

WALTAIR TIMES



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November 2022



HAPPY

New Year

2023

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From the President's Desk



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SAKSHIANUMOLU S-514
98491 62000

SENIOR CITIZEN COMMITTEE

G. RAMA KRISHNA R-098
98499 99919

Dear members,

This year we made a commitment with our Committee Members to lead forward, with vision and I as the President am proud that all the Committee Members are doing their duties diligently and are exceeding in their respective Departments.

All the works taken up during the year are one by one coming to a close and most of the problems are being sorted out. We as the Managing Committee are also proud of the overwhelming response for new memberships and happy to state that we have successfully issued all the memberships sanctioned by AGM for this year.

The Managing Committee thanks you all for the excellent response for the picnic and I am sure you have thoroughly enjoyed the Club's Day Out. We are gearing up for the Christmas on 23rd Dec. and the New Year Eve Bash on 31st December with the theme Wonderland. The Managing Committee hopes that you will not miss the New Year Eve, as it is going to be one of the all time parties after Covid.

DR.S.V.H. RAJENDRA

From the Editor's Desk

The year is drawing to a close and the New Year is just round the corner.

November reminds us of the joy of children, as we commemorate Children's Day. The Ladies Committee organized a few fabulous events for children. The children participated in large numbers and thoroughly enjoyed every bit of it. A Special Retro Nite for the ladies saw them shake their leg to the tunes 70s, 80s and 90s. The men celebrated a special nite at the Wills Pub, with a D J playing the music of their choice.

There is an exclusive interview with a nonagenarian (90 plus) - Commodore (Retd.) Lancelot Gomes. Kindly take time to read the article on Vision Aid and do lend a hand to the Visually impaired. This month we have featured Mr. R.K.Saraf, who was the Past President of the Club. We have dedicated doctor who runs the AS Raja Voluntary Blood Bank, Dr.Sugandhi. November 7, being National Cancer Awareness Day, popular Oncologist, Dr. Ravi Mohan, shares his views and there are many more interesting articles.

Members had a delightful time, as they spent a Day Out at the Whispering Waters Resort. A picnic began at the club with a car rally. The entire ambience at the picnic spot was par excellence. The variety and spread of exotic food was indeed a treat to the palate. We are extremely grateful to the President and the Committee for organizing Club's Day Out. It was truly a day to reckon. We look forward to the New Year, with hope and dreams in our heart.

I request members to contribute articles and keep us posted on your achievements.

Please send in the articles to sheilajackson753@gmail.com

Sheila Jackson

M. No.: S - 679



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WALT AIR TIMES ADVERTISEMENT TARIFF

Location	Single Issue Rs.	3 Issues Rs.	6 Issues Rs.	12 Issues Rs.
Front Cover inside full	20000	44000	66000	121000
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Back Cover inside	16500	36000	66000	106000
Back Cover inside half	9000	20000	33000	53000
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Half page inside	7000	17000	27000	40000
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Full Page	21.5 (W)	28.5 (H)	18.5 (W)	26.5(H)
Half Page	21.5 (W)	14 (H)	18.5(W)	12(H)

Hon. Secretary's Message

Greetings to all,

Compliments of the season to all members .

Wish to thank all members who enthusiastically participated in Club's Day Out. A special thanks to all members who participated in the Car Rally. Congratulations to all the winners of the various events that were held during the month.

Warm wishes to all the children as they celebrated Children's Day in a gala manner.

We request all to you to attend the grand New Year Celebrations.

Come with your best attires and enjoy ringing out the old and ringing in the new year.

Happy Clubbing.

V.Chandrakanth



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Member Honour

Dr Meenakshi Anantram (A82) Pioneering Event Manager who registered one of the first Event Companies in the country was decorated with the prestigious Stri Ratna 2022 at a glittering function in Hyderabad this week. Her company Razzmatazz is a case study in itself and her foray into events and more than 6000 fantastic shows speaks volumes for this woman from Vizag.

Meenakshi is also a TEDx speaker, national anchor, Amazon Best Seller author and her husband Anantram and she are India's first Palliative Care clown couple. She has won many awards and brought laurels to the city.



Alana is on top of the World U-11 Girls Chess as #1, she is the latest and at a young age achieved the Women FIDE Master (WFM) title with her Elo 2120 rating (FIDE Rating list Dec 2022). Constantly and consistently from August 2022, she was playing in Europe - Hungary, North Macedonia, Serbia. Currently she is in Spain officially selected for the FIDE Chessable Academy Camp. She is among the top 12 who is selected from 350 young talented players world wide to attend, infact she is fortunate to train under the legends of Chess GM. Aurtur Yusupov, GM Alexei Shirov and play with GM. Vasyl Ivanchuk, who were in their time,



World Champion Candidates. "We congratulate Alana for her achievements and wish her many more accolades".

Alana Meenkashi Kolagatla (D/o. Madhu & Apparna Kolagatla - M 109)

BEER N BIRYANI - 06.11.2022



Programmes for December, 2022

02.12.2022	Friday	Movie	7:00pm
04.12.2022	Sunday	Beer n Biryani with Tambola	12noon
09.12.2022	Friday	Movie	7:00pm
23.12.2022	Friday	Christmas Party	5:30pm
31.12.2022	Saturday	New Year Eve	

Weekend Events- At Wills Pub

Ladies Night	Every month 2nd 4th Wed	7pm to 11pm
Wills Pub Nites	Every Saturday	7pm to 11pm
Seniors Special	Every Sunday	11am to 11pm

Obituary

We regret to announce the sad demise of the following members.



MR.K.PARVATHI KUMAR (M.NO.P-027)
EXPIRED ON 01.11.2022



Mrs.K.KAMALA DEVI (M.NO.R-014)
EXPIRED ON 06.11.2022



MR. HEMENDRA CHOKSI (H-49)
EXPIRED ON 30.11.2022.

Announcements

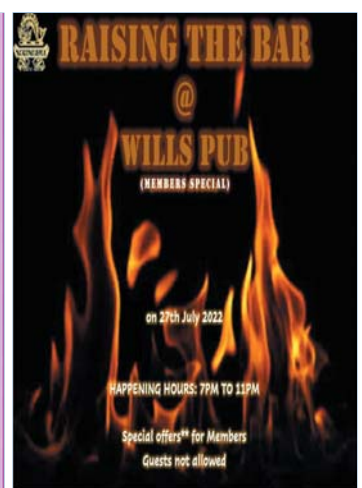
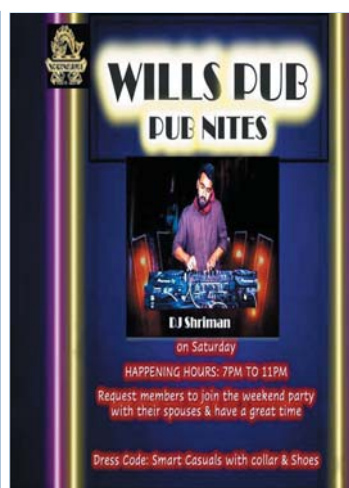


Destiny which was established in the year 2018-2019 is a cozy little place with vibrant decor and can host 20-25 people at a time Post covid, it is now open for members. Booking available at Main Reception. Charges: 2500 + Tax per session.



NEW MEMBERS

S.NO	M.NO	NAME	CATEGORY	D.O.J.
1	S1373	MISS T SAHITHI	ASSOCIATE	22.09.2022
2	K319	MR T KRISHNAM RAJU	LIFE	23.09.2022
3	V480	MR KAVI VARADA	ASSOCIATE	24.09.2022
4	B184	MISS A BHAGYA RATNA	REGULAR MC	28.09.2022
5	C131	MRS A CHANDRA NAGA MOUNICA	REGULAR MC	01.10.2022
6	L082	MRS CH LIKHITHA	REGULAR MC	01.10.2022
7	P386	MR CH PAVAN ADITHYA	ASSOCIATE	01.10.2022
8	G150	MR M GANESWAR	ASSOCIATE	11.10.2022
9	S1376	MISS JAMPANA SRIJA	REGULAR MC	14.10.2022
10	V-478	MR VEGI VENKATESH	LIFE	15.10.2022
11	P387	MR P PRUDHVI	REGULAR MC	18.10.2022
12	S1140	MR K SATHWIK	REGULAR MC	01.11.2022
13	A392	MISS AZAR MUNIR MURCHANT	REGULAR MC	04.11.2022
14	D162	MRS M DEEPTHY CHOWDARY	REGULAR MC	05.11.2022
15	S1378	MR S SARATH RAJU	REGULAR MC	05.11.2022
16	S1380	MR P SREE VAMSSI	ASSOCIATE	05.11.2022
17	L083	MISS T LAHARI	ASSOCIATE	05.11.2022
18	P388	MR RAJASAGI D V PADMANABHA RAJU	LIFE	05.11.2022
19	M358	MR RAJASAGI MAHESH KUMAR RAJU	LIFE	05.11.2022
20	M354	MRS G MOHAN PREETHI	REGULAR MC	07.11.2022
21	J143	MR M JANAKI RAM VIKRANTH	ASSOCIATE	07.11.2022
22	J142	MR.JITENDRA PATEL	SERVICE	08.11.2022
23	C132	MRS CHAKKA NISCHALA	REGULAR MC	08.11.2022
24	V482	MR M VENU GOPAL	LIFE	09.11.2022
25	V481	MR N VENKATA RAVI KUMAR	LIFE	09.11.2022
26	V483	MRS D VINEELA	REGULAR MC	10.11.2022
27	D131	MR P SATYA DHRUV SAGAR	REGULAR MC	10.11.2022
28	R768	MR R RAMAKRISHNA VARMA	LIFE	10.11.2022
29	S1377	MR P RAMA GOGI SRINIVASA RAJU	LIFE	10.11.2022
30	N290	MR K NARASIMHA RAJU	LIFE	12.11.2022
31	N243	MISS S P NITYA	REGULAR MC	14.11.2022
32	B164	MR P BHARGAV VARMA	REGULAR MC	15.11.2022
33	A411	MISS K AISHWARYA SAI	REGULAR MC	15.11.2022
34	V390	MR G VIDHAN MANGARAJU	REGULAR MC	15.11.2022
35	S1381	MR SAI AKHIL	REGULAR MC	17.11.2022
36	S1379	MR SEGU SAMANYU	ASSOCIATE	19.11.2022



Déjà vu

I had the privilege of taking over the responsibility as President of the Waltair Club in 1982/1983 and again in 1988/1990. During 5 years of my President-ship, various new construction activities took place like Platinum Jubilee Hall, Swimming Pool, Guest Room & many more with the support of all the Committee and Club Members without which this would not have been possible. I am also glad to mention that during this period Ladies Committee under the leadership of my wife Mrs.Promila Saraf presented various grand cultural activities & entertainment programmes for which I thank the Ladies Committee.

Waltair Club is one of the most prominent & best clubs with all the facilities not only in Visakhapatnam but in the whole country.

I wish that the present and future Committee Members keep up the tradition of the Club and improve facilities to international standards.

Wish Waltair Club a great glory.



R.K. Saraf (S-0005)

L.GOMES



Commodore (Retd) Lancelot Gomes at 96 years of age is a delight in conversation. He lives up to his name and the roots of King Arthur's Knights. Even in his retirement his shining armor is bright and spotless. Talking with him reveals how he lived a "life extraordinary".

Waltair Times (Vijay Atmakuri) met with this iconic member of our club. Here he shares his diverse career and his joy in experiencing and living every day to the fullest.

W.T: Hi Lancy. How is life treating you?

Lancy : Hi Vijay good to see. Life is beautiful - every day

W.T: You look good and happy. Would you like to share something about yourself with the Waltair Times readers?

Lancy: Sure, I grew up in Mumbai and went to St. Andrew's school. After that it was service to the nation, by being a Naval officer. I was at Defense staff college, Bangalore Institute of Management and the National Defense college. A career in the Defense Forces means we always think and prepare for war. We do sweat a lot in preparing for every scenario, so it also means we bleed less, in case of a war. My career was with the Indian Navy. Our defense forces always focus on improving weaponry, technology and readiness. This focus on preparing always provides us the necessary security to our nation. Once we work hard at this, the almighty provides the gentle wind that fills the lofty sails and move the mighty ships. Only the actions of the just can smell sweet and blossom in the dust.

W.T. What made you move out of Mumbai to live in Vizag?

Lancy: My daughter Debbie and Adeep Bhanoji Row got married and that prompted me to move to Vizag. My late spouse Lulu, and my daughter Lynette also moved to Vizag and we have loved every moment of our life in Vizag. Now Vizag is my home town and favorite city. Losing my spouse Lulu was hard on me. She has been a noble one laid to rest. A noble light will forever light up her grave. My daughter Lynette cares for me at home, my daughter Debbie talks to me daily and visits Vizag often. My son-in-law Adeep is a constant source of support and affection.

W.T.: What was your career in the Navy like?

Lancy: Very exciting. I served on all kinds of naval ships - including an aircraft carrier and submarines. I was trained in England by the Navy and I specialized in underwater warfare. Went to Russia four times as a part of a military delegation. I also served as advisor to our High Commissioner in Pakistan.

Later I headed an Indian Military Delegation. Served as a diplomat in Indian Foreign service. Also served as Deputy chief of Protocol.

I taught war courses in Cochin to young junior officers. It was to inculcate the spirit of war with them and sensitize them to war conditions. The message I gave them was "They always win - those who know that they can and will." War has to be just. "Only the actions of the just will smell sweet and will blossom well in the dust."

W.T: An amazing and varied life!

Lancy: Yes definitely. My diverse career put me in touch with people like Benazir Bhutto, Indira Gandhi, Senator Ted Kennedy, King and Queen of Belgium, Tonga, and Nepal, President Nyerere of Tanzania, Imelda Marcos the spouse of the President of Philippines, German Chancellor Walter Sheel, Henry Kissinger Former Secretary of state of United States. Begum Liaquat Ali Khan, Prime minister Pierre Trudeau of Canada, Marshal Gorshkov of Russia.

W.T: Your career has been very unique where you met people from around the world.

Lancy: Yes, I can say that every day in my life with the Navy was hectic with activity. During a conflict with Pakistan, it was very busy as it was the need of the hour. During the Chinese aggression I was serving at sea to defend our nation. Even in times of peace Navy offered me a new experience every day. My marriage was comfortable and good and this helped me a lot to focus of my career.

Years of my marriage with Lulu was smooth sailing. I always laugh about a blissful marriage. It helps, when the husband is "deaf" and the wife is "dumb". Life has been full of meeting new people, handling different situations and seeing so many ships and nations. Thanks to a variety of responsibilities, I had my share of cloak and dagger stuff, glamour and meeting world leaders.

W.T: That is a rich and varied life and career.

Lancy: Well even after retirement from the Navy, life served up opportunities. I did a stint in the Merchant Navy. My last Navy assignment was at Naval Barracks in Bombay. This was a very responsible and challenging administrative position. Another interesting assignment was my appointment as Justice of Peace and Special Magistrate for the Government of Maharashtra.

W.T.: Really different kind of assignment.

Lancy: one of the most unique appointments was my joining as advisor to the president of Nauru.

This tiny equatorial island country was my most fascinating experience. Its entire population at that time was 6,000 people. It was amongst the world's highest in per capita wealth. Rich in phosphate, the tiny nation survives on its exports. Living there was out of this world experience for me and my family. The country had no other resources and even drinking was imported from Australia. Electricity came from generators. People followed an easy life style of drinking and eating in excess. It had one ring road around the island and airplanes were on beck and call.

Living in Vizag, I was involved with Navy's events, Rotary club of Visakhapatnam and even spoke to college students about the Hijacking of an Indian aircraft at Kandahar. It was a memorable experience. The audience consisted of different colleges and the hall was packed. Army Airforce and Navy were represented. We were in uniform spoke of the role of the defense forces. I ended my speech with saying "the hall was full of delightful girls both teachers and students - all the nice girls in the world love a sailor." It sent audience into peals of laughter.



W.T. : Thank you Lancy. A glimpse into your life will be rather inspiring for our readers.

Children's day Special - Kids Corner

"Self-discipline is the magical power that is always profitable and makes us virtually unstoppable."

Dear Students,

As you know, that 'discipline' is a ubiquitous word which we come across often and understand it as well; however, a few actually appreciate it. Discipline is an art to control our behaviour, etiquette & habits which need a positive mind and a lot of motivation to keep our life in order.

If we learn from others by observing them, it is an induced discipline, and if it is derived from within, which we learn by ourselves it is self-discipline. I feel, whatever form it may be, it is good to practice discipline from the early stages of our life as it helps us to become a better version of ourselves. And, what can be a better place than a school where one gets habituated to discipline and masters this trait for a lifetime. It is a way to set limits for ourselves so that we know what is right and wrong. It teaches us to take accountability and to display respect; improves our character to become strong as well as self-reliant and inculcates time management, making us a balanced individual.

It even develops one's analytical skills. So, when you grow up, you can exploit your skills to solve real-life challenges.

Staying disciplined helps to study on time so that you can be stress-free. It helps you to prioritize your work as per its importance. Also, it helps in managing the work in a planned manner helping you to remain calm, composed and organized in life.

As we know that nothing comes priceless, one needs to make small sacrifices in the present for a better future. So, if we do smart planning, combined with a disciplined approach, success will be at our doorsteps.

Undoubtedly, discipline is very important, as seen, at both levels: individually and collectively for society. It helps us to showcase our attitude and represent our character and thinking. Both the body and the mind are honed by discipline. Therefore, it would be right to say that without discipline, there is no life at all.

I believe, discipline creates habits, habits make routines, and routines become who you are daily. So, let us practice it from the very beginning with lots of hardship & dedication and it will lead us to the path of success.

Mrs.T.Monica (M-302)



The Waltair club ladies committee conducted a **Children's Day** evening for the members kids. Two activities were organised. One was a DIY where the children were invited to create something from scratch with the help of their parent and the second was a dance fitness session. The DIY activity led to some very innovative craft and art projects. Fathers and mothers joined their kids and worked patiently to create things like paper holders, wall hangings, posters etc.

Once the DIY activity was done, Deepa Deval from Ad Life conducted a dance workout. Kids and moms alike moved to popular movie songs while burning out calories. This session was wrapped up with a few games. Snacks were served to ensure the kids had their fill during the evening and prizes were handed out to the winners of the DIY activity.

Mrs.Sonal Sarda (N-266)



NUPUR AGGARWAL STORY - 25.11.2022

Waltair Club Ladies Committee invited renowned story teller Nupur Aggarwal to conduct an activity based story telling session at Oyster Hall on 25th of November. The session saw a tremendously positive response that had Oyster hall bursting at the seams. Children aged 4 to 16 showed up geared with their craft material to participate in this session.

The session began with a short story to grab the children's attention and Nupur soon moved on to an engaging tale about a frog that had all the kids racking their brains to figure out the questions the story posed. Nupur made this into a sketch while you listen session just to teach the children that stories are not just about passive listening. She then narrated another tale of a boat that first taught the children how to make a paper boat and then wove a creative story around the boat that led to the children converting the boat into their own paper life jacket. The session saw more than 100 people walking in and ended with an overwhelming feedback from parents on having more such sessions for the children.

Mrs.Sonal Sarda (N-266)



5 Ways for Kids to Grow their Business

Most children think they can start a business only when they are older, but that is not true. My sister, Aanya and I, Pranav, started a soap business last year when we were 5 and 7 years old. It has almost been a year since we started.

I have learned a lot in the 1 year since our business has started. I want to share some of what I learned with you.

1) Make note of your profits. Have a company accounts book. Write down how much you spent and how much you earned.

2) Plan for events or orders in advance. You need to plan so that you have all the material and packaging you need for the event or order. Plan for a little extra time so that even if you have any problems your business will not be affected.

3) Practice how to introduce yourself and your product when you meet people/ clients. The introduction should be short and clear.

4) When you have a company you need to have patience. You cannot expect to grow at the same speed all the time. Your company's growth depends on your hardwork.

5) To increase your business you need to speak to other businesses and people to help grow your business. You need to make new customers whenever you can.

These are some important points to enhance your business.



Pranav Narla Kosaraju (S/o. Mrs.Anila Narla (A-262)
CEO, The Soft Magic, (@the.soft.magic)

PAINTINGS



Lemuel Ranjit s/o Aashish & Diana Pakalapati
(M.No. D140) stood 1st in Individual School
Round of Conquest IQ Olympiad held for all of
Class 4 at Timpany School.



Mr.Sri Ranga Vankayala (S-925)
Sahasra, 2nd Class, Silver Oaks



Mr.Satyavarapu Satish(S-1359)
Name of the child-Satyavarapu Samhitha



Mrs.Suchitra Kollipara (S-1179)
Name of the child : Alaknanda Kollipara



Mr.P.V.Raj Ratan (R-362)
Name of child: P.Rudransh



Mr. P.V.Raj Ratan (R-362)
Name of child: P.Avyak



Mr.Raghuram Gupta Vankayala (R-578);
child's name : Saanvii Vankayala



Mr.Sri Ranga Vankayala (S-925)
Sri Ayukthha, UKG , Teeny boppers



WALT AIR CLUB MAN PRES



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FORMAL SUIT WITH TIE, SHOES
- DRESS CODE FOR LADIES - VIBRANT

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AGING COMMITTEE - 2022-23
ENTS

Wonderland

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MC PAMELLA // DRUMMER BOSCO

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per head
Rs. 1500/-
(Children below 12yrs)

THE NEW YEAR 2023

Note: Please adhere to club rules

VISION AID

A.Srinivas (S-278)



Vision Aid Charitable Services Society is an Indian Registered Charity established in 2004. A non Profit Organization, funded by private donations, managed by volunteer technocrat management has been the leading free service provider for the vision impaired. It is the principal partner of CAF India and Rotary Club of Waltair.

Vision-Aid's mission is to help those who suffer from vision-related disabilities in under-served areas to lead lives of independence and dignity. More than 40 million people in the world are blind, and more than 120 million people have significant Low Vision conditions that cannot be corrected, cured, or treated by conventional refraction, medicine and surgery. And unfortunately, this number is only going to grow. The World Health Organization expects the blind and low vision population to double by the year 2023. Vision-Aid is an organization dedicated to helping those afflicted by vision-related disabilities in India.

Computers are an invaluable tool in helping to level the playing field for people with visual impairments. Blind or visually impaired persons (including school children) can be taught skills which include the use of special tools to enable word processing, data entry, use of Internet and more. A wide range of computer based assistive technology is available to help the visually impaired.

Our world-class computer training programs, which are bench-marked with the programs of leading Institutions, empower blind and low vision students to reach great heights! Students with vision impairment are provided with one-to-one intensive training in computer applications ranging from basic to advance.

- ACA Administrators and Teachers Access Technologies training course.
- BCA Beginners course (one week)
- CCA Certificate course (3 months)
- DCA Diploma course (6 months)
- ECA Employment oriented course (9 months)



Some of the Vision-Aid's Resource Centers are run jointly in partnership with the most prominent organizations in India, including the Aravind Eye Hospital in Madurai, the L.V. Prasad Eye Institute in Hyderabad, Sankara Nethralaya in Chennai and Kolkata and the Dr. Shroff Charity Eye Hospital in Delhi and many others, where Vision-Aid centers are operated to provide free rehabilitation programs to the poorest segments of India's large visually impaired.

Through its resource centers, Vision-Aid India offers a holistic and comprehensive range of programs which are designed by

leading experts in the field from India and abroad. The programs help Vision-Aid fulfill its mission of "Enable, Educate and Empower the visually impaired to live with independence and dignity"

The "Enable" component of Vision-Aid enables the visually impaired with detailed evaluation and assessment of their visual condition, and their personal situation and providing them the tools and devices to maximize their residual vision (if any) or cope with blindness. The "Educate" component imparts skills training in over 12 well-structured programs ranging from basic computer literacy to mobile technology to advanced skills like Computer Programming, Digital Accessibility Testing and more. The "Empower" segment of Vision-Aid's programs helps the visually impaired find success, independence, and dignity in their lives. Hundreds of visually impaired alumni are gainfully employed as a result of the interventions offered by Vision-Aid.

LAUNCH OF SMART VISION, THE REVOLUTIONARY AI-POWERED SMART GLASSES FOR THE VISUALLY IMPAIRED, FOR FIRST TIME IN VIZAG

Vision-Aid Charitable Services Society (VACS), Visakhapatnam, also known as Vision-Aid India, a non-profit organization serving the visually impaired throughout India, with headquarters in Visakhapatnam, announced the launch of a ground-breaking new AI-powered assistive device called Smart Vision Plus. Rotary Club of Waltair is a Long Term Partner of Vision Aid and has been associated for the past 12 years as its Permanent Project.

About the Smart Vision Glasses

Vision-Aid in collaboration with SHG Technologies, and with expert inputs from the Aravind Eye Care System in Madurai and support of Rotary Club of Waltair and some other Rotary Clubs around India and other NGOs, has brought to India for the first time, a “made-in-India” high-tech device which offers several important capabilities for the visually impaired including helping them identify objects around them with the power of computer vision, reading printed materials, navigating their surroundings,



recognizing people and things around them and much more. This innovation leverages the power of Artificial Intelligence (AI), Machine Learning and Computer Vision to help blind users “see” the world around them and has several hallmarks including affordability - it is priced at fewer than 10% of the closest western made counterparts. It can operate in all major Indian languages and several technological features which can empower the visually impaired.

Vision-Aid USA has announced an exciting, exclusive initiative for Rotary clubs all over India – a matching grant of up to \$150,000 (Rs. 1.2 Cr) with the benevolence of Mr. Ram Raju Founder and Volunteer Executive Director of Vision-Aid, USA. Any donation made by any Rotary club in India, for the AI-powered Smart Vision Glasses will be equally matched by Vision-Aid. A single unit costs Rs. 25,000. If a Rotary club donates some number of units, Vision-Aid will double the impact by donating an equal amount. We encourage Rotarians everywhere to take advantage of this amazing offer and come forward to work together with Vision-Aid to empower the visually impaired to live with independence and dignity.

What will your Donations achieve?

A Donation of only

- Rs.5,000 can provide a set of useful assistive devices for a vision impaired person.
- Rs.10,000 can help a low vision person become computer skilled and get a job.
- Rs.20,000 can provide computer education to a blind person and lift the person from darkness to light.
- Rs.25,000 can provide Artificial Intelligence assistive glasses.
- Rs.35,000 can provide 6 months comprehensive and individualized education for a vision impaired student.
- Rs.70,000 can provide 12 months of comprehensive and individualized education for a person who has no prior English education.

For Donations please reach:

Mr. V L Narasimhan, Executive Director, Vision-Aid, India

For more information about Vision-Aid, please contact or email vl@visionaid.org or on mobile 99628 11223 or 9393926522

Article contributed by CA Srinivas Avasarala (S-278), Executive Vice-President, Vision Aid Charitable Services Society and Mr. V L Narasimhan, Executive Director, Vision-Aid, India.

A doctor who believes in 'Be positive AB-Out everything'



Sandhya Godey in conversation with Dr A Sugandhi, Medical Director, A.S. Raja Voluntary Blood Bank.

Waltair Times : As a member spouse, what is your earliest memory of Waltair Club ?

Dr Sugandhi : I was fortunate to be introduced to Waltair Club in August 1985 where my engagement with Siva took place .It was a very friendly setting where Siva's family seemed to know virtually every member!

Waltair Times : What is a your best memory associated with the Club ?

Dr Sugandhi : New year's Eve and Ladies night were events I used to look forward to and participate before getting involved with the Blood Bank.

Waltair Times : Which is your most used Club service ?

Dr Sugandhi : The events at the jubilee grounds and the restaurants.

Waltair Times : Your favourite item on the Club menu ?

Dr Sugandhi : Fresh lime soda sweet and salt. The Club recipe is delectable and unique.

Waltair Times : Have you conducted any programme / event for Club members ?

Dr Sugandhi : I conducted one Blood Donation drive exclusively for Club members. I would like to conduct one camp every year, as the need for proper donor awareness is paramount to sustain Voluntary Donor movement.

Waltair Times : As a Blood Banker and Pathologist, any advice for members regarding the current scenario where Covid is being accepted as a normal viral infection? Any do's and don'ts ?

Dr Sugandhi : SARS-CoV-2 is a phenomenal virus. It appeared like a respiratory virus to begin with, but later showed how it can affect virtually every organ in the body. It is still alive and whether it can cause epidemics again is unknown. Keep following genuine news to note if the virus is turning aggressive in your area. Immediately isolate yourself as much as possible and wear a mask to begin with. If a booster vaccination is available for the new variant do go for it.

Waltair Times : How did your tryst with the AS Raja Voluntary Blood bank start ?

Dr Sugandhi : During a dinner time conversation in 1991, my father -in-law mentioned that as Lion's Club Governor, he inaugurated a few Blood Banks in the State, they saw closures later. The reason was lack of proper infrastructure and Club driven politics . He felt Vizag needed a proper blood bank, and decided that our family must set up a Blood Bank and take the approach of a scientifically established centre without other politics so that proper updating in knowledge and quality service could become the founding principles .My husband Dr Siva Prasad concurred on the need for a proper centre in Vizag as an immediate requirement. After I completed my M.D.Pathology, I got trained for Blood Banking in CMC Vellore and exhibited an interest to work for a proper non profit and the recipe was complete to start A.S.Raja Voluntary Blood Bank in 1995.

Waltair Times : What are the stages from blood collection to blood supply ?

Dr Sugandhi : From Blood collection to supply, it is a highly scientific procedure with several steps to ensure donor and patient are safe. It requires a doctor with a degree in M.D. Transfusion medicine to monitor and oversee the process.

Unfortunately for the general public, it is like a packet that is available off a shelf readily and are happy to buy it as such. The awareness about the scientific approach is suppressed and realisation dawns much later after a decade or two when complications set in. It is always safe and recommended to donate and procure blood at centres that follow the correct protocols.

Waltair Times : Three challenges you face in the blood bank.

Dr Sugandhi : Proper manpower. Proper manpower. Proper manpower.

Waltair Times : Three rewarding moments as part of ASRVBB?

Dr Sugandhi : The biggest reward is always a feedback from the Doctor on how the protocol planning for the particular patient regarding timely allocation of products saved a life. Liver , Cardiac bypasses, Leukemia protocols and Kidney Transplants which are done with other group blood donors nowadays are some examples.

Children with Thalassemia have been close to my heart for several decades now and supporting them is important for me.



The top satisfaction is when educated donors come for repeated donations on their own. They are the lifeline to society and their contribution is unparalleled

My ace moment was when I could conduct the National Conference in Blood Banking for the first time in the combined state of Telengana and Andhra Pradesh. A humungous task requiring Scientific sessions of international standards. The appreciation and applause for the conference is a fabulous memory.

Waltair Times : Three misconceptions in the public regarding blood donation?

Dr Sugandhi : 1) To donate blood without having eligibility or getting checked for it is ok, which puts both donor and patient at risk.

2) One can donate on need basis and secure blood soon after donation. A proper testing and separation as per international guidelines takes around 24 to 48 hours for a batch. Only some special procedures can be handled in the meantime like Single Donor platelets. Today most safety protocols are bypassed and blood is supplied within half an hour of donation which is totally unacceptable.

3) Blood donation makes a donor weak for sometime. Some people feel they have lost immunity temporarily and will be weak for 2 weeks till the RBCs get replenished. This is not true as they can donate only if their hemoglobin level is above 12.5 Gms% which means they have the buffer to withstand the donated amount of blood.

Waltair Times : Which are the three most often used apps on your phone ?

Dr Sugandhi : WhatsApp, Mail, SMS

Waltair Times : Your favourite OTT platform

Dr Sugandhi : I am a very poor watcher of OTT content. I need a lot of infusions from friends in terms of recommendations and only then watch something on OTT.

Waltair Times : What is your idea of relaxation ?

Dr Sugandhi : I used to read fiction and talk with friends and family, In the last decade messaging and reading non fiction, more of articles and playing solo games or board games with family relaxes me.

CANCER PRECAUTIONS AND PREVENTION

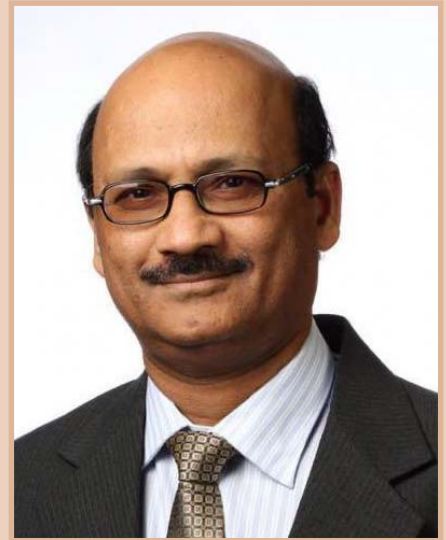
Cancer is one of the most common diseases affecting humanity and it is the 2nd leading cause of death among non communicable diseases after heart disease . It affects the physical and functional quality of the patients leading to death if untreated. Cancer affects the psychological and financial aspects of the entire family. There are many myths and misconcepts regarding the Cancer screening, diagnosis and treatment. So having an expert opinion and guidance is essential in all cancers for the optimal outcome including cure.

Cancer is caused by uncontrolled cell growth leading to an enlarged mass/tumor. It is caused by various risk factors such as use of tobacco in any form (smoke/ smokeless), excessive alcohol consumption, exposure to harmful U.V radiation, some viral infections such as HIV, certain Hepatitis , some viruses like HPV, EBV predisposes to cancer. Exposure to harmful chemicals in work place and other environmental factors including environmental pollution and some times a combination.

Exposure to the risk factors leads to random mutations, leading to uncontrolled cell division which leads to Cancer.

Having a healthy life style with a balanced diet, incorporating green leafy vegetables, fruits, milk, protein source, regular physical activity of 45 minutes a day, at least 5 days a week, maintaining ideal body weight, avoiding tobacco exposure will help in preventing Cancer to a large extent.

Around 4-5% Cancers do run in families, they are called Hereditary Cancers. Genetic mutations testing will help in identification of such Cancers and individuals prone to familial cancers.



Screening of various Cancers such as Breast Cancers with Mammography, Cervical Cancers with PAP smear and HPV testing helps in early detection of them and saving the lives of these individuals. Serum PSA testing with shared decision making also helps in the early detection of Prostate Cancer in men. Only somewhat effective vaccine is available for cervical cancer, unfortunately not for others. Most cancers are asymptomatic particularly in the early stage of the disease. A sore that doesn't heal , a growing mole , a nagging cough lasting beyond 3-4 weeks, a lump particularly painless in the breast or elsewhere, an abnormal bleeding from rectum

or vagina, a painless persistently enlarged lymph gland more then 3-4 weeks, unexplained weight loss in an otherwise healthy person or an unexplained low to moderate grade fever lasting for 2-3 weeks should warrant thorough investigation in any person more so in the age beyond 40 years . Early diagnosis potentially cures most cancers. Treatment includes surgery, radiation therapy , chemotherapy , hormonal, biological and immunotherapy or a combination of them have improved quality of life and cure some times even in advanced disease. A decision making with the patient and family is important for treatment with the help of a medical, surgical, and radiation oncologists in a multi disciplinary tumour board for optimal management and outcome.

Dr.Ravi Mohan (R-506),
MD (Gen.Med.), DM (Med.Onco).

OVER THE OCEANS:



We moved to the States when I was very young, but some of my fondest childhood memories are from summers when we'd come back to spend time with relatives. When it comes to Waltair Club, I strongly associate it with family, especially my grandfather. Many of you know him as ASM Rao but I know him as Madhu Thatha. I absolutely adored spending time with thatha, and we had our morning ritual. We'd wake up early, stop by a news stand to get a paper for him and a mint for me, and head to the tennis courts at the club. It was there that I started learning how to play tennis and have continued playing to this day. Other days, he'd take me to the club library. We'd spend a couple hours next to each other, reading there in silence, and then go eat some ice cream. He loves going to the club and I appreciated the opportunity to spend more time with thatha.

In addition to my memories with my grandfather, I've cherished many other moments at Waltair Club. I started learning how to swim there, played badminton with uncles, and attended countless functions over the years. I also loved all the movie nights Waltair Club hosted; my first movie there was Manmadhudu. Though I haven't watched a movie there in years, I still remember feeling ecstatic to get some chaat and a Limca by writing in my dad's membership number, and then getting to enjoy an open-air movie surrounded by so much family.

Writing this has given me the opportunity to reflect on my childhood, and I realize just how closely I associate Waltair Club with my family. I'll always treasure those memories and hope to make more.

Dr.Venkat Atluri (S-1102)

SENIOR CITIZENS

GOD/Religion: Do you really believe in the existence of god?

Read the ensuing text that conveys my understanding of God and Religion.

Religion can be considered as a faith/belief which should propel us all to walk on the righteous path. Similarly existence of god also is an individual conception. Our forefathers who lived in a relatively under developed society (by the present standards of science and Technology) had great belief in DHARMA. Be it Hinduism, Christianity or Islamism who laid down good conduct and friendly environments. In a broad perspective the terms "God and Religion" are like bright light shining to show and enlighten us by driving away the darkness (Ignorance and superstition) so that our lives have a meaningful existence.

People who believe in God SEE HIM/Her even though they are invisible. In real life these gods may not exist in physical form.

Sometimes a sense of fear haunts even those who are strong god believers. While this thought is largely untrue the belief itself creates a sense of self attainment and satisfaction. Irrespective of religious beliefs, it all boils down to the relationship one has with other be it human or animal and mother nature. As late M.K: Gandhi said "All faiths lead to one destination that most of us after death would like to be in the abode of HEAVEN. Is it because of the fear of Hell which none of us have seen??"

Once Swamy Vivekananda asked his mentor if he ever saw the God. The answer' My son you asked me very pertinent question. The counter question by Swamy R.K was "Did you ever see the air/wind in physical form? The answer would be NO. We breathe clean air to live. The leaves of a tree dance in joy as the wind moves. This is proof enough that air exists even though you don't see it.. Therefore, my son even though the Almighty God is invisible god exists in every human being as ATMAN or ANTARATMAN which is the Divine driving force for us all.

Friends, let me end this narration by saying that all religions are indeed the faiths that we cultivate over a period of time. Suffice to say whether you are a God believer or Atheist try and do something useful to humanity which in turn creates in you a feeling of joy that modulates BODY CHEMISTRY- THIS indeed is a true physiological phenomenon for body functions. your comments and suggestions are welcome. I accept bouquets and brick backs with equal impunity.

DR.I.V.Rao, Eye surgeon.

Membership no. V-79 Cell no. 9701841299.

EVENTS

RETRO LADIES NIGHT - 23.11.2022

The Waltair Club Ladies Committee and Waltair Club Managing committee hosted the Annual Ladies Night event on the 23rd of November. A retro theme was put into place to bring variety to the evening. The Centenary Auditorium was set up to the T with Old style cane furniture, gramophones, and even a vintage car etc. Women dressed up in distinctive retro style with polka dots, stripes, bouffant hair, bold hair and ear accessories dominating the night.

An enthusiastic lot of women across all age group participated in team games, solved riddles, and sashayed down the ramp in a spirited ode to the 70s. The songs, décor, games everything was curated to bring back the feel of yesteryears. The event was open to guests as well. A plethora of prizes were handed out to acknowledge the energy of the ladies. -

Mrs.Sonal Sarda (N-266)



MENS' NITE AT PUB

Work hard, party harder...

In honor of all the gentlemen of our Club, Waltair Club celebrated International Mens' Day on 23rd Nov 2022 with exciting offers on drinks. DJ Krish rocked Wills Pub making everyone present shake a leg and groove to the music. Sumptuous snacks were also served, and the evening was filled with lot of bonding amongst members.

Mr.Kosuri Srinivasa S Murthy (M-231)



Club's Day Out 27th Nov 2022

Adhering to the **promise** to serve our members better, Management Committee left no stone unturned to make our members and their families have a good time throughout the day at Whispering Waters Resort @ Mangamaripeta.



The day started off with breakfast for members at the Club followed by a Car Rally. Several enthusiastic families dressed to the occasion participated in 25 cars in the Car Rally which was flagged off from our Centenary Auditorium with Whispering Waters Resort as the destination. We thank G.Vijaya Prithviraj, for organizing the clues for the Car Rally. Rest of the members headed to the picnic in 3 buses arranged by the club and several others in their own vehicles.



On reaching the destination, the winners of the Rally were announced :



1st prize: Rs 15,000 Mr.G.V.K.Pattabhi Ramayya (M No.P-373)

2nd prize: Rs 10,000 Mr.Y.Sanyasi Naidu (M.No.S-1015)

3rd prize: Rs 5,000 Mrs. S.Vijaya Lakshmi (Spouse of Mr.S.Murali Krishna) M.No.M-194



All the participants thoroughly enjoyed the rally. And that's not all, the fun then started unrolling with lots of music, songs, snacks, games from toddlers to seniors. They were pot making which was a hit with all, nail art, mehandi, lots of kids games and it turned out as a total baby's day out for the kids. Lip smacking snacks and sumptuous spread of lunch, choice of drinks was served to members, families and guests. Lunch was followed by several games of Tambola and the Bumper Prize of Electric Scooter was won by Mrs.Tanya Idnani W/o Mr.Harish Deepak Idnani (H-153).



Times passed away as a breeze in the breezy weather by the beach side and after tea and light snacks, all left the picnic venue with lot of content and happiness. Thanks to our Chilukuri family for providing the venue free of cost and to Pilli Krishnakanth for sponsoring the Electric Scooter for the Bumper Tambola.



Management thanks all our staff for their tireless efforts in making all the arrangements for the convenience of our members.



PONZI SCHEMES

(Promising high returns on monies invested!)

A fraud is an act committed by one person, "the Fraudster", on another, the "Victim". This is made possible as the fraudster creates first trust on the other and latter commits the act of fraud.

Ponzi or Pyramid schemes are one of the dangerous frauds. Simply Put, a Ponzi scheme is fleecing ,Paul to pay Peter until the cover blows out !

It is a scheme whereby the perpetrator of the Ponzi scheme fraud, promises high rate of returns or interest on monies invested or deposited.

These are dubious schemes with no real intentions of doing good business but only aim is to dupe the investors with false claims of doing profitable business or wise investment of such monies.

Any scheme where the victims end up paying monies by way deposits or subscription or as membership or down payments etc, expecting high returns will turn out to be Ponzi schemes.

How A Ponzi Scheme works?

The fraudster at first establishes TRUST. Such people are charismatic, move in high societies and at times are members on reputed trusts or on a Board of directors of educational institutions or even on board of stock exchanges etc.

They are prompt in paying the commitments as promised. This of course is done from the monies received from others! So the "word" spreads, about his "Honesty" and more and more start investing as none ask the source of their returns or how high returns are promised.

These fraudsters are the "Con" Men!! Or Confidence men, in the sense, they create first confidence and then cheat the gullible or greedy investors.

The fraudster or con men invest such monies in buying Big Mansions, becoming members of elite clubs, entertaining with big gala parties, acquiring assets and luxury Yachts or even private jets.

Thus they squander the monies collected , but manage to stick to their commitment or promised returns , till the Scheme goes bust or exposed.

The Ponzi Schemes works, simply because People **are Greedy for high returns** which are actually not possible, as promised by the Con Men.

The fraudsters never disclose the source of their true working or financials or client statements.

They may simply register themselves as a corporate with the registrar of companies , to give a legal entity look to the gullible public. The people who trust and invest, will never make their independent assessment but only look at the high returns.



There are several types of Ponzi schemes-Some such schemes are:

1. Promising High rate of Interest or returns or profits.
2. Taking subscription or enrolment fees on Multi Level Marketing, by filling surveys for multi national companies, online.
3. Bogus web sites Promising jobs and placements abroad by taking huge advances-To prove they send or" arrange jobs" to a handful as proof of their "honesty".
4. Enrolling members of a work from home jobs on behalf of foreign Companies.

Red alerts & Precautions to avoid the trap of Ponzi Schemes.

1. Make sure of the legality of the investment person or company.
2. Never invest purely on the advise of friends or family.
3. Think twice before parting with the hard earned savings.
4. Do not get Greedy if the returns are high-in fact it is a red alert if someone promises high returns or profits or guarantees.
5. Dig deep into the scheme details, its management and reporting.
6. Never get carried away by middlemen and agents advising investments with high returns, especially if you are a senior citizen.
7. Never invest or part with your monies under any other promise like jobs , online work, work from home assignments all these asking for an initial membership fees and deposits.

Case study: Worlds' Biggest Ponzi Fraudster- Bernard L Madoff-USA.

- He was the biggest Con of Notorious Ponzi scheme.
- He continued for 25 years ,when in 2008 , he disclosed to his sons his bogus run of swindling monies, who in turn informed to FBI and SEC.

- First Started in 1960 with \$5,000!!
 - Total estimated losses were put at about \$65 Billion.
 - He never disclosed his method of operation of the funds and returns.
 - He knew how to prey on human nature and took advantage of human greed.
 - He created an illusion of an investment strategy.
 - He commanded high respect and was executive board member on NYSE and NASDAQ.
 - He developed an impeccable resume and a lavish living too.
 - Though SEC was alerted twice in 2004 & 2008 they dropped on the ground no Evidence.
- Ultimately in 2008 ,he was charged, convicted and a 150 years prison sentence was awarded for his acts of corruption, deceit and the making of most notorious Ponzi scheme. Died in Prison in 2021.

Conclusion:

Do not be in a haste to invest if any individual or company promises High Returns. Do not go by word of mouth but make your own final judgment before parting with monies as money once lost will never be recovered. This rule applies to all types of such schemes, promises and lucrative marketing offers, false advertisements-as people unfortunately get carried away without making own judgment.

Author

Narayanarao Kolluru (N-44)

B .Com ; FCA; CFFE; CFE;

www.frauds detection.com & www.fraudsawareness.online

విజయ సంగీతం



గ్రంథి విజయ లక్ష్మి

M-005

చతుర్వేదాల్లో ఒకటైన సామవేద సారమే సంగీతం, సాహిత్యం. సాహిత్యాన్ని ఆలపిస్తే సంగీతమవుతుంది. అటువంటి సంగీతం మన పూర్వజన్మ సుకృతం వల్లే మనకు లభ్యమవుతుంది. భగవంతుని గురించి మంచి మాటలు శ్రవణం చేసి కీర్తన ద్వారా వ్యక్తీకరించడం అందరూ చెయ్యలేరు. భగవంతుని కృపవల్ల మాత్రమే అది సాధ్యపడుతుంది.

భారతీయ సంస్కృతి చరిత్రలో ఆంధ్రుల కెప్పుడూ ఒక విశిష్ట స్థానం ఉంది. నేడు హిందుస్థానీ, కర్ణాటక సంగీతాలుగా పేర్కొంటున్న రెండు సంగీత సాంప్రదాయాలను ఒకప్పుడు భారతీయ సంగీతమనేవారు. 16 వ శతాబ్దంలో మహమ్మదీయుల రాకతో పర్షియన్ పద్ధతులు కలిసి హిందుస్థానీ సంగీతం వేరుపడగా, దక్షిణాది సంగీతం కర్ణాటక సంగీతమయింది. నేటి శాస్త్రీయ సంగీతంలో మూడొంతుల రచనలు తెలుగుకలం నుంచి జాలువారినవే.

ప్రతిపనికి, ప్రతి సమయానికీ కూడా పాటలు, రాగాలు ఉన్నాయి. కొన్ని రాగాలకు సమయనిర్ధారణ కూడా వుంది. "మలయమారుతం", "భూపాలం" మొ|| రాగాలు ఉదయం పాడాలి. అందుకే మేలుకొలుపులు, సుప్రభాతాలు ఈ రాగాల్లోనే స్వరపరుస్తారు. "చక్రవాకం" మొ|| రాగాలు కాస్త బాధను వ్యక్తం చేస్తాయి. భాగ్యశ్రీ రాగాన్ని మాత్రం అటు శృంగారానికి, ఇటు బావ వ్యక్తీకరణకు వాడుతుంటారు. "కదన కుతూహలం" అనే రాగం కదనం తొక్కినట్లుగానే ఉంటుంది. "రఘువంశ సుధాం బుది చంద్రశ్రీ " అంటూ ఆ పాట విన్నప్పుడు ఆడిటోరియం అంతా ఒక్కసారిగా చైతన్యవంతమైపోతారు. గాయకులూ కచేరీల్లో చివరిగా పాడే ఉయ్యాల పాటలు మంద్రస్థాయిలో "మాధ్యమావతి" రాగంలో చేస్తారు. తాన్ సేన్ వంటివారు పాట పాడి దీపాలు వెలిగించినట్లు, వర్షాలు కురిపించినట్లు చరిత్రలు చెప్పాయి. సంగీతానికి జబ్బులను నయం చేసే శక్తి ఉందని ఆధునిక వైద్యంలో రుజువు చేశారు. పశువుల్లో పాడి సంపద వృద్ధి చెందిందని దృఢపరిచారు. పోలాల్లో పంటలు కూడా అధిక దిగుబడి నిస్తాయని నిరూపించారు. ఇన్ని విధాలా మానవాళి మనుగడలో స్థానం సంపాదించిన సంగీతం గురించి చెప్పాలంటే మాటలు చాలవు. అనాదిగా సంగీతం మహిళల జీవన ప్రవృత్తిలో ఒక భాగంగా సాగుతోంది. ఉదయాన్నే నిద్రలేచి ముగ్గులు వేస్తూ "తెల్లవారింది బాల భానుడు పిలిచే" అంటూ పిల్లల్ని బుజ్జగించి నిద్రలేపేవారు. దంచుకుంటూ "సువ్వి పాటలు" పాడేవారు. ఆధునిక సాహిత్యంలో ఒక సీనికవి "ఆడుతూ పాడుతూ పనిచేస్తుంటే అలుపు నోలుపేమున్నది" అంటూ నాయికా, నాయకులచేత పాడించారు. "చందమామ రావే, జాబిల్లి రావే" అంటూ జాబిల్లిని చూపిస్తూ పాడితే పిల్లలు హాయిగా నిద్రపోతారు.

సంగీత ప్రయులు తమ పిల్లలకు "మోహన, కళ్యాణి, శ్రీరంజిని, షణ్ముఖ ప్రియా, వసంత, లలిత అన్న రాగాల పేర్లు పెట్టుకుంటారు. ఈ సంగీతాన్ని మనకు అందించిన మహానుభావులు త్యాగయ్య, కేత్రయ్య, రామదాసు, అన్నమయ్య, ముత్తుస్వామి దీక్షితులు మొ|| ప్రముఖులు చిరస్మరణీయులు.

ఈ నాడ బ్రహ్మలు జన్మించి ఉండకపోతే సంగీతం యింత మహోన్నత స్థితికి వచ్చేది కాదు. సంగీత మర్మాలను తెలిపే "స్వరాష్ట్రం" అనే గ్రంథాన్ని నారద మహర్షి స్వయంగా తాగయ్య ఇంట్లో పెట్టి వెళ్లారని చరిత్ర చెప్తుంది. ఈ మధ్య ఒక సంగీత విద్వాంసుడు మన విశాఖను మరో తిరువాయూరుగా అభివర్ణించారు. ఇది నిజంగా ఆనందదాయకం.

First Wings over Vizagapatam



The RAF Far East Flight, of the Royal Air Force (RAF), was a flying unit of four Supermarine Southampton II flying boats, which undertook a long-range exploratory flight to Singapore and Australia in late 1927 and early 1928. The formation flew over Vizagapatam on the morning of 23 January 1928 on the flight leg between Coconada and Chilka Lakes.

During the 1920s the RAF carried out a number of long-distance flights to explore air-routes and facilities and test the feasibility of long-range reinforcement of

more distant parts of the British Empire. The Far East Flight was formed to undertake a journey to Australia and the Far East starting in 1927. The project's publicised aims were "to gain experience with the operation of flying boats independent of surface vessels and shore bases, gather information the suitability of locations along the route for flying boats, and to 'fly the flag'; fostering cooperation between Britain and her Empire ..."

The Flight was dubbed "the greatest formation flight in history" and remains so. The Submarine Aviation Works at Woolston, Southam and D. Napier & Son gave this special colour commemorative folio to members of the Flight in Singapore.

January 23, 1928 was also a milestone day in the progress of the Vizag Harbour Construction as the dredger Vizagapatam made its first entry up the channel and into the swamp that was to become the inner harbour. Photographers Rathnam & Co



was commissioned by the Government to take aerial photographs from an aircraft of the Far East Flight as they flew the Coconada - Vizag - Chilka Lakes leg of the flight. The aerial photographs were taken of the harbour works as an assessment was being made on the practicability of the harbour also being a base for flying boats.

Vizag Harbour Construction, Jan 1928

Major C Hodding, Commanding Officer of Vizag's East Coast Battalion (Waltair Club President 1931), was also a passenger on board aircraft S-1151 on the flight of the four Supermarine - Napier flying-boats that took off from Coconada at 0700 on 23 January 1928. They followed the coast and circled above Vizag where the new harbour works

were in progress. These were the first aircraft seen in the area and large crowds gathered at vantage points in Vizag and Waltair as the flight flew a circuit in formation. As pre arranged, a message was dropped to the Collector Mr AJ King (Waltair Club President 1928 - 1930) when the flight was over Waltair. The flight was destined for Chilka Lakes where it landed later that day. (Reported in Flight Global on 9 August 1928).

If aircraft landing technology had remained limited to flying-boats and sheltered inland waters, Vizag may well have become a base for international flying-boats, as later that year, the UK Air Ministry evaluated designs for a number of all-metal, fifty passenger flying-boats for use in the London - Cape Town and India - Australia air routes. Amongst those designs was one based on the Supermarine - Napier driven by six engines totalling 3000 HP and had sleeping accommodation for all passengers. The specification called for a non-stop range of 1000 miles and the ability to fly with a full load with two engines out of action. The new airplanes were to be equipped with a kitchen and dining room and weigh between 30 and 40 tons.

Written by John Castellias whose family belonged to Vizag for 5 generations. Educated at St Aloysius, migrated to Melbourne, Australia in 1966, former General Manager Engineering at Boeing & Qantas Airways, in retirement Lecturers in Aviation Management at Swinburne University and is a Vizag aficionado.

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