమే గర్వించదగ్గ రాజు" అని అన్నాడు.







Kumbhalgarh fortress, Kingdom of Mewar in Rajasthan

India, is birthplace of 15th century King Maharana Pratap

మహారాణా ప్రతాప్ సింహ్ గురించిన సమాచారం... పేరు-కుంవర్ ప్రతాప్ జి (శ్రీ మహారాణా ప్రతాప్ సింహ్) జన్మదినం-9 మే, 1540 జన్మభూమి-రాజస్థాన్ కుంబల్ ఘడ్పుణ్యతిది-29 జనవరి, 1597 తండ్రి - మహారాణా ఉదయ్ సింహ్ జి తల్లి-రాణి జీవత్ కాంవర్ జి రాజ్య సీమ-మేవాడ్ శాసన కాలం -1568-1597 (29 సంవత్సరాలు) వంశం -సూర్యవంశంరాజవంశం-సినోడియ రాజపుత్రులు ధార్మికం-హిందూధర్మం ప్రసిద్ధ యుద్ధం- హల్ది ఘాట యుద్ధంరాజధాని - ఉదయ్ పూర్ ఇంకా తెలుసుకోవాల్సినవి-శ్రీ మహారాణా ప్రతాప్ దగ్గర అత్యంత ఇష్టమైన గుర్రం ఉండేది. దాని పేరు “చేతక్”.అబ్రహం లింకన్ భారతపర్యటన నిమిత్తం భారత్ కి వచ్చేటప్పుడు తన తల్లిని భారత్ నుండి ఏమి తీసుకొనిరావాలి అని అడిగాడట. దానికి అతని తల్లి “రాజస్థాన్లోని మేవాడ్ నుండి పిడికెడు మట్టి తీసుకొనిరా, అక్కడి రాజు ఎంత విశ్వసపాత్రుడగా ఉండేవాడు అంటే సగం భారత్ ను ఇస్తా అని ప్రలోభపెట్టినా తన రాజ్య సుఖ శాంతి ప్రయోజనాలనే కోరుకొని తన మాతృభూమినే కోరుకున్నాడు” అని చెప్పిందట. కానీ కొన్ని కారణాల రీత్యా అతని పర్యటన రద్దు అయ్యింది. ఈ విషయాలు “బుక్ ఆఫ్ రికార్డ్స్ యు ఎస్ ఏ”లో చదువొచ్చు. \*మహారాణా ప్రతాప్ సింహ్ యొక్క ఈటె 80 కిలోలు ఉంటుంది. చేతి కవచం,శరీర కవచం కలిసి మరొక 80 కిలోలు ఉంటాయి. అతని చేతిలోని కత్తితో కలిపి మొత్తం 207 కిలోలు ఉంటాయి. ఇప్పటికీ ఇవన్నీ ఉదయ్ పూర్ రాజవంశస్తుల సంగ్రహశాలయంలో ఉన్నాయి. డిల్లీ బాద్షాహ్ అయినటువంటి అక్బర్ మహారాణా ప్రతాప్ ని ఒకసారి తల దించి నా కాళ్ళ మీద పడితే సగం హిందూస్థాన్ని రాజుని చేస్తా అని ప్రలోభపెట్టాడు కానీ మహారాణా ప్రతాప్ దాన్ని తుచ్చమైనదిగా తిరస్కరించాడు. \*హల్దిఘాట్ యుద్ధంలో మేవాడ్ సైన్యం 20000 సైనికులతో ఉంటే అక్బర్ సైన్యం 85000 సైనికులతో సమీకరించబడాయి. మహారాణా ప్రతాప్ ఇష్టమైన గుర్రంకి తన త్యాగానికి గుర్తుగాఒక గుడిని కూడా కట్టారు , ఆ గుడి ఇప్పటికీ సురక్షితంగా ఉంది. \*మహారాణా యుద్ధంలో తన అభేద్యమైన దుర్గం లను వదులు కున్నప్పటినుండి కంసాలి వాళ్ళు వేల సంఖ్యలో వాళ్ళ ఇళ్లను వదిలి రాణా కోసం ఆయుధాలు తయారు చేసేవారు. వాళ్ళ దేశ భక్తికి తల వంచి ప్రణమిల్లుదాం. హల్ది ఘాట్ యుద్ధం జరిగి 300 సంవత్సరాల తరువాత కూడా అక్కడి నేలలో కత్తులు లభించాయి. చివరి సారిగా 1985 లో ఒక ఆయుధం దొరికింది. \*మహారాణా ప్రతాప్ సింహ్ దగ్గర యుద్ధ శిక్షణ శ్రీ జైమల్ మేడతీయ ఇచ్చేవాడు. 8000 మంది రాజపుత్రుల వీరులతో కలిసి 60000 మంది మొఘలులతో యుద్ధం చేశారు. ఆ ఆయుద్ధంలో 48000 మంది చనిపోయారు. ఇందులో 8000 మంది రాజపుత్రులు 40000 మంది మొఘలులు.\*





మహారాణా ప్రతాప్ సింహునిపోయాక అక్బర్ కూడా కన్నీళ్లు పెట్టుకున్నాడట. \* హల్ది ఘాట్ యుద్ధంలో మేవాడ్ భీల్ అనే ఆదివాసీలు వారి యొక్క అభేద్యమైన బాణాలతో మొఘలులతో పోరాడారు. వాళ్ళు మహారాణాన వారి పుత్రుడిగా భావించేవారు. మహారాణా కూడా వారిపట్ల భేదభావం చూపించేవారు కాదు. ఇప్పటికీ మేవాడ్ రాజచిహ్నం లో ఒకపక్క రాజపూత మరొక పక్క భీల్ ఉంటారు. \* రాణా గుర్రం అయిన చేతక్ మహారాణాను 26 అడుగుల కందకాన్ని దుమికి దాటించి అది దాటిన తరువాత చనిపోయింది. అంతకంటే ముందే దానికి ముందరి ఒక కాలు విరిగి ఉన్నప్పటికీ ఆ కందకాన్ని దుమికింది. అది ఎక్కడైయతే చనిపోయిందో అక్కడే ఒక చింత చెట్టు పెరిగింది. అదే ప్రదేశంలో దాని గౌరవార్ధం చేతక్ మందిరం కట్టారు. \*చేతక్ ఎంత బలమైనదంటే ఎదుట ఏనుగుమీద ఉన్న సైనికుణ్ణి అందుకోవటానికి అంత ఎత్తులో గాలిలో ఎగిరేది. అది కూడా మహారాణాతో పాటుగా. \*మహారాణా చనిపోవడానికి ముందు తాను కోల్పోయిన వాటిలో 85% తిరిగి

గెల్చుకున్నాడు. \*శ్రీ మహారాణా ప్రతాప్ యొక్క బరువు 110 కిలోలు మరియు అతని పొడవు 7'5". ఇరువైపుల దారు ఉన్నటువంటి కత్తి, 80 కిలోల ఈత తనతో ఉంచుకునే వాడు. \*మిత్రులారా మహారాణా ప్రతాప్ ,అతని గుర్రం గురించి విన్నారు , అతనికి ఒక ఏనుగు కూడా ఉండేది. దాని పేరు రాంప్రసాద్.\*అల్ బదొని అనే రచయిత రాంప్రసాద్ ఏనుగు గురించి తన గ్రంథంలో రాసుకున్నాడు. \*అక్బర్ బాద్షాహ్ మేవాడ్ మీదయుద్ధం చేసేటప్పుడుతన సైన్యానికి ఏమని ఆదేశించాడంటే. మహారాణా ప్రతాప్ తోపాటుగా రాంప్రసాద్ ఏనుగుని కూడా బందీగా పట్టుకుంటే సరిపోద్ది అని చెప్పాడట. \* రాంప్రసాద్ ఎంత బలం కలిగినదంటే ఒక్కతే మొఘలుల 13 ఏనుగులని చంపిందట. అలాగే దాన్ని పట్టుకోవడానికి 7 పెద్ద ఏనుగులమీద 14 మంది నైపుణ్యం కలిగిన మావటిలు కూర్చుని ఒక చక్రవ్యూహం ప్రకారంగా దాన్ని బందీచేశారట అని అల్ బదొని తన రచనల్లో పేర్కొన్నాడు. \*బందీని చేసిన రాంప్రసాద్ ని అక్బర్ ముందు నిలబెట్టగ దానికి పీర్ ప్రసాద్ అని నామకరణం చేశాడు. ఆ ఏనుగు ఎంత స్వామి భక్తి కలదంటే 18 రోజులవరకు దాణా తినకుండా,నీళ్ళు తాగకుండా తన వ్రాణాలు కోల్పోయింది. తరువాత ఈ దృశ్యాన్ని చూసిన అక్బర్ నేను ముందు ఈ ఏనుగునే వంచలేకపోయాను. మహారాణాను ఎలా వంచగలుగుతా అని అన్నాడట. \* మన దేశంలో మహారాణా ప్రతాప్ లాంటి మహావీరులే కాదు ఇలాంటి దేశభక్త చేతక్,రాంప్రసాద్ లాంటి జంతువులు కూడా ఉన్నాయి. నా భారతదేశం లో పుడితే గుర్రం అయినా ఏనుగు అయినా చివరికి చీమైనా పవిత్రమైనదే.....జై సనాతన ధర్మం జై భారత్!!!

**Compiled from the Web by Mr. P. S. Raju, FCA., (S-148), a Senior Practicing Chartered Accountant based at Visakhapatnam and Vice President, Waltair Club & Editor, Waltair Times and can be reached at psraju@gmail.com**



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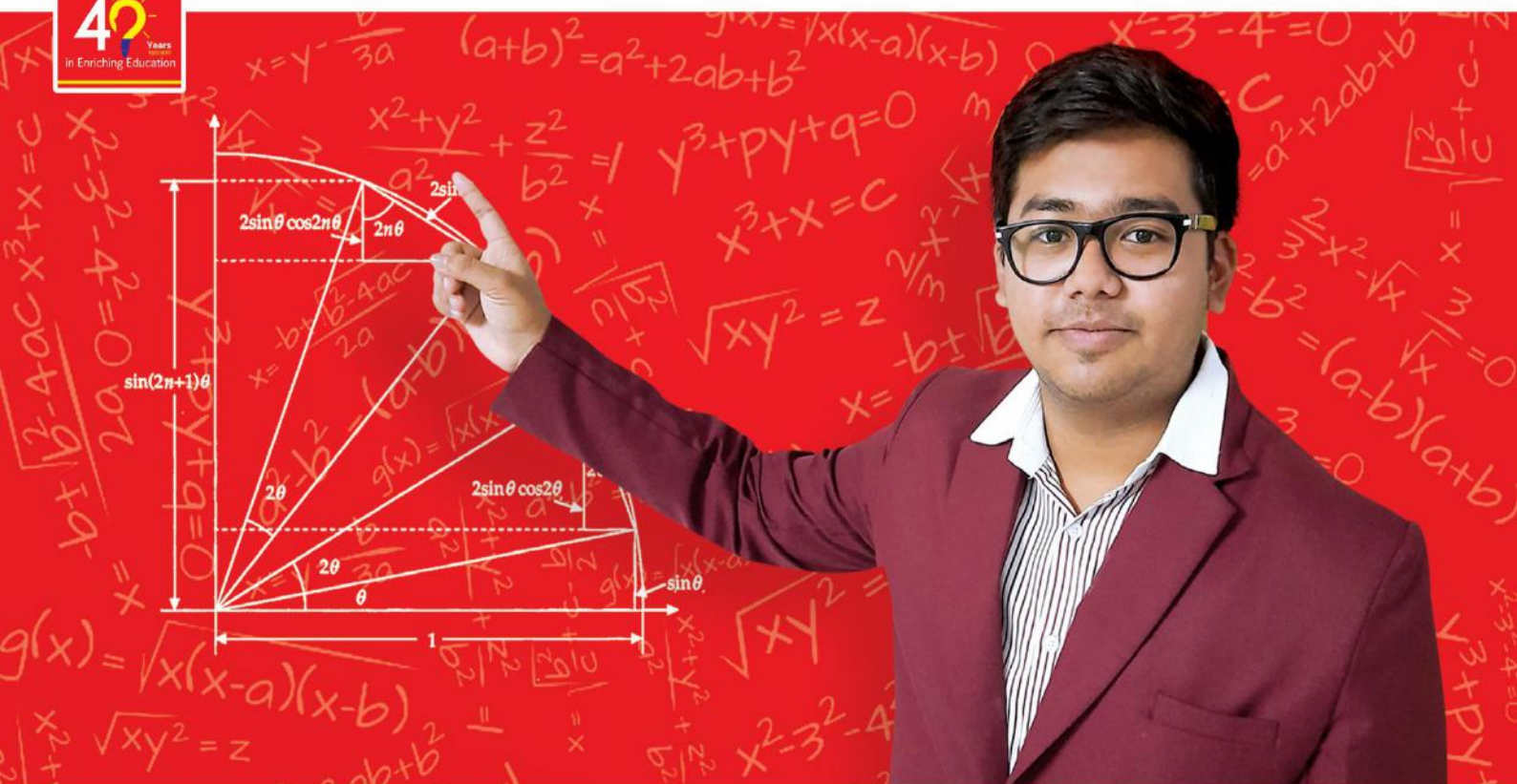
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# ACID ATTACKS – AN EYE FOR AN EYE!

BY Mr. T. V. S. K. Kanaka Raju (M. No: K – 134)



Two young girl students “Swapnika” and “Praneetha” of Engineering College Warangal were attacked with acid by motorcycle-borne miscreants while they were returning home. “Rejection of love” appears to be the reason for this ghastly attack. An alarming instance of how the male ego recoils with all its attendant distorted perceptions?



VC Sajjanar was Superintendent of police in Warangal in December 2008, police in Andhra Pradesh shot dead three men accused of throwing acid on two women. Both of the victims “Swapnika” and “Praneetha” were engineering students of the Kakatiya Institute of Technology. Quite some time ago Hasina Hussein a 19 year old girl was attacked and blinded by her employer Joseph Rodrigues.

Hasina’s only fault was that she spurned Rodrigue’s advances.



*Hasina Hussein, the Survivor rebuilt her Life and is now helping other victims to do the same.*



Again, a 22 year old Bangalore Law student Karthika Parameswaran, was attacked with a bottle of sulphuric acid by a 'man' (monster?) for rejecting his proposal. The striking features in all these cases are: (i) the attack is always by a man against a woman (ii) in all cases the victims have turned down proposals of either love or marriage (iii) all the victims are young and unmarried. The attackers in all cases have sadistically indulged in the most heinous crime- what is the message such attackers send across...? **"Since you have rejected me let the whole world reject you!"** The instances cited herein are very few. Not all acid victims survive. The dead too have their harrowing tales to tell. In the Indian context, an acid attack symbolizes the domination of a typical Indian male. It is an instance of Gender violence.

There is not one reported case till now in India where the victim claimed damages. Most unfortunately not only the Indian litigants but also a large section of the trial lawyers are not exposed to tort litigation.

On 24-5-2008 "Sasikala" a young educated girl of Vizianagaram District became a victim of acid attack when her neighbour 'Eswara Rao' sprinkled dangerous acid on her face and body.



*In February 2017, the Supreme Court awarded a compensation of Rs 3.5 lakh to an acid attack victim Revada Sasikala of Vizianagaram district and slapped a sentence of one-year imprisonment on the accused Gorripottu Eswara Rao.*

'Sasikala' survived and she had undergone the trauma, pain and agony for years. Though living became a complicated exercise for her, she summoned all her courage and endured the excruciating pain and agony apart from bearing the complications of her disfigured parts of the body. The attacker was convicted by the Magistrate Court. Sasikala's case is also an identical one.

However, one uncommon thing was that she filed a civil suit before Principal District Judge, Vizianagaram claiming damages of Rupees fifty lakhs.

Sasikala claimed 'Punitive' or 'Exemplary' damages in this case. Her contention is that damages should be such a deterrent so as to dissuade like-minded monsters from committing such beastly acts. The American Courts have granted punitive damages in numerous cases. In England, punitive damages became a well-established part of civil law even by 1850. In India, we have to make a beginning yet in cases of this type.

In cases concerning intellectual property like trademarks and patents, Indian courts have been awarding punitive damages. Sasikala created judicial history perhaps being the first woman claiming damages in a civil suit. The Vizianagaram district court responded by granting damages of Rs.5,00,000/- (Rupees five lakhs only). This is the civil part of the cause of action.

What about the criminal liability in such cases? We have pampered our criminal law as well as the criminals by insisting too much on human rights and reformist theories. An acid attacker stands on a different pedestal altogether.

We need the stick to modify such behaviour and prevent such acts. Never an acid attacker acts on impulse. It is usually an act done after prolonged planning and premeditation. The criminal during the preparation period of crime will definitely take into account the punishment available under law.

The incentive for an acid attack is the shockingly inadequate punishment the law provides. The sentencing process needs deft modulation. It should be stern where it should be and tempered with mercy where it warrants to be. Undue sympathy against such accused would do more harm to the justice system to undermine the public confidence in the efficacy of law.

The Karnataka High Court in Joseph Rodrigues case was compelled to express its deep-seated anguish looking at the plight of an acid attack victim, a young beautiful girl who had to carry all along her life a hideous face losing hope forever of leading a normal life. The High Court did not hesitate to stress that in such a situation **“only the ancient, though termed barbaric, principle namely “eye for eye” would really meet the ends of justice”**.

The only recourse is to make a departure in our criminology and penology and prescribe the same punishment to the attacker in public gaze!





*Priya, the hugely popular female rape survivor-turned comic book "super hero", is back in a new role - this time she's fighting acid attacks.*

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