



Waltair Times

HOUSE JOURNAL OF THE WALTAIR CLUB, VISAKHAPATNAM

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VOL. 24 | ISSUE 7 | JANUARY 2020





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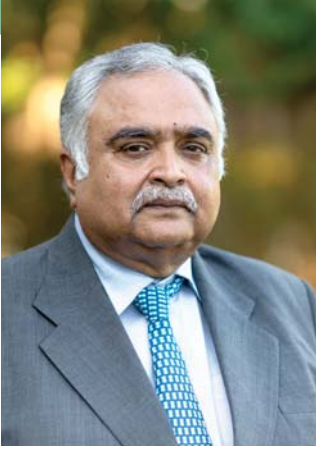


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From the President's Desk

Dear Members and the Waltair Club Family,

It is with great pleasure that I wish you all a happy New Year full of happiness and success in your personal and professional lives.

The last year was eventful in many ways and we had our share of ups and downs but we have many reasons to have enormous pride in our accomplishments and look forward to the next year with great enthusiasm.

A New Year is always a hopeful time, as we celebrate the end of one year and the beginning of another year. While 2019 was sometimes difficult, we must look back on the year gone by with the knowledge that brighter days are ahead of us in 2020.

Many challenges lie ahead but each of us has the courage and determination to rise up and meet them.

This is the spirit I wish for all of us in the year as we continue to build on what our ancestors dreamt, embracing the values, possibilities and responsibilities contained in that dream.

Happy New Year Everyone !

Seasons Greetings!!

Kumar Muppidi
President

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9494130731

SENIOR MEMBERS
CAPT. G.M. PETER P-09
98484 06010



Vice President's Message

Honorable Members!!!

Wish you and ur families a very happy and prosperous 2020. We bid farewell to 2019 and invite whole heartedly the New Year. Pray to the almighty to shower blessings on every Member and their families.

"There is considerable delay in bringing this issue. I request the Members to bear with me".

There has been considerable progress and achievement in several aspects and as half the term of the present Committee is completed, time to reflect on what the future has in store.

January issue is, coming out with new features and the effort to improve quality continues. The cover is from the 31st Event. It was a great night and is extensively covered. The Managing Committee, supported Mr. Akkina Sekhar Babu (M. No:S - 699), our dynamic Chairman, Entertainment Committee and he delivered.

Accounting systems implementation is on it's way. My team from M/s Suryashakti BizAdvize (P) Ltd., has submitted a report which shall be the guiding factor. The transition will take place in a smooth and transparent way.

Wills Pub, furnished with considerable effort, with the active support of many including the sponsor, is a place to enjoy the evenings.

Prevalent practice in the Club, use of it's facilities by non Members, is not welcome. Stringent rules are in place, but circumvented in many ways. The Committee consistently, requests

EDITORIAL BOARD

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9393107777

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8297211007

and pleads with the Members to refrain from this practice, through the Club Etiquette published in every issue of Waltair Times.

Discipline, honesty, transparency and good manners are the hall mark of any institution, including our Club. Serious action is, the last resort for this Committee but, it would not hesitate to act. "Diminishing Indian Values among Indian Youth", compiled from the web and is published in this issue, is in this context.

This issue contains articles by several Senior Members in various sections, starting with an article by Dr. A. Prem Kumar, MD (M. No: S-568) on Aasthma "What's Up Doc", Mr. TVSK Kanaka Raju (M. No: K-134) on pitfalls while drafting Wills "Legal Matters", Mr. D. Dakshina Murthy, (M. No: D-018), in Telugu on Thiruppavai, Dr. Y. Jawahar, (M.No. J-35), "Medical Arts" and Mr. Prem R. Mirpuri (M. No. M-54) "Know Your Club" covered the Wills Pub. An article on Science and Technology, explains the two prevalent theories on protons and is an interesting read.

I continue with "An Innovative Approach to Education" covering higher education. "Technology to reduce Corruption-4" on Municipal Administration, is also a part of this issue.

The contents have occupied a lot of space. These are the 31st Eve, Christmas Celebration, Wills Pub, Tombola, Senior Member's meet and the Bhogi fire were attended by several Members with their families.

There are a good number of mentions in "Member's Honor" along with announcements, obituary references, jokes, moral values, tit bits, sudoku, chess, puzzles, flight schedules, club calendar and emergency contacts. The reviews of books, movies, gadgets and music albums continue.

The Affiliated Club section covers the Bowring Institute, Bengaluru and Ajmer Club, Ajmer.

The space on "Social Impact Initiative" is, an Association of IIM, Kolkata Alumni, "Parivaar", involved in charitable and social work.

The Club belongs to all of us and we need to protect the same for all times to come. The Members need to monitor, how the Club is managed, in addition to giving valuable suggestions and guidance as a primary responsibility, which does not end with a vote in the elections.

"In the present case it is a little inaccurate to say I hate everything. I am strongly in favor of common sense, common honesty and common decency. This makes me forever ineligible to any public office of trust or profit in the Republic. But I do not repine, for I am a subject of it only by force of arms".? H.L. Mencken

P. S. Raju, FCA., VICE PRESIDENT & EDITOR WALT AIR TIMES.



From the desk of Hon. Secretary

Dear Members,

Farewell to 2019. We experienced mixed happenings during the last six months, of 2019. Even though we faced several hurdles, we surpassed them successfully.

In the New Year "2020", we have several plans for the members. As mentioned earlier, the club will organize food festivals and other regular events like Sports Meet, Staff Day, Ugadi etc. I am planning to screen old classic movies in Telugu & Hindi soon, as per availability.

I, personally and suggestions from some of our esteemed members, the Club has social responsibility to the society where we live. So we are trying to plan some social events/donations to the **schools in tribal areas**. This needs to be discussed and implemented.

Recently we under co-partnership with local police, successfully conducted All India Police Tennis Tournaments in our Club, which was appreciated by the Police Department.

So we continue to do such programs. I seek suggestions from you in this regard and also for efficient running Club.

Hope you will enjoy the New Year Eve on Dec'31, 2019.

Happy New Year'2020 to all of you and your families.

Prof.G.Seshagiri Rao

Hon.Secretary



Club Calender

07.02.2020	Friday	Movie	6:30 PM
14.02.2020	Friday	Movie	6:30 PM
21.02.2020	Friday	Movie	6:30 PM
28.02.2020	Friday	Movie	6:30 PM
29.02.2020	Saturday	Tambola	7:30 PM
01.03.2020	Sunday	Beer n Biryani Tambola	12 Noon
06.03.2020	Friday	Movie	6:30 PM



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1. With effective from 18th October, 2019 the movies will be screened on Fridays at 6.30 PM due to Winter Season.
2. This is to inform Members will not be allowed to have, more than 4 guests, in their chamber rooms. Guests should follow general dress code, when they are in Restaurant/Bar/Corridors/Reception.
4. Due to increase in prices of liquor by APBCL, the revised prices are as follows from 23.10.2019. Increased rates as follows: Liquor 30 ml 04/-, Beer 330ml 10/-, Beer 650ml 20/- and Breezer 20/-5. We request the Members to respond, to our appeal for reduction of multiple number of copies of Waltair Times, to be posted to the same address. This can easily be done by sending an email from an address registered with the Club or sign on the papers available in the Club office. All the requests will be registered and dispatches stopped. This would result in saving paper and thereby the environment.
6. "All are requested to submit their articles, member's honor, announcements, advertisements, obituary references etc., before 25th of every month, to avoid delay in bringing out Waltair Times".
7. This is to inform all the Members that Dining Hall guest charges are revised from Rs.50/- to Rs.100/- w.e.f. 14.12.2019.
8. The Managing Committee has decided to revise the Guest Charges in Weekends (Friday to Sunday) w.e.f. 16.12.2019 as per below.

Monday to Thursday - Rs.100/- Friday to Sunday - Rs.150/-

Please co-operate with us.

9. All Members are requested to Contribute Rs.300/- towards Christmas and Pongal gifts for our staff members. Kindly note that the above mentioned amount will be debited to your account and members are requested to co-operate.
10. Happy to inform that the Senior Citizen quarterly meet is scheduled on 08th January (Wednesday) at 7:30 pm at Jubilee Deck. All Senior Citizens are requested to attend and make the event a grand success. 60 yrs above are also invited. We are pleased to inform that prestigious Navy Band is arranged. Kum. Anuradha's lilting melodies will entertain you.

Hotel Grand Bay, Vizag offers all the Members and their families a 25% discount on food and beverages, in any of their restaurants, on production of their Club ID cards. Members can avail this facility.



SALOON OPENING



OBITUARY

We regret to announce the sad demise of our Staff



Mr. P. Narasinga Rao, Waiter (Chamber)

Date of Joining - 01.04.2005
Expired Date - 16.11.2019
Service - 14 years

May their
souls rest
in peace



Mr. V. Thata Rao, Waiter (Chamber)

Date of Joining - 01.07.2015
Expired Date - 17.12.2019
Service - 4 years

OBITUARY

We regret to announce the sad demise of our senior Members
May their souls rest in peace



MR. M. L. THIMMA RAJU
(M.NO.T-47) EXPIRED ON
07.02.2020



MRS. RANJANA VASWANI
(M.NO.V-004) EXPIRED
ON 08.02.2020



SRI M RAMGOPAL
(M.NO.R-51) EXPIRED
ON 18.12.2019



1st Prize Winner- Mrs.T.Radha Naidu
W/o.Mr.T.Ch.Ramaiah Naidu (M.No.R-122)



1st Prize Winner-Mrs.B.Surya Kumari (M.No.A-20)



2nd Prize Winner-Mrs.Sai Venkata Uttara
W/o.Mr.G.Kalyana Rao (M.No.K-174)



3rd Prize Winner-Mrs.Anita Gupta
W/o.Mr.Umesh Kumar Gupta (M.No.U-21)



4th Prize Winner - Mr.P.S.Raju (M.No.S-148)



4th Prize Winners-Mrs.J.Hema
W/o.Mr.J.Dhanuvu (M.No.D-90) & Mrs.L.Madhavi
W/o.Mr.L.Surendra Babu (M.No.S-908)



5th Prize Winner -Mr.P.Govinda Reddy
(M.No.G-91)



6th Prize Winner -
Mr.D.Durga Rao (M.No.D-19)



6th Prize Winner- Mrs.Bhanu Iyer
W/o.Cdr.R.K.Iyer (M.No.I-14)



6th Prize Winner- Mrs.K.Girija Devi
W/o.Mr.K.Ram Babu (M.No.R-284)

Vijaya Medical Camp



NEW YEAR BASH

Casino Royale New Year Eve Bash

A. Sekhar Babu (S 699)

Chairman- Entertainment Committee



As promised, the Waltair Club hosted the BIGGEST and BEST Party in the city for the New Year Eve. More than 1200 members and guests ushered in 2020 with high energy and gusto. India's senior most Event Managers Razzmatazz left no stone unturned in offering a top line up of Ace artists like Actor, dancer cum celebrity anchor from Bollywood Ada Khan, High priestess of Bollywood music Singing Sensation Pratibha Singh Baghel and her team, India's top Male Emcee Asif Beig, Dance India Dance famed NJ dance team and IPL/ Sunburn famed and India's revered top Dj Chico with VJ Krishna on the decibels. The end result was a heady cocktail of groovy music, visual glitz and superb dance moves both on stage and dance floor.

The James Bond Themed party was picture perfect in every way starting from the Page 3 entry replete with bulb arches and cut out of a miniature Lamborghini for photo booth, 20 photo opportunities across the ground, themed bars and food counters and a fabulous more than 600 sft interrupted LED backdrop. The color scheme of Black and Gold with spattering of white added a magical feel to the ambience. It looked like a sea of celebrities were dancing in one beat from the word "go" as gifts were given away in different categories. The icing on the cake was the appearance of Mrs India 2020 Smrite Bhatia who is a club member Spouse.

The Entertainment Committee, Ladies Sub Committee and the Managing Committee should be lauded for this excellent event which is the crown of all the wonderful times the club year has doled out. Special thanks to our young event manager member Rahul Ganapati for his magical touch. It is getting bigger and better with each year and our members are ready for the high decibels to let their hair down. I wish each of you a very happy and prosperous New Year. Long live the Waltair Club.

A. Sekhar Babu (S 699)
Chairman,
Entertainment Committee



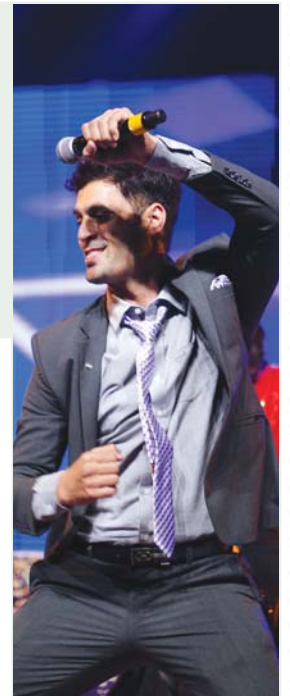
Waltair Club All India Open National Level Bridge Championship-2019 held on 30th November, 1st & 2nd December 19



NEW YEAR EVE



NEW YEAR EVE



TECHNOLOGY TO REDUCE CORRUPTION- MUNICIPAL ADMINISTRATION



Compilation from the Web by P. S. RAJU, FCA., (M. No.S-148)

Editor - Waltair Times.



"There are several types of political corruption that occur in local government. Local governments may be more susceptible to corruption because interactions between private individuals and officials happen at greater levels of intimacy and with more frequency at more decentralized levels. Forms of corruption pertaining to money like bribery, extortion, embezzlement, and graft are found in local government systems. Other forms of political corruption are nepotism and patronage systems.

Bribery is the offering of something which is most often money but can also be goods or services in order to gain an unfair advantage.

Extortion is threatening or inflicting harm to a person, their reputation, or their property in order to unjustly obtain money, actions, services, or other goods from that person. Blackmail is a form of extortion.

Embezzlement is the illegal taking or appropriation of money or property that has been entrusted to a person but is actually owned by another.

Nepotism is the practice or inclination to favor a group or person who is a relative when giving promotions, jobs, raises, and other benefits to employees.

Patronage systems consist of the granting favors, contracts, or appointments to positions by a local public office holder or candidate for a political office in return for political support.

Advances in technology have led to unprecedented, rapid access to vast amounts of data on societies, the economy and the environment.

To keep up with this, governments, organizations, and citizens are in a new state of experimentation, innovation and adaptation. The 'data revolution,' which refers to both quantities of data now available and technological innovation, has the potential to tackle key issues in society including corruption."(from the Web)





Municipal Administration, is one of the departments being engulfed, by the Information Technology. The Governments, unable to avoid it, have incorporated transparency in the procedures. The corruption here, is mostly "high value", real estate in India being a major industry, covering construction and development. Being, a rich and fat cow, lot of scope for bribery to thrive.

Transparent and honest rules have been framed and it is only by ignoring or circumventing, we create space for corruption. We, as Citizens, need to take some of blame. G. O. MS. No. 119 Dated : 28-03-2017 issued by, the Government of Andhra Pradesh, is worth reading. Procedures for plan sanction, how to tackle and overcome the hurdles, are clearly laid out. There is a need for us, to be honest, as a service receiver and strictly follow the rules. There are online systems available for filing the application for approval etc., Post approval, avoid deviation from sanctioned plan, unless prior approval is obtained.

Procedural Requirements for obtaining Building Permission - Government of Andhra Pradesh.

<https://crda.ap.gov.in/apcrdacommuni/media/apcrdadocs/developmentpromotion/Andhra%20Pradesh%20G.O.Ms.No.119,Dt.28-03-2017>

AP%20Building%20Rules-2017.pdf

The plan for the buildings needs to be prepared by a registered architect and structural engineer. In the GO quoted earlier, the Government of Andhra Pradesh, mentions that if the plan is not sanctioned within 30 days it is deemed to be sanctioned. This is a great facility for honest, transparent builders. Those who have applied for approval should wait for the due process. Once this is done, they would get a solution, sooner than later.

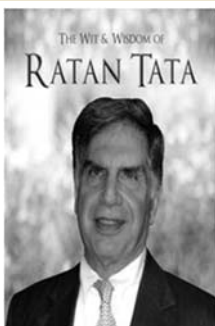
An area of friction and requirement of "satisfaction" is the Property Taxation. This can easily be streamlined, by the Governments, laying down the criteria, on which the Taxation is computed and applying it uniformly. This can be done, by a computer automatically, without human interface.

Another area of concern is, the cumbersome revision/apellate procedures, as presently exist. The system should, allow online filing of the petitions and, disposal thereof in a time bound manner. This is being done presently in the Income Tax Department.

This is about systemic, institutional corruption, not personality. To ask the Democratic leadership to clean things up would be like asking the old Soviet bureaucracy under Brezhnev to reform itself. It ain't going to happen. Newt Gingrich.

Author is a Senior Chartered Accountant in practice at Visakhapatnam and Vice President, Waltair Club and Editor, Waltair Times and can be reached at psraju@gmail.com

BOOKS, MOVIES, MUSIC ALBUMS REVIEWS



The Wit & Wisdom of Ratan Tata :

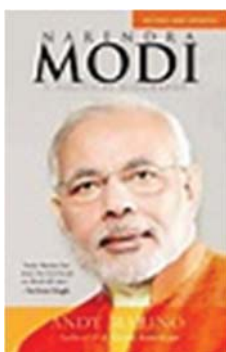
In times of adversity, you have two choices - you can either steal yourself away from the situation or steel yourself up ...

The Girl Who Knew Too Much :

Author : Vikrant Khanna

SBN : 0143439944

Number Of Pages : 224
Details : Can true love bring someone back from the dead? Akshara is

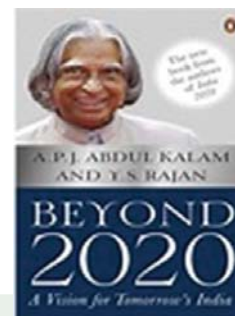


A Political Biography - Narendra Modi :

Indian Prime Minister Narendra Modi wrested a powerful victory for his party, has spoken at countless meetings and rallies and ...

Beyond 2020 :

Dr. A.P.J. Abdul Kalam had a great belief in the power of the youth. He met over 21 million children and young people in India and outside and spoke to them about the power of ..



MOVIES REVIEW – TELUGU Athade Srimannarayana

Rakshit Shetty, Shanvi Srivastava, Balaji Manohar, Achyuth Kumar, Pramod Shetty, Madhusudhan Rao

Critic's Rating: 3.5

Avg. Users' Rating: 3.2

Queen - Series :

One of the biggest wins for Queen - something of an Achilles heel, in general for Tamil web series - is the casting. Even though each character is played by multiple actors, because the series pans a course of three decades, the hand-off isn't as incoherent as I'd have expected. Anikha, who plays adolescent Shakti, sets the stage brilliantly.





MOVIES - HINDI : Good Newwz

Here's what critics are saying about the film Good Newwz starring Kareena Kapoor Khan, Akshay Kumar, Kiara Advani, Diljit Dosanjh, Tisca Chopra, Adil Hussain, Anjana Sukhani.

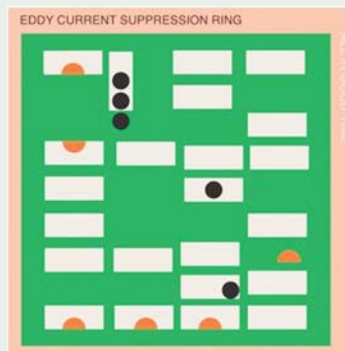


MOVIES - ENGLISH : The Good Liar

Ian McKellen and Helen Mirren are two of the finest British actors of today. It's something of a coup to have them acting opposite each other on the big screen so kudos to director Bill Condon for that. They may not have acted together in films but having done theatre together, they make for an easy fit on screen. At first, the film, set in 2009, feels like an old fashioned-romance between an old couple.

MUSIC ALBUMS - ENGLISH : ELECTRONIC ROCK

The Australian garage rock band's first album in eight years is a modest and welcome comeback even if they don't crash out of the speakers like they once did. are provided as well, along with two other lists by TND's editors. Austen's list:



MUSIC ALBUMS - Hindi :



MUSIC ALBUMS - TELUGU : Sarileru Neekevvaru

Music Director : Devi Sri Prasad

A fairly foot-tapping album. Three singles from 'SarileruNeekevvaru' are out, on Lahari Music. Here we present their reviews. The other songs will be reviewed as and when they are out.



REVIEWS - GADGETS : Laptop : Huawei MateBook X Pro

CPU: 8th generation Intel Core i5 - i7 Graphics: Intel UHD Graphics 620, Nvidia GeForce MX150 2GB GDDR5 | RAM: 8GB - 16GB Screen: 13.9-inch 3K (3,000 x 2,080) Storage: 512GB SSD



TV : Samsung Q9FN QLED (2018) 65-inch:

Samsung QE65Q9FN
Spectacular HDR picture quality
Powerful, well-rounded sound
Limited viewing angles.

X box :

PS 4

Dimensions : 29.5 x 32.7 x 5.5 cm (W x L x H)

GPU : 4.20 TFLOPS, AMD Radeon™ based graphics engine **RAM :** 8 GB of GDDR5, 1GB DDR3

Communication : USB 3.1, HDMI 2.0a, Ethernet, Optical Audio and PlayStation Camera ports, Dual-band 802.11ac wireless, Bluetooth 4.0

Max Resolution : 3840 × 2160

Maximum controllers : 4 Storage: 1TB.



Camera :

Nikon Z6

Sensor: Full-frame CMOS | Resolution: 24.5MP
Autofocus: 273-point AF Screen type: 3.0-inch tilt-angle touchscreen, 2,100K dots
Maximum continuous shooting speed: 12fps
Movies: 4K at 30p
User level: Enthusiast/expert.



Tablet :

iPad Pro 11 (2018)

Weight: 468g Dimensions: 247.6 x 178.5 x 5.9 mm
OS: iOS 12 Screen Size: 11-inch Resolution: 2388 x 1668 pixels CPU: A12X Bionic Storage: 64GB/256GB/512GB/1TB micro SD slot: No
Battery: 7,812mAh Rear camera 12MP Front camera: 7MP

The above Reviews were compiled from the Web by Mr. P. S. Raju, FCA., Vice President – Waltair Club and Editor – Waltair Times.

BRIDGE TOURNAMENT





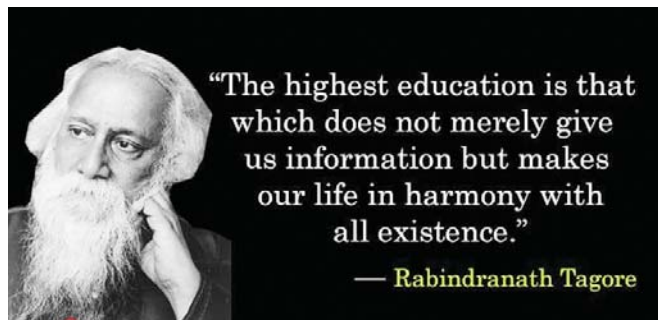
BRIDGE TOURNAMENT



AN INNOVATIVE APPROACH TO EDUCATION - HIGHER LEVEL



by P. S. Raju, FCA.,(M. No.S-148)



This article is the third and final input on "An Innovative approach to Education" and covers higher education. The first on primary education, the second on middle and secondary education & vocational and skill development were respectively covered in the November and December Issues of Waltair Times. Before going to the topic on hand, a few words on the Indian Economy.

I, often ask myself, whether being, an underdeveloped and mostly poor Country, is a boon or bane to India. I am unable but to come to a conclusion that in some respects it is a boon. This is a strange statement and needs an explanation.

There is no doubt, in anyone's mind that United States of America is, a democratic – powerful - highest GDP Country, in the World. But a deeper look reveals 3 issues that troubled USA, high cost of litigation, medical care and education.

In comparison being poor, our Country is in an unique position to find cost effective and affordable solutions, in all these sectors. **The inadequacy of resources, leaves us with no option.** Some of these are being addressed but at a very slow and inefficient way.

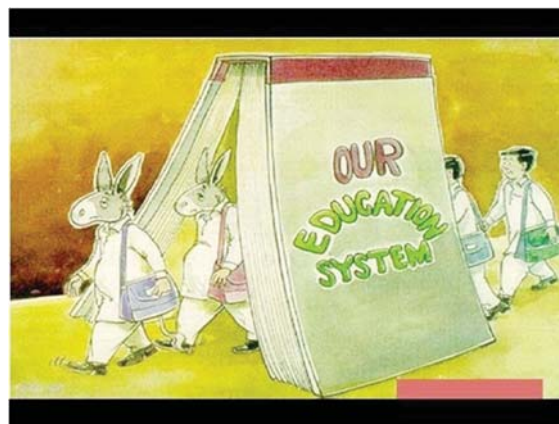
The examples are health schemes, right to education and judicial reforms. Proactive approach on health care and judicial reforms, will be dealt with in later issues of Waltair Times.

"HIGHER EDUCATION:

Expensive : College/University, Professional and Technical Education has become costly in India. It is beyond the reach of the Common Man.

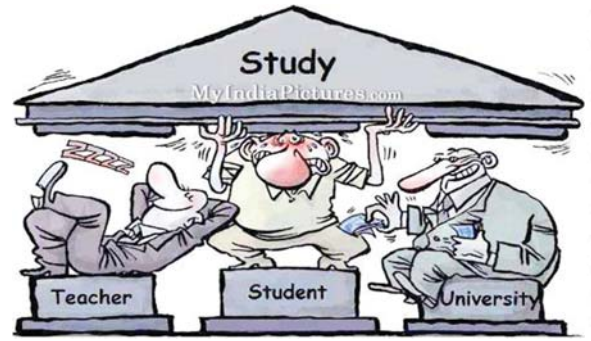
General education oriented : Our educational system is of general in nature. development of technical and vocational education is quite unsatisfactory". (Adopted from the Web).

The present system of higher education mostly consists of a large number of ill equipped, over crowded, mediocre faculty, lack of sports, lab equipment & study material. Nearly 90% of the total

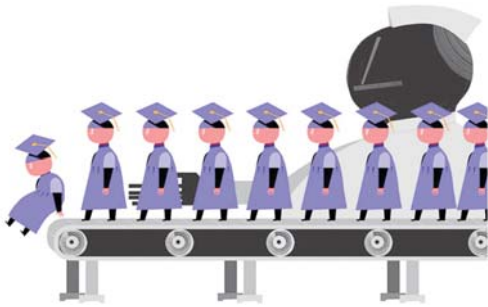


existing institutions, are in this **avoidable category**. These Colleges/ Universities should be **derecognized mercilessly** and strict rules be framed to enable professionally run Institutions.

I suggested earlier, for primary, middle, secondary, vocational and skill development Government participation. However, in higher education the private sector, including foreign participation, should be encouraged.



Funding : The Governments should fund these Institutions by allotting land at subsidized rates and extending all the possible tax incentives.



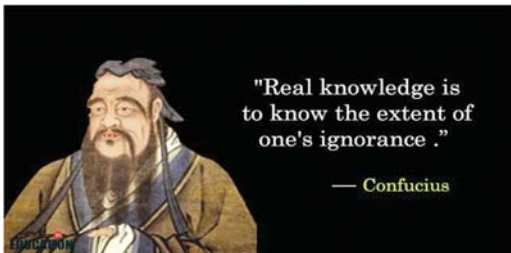
An area which we need to borrow, from developed Countries is, working while undergoing higher studies. This is a most prevalent practice, specially in USA, in the form of on and off Campus Jobs. They go a long way, in providing, an avenue for the

students to earn and fund their education.



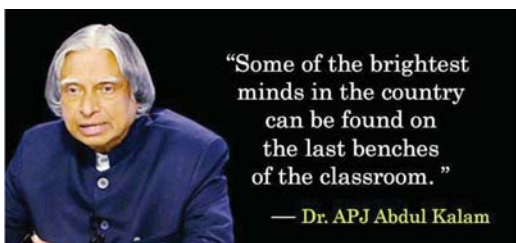
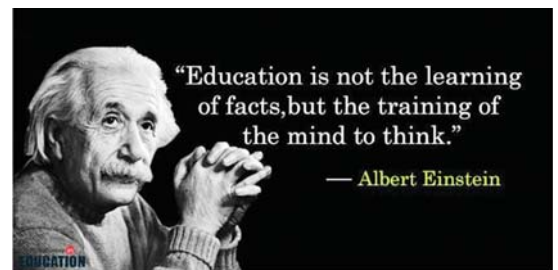
Any number of other innovative methods, can be introduced, to raise the resources. The Colleges/Universities should be strictly regulated by the Government. **Student educational loans should be discouraged as, it will cause lot of strain on the students, at a later stage.**

Research and Development: There should be lot of emphasis on research and development. A tie up with businesses to provide consultancy/collaboration and other services should become a part of higher education. This measure will bring funds to the institutions.



Compete with the World : There are hardly any Colleges/Universities, from our Country, in the top 100 World Rankings. Countries like China, Hong Kong, Singapore etc., are far ahead of us. This needs to be changed. With a population exceeding 1.2 billion, more of our Institutions need to make it to the top.

A tireless and dedicated effort from every one can achieve these objectives. The quality achieved will put an end to the “brain drain”. This great Country can become a destination for students all across the World not only for relatively low costs but top quality education.



The Author is a Senior Practicing Chartered Accountant in Visakhapatnam and Vice President - Waltair Club & Editor - Waltair Times and can be reached at psraju@gmail.com



THE PRESIDENTIAL SCHOOL

Mangamaripeta | Seethammadhara



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Jwala Gutta

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Date
15/02/20

Time
05:30 pm

Venue
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Stadium, Visakhapatnam**

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ఆముక్తమాల్యద అనే తిరుప్పావై

ధనుర్మాసం మొదలైంది. సంక్రాంతి పండుగ ముంగిట్లోకి వచ్చేసింది. కోలాహలం ఆందుకుంది. ఇది అనువైన కాలం గనుక యీ వ్యాసం మీ ముందుంచుతున్నాను. సాహితీ సమరాంగణ సాహ్యోనుబైన శ్రీ కృష్ణదేవరాయలవారు 16వ శతాబ్దంలో ఆముక్తమాల్యద అనే గ్రంథాన్ని రచించారు. ఇదే తిరుప్పావై. విష్ణుచిత్రియమన్నా ఇదే.



- దూర్వాసుల దక్షిణామూర్తి, (డి-18)

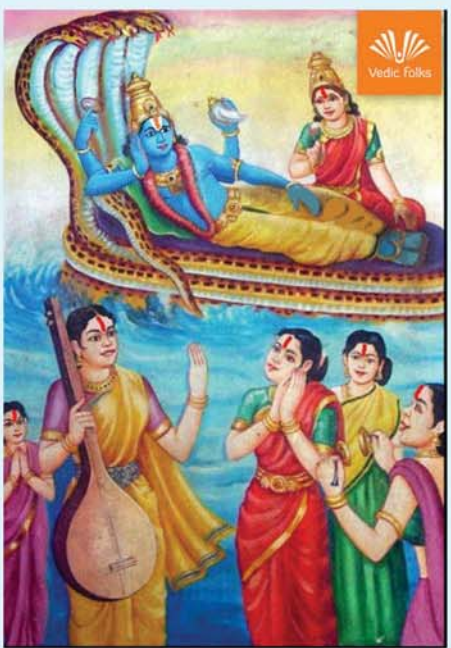
సూర్యుడు ధనూరాశిలో ప్రవేశించిన సమయాన్ని ధనుస్సంక్రమణం అంటారు. ఈ రాశిలో భానుడు సంచరించే నెలరోజుల కాలం ధనుర్మాసం. ధనుర్మాసం ప్రాతఃకాలం పావనమైందని సూర్యోపనిషత్తు తెలుపుతోంది. వేకువజామున మంచులో తడిసిన పచ్చగడ్డి మేసేందుకు ఆవులు, గేదెలు ఇండ్లను వడలిపోతున్న వేళ, సంగీతజ్ఞులు గానం చేసే శ్రావ్యమైన బిళహరి రాగంలా మార్గశీర్షం పవిత్రతకు చిహ్నమై భాసిస్తుంది. సాత్వికమైన ఆరాధనలకు ఈ నెల రోజులు శుభకరమైనవని వైఖాసన శాస్త్ర వివరణ. ఈ నెల విష్ణుమూర్తికి ప్రీతికరమైనది. గోదాదేవి కథ ఈ మాసానికి సంబంధించినదే.

ఈ నెలరోజులూ ఇంటిముందు కకరకాల దళం ముగ్గులతో దంగవళ్ళులు దిద్దుకారు. కన్నెపిల్లలు తెలతెలవారకముంది నిద్రలేచి స్నానాలుచేసి పరికిణీలు, ఓణీలు ధరించి పల్లెసీమల్లో పండుగ సందడి చేస్తారు. భరద్వాజు పక్షులు దశినివలకు ఎగిరి తోలిసంజలో .. పల్లెల్లోని గృహిణులు తమ మెడలోని పుస్తెలు, నగలు ఘట్టఘట్టమని లయబద్ధంగా మోగిస్తూ కవ్వంతో పెరుగు చిలుకుతున్న రొదతో ఈ నెలలో గ్రామాలు బృందావనాలుగా అగుపడతాయి. మార్గశీర, పౌష్య మాసాల మధ్య హిమంత ఋతువు వస్తుంది. ఈ ఋతువులోనే ధనుర్మాస ప్రతం ఆరంభమవుతుంది. శిశాకాలం ప్రారంభానికి సంకేతం ఈ రుతురాగం.



భగవంతుడికి ఇష్టమైన ధనుర్మాసంలో గోదాదేవి పరమాత్ముని పొందడం కోసం భక్తి యోగాన్ని సాధన చేసింది. జనక మహారాజుకు సీతాదేవి లాగా పరమ వైష్ణవ భక్తుడు శ్రీ విష్ణుచిత్తులరు తులసివనంలో గోదాదేవి లభించింది. నల సంవత్సరం, కర్కట మాసం, పుబ్బా నక్షత్రం, ఆషాఢ శుద్ధ చతుర్దశి రోజు ఆమె ఆయనకు లభించిందంటారు. యుక్త వయస్సుకు వచ్చిన తరువాత గోదాదేవి ప్రరంగనాభుడిని తన పతిగా పొందాలని తలచింది. మానవులకు భక్తియోగమే సులభమైన సాధన అని తండ్రి అనన్య నిరతి ద్వారా గమనించిన గోదాదేవి, ద్వాపర యుగంలో గోపకన్యలు శ్రీకృష్ణుని పెళ్లాడటంకోసం కాత్యాయనీ ప్రతం చేశారని తెలుసుకున్నది. తానూ ఆ ప్రతం చేసి అపర కృష్ణావతారమైన శ్రీరంగణ్ణి వివాహం చేసుకోవాలని ఛాించింది. ఆ ఛావన నుంచి ఉద్భవించినవే మధురాతి మధురమైన భక్తభావ గీతాలు. వాటిని పాశురాలని అంటారు. ధనుర్మాసం ముప్పు రోజులూ శ్రీకృష్ణుణ్ణి స్మరిస్తూ గానం చేసిన ముప్పు పాశురాలు

తాను పూలవనంలో సేకరించిన పుష్పాలతో అందంగా మాలలల్లి తన భర్త కళ్యాణ గుణ రూప సంపదను అలంకరించి .. పాశురాలనే మాలికగా చేసి తన భావ సర్వస్వాన్ని గోవిందుడికి సమర్పించుకుంది. గోదాదేవిని ఆండాల్ అని కూడా పిలుస్తారు. తమిళంలో ఆండాల్ అంటే శ్రీలక్ష్మి. సమవయస్కురాలైన స్నేహితురాళ్లతో కలిసి గోదాదేవి ధనుర్మాస ప్రతం ఆచరించింది.



తిరుప్పావై మాధురి దివ్య గేయలహరి. అలనాటి గోపికల్లాగా తానూ శ్రీకృష్ణుని సౌందర్యానికి సరితూగాలని, తన చక్కడనం ఆ మాధవుడికి నచ్చాలని ఆండాల్ భావించింది. మధురాతి మధురమైన భక్తిగేయాలు రచించి గానం చేసింది. అందుకే ఆండాళ్ను పాడిక్కొడుత్తాల్ అని సైతం అంటారు. ఆండాళ్ తల్లి గానం చేసిన ముప్పు పాశురాలు దివ్యమైనవి, భవ్యమైనవి. మార్గశీర్ష మాసంలో వేకువజామున శ్రీ వైష్ణవ ఆలయాలనుంచి వినిపించే ఈ గీతాలు భగవద్భక్తికి గురిచేస్తాయి. మంగళప్రదమైన ఈ ధనుర్మాసం వేళ తిరుమలలో శ్రీనివాసుడు, శ్రీ కృష్ణుడిగా పూజలందుకొంటాడు. ఈ నెలరోజులూ ప్రభాత కాలంలో ఆండాళ్ రాసిన తిరుప్పావై ప్రబంధంతో పాటు, శ్రీ తొందరడిప్పాడి ఆళ్వార్(విప్రనారాయణ) రచించిన తిరుప్పల్లియేతుచ్చి చదువుతూ సేవాకాలం నిర్వహిస్తారు.

ఇది వివిధ గ్రంథాలనుండి సేకరించిన సమాచారము మాత్రమేనని మనవి.

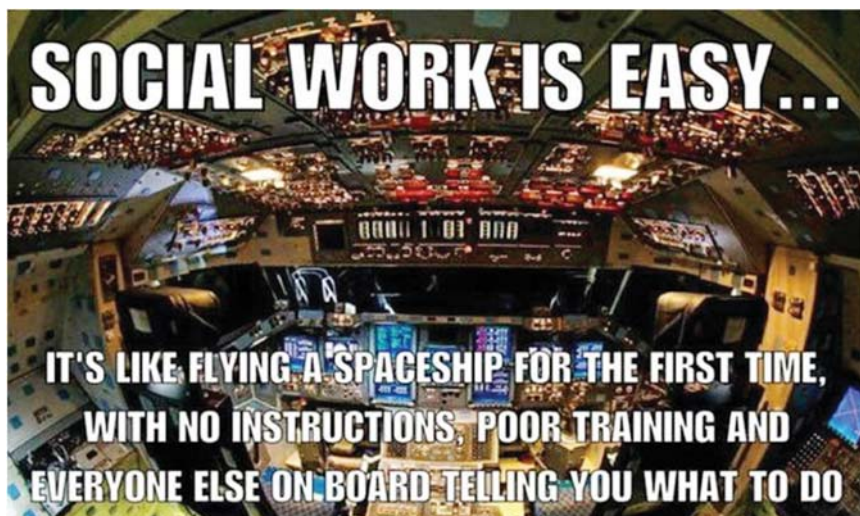
స్వస్తి.

మీ
దూర్వాసుల దక్షిణామూర్తి
(డి-18)

PARIVAAR - A SOCIAL IMPACT INITIATIVE OF IIM CALCUTTA ALUMNI



COMPILED FROM THE WEB SITE OF PARIVAAR BY: **NARASIMHA RAJU PUSAPATI** (M. No. N - 155), 37 years, is a Member of our Club, who passed out of Indian Institute of Technology (Kharagpur) with B. Tech & M. Tech (Dual Degree) in 2004 and PGDM from the Indian Institute of Management, Calcutta in the year 2006. He is presently Managing Director, EFG International Limited, a \$400 Billion, Swiss Investment Bank and is based in Hong Kong. He can be reached at, pnraju333@yahoo.com, and is the son of our Senior Member and Vice President, Waltair Club, Mr. P. S. Raju., FCA. (M.No:S-148)



The Indian Institute of Management Calcutta (IIMC) was established as the first national institute for Post-Graduate studies and Research in Management by the Government of India in November 1961 in collaboration with Alfred P. Sloan School of Management (MIT), the Government of West Bengal, The Ford Foundation and Indian industry. Professionalizing Indian management through its Post Graduate and Doctoral level programs, Executive Training Programs, Research and Consulting Activities.

ALUMNI :

Sunil Alagh, former MD and CEO of Britannia Industries, Ajit Balakrishnan, Founder and Chief Executive Officer of Rediff.com; Chairman of the Board of Gvernors of IIM Calcutta, T. V. Narendran, MD of Tata Steel, Indra Nooyi, Chairman and Chief Executive Officer, PepsiCo, Nishi Vasudeva, Chairperson and Managing Director at Hindustan Petroleum; first woman ever to head a Navratna PSU, Ramachandra Guha, Historian and Author, Gita Johar, Vice Dean for diversity, equity, and inclusion and Meyer Feldberg Professor of Business, Columbia Business School, Columbia University, Krishna Palepu, Professor at Harvard Business School, Senior Adviser to the President for Global Strategy, Amish Tripathi, Novelist, Author of the Shiva Trilogy Government, Politics, and Social Work, Krishnamurthy Subramanian, the 17th Chief Economic Adviser to the Government of India, AmolakRathan Kohli former Governor of Mizoram, Vinayak Lohani Social Entrepreneur, Founder of Parivaar. Ajay Bisaria Indian High Commissioner to Pakistan former Ambassador to Poland and Lithuania.



Indian Institute of Management - Main Building

Walking with VVIP.

Parivaar, is a humanitarian organization inspired by the spiritual and humanistic ideals of Sri Ramakrishna and Swami Vivekananda, with it's chief institutions based in West Bengal and Madhya Pradesh. For last 16 years, Parivaar, has worked towards the total care and overall development of children who are highly vulnerable to exploitation, victimization and trafficking, including orphans, street children, abandoned children, and extremely impoverished children from tribal areas. It also conducts many more humanitarian activities for the destitute and uncared, including elderly and shelter less.



Founder Mr. Vinayak Lohani.



Founder spending time with the children.

The Background and Beginning

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In 2003, a 25 year old young alumnus of IIT Kharagpur and IIM Calcutta, having opted out of placements towards a lucrative corporate career, was driven by the inspiring exhortation of Swami Vivekananda of selfless service to those in suffering and make one's life one with them. This youngman, Vinayak Lohani, thus inspired by spiritual and humanistic ideals of Ramakrishna-Vivekananda, resolved to devote

Walking to the class rooms.

His entire life for serving 'Divine in Man' as taught by Swami Vivekananda. He gave up the prospect of highly lucrative corporate career by not taking any placement from IIM. Immediately after passing out of IIM in 2003, with just 3 children in a small rented building on outskirts of Kolkata, he started Parivaar.



Parivaar family celebration.

Parivaar receives approximately 2000 cases of vulnerable children a year by field organizations, relatives of the child in question, or through concerned non-family members. After filtering Prima Facie information, cases for site visits and detailed investigations are short-listed. Parivaar has a special team that conducts site inquiries from where the case-request has come. This team visits the child's location and collects a detailed profile, facts and information on him based on the interaction with his referring persons/entity and other possible sources. This site report is then discussed and

deliberated, and the severity of the need of the child to be admitted to Parivaar is assessed and a decision is made. The important parameters looked into while admitting into Parivaar are:

1. At entry level Parivaar admits kids between 4 and 10 years of age, though certain exceptions are made.
2. The child should want and be able to stay at Parivaar through university enrollment. Just as in any family, we believe children should be supported by their family - in this case Parivaar-until they are self-sufficient.
3. Generally, along with one child all his/her siblings are also admitted into Parivaar. We believe it does not make sense to develop a bright future for one and leave others to languish behind. Parivaar's principle is that all siblings should progress together so that their familial bonding remains intact into the future.



Children with a happy exuberance.



Sports Event



Class Room.



Class Room.

AWARDS AND HONORS :



Vinayak Lohani receiving the Sanskriti Award 2011 from the former President of India

National Award for Child Welfare 2011 presented by the Hon. President of India at the Rashtrapati Bhavan.

*Parivaar Bonogram,
Bakhrat Road, P.S.Rashpunja,
Kolkata-700104 West Bengal Phone
No: 91-33-2495-4118, 2495-4171*



DIMINISHING INDIAN VALUES AMONG THE INDIAN YOUTH



India has specifically been known for its great and high standard values, folk-ways and culture, may it be nationally or internationally India has won many of the hearts on the basis of its vast and wonderful culture. By the term 'culture' we can simply understand that; a culture is a complex whole of vivid values, ideas, folk-ways, mores, customs, morals, laws, arts and other capabilities and skills obtained by man as a member of the society. In a broader sense culture is the way of the social life of the people or precisely it is an organized system of behavior of the human society. Now, values are a significant part of the Indian culture, we have various values (set of attitudes & behavior) which superbly distinguish the Indians from the rest of the people of the other countries.



Almost every aspect of our lives are guarded and directed by moral, social and cultural values which teach us the right way to behave with others. Like; we have moral values of honesty, kindness, humility, generosity, transparency, truth, patience, satisfaction, self-esteem that we are supposed to follow while leading our lives then on the other hand we have social and cultural values which direct our social behaviors such as value of greeting, obeying, giving respect, modesty, group harmony, social welfare, cooperation, brotherhood, patriotism, and respect for all religions etc.

Indian values undoubtedly have undergone many modifications and shifting, people have been applying the values according to their suitability and convenience. However, in the old Indian society people were more eager to follow and give importance to their values but now in the modern times values are somewhere losing their vitality. In the modern times when firm waves of modernization, westernization, industrialization and urbanization have impacted

the lives of the people, the effect of the Indian values seem to have been lost in that. The great Indian values seem to have been replaced by selfish-motives, individualistic thoughts and egoistic drives of the human beings.

The young generation of the country seem to have no faith in the old established moral and cultural values their mind-sets are structured in such a way that praises only the western values. Even the old generation of our Indian society feels helpless in reforming the so called westernized mind-sets, thus some of them have accepted this fact (with no other option left) and some are still struggling with their young ones to convince them about the importance of the Indian values.

The youth of today seem to have been bamboozled by the fascinating picture of the western values which are apparently hallow and unsuitable for our society, still the young generation gives more importance to those values since they believe that western values administer more freedom, flexibility, self-promotion, newness and confidence to them. For instance, the young generation feels more comfortable in waving a simple hand or uttering a simple 'Hi' or even a slang "hey what's up' for greeting someone instead of following our cultural value of greeting with folded hands and bowing down the head with respect and saying the meaningful word; 'Namaste'.

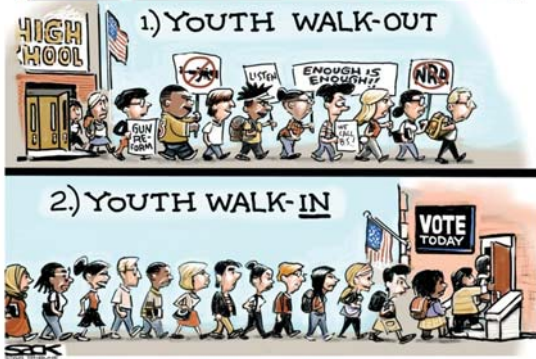
The young generation have not at all tried to understand the essence of own values and blindly following the foreign values. Our values are so meaningful and have been directed for the welfare of the human beings only, which intend to bring harmony and affection among the people of our country.

But blaming the youth alone would not be justifiable over here, they have adopted the ways which they have seen in front of them they have many mediums through which they have learnt the western values but here we are missing one important aspect of this scenario and that is that it might be possible that we being the elders, parents and the guardian have not properly introduced our Indian values to our young generation, it might also be possible that we have not guided them properly and taught about the great implications of our own values! There might have been something missing in the process of their upbringing that has resulted in the lack of faith of the youth in the Indian values.

Thus, we should also consider the other part of this scenario. Following are the points that should be taken into consideration:



2 Good ways to get LAWMAKERS' ATTENTION:



Parenting, Values and the Youth: parenting is an important aspect of the upbringing of a child because through parenting the parents create a personality of their child. Nature of parenting determines the kind of personality of the child thus, if the parenting is accompanied with the teaching of moral, social and cultural values at a very early stage of the child, there is no doubt that the child would certainly become a powerful, confident, self-reliant, generous and an amiable person. Parents should teach their young ones the importance of our values and encourage them to apply those in their practical lives.

Inclusion of Values in Education: education makes us a distinct person with a broad vision, new ideas and thoughts and wisdom and values make us morally, socially and culturally distinct thus education should be accompanied with the knowledge of our great values as well. In schools

and colleges students should be taught about the usefulness of values and should be imparted a Value based education.

Values work like a shield for the people that facilitate the best standards of attitudes and behaviors for them and make them different from other human races. Indian values have always been popular and appreciated because they are based on good and pure intentions and also based on the virtues. It is only in India that we consider even the guests as a form of God and treat them with generosity and lavishly, we bow down our heads to give respect to others, we have learnt to help and think of others welfare, we belong to a land where honesty is truly considered to be the best policy and where the action of giving care and love to the elders and old parents is supposed to give us heavenly blessings. Then how could the young generation stay so ignorant and unappreciable towards own values? All they need is the right atmosphere, guidance and motivation of the parents, elders, teachers, and other educated and enlightened people of the society who can teach the youth that identity is created on the foundation of one's values and not the foreign values.



Compiled from the Web by P. S. Raju, FCA.,(M.No: S-148), Vice President - Waltair Club and Editor - Waltair Times.



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The Reality of Life

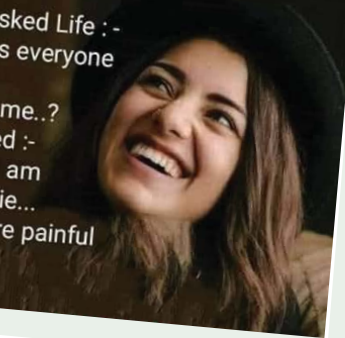


If you put banana & money Infront of monkeys, Monkeys will choose bananas, Because monkeys do not know that money can buy a lot of bananas
"In reality if you put money & health Infront of people, People tend to choose money because too many people do not know that health can bring more money & happiness"

YOU ARE THE AUTHOR OF YOUR LIFE. DON'T BE AFRAID TO EDIT OR CHANGE THE SCRIPT.
Good Morning

Beautiful quote :

"Death asked Life :- Why does everyone love you and hate me..? Life replied :- Because I am beautiful lie... and you are painful truth....!!"



Behaviour

is always greater than Knowledge because in life there are many situations where knowledge fails but behaviour can still Handle.

Good Morning



5 ways happy!

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HARM NO ONE

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Good Morning

Read Louis E. Luzzo

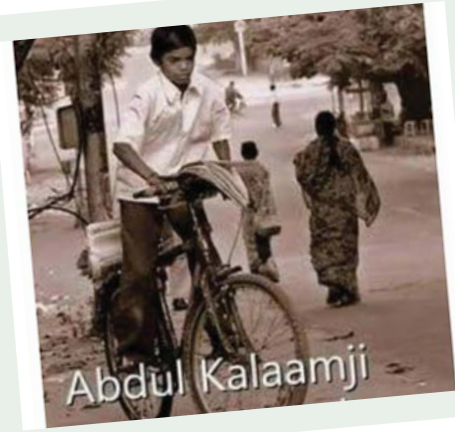
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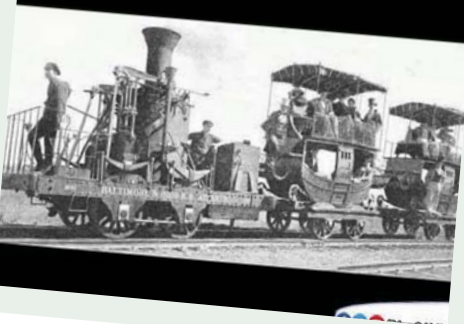
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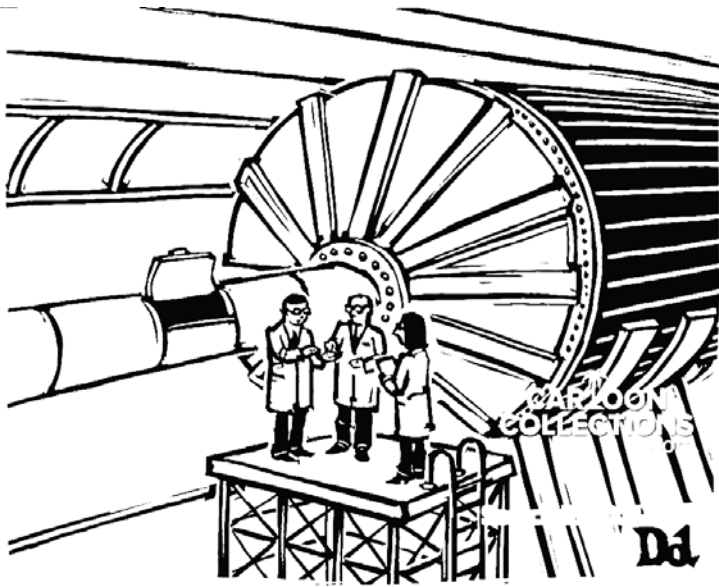
ANANDI JOSHI
INDIA'S FIRST LADY DOCTOR

వందేళ్ళముందు అదే సూపర్ మార్కెట్...డిల్లీ...



THERE'S A GIANT MYSTERY HIDING INSIDE EVERY ATOM IN THE UNIVERSE

by- RafiLetzter



"The atoms are burned on the outside but still ice-cold in the middle."

smaller particles called quarks, and the interactions between those quarks are so intense that no external force should be able to deform them, not even the powerful forces between particles in a nucleus. But for decades, researchers have known that the theory is in some way wrong. Experiments have shown that, inside a nucleus, protons and neutrons appear much larger than they should be.

Physicists have developed two competing theories that try to explain that weird mismatch, and the proponents of each are quite certain the other is incorrect. Both camps agree, however, that whatever the correct answer is, it must come from a field beyond their own. Since at least the 1940s, physicists have known that nucleons move in tight little orbitals within the nucleus, Gerald Miller, a nuclear physicist at the University of Washington, told Live Science. The nucleons, confined in their movements, have very little energy. They don't bounce around much, restrained by the strong force.

In 1983, physicists at the European Organization for Nuclear Research (CERN) noticed something strange: Beams of electrons bounced off iron in a way that was very different from how they bounced off free protons, Miller said. That was unexpected; if the protons inside hydrogen were the same size as the protons inside iron, the electrons should have bounced off in much the same way. At first, researchers didn't know what they were looking at.

But over time, scientists came to believe it was a size issue. For some reason, protons and neutrons inside heavy nuclei act as if they are much larger than when they are outside the nuclei. Researchers call this phenomenon the EMC effect, after the European Muon Collaboration - the group that accidentally

No one really knows what happens inside an atom. But two competing groups of scientists think they've figured it out. And both are racing to prove that their own vision is correct.

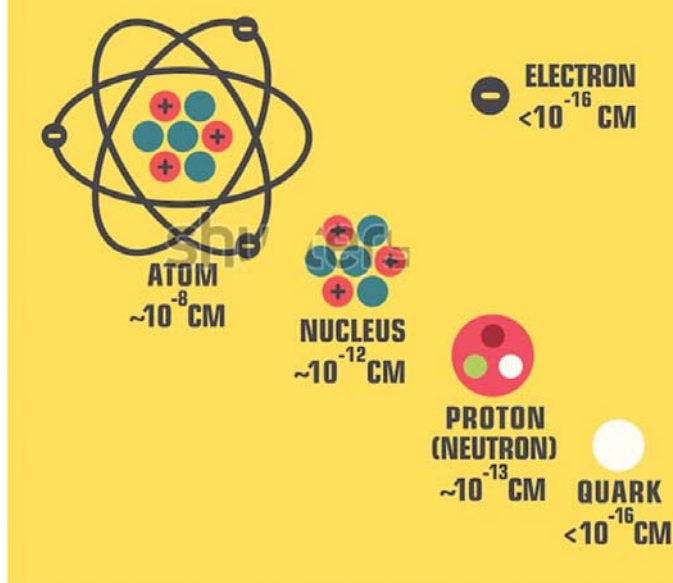
Here's what we know for sure: Electrons whiz around "orbitals" in an atom's outer shell. Then there's a whole lot of empty space. And then, right in the center of that space, there's a tiny nucleus - a dense knot of protons and neutrons that give the atom most of its mass. Those protons and neutrons cluster together, bound by what's called the strong force. And the numbers of those protons and neutrons determine whether the atom is iron or oxygen or xenon, and whether it's radioactive or stable.

Still, no one knows how those protons and neutrons (together known as nucleons) behave inside an atom. Outside an atom, protons and neutrons have definite sizes and shapes. Each of them is made up of three



NUCLEAR CONFUSION

STRUCTURE OF AN ATOM



discovered it. It violates existing theories of nuclear physics. Or Hen, a nuclear physicist at MIT, has an idea that could potentially explain what's going on.

While quarks, the subatomic particles that make up nucleons, strongly interact within a given proton or neutron, quarks in different protons and neutrons can't interact much with each other, he said. The strong force inside a nucleon is so strong it eclipses the strong force holding nucleons to other nucleons.

"Imagine sitting in your room talking to two of your friends with the windows closed," Hen said. The trio in the room are three quarks inside a neutron or proton. "A light breeze is blowing outside," he said.

That light breeze is the force holding the proton or neutron to nearby nucleons that are "outside" the window. Even if a little snuck through the closed window, Hen said, it would barely affect you.

And as long as nucleons stay in their orbitals, that's the case. However, he said, recent experiments have shown that at any given time, about 20% of the nucleons in a nucleus are in fact outside their orbitals. Instead, they're paired off with other nucleons, interacting in "short range correlations." Under those circumstances, the interactions between the nucleons are much higher-energy than usual, he said. That's because the quarks poke through the walls of their individual nucleons and start to directly interact, and those quark-quark interactions are much more powerful than nucleon-nucleon interactions.

These interactions break down the walls separating quarks inside individual protons or neutrons, Hen said. The quarks making up one proton and the quarks making up another proton start to occupy the same space. This causes the protons (or neutrons, as the case may be) to stretch and blur, Hen said. They grow a lot, albeit for very short periods of time. That skews the average size of the entire cohort in the nucleus - producing the EMC effect.

Most physicists now accept this interpretation of the EMC effect, Hen said. And Miller, who worked with Hen on some of the key research, agreed. But not everyone thinks Hen's group has the problem worked out. Ian Cloët, a nuclear physicist at Argonne National Laboratory in Illinois, said he thinks Hen's work draws conclusions that the data doesn't fully support.

"I think the EMC effect is still unresolved," Cloët told Live Science. That's because the basic model of nuclear physics already accounts for a lot of the short-range pairing Hen describes. Yet, "if you use that model to try and look at the EMC effect, you will not describe the EMC effect. There is no successful explanation of the EMC effect using that framework. So in my opinion, there's still a mystery." Hen and his collaborators are doing experimental work that is "valiant" and "very good science," he said. But it doesn't fully resolve the problem of the atomic nucleus.

"What is clear is that the traditional model of nuclear physics ... cannot explain this EMC effect," he said. "We now think that the explanation must be coming from QCD itself." QCD stands for quantum chromodynamics - the system of rules that govern the behavior of quarks. Shifting from nuclear physics to QCD is a bit like looking at the same picture twice: once on a first-generation flip phone - that's nuclear physics - and then again on a high-resolution TV - that's quantum chromodynamics. The high-res TV offers a lot more detail, but it's a lot more complicated to build.

The problem is that the complete QCD equations describing all the quarks in a nucleus are too difficult to solve, Cloët and Hen both said. Modern supercomputers are about 100 years away from being fast enough for the task, Cloët estimated. And even if supercomputers were fast enough today, the equations haven't advanced to the point where you could plug them into a computer, he said. Still, he said, it's possible to work with QCD to answer some questions. And right now, he said, those answers offer a different explanation for the EMC effect: Nuclear Mean-Field Theory.

He disagrees that 20% of nucleons in a nucleus are bound up in short-range correlations. The experiments just don't prove that, he said. And there are theoretical problems with the idea. That suggests we need a different model, he said. "The picture that I have is, we know that inside a nucleus are these very strong nuclear forces," Cloët said. These are "a bit like electromagnetic fields, except they're strong force fields."

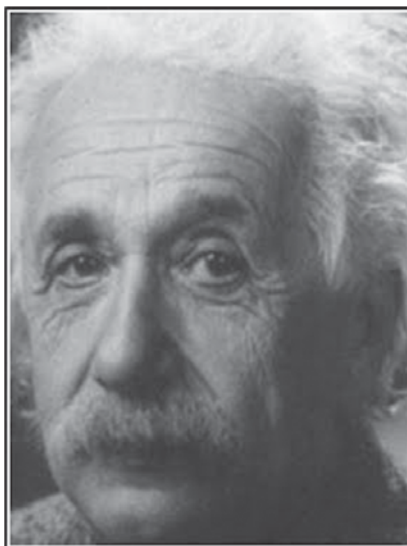
The fields operate at such tiny distances that they're of negligible magnitude outside the nucleus, but they're powerful inside of it. In Cloët's model, these force fields, which he calls "mean fields" (for the combined strength they carry) actually deform the internal structure of protons, neutrons and pions (a type of strong force-carrying particle). "Just like if you take an atom and you put it inside a strong magnetic field, you will change the internal structure of that atom," Cloët said.

In other words, mean-field theorists think the sealed-up room Hen described has holes in its walls, and wind is blowing through to knock the quarks around, stretching them out. Cloët acknowledged that it's possible short-range correlations likely explain some portion of the EMC effect, and Hen said mean fields likely do play a role as well. "The question is, which dominates," Cloët said.

Miller, who has also worked extensively with Cloët, said that the mean field has the advantage of being more well-grounded in theory. But Cloët hasn't yet done all the necessary calculations, he said. And right now the weight of experimental evidence suggests that Hen has the better of the argument.

Hen and Cloët both said the results of experiments in the next few years could resolve the question. Hen cited an experiment underway at Jefferson National Accelerator Facility in Virginia that will move nucleons closer together, bit by bit, and allow researchers to watch them change. Cloët said he wants to see a "polarized EMC experiment" that would break up the effect based on the spin (a quantum trait) of the protons involved. It might reveal unseen details of the effect that could aid calculations, he said. All three researchers emphasized that the debate is friendly.

"It's great, because it means we're still making progress," Miller said. "Eventually, something's going to be in the textbook and the ball game is over. ... The fact that there's two competing ideas means that it's exciting and vibrant. And now finally we have the experimental tools to resolve these issue.



The release of atomic energy has not created a new problem. It has merely made more urgent the necessity of solving an existing one.

— *Albert Einstein* —

AZ QUOTES

Adopted from the Web by Mr. P. S. Raju., FCA, Vice President -Waltair Club and Editor -Waltair Times.

CHRISTMAS CARNIVAL



by - Divya Das Sunkara (M. No.D-093)
Chairperson, Ladies Committee



As Christmas was around the corner, we the Ladies Committee of Waltair Club welcomed the festivity with a joyful "Christmas Carnival. The event started around 6:00 PM on 24th Dec (Christmas Eve) with the Jubilee Deck beautifully decorated in red and white theme. With a crowd of more than 500 people, the Jubilee Deck was filled with children and parents filled with joy and enthusiasm. Our very own member's children danced to the beautiful carols and performed the Nativity Scene very beautifully. While the band REVIVE set the stage on fire, the presence of the Chinese Dragonawed everyone.



The gracious presence of Santa Claus with lots of gifts, attracted all the children. Nearly 250 children were lucky enough to receive gifts and snack boxes from their beloved Santa.



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Mrs. Divya Das Sunkara
Chairperson, Ladies Committee





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ABOUT WILLS, IN BRIEF

- by Mr. TVSK Kanaka Raju

Reached at : tvskkanakaraju@gmail.com



"And to my teenage grandchildren, I leave my unused phone minutes."

Most people do not know that a will can be presented for registration even after the death of the person executing it. There is a provision under the A.P. Rules of Registration Act which facilitates such registration after due enquiry by the Registering Officer.

A will is defined under the Indian Succession Act. In simple terms a will is a declaration in writing made by a person with reference to an arrangement about the distribution of his properties which comes into effect after the life time of the person making it. A will is a revocable instrument and it can be revoked at any time during the life time of the person making it. The rules relating to drawing of a will are quite simple. Firstly, registration of a will is not a mandatory requirement. The registration of a will is entirely optional, yet registration is certainly desirable because there is greater reliability in case of a registered will. Now a days the executants of will also are required to affix their photographs and thumb marks as per the amendment to the registration rules. In view of this amendment, the registration of a will definitely serves as a prima facie proof of



identification of the executants.

In legal terminology the executant of a will is called the testator. Where the testator makes an incomplete will for some reason and certain explanations are necessary to complete the elliptical constructions in the will, then without resorting to cancellation of the will, the testator can simply execute a codicil by way of another written instrument explaining, altering or adding to the earlier disposition contained in the will. The will and codicil shall be treated as a single document, as the codicil forms an integral part of the will. The rules relating to the execution of a codicil are the same that apply to a will. A person cannot make a will regarding the property that does not belong to him. A person who has self acquired property, solely and exclusively owned by him alone, can make a will. The testator cannot bequeath coparcenary interest or joint family interest under a will.

There are two types of wills broadly. Privileged wills and unprivileged wills. Privileged wills are those which are made by soldiers, air men and mariners at sea. Rules relating to privileged wills are based on convenience and expediency. They need not be in writing. A soldier employed in an expedition or engaged in an actual warfare can make a privileged will by mere oral declaration. Two witnesses are necessary to prove his declaration. Turning over to unprivileged wills the following are the legal requirements.

1. The testator shall sign or put his thumb mark on the will. It is desirable that the testator subscribes his signature at the foot of every page.
2. The testator may authorize someone else to sign on his behalf if the situation requires.
3. There should be at least two witnesses to attest the will.
4. Each of the witnesses who has seen the testator sign the will, shall sign in his presence.
5. It is not necessary that both of the witnesses should sign at the same time.
6. No particular form of attestation is there.

The privileged will or codicil may be revoked by the testator by an unprivileged will or codicil or by any act expressing an intention to revoke it. An unprivileged will may be revoked by execution of another will or some writing declaring an intention to revoke the same. A registered will can be revoked by executing a registered cancellation will or by executing another registered will. An unprivileged will can also be revoked either by burning, tearing or otherwise destroying the same. Where the bequest imposes an obligation on the legatee, he can take nothing by it unless he accepts it fully. This is specifically covered under the provisions of the Indian Succession Act under the head 'onerous bequest'.

When it comes to interpretation of wills, the judge is supposed to take into aid the provisions under the Indian Succession Act while applying the Armchair rule. The judge should virtually sit in the Armchair of the testator and ascertain the intention of the testator which is to be gathered primarily from the language of the document. The judge should consider the surrounding circumstances, the position of the testator, his family relationship, the probability that he would use words in a particular sense, and many other things which are often summed up as "the court should put itself into the testator's Armchair."



The Author is **TVSK Kanaka Raju**, K - 134,
a Senior Advocate practicing at Visakhapatnam

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M/s Suryashakti Bizadvize Private Limited is a, start up Business Advisory Services Company, at Visakhapatnam in Andhra Pradesh and is promoted by Sri. P. S. Raju, FCA., a Chartered Accountant in practice for the last 40 years., with a rich and varied experience in Direct & Indirect Taxation, Corporate Law, Project Financing, Restructuring of Businesses and Value addition leading to listing and public issue and holding positions as Director, Financial Advisor, etc., in several Companies. M/s SuryashaktiBizadvize Private Limited, provides the Services listed in the experience of the Promoter. Our guiding principles are Professionalism and Integrity. SuryashaktiBizadvize Private Limited is staffed with highly qualified and experienced people and are presently involved in implementation of Club Management System in Waltair Club along with M/s. **INTEGRATED RISK MANAGEMENT SYSTEMS (P) LIMITED**, Bengaluru.

Name	Role	Experience
Sitarama Raju Pusapati (P. S Raju, FCA) 	President	40 plus years in Taxation both Direct and Indirect, Corporate Law, Project Finance and Advisory Services.
J. Apparao, ACA 	Assistant Vice President	30 plus years in Finance, Taxation, Software development & ERP Implementation.
NishithaDatla, ACA 	Senior Analyst	3 plus years in the area of Taxation, Business Advisory Services.
Srinivas Raju Pusapati, MS (Info Systems) 	Senior Analyst	5 plus years in the area of ERP Implementation.

SURYASHAKTI BIZADVIZE PRIVATE LIMITED

MEMBER'S HONOUR'S



Dr. R. V. Narayana is a senior Member of our Club (N-257). He has been elected as fellow of American Academy of Neurology (FAAN). It is great honour to the practicing neurologists in India. This fellowship is given to people who are excelled in the field of neurology in their respective Country of Origin.



Our Associate Member Vishnu SashankDorbala (Membership No.V-362), who is at present a Masters student at the University of Maryland was invited to present a research paper on Robotics authored by him while at IIIT, Hyderabad, titled 'A Deep Learning Approach for Robust Corridor Following' at the premier and prestigious International Conference on Intelligent Robots and Systems (IROS) at Macau, China in November 2019. The paper was one of the four entries from India and was very well received by an international audience of luminaries in the field.

Dr.SrikrishnaChalasanani, a senior Member of the Club (M. No. K-135) got elected as PRESIDENT ELECT 2019-20 OF INDIAN ORTHODONTIC SOCIETY in the recently held national conference at Bhubaneswar last month end. Indian orthodontic society is a body comprised of all orthodontists in India.



Mrs. Priyank Bhatia, daughter in law of of our senior Member Mr. Pradeep Bhatia(M. No. P - 131) has been crowned Ms India 2019 and would represent India at Regency International Pageant to be held in Las Vegas, USA in June, 2020.



Mr. Murali Krishna, (M. No. M-101)
won the 61st Winter National Bridge Championship at Kolkatta.

Our regular member Dr Meenakshi Anantram (M. No. A-82) has been invited to speak at the prestigious "Say Yes" Women for India leadership conclave of Indian Women Network of the CII at Grand Hyatt Kochi Bolgatty on January 27 th 2020. She is a Limca book Awardee and founder of one India's first Event Companies Razzmatazz. Recently she was also awarded lifetime achievement award by VCCI and TCEI. She spoke on TEDx.



Dr. Venkat Ram Prasad a senior Member (M. No. V-203), has been elected as the AP State Joint Secretary for Indian Medical Association for the year 2020.

Mr. V. S. Rao member (S-462) delivered a lecture on CORROSION IN PETROLEUM REFINERIES on 23-01-2020 in Bhubaneswar.in a short term course jointly organised by CSIR-Institute of Minerals and Materials Technology, Bhubaneswar and South Eastern Region Pipelines, Indian Oil Corporation Limited, Bhubaneswar. The title of the course is Protecting of On-shore and Off-shore facilities against corrosion in the Coastal Region ,20-24 January 2020 .14speakers gave lectures during this period. The participants are engineers drawn mostly from Indian Oil, Gail ,Reliance etc



PUB OPENING



Dear Friends,

We are glad to inform you that our nest to unwind "The Pub" is reopened, on the day of Christmas, with renewed comforts and pleasantness.

The reopening of The Pub was attended in large number, and for all its regular patrons the evening was homecoming celebrations.

Special thanks to the Management of "Black Dog" "Scotch Whisky who generously contributed to the upgradation work and served the whisky and nibbles.

Dr.Kalidindi Ramesh Raju (M.No.R-436) have taken out his valuable time to guide all concerned, contributed his dexterity for this exquisite conception and needs a special commendation.

Wish you all an unravelling, high-spirited times @ The Pub.



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Chairman Sports





BASIC EDUCATION ON ASTHMA

BASIC EDUCATION ON ASTHMA

Dr A PREM KUMARMD

Professor of Pulmonary Medicine Andhra Medical College,
Visakhapatnam



Dr. A. Prem Kumar, M. No: S-568

Why is it important to know about Asthma?

The overall incidence of asthma has been increasing. Asthma affects as many as 300 million people of all ages. By 2025, it is expected that this number will rise to 400 million worldwide. Therefore, it is important to have a basic knowledge about one of the most common long-term diseases affecting human lungs.

What is Asthma?

The actual term asthma is a Greek word that is derived from the verb aazein, meaning to exhale with open mouth, to pant.

Asthma is a disease that narrows the airways which are small tubes that carry air to your lungs and can make it hard to breathe.

Who gets Asthma?

Asthma is probably usually caused by a mixture of hereditary factors (those you are born with) and asthma triggers. Asthma can start at any age, although about half of all people with asthma have had their first symptoms by the age of 10.

What are Asthma Triggers?

1. Respiratory tract infections
2. Environmental allergens like pollen
3. Pets
4. Tobacco smoke
5. Air pollutants and particulates
6. Exercise
7. Foods & drinks
8. Drugs like Pain killer, beta-blockers, which are used to treat high blood pressure, heart conditions, migraine or anxiety
9. Changes in air temperature
10. Strong Smells, certain chemicals

Asthma symptoms typically come and go. Sometimes asthma attack happens all of a sudden when the airways in the lungs become narrow and inflamed

Common symptoms are coughing, chest tightness, shortness of breath whistling or rattling sound in the chest known as wheeze.

How is Asthma diagnosed ?

A doctor may use a few different ways of testing for asthma

- Taking a detailed medical history
- Breathing test, called spirometry, as chest x ray is normal in asthmatics
- If your doctor thinks allergies might be making your asthma worse, they might suggest allergy testing. This can include skin tests or blood tests.

Is there any Non medical treatment for Asthma ?

Yes! Firstly, try to discover what triggers your asthma. Avoidance of trigger is the best way to treat asthma. Have effective environmental control, avoid food and drugs that trigger an asthma attack

Effective environmental control :

- Stop smoking and avoid exposure to second-hand smoke
- Use insecticides to eliminate cockroaches from the house (if the patient can stay away for some time) or use LAKSHMANA REKHA insecticide chalkpieces to avoid them
- Shake mattresses, pillows, bedspreads and blankets and expose them to the sun as often as possible
- Remove carpets from the bedroom; minimize number of stuffed toys for children and wash them weekly
- Avoid piling up books, toys, clothes, shoes and other items that accumulate dust in the bedroom
- When cleaning the house: sprinkle the floor with water before sweeping to avoid raising dust; clean furniture with a damp cloth
- Wash the sheets and blankets on the patient's bed weekly in hot water
- If available, encase pillow and mattress with allergen impermeable cover.
- Avoid, if possible, exposure to gas stoves and appliances that are not vented to the outside, fumes from wood-burning appliances or fireplaces, sprays, or strong odor
- Paint washable Distemper to the walls of the bedroom and wash them once a month
- It is not clear whether using an air purifier in the home is effective. If you have no other way of reducing your exposure to allergens or irritants, it may be worth trying. However, you must use it correctly, which includes keeping doors and windows closed in the room where you are using it.

What food items are to be avoided ?

- Avoid shrimp (Prawns and Crabs) & Avoid Beer (It contains Sulphites.) and wine
- Avoid AJINOMOTO (monosodium glutamate) added dishes like NOODLES and other CHINESE DISHES.
- Avoid Food with COLOURING AGENTS & Avoid Cheese.
- Avoid marketed Pickles and other Food Items with Chemical PRESERVATIVES.
- Avoid any other food you observe that precipitates Asthmatic attacks.

What drugs are to be avoided in order to prevent from an asthma attack?

- Don't use pain killers Like ASPIRIN, BRUFEN, DICLOFENAC, NIMESULIDE and other NSAIDS. You can use Paracetamol for pain relief
- BETA-BLOCKERS used to treat hypertension (Blood pressure) may cause severe asthma attacks. Even eye-drops used GLAUCOMA may do so

When exercise worsens asthma symptoms, Should we stop?

Everyone benefits from some form of exercise. If exercise makes your asthma symptoms worse, take 2 puffs of asthalin, which is an asthma medication available in the form of inhaler, 15 minutes before hand. SWIMMING is a good sport for asthmatics. Remember great people like Olympic gold medal winners are asthmatics!

How is asthma medically treated?

Asthma is medically treated with the help of inhalers of two types; controllers and relievers.

Controllers are medicines that prevent asthma attacks from starting. It includes Steroids which reduce red, swollen, narrower extra sensitivity of airways and airway openers which quickly open up the narrowed airways.

Relievers are medicines that provide rapid relief from an asthma attack by quickly opening up the narrowed airways (dilating the bronchi), like asthalin inhaler

Why Inhalers are used instead of tablets/injections for Asthma? Are steroids safe?

The inhaled medication directly goes into the sick airways and act locally on it. Very small amount of medicine that goes into the bloodstream is rapidly removed from the body, so that normally there are no side effects caused by inhalers when compared to tablets/injections. Very minute drug dose is required in inhalers when compared to tablets (200 micrograms vis a vis 2 mg ie 10 times less)



As steroids are mainstay of treatment for Asthma, inhaled route avoids bodily side effects. So, Inhaled Steroids are absolutely safe for asthma treatment.

Can tiredness and forgetfulness be caused by my asthma medication?

No, but if you are not sleeping well because you have poorly treated asthma, you can become tired and forgetful.

Can I become dependent on, or addicted to, my asthma medication?

No! Asthma medication is not addictive and you do not have to keep taking more to get the same effect.

I'm pregnant. Should I stop taking my asthma medication?

No. Poorly controlled asthma is a much greater risk to your baby. Remember, you're breathing for two. Most asthma medication through inhaler route are safe to take during pregnancy but, as always, you should be taking as per your physicians advice

When and why are steroid tablets or injections used ?

Steroid tablets (usually prednisolone or prednisone) or injections can be helpful to treat a severe attack of asthma when inhaled corticosteroids have not had enough effect. They are safe because they are given in short courses of 5 to 7 days

Just like BP apparatus which is helpful for regular monitoring of Blood Pressure, Is there any device available for monitoring of Asthma?

Yes! Regularly monitor your breathing capacity, in the morning and in the evening with the help of Peak flow meter and show the chart to your doctor at the next visit.



Do I still need my inhaled steroid if I feel OK?

Yes. Asthma is a long-term (chronic) disease that causes inflammation and narrowing of the airways. Your asthma does not stay the same, but changes over time, and some degree of disease is usually present, even when you are unaware of any symptoms.

Other than Inhaled steroids and Airway openers, are any other medicines available in the market?

Yes! Drugs like Omalizumab (Anti-IgE therapy), Mepolizumab, Reslizumab (Anti IL-5 therapy) are available for the treatment of Severe Asthma. Of course, they are not widely available and very costly medications.

What is Bronchial thermoplasty?

It is an interventional technique where heat is delivered to the swollen muscle in the airway wall with the help of bronchoscope, thereby reducing the airway narrowing, used in extremely severe cases



Can Herbal remedies, Acupuncture (Alternative therapies) help in asthma?

Although many people try alternative therapies, and many practitioners claim that they help, alternative therapies have not been conclusively shown to be effective in treating asthma.

Can asthma be cured?

No, there is not yet a total cure for asthma. But, strict compliance with the prescriptions and instructions given by your physician can make you lead an absolutely healthy life.

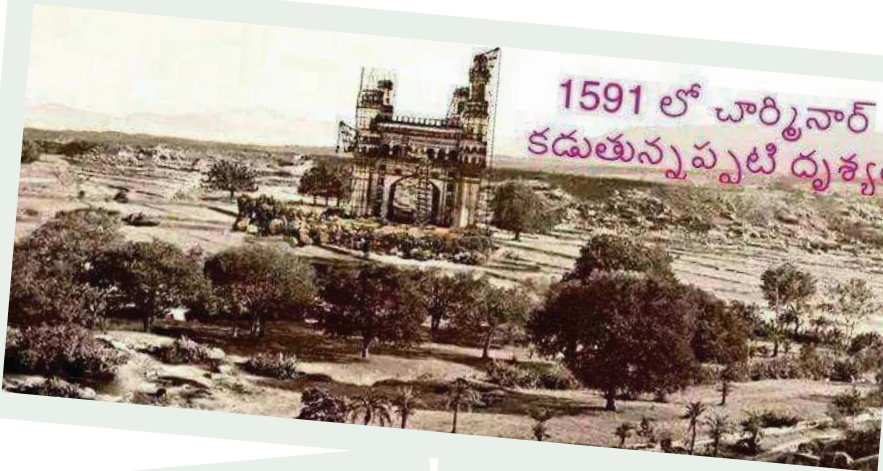
when you don't use regular medication, fatal attacks may occur, needing ventilator treatment in ICU.



Many Teachers

Sanskrit words for 'teacher' based on their unique abilities...

1. The teacher who gives you information is called: *Adhyapak.*
 2. The one who imparts knowledge combined with information is called: *Upadhyaya.*
 3. The one who imparts skills is called: *Acharya.*
 4. The one who is able to give a deep insight into a subject is called: *Pandit.*
 5. The one who has a visionary view on a subject and teaches you to think in that manner is called: *Dhrishita.*
 6. The one who is able to awaken wisdom in you, leading you from darkness to light, is called: *Guru.*
- Sanskrit is, perhaps, the only language that has such a refined vocabulary to distinguish the different kinds of teachers.
- Sent by *Suresh Jindal*



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TIT BITS



మనలో చాలామందికి "మా తెలుగు తల్లికి మల్లెపూదండ" పాటను ఎవరు పాడారో ఆవిడ ఎలా ఉంటుందో తెలియదు. ఈ పాట పాడినది టంగుటూరి సూర్యకుమారి గారు... టంగుటూరి ప్రకాశం పంతులు తమ్ముడు కుమార్తె ఈవిడ.



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Know your Club

- By Mr. Prem R Mirpuri
(M. No. M-54).

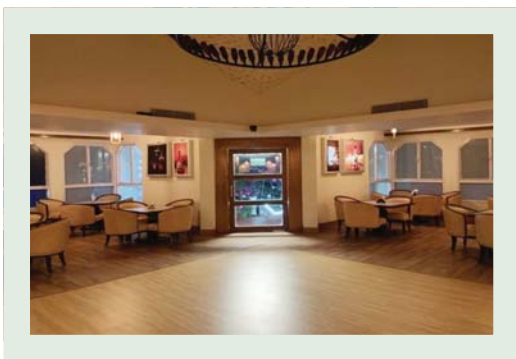
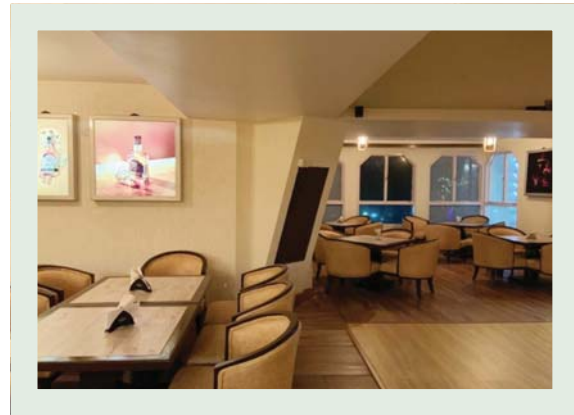
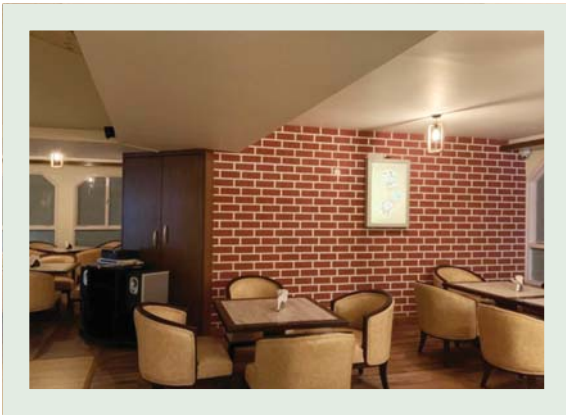


Plan your visit after bringing in the new year that has many good wishes & promises instore for each one to celebrate bright days ahead!!

Take time off to get to know your club which extends warmth for the evenings to spend time with family in a relaxed atmosphere, & share pleasantries in a comfortable ambience.

Mr. GMBV Krishna Reddy - Chairman Bar Committee, in his words expressed when being elected to do his best to ensure the Members a very choicest sippy times

Image from earlier times pub.



With a select band of Members in his team for 2019-2020 promised to make changes and improve the facilities.

Keeping in mind with their promise, renovation works were actively taken up from July 2019 and at time of completion were glad to inform that on Christmas day, our nest to rewind "THE PUB" was inaugurated with renewed ambience for all regular patrons it was home coming celebrations.

Special thanks to the management of USL Co who generously contributed to the up gradation work for Members to continue their

patronage with families

In the new calendar year committee proposes to introduce 1 day in a week for celebrating ladies nite, an evening with live music and other entertainments.

We look forward to their vision to improve the ambience of other family areas in the restaurants and the beautiful lush green lawns.



MEDICAL ARTS- NO MALICE - THE DIAGNOSIS

By Dr.Y.Jawahar
M.No.J-35



In sickness, the process of Diagnosis is the lynch pin of medicine.

There are miracles. Not Always.

Hundred Years ago, Journalist Ambrose defined the word "Diagnosis" as " A Physicians' forecast of disease by taking the patients" pulse and the purse".

And now it is only the purse!

Diagnosis is much more ART than science.

The true cause of illness is often buried with the patient.

Now with the advent of Digital World, the brains entered into the Digital X-ray, started at the beginning of 20th century, and the C.T.Scan in 1970s and MRI in 1990s.

All this gave the Doctors the power of medicine, than what they initially imagined by seeing, listening and touching the body. It is imaging through machines not the imaginary through the brains. Blood tests, exploded the accuracy, to make the diagnosis.

Now all these tools are must to diagnose and treat.

It is a "Cook Book Medicine"!

But is an effective therapy

But, still, there were errors.

The problem is lack of knowledge. Why the errors? Now only or even before?

In olden days, without any tools,

The observations were only with gait, speech, pulse and history.

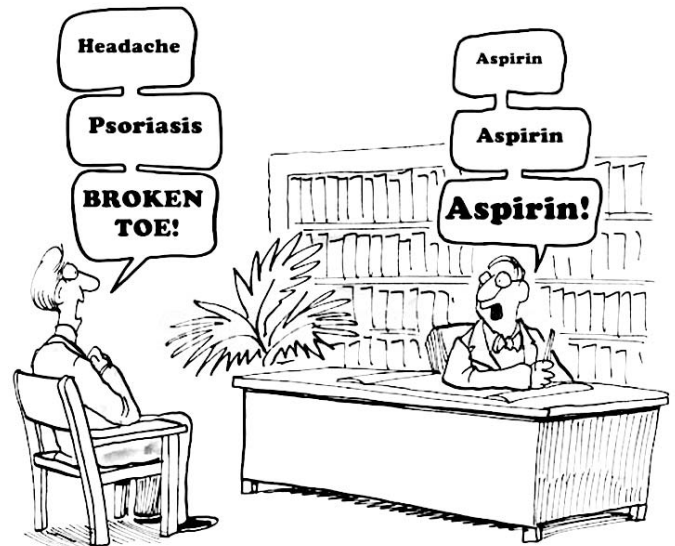
The patients story gives the best clue - is the oldest diagnostic tool. Even now it would, provided the time permits !, neither the health tests, nor the physical exam.

The history gives 90% of the diagnosis.

Even after the diagnosis, in whichever way, a simple interview with the patient plays an important role in the patients health.

Most patients are prepared to give their story, but the patient, won't have the opportunity to narrate.

Doctors, normally see the first step for diagnosis is "Just the Facts". Because of the "Facts only" attitude, doctors interrupt the patient, and the patient has no chance to reveal their problems. Many, listen, an average of 30 seconds!.



The healthcare plan's options had become increasingly simple.



Once the story of the patient is interrupted, unlikely to resume it. It was recorded, only 2% of patients complete the story, once the doctor is broke in.

If the doctor asks the questions, he will get the answers, and nothing else. Only answer to the point ! But, not the 'whats', where, whens?, 'hows' and whys? as well.

Interrogation elicits symptoms of the diseases. Getting a good history is a collaborative process. The patient brings to the process, the particular private facts of the life and illness. And what the doctor brings is the knowledge and understanding, who uses it, to make the right diagnosis. Why some of we are so bad about at it.

With the "Time Pressure", spending little time with the patient. Hence, focuses only on focused questions, to make quick diagnosis. If the doctor gets good history, that enables the doctor to go for fewer tests and less referels.

That gives patient's satisfaction, which is the prime, and sticking to the treatment, is observed and the cure will be faster.

Lack of training also contribute to the problem. The new generation of physicians, mostly, will not follow the rule.

A doctor confessed, "I missed the straight forward simple diagnosis, because, I was rushing to address a meeting on anxiety".

It happens

The "Time Factor", in life, is the Death Factor"!.

Few references from Dr.Lisa, M.D., New York.



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- Mahatma Gandhi

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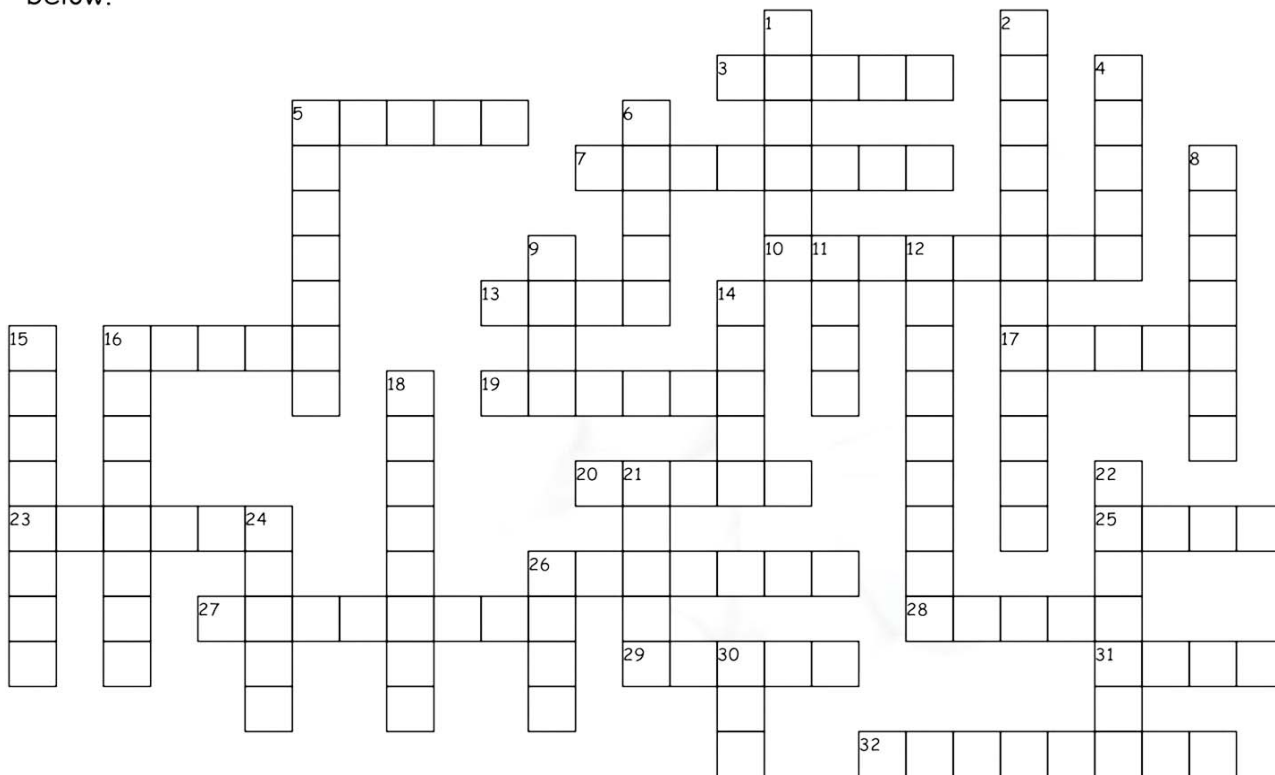


PUZZLES, CHESS, BRIDGE,

TIT BITS AND JOKES

Compiled from the Web by **MR. P. S. Raju**, FCA (S-148),
Vice President - Waltair Club & Editor - Waltair Times.

1. Using the Across and Down clues, write the correct words in the numbered grid below.



ACROSS

3. Some children _____ on their fingers to help them with math problems.
5. Many children pass the time by playing _____ games that come in a box.
7. Finger _____ instead of using a brush can be messy but it's a lot of fun!
10. Jumping as you're walking forward or _____ is a fun way to get somewhere a little faster.
13. Swinging from monkey _____ can make a child feel like a jungle animal.
16. Most children begin to _____ across the floor when they are just a few months old.
17. Laying down in the snow and making a snow _____ is a favorite outdoor winter activity.

DOWN

1. You really need to watch small children with small objects because they like to put everything in their _____.
2. Stacking blocks can help children improve their _____.
4. Hiding crossed fingers can represent that a child is _____.
5. Learning to ride a _____ is almost as important to some children and parents as learning to walk.
6. Most children love to play with bouncy _____ when they are little.
8. A little dish soap and an apparatus provide hours of fun for children who like to blow _____.
9. When someone leaves children like to _____ bye bye.

CHESS:

Ivanchuk vs. Yusupov, Brussels 1991.

The stakes could hardly be higher as this game was played in a rapid tiebreak in the world championship Candidates' cycle. Needing to win, **ArturYusupov** gave it his all, swinging each piece he could into the assault and eventually overcoming **VassilyIvanchuk's** best resistance with multiple fine attacking ideas.



"Ivanchuk vs. Yusupov was just like in 'I Love Lucy.' Ivanchuk was Lucille Ball, eating the black pieces as fast as he could as they came down the conveyor belt. Eventually we all knew what would happen, and like Lucy, he was overwhelmed. I can't think of any better 'kitchen sink' game than this one. Yusupov made only one move on the queenside in the final 20 moves of the game!" — @MikeKlein

BRIDGE:

BASICS – Contributed by Prof. G. Seshagiri Rao (M. NO. ———), Hon. Secretary – Waltair Club.

NOTE: Opener's primary job is to express his point range in the first one or two bids along with suit he has, if any.

ii. OVERCALLER'S POINT RANGES: IMP (LHO to OPENER)

a). Semi-balanced and unbalanced hand: 8-10 points; 11-15 points and 16+ points. Must have 5 or more cards in the suit bid

b). Balanced hand:

12-15 points; 15-17 points; ii. 18-19 points

iii.. RESPONDER POINT RANGES: IMP (THIRD HAND, OPENER'S PARTNER)

0-5 points; 6-9 points; 10-12 points and 13 or more points

0-5 = pass;

6-9 = raise your partner's suit with 3+ cards (3 or more cards) support, otherwise bid NT.

10-12 = Make jump call (limit bid) with 3+ cards in partner's suit, or bid 2NT with less than 3-card in partner's suit.

13+ = Make 2-level call in a new suit without jump. (Two over one, game force)

iv. ADVANCER POINT RANGES: IMP (RHO to OPENER)

Advancer point ranges vary depending upon his/her position at the time bidding.

a). If all the three (opener, over caller and responder) passes, advancer follows 1 above to open the bidding.

b). If opener bids and other two (over caller and responder) pass advancer will become over caller and follows 2 above.

c). If opener bids and over caller also makes a bid and responder passes, advancer will become responder to over caller and follows 3 above. If over caller double the opener's bid, advancer cannot pass and he must bid if responder pass.

5. BIDS BY EACH PLAYER: V V IMP (one should never forget or ignore this)

I. OPENER BIDS: IMP:

As opener, you need minimum 13 points and two trick value to open the bidding. Otherwise you pass and your LHO becomes opener.

If you have 13+ points (13 or more points) you can open in any one of the four colors in the groups; 13-15; 16-18 and 19-21. With 15—17 hcp and balanced hand You open 1NT. Rules and restrictions to make these opening bids are given later.

II. OVERCALLER BIDS: IMP:

a). SEMI-BALANCED AND UN-BALANCED HAND:

8-10 points: one level overcall. The bid suit will be strong and most of the points will be in the bid suit. Some time he may have more points and it will be shown in his next bid. One level overcall is normally treated as **lead direction bid** with 8+ HCP.

11-15 points: two level overcall with 5+ cards in a suit. This is a nonforcing bid His partner can pass.

16+ points: With 5+ cards in a suit double the opponent bid and bid your suit in the next round.

19+ points: Bid the opponent suit; CUE BID

b). BALANCED HAND:

12-15 points:

i. Balanced hand with 3 or more cards in opponent bid suit, you pass. It is called **trap pass**.

ii. Balanced hand with 2 or less cards in opponent bid suit and minimum 3-cards each in other three colors, you **double**. It is **takeout double**. Whatever the partner bids you pass showing minimum hand. Partner cannot pass if his RHO passes. He should bid his better suit even with zero points.

15-17 points: Directly overcall 1NT; balanced hand

18-19 points: Double and bid 2NT in the next round; balanced hand

III. RESPONDER BIDS:IMP:

0-5 = pass;

6-9 = raise your partner's suit with 3+ cards support, otherwise bid NT with any distribution and it is forcing on opener to bid.

10-12 = Make jump call (limit bid) with 3+ cards in partner's suit, or bid 2NT with less than 3-card in partner's suit.

13+ = Make 2-level call in new suit. (Two over one, game force)

iv. ADVANCER BIDS: IMP:

i. If all the three (opener, over caller and responder) passes, advancer follows 1 above to open the bidding. For point range 11-12 he will apply rule 15. You can make weak opening like in third hand.



TWO TABLE PROGRESSIVE

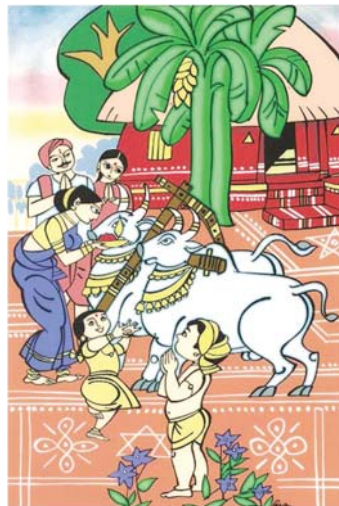
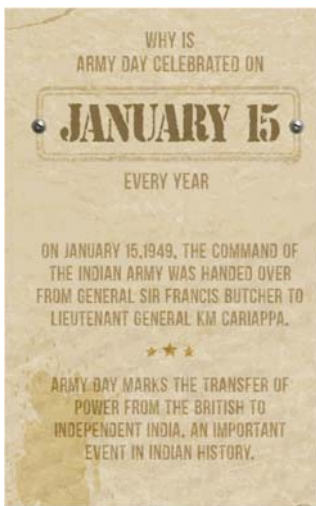
PLAYER NUMBER			
ROUND	TABLE 1	TABLE 2	SCORE
1	1-6 vs. 2-5	3-8 vs. 4-7	
2	2-3 vs. 5-8	1-4 vs. 6-7	
3	1-8 vs. 3-6	2-7 vs. 4-5	
4	1-2 vs. 3-4	5-6 vs. 7-8	
5	1-7 vs. 2-8	3-5 vs. 4-6	
6	2-6 vs. 3-7	1-5 vs. 4-8	
7	2-4 vs. 6-8	1-3 vs. 5-7	
NAME			TOTAL

- ii. If opener bids and other two (over caller and responder) pass advancer will become over caller and follows 2 above.
 - iii. If opener bids and over caller also makes a bid and responder passes, advancer will become responder to over caller and follows 3 above. If over caller double the opener's bid, advancer cannot pass and he must bid.
- Bridge game can be divided in three parts: i. Bidding; ii. Declarer play and iii. Defense play

Tit-Bits:

HERE IS A COMMENT FROM A PSYCHOLOGIST:The difference between the poor and rich nations is not the age of the Nation.This can be demonstrated by countries like India and Egypt, which are more than 2000 years old and are still poor countries.On the other hand, Canada, Australia and New Zealand, which 150 years back were insignificant, today are developed and rich countries.The difference between the poor and rich nation does not also depend on the available natural resources.Japan has limited territory, 80% mountainous, unsuitable for agriculture or farming, but is the second in worlds economy. The country is like an immense floating factory, importing raw material from the whole world and exporting manufactured products.Second example is Switzerland; it does not grow cocoa but produces the best chocolates in the world. In her small territory, she rears animals and cultivates the land only for four months in a year, nevertheless manufactures the best milk products. A small country which is an image of security which has made it the strongest world bank.Executives from rich countries who interact with their counterparts from poor countries show no significant intellectual differences.The racial or color factors also do not evince importance: migrants heavy in laziness in their country of origin are forcefully productive in rich European countries.What then is the difference?

The difference is the attitude of the people, molded for many years by education and culture.When we analyze the conduct of the people from the rich and developed countries, it is observed that a majority abide by the following principles of life:1. Ethics, as basic principles.2. Integrity.3. Responsibility.4. The respect for Laws and Regulations.5. The respect from majority of citizens by right.6. The love for work.7. The effort to save and invest.8.The will to be productive.9. Punctuality.



Happy Makar Sankranti



Wishing You a Very Happy

Bihu | Lohri | Makar Sankranti | Pongal



Never trust your Fears
They don't know your Strength

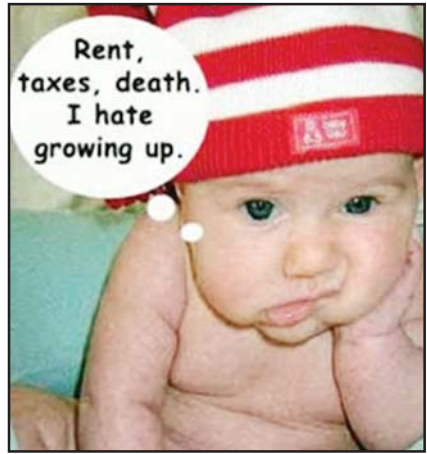
Good Morning

STANLEY | PHOTOGRAPHIC

LIFE IS A
BALANCE
O — F
HOLDING
ON AND
LETTING
G — O



DON'T
GROW UP,
IT'S A
TRAP.



SUDOKU:

1	4		5		6	3		
3							8	
9	8	2	4	1	3			
			8					9
	7	6	3			1	2	
8					1			
			2	3	7	8	1	5
	5							6
		8	6		5		3	4

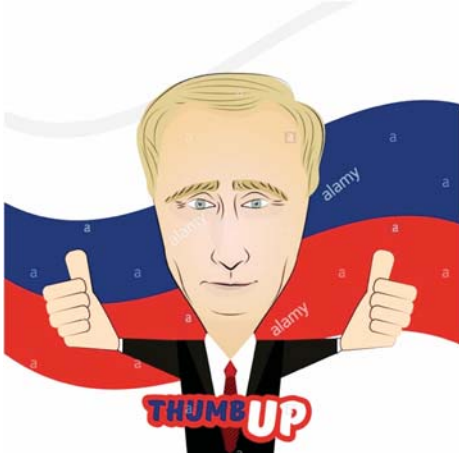
PUTIN - JOKES THAT RUSSIA ENJOYS :

Biden's comeback to heckler draws applause from crowd. Tapper says Hunter Biden's Ukrainian contract 'stinks' Joe Biden pitches unexpected running mate Sanders releases health summary after heart attack. Trump and Obama tie in most admired man poll. Massive

Trump tweets 'threat' to Iran over embassy attack. GOP senator open to witnesses in impeachment trial. Trump likes to golf ... a lot. Biden's comeback to heckler draws applause from crowd. Tapper says Hunter Biden's Ukrainian contract 'stinks'. Joe Biden pitches unexpected running mate. Sanders releases health summary after heart attack. Trump and Obama tie in most admired man poll. Massive ICE raids in Mississippi cripple Latino businesses. Chicago mayor discusses double-digit drop in violent crime. Gov. Cuomo: There is a scourge of hate in this country.

When asked about concerns the Russia might interfere in the 2020 US elections, he replied: "I'll tell you a secret: Yes, we'll definitely do it," Putin said. "Just don't tell anyone," he added, in a stage whisper. "You know, we have enough of our own problems," Putin continued. "We are engaged in resolving internal problems and are primarily focused on this." "Look, I haven't been president all my life, but my previous life taught me that any of my conversation can become public," said Putin when asked to about the

Putin added: "So when there were attempts to launch a scandal regarding my meeting with Trump in Helsinki — we directly told the administration to just publish it. If somebody wants to know something — just publish it, we don't mind." "I assure you there was nothing that would have compromised



President Trump there," Putin said. "As far as I understand it, they haven't done it out of principle, there are just some things that should not be public."

"They began with this impeachment proceeding. And they always recall Nixon. Nixon's team was wiretapping, listening to their rivals," Putin said. "But this is a completely different situation — Trump was wiretapped! Some anonymous special service staffer leaked this information. And based on what we know from the call there was nothing wrong there. Trump asked his colleague to investigate possible corruption schemes of previous administrations."

Russian Jokes Tell the Brutal Truth. In a repressive society, dark political jokes allow regular people to describe what they see with their own eyes.

Even before Donald Trump was facing impeachment over his dealings with Ukraine, his indifference toward that country's fate was a punch line in neighboring Russia.

Vladimir Putin is calling the White House, begins one joke that's been making the rounds. "Hello, Donald? I would like to discuss Ukraine with you." Trump: "What's Ukraine?" Putin: "Thanks, Donald!"



In an environment as repressive as the Soviet Union or, to a considerably lesser degree, Putin's Russia, *anekdoty* are a medium by which regular people can comment on the world they observe with their own eyes. During the Cold War, U.S. intelligence agents collected *anekdot*—partly because the jokes were funny, and partly because they were, as a former CIA official once told *Quartz*, "reflective of the public mood."

How do we know that Adam and Eve were Soviet citizens? They had one apple between the two of them, they had no clothes, and they believed they were living in paradise.

Why do the KGB thugs always walk around in threes? One can read, one can write, and the third keeps an eye on the two intellectuals.

When Putin became acting president on New Year's Eve in 1999 and was elected president of a fearless and hopeful Russia three months later, *anekdoty* about him were in short supply. But soon enough, the new leader was an object of fear. *Putin opens the refrigerator and sees a plate of quivering gelatin, one joke went. "Stop shaking!" Putin says. "I am only getting the milk"*

Rampant corruption has now become the target of a new generation of *anekdoty*: *"Vladimir Vladimirovich, how much is two divided by two?"* In this widely circulated joke, Putin responds: *"As always: one for you and three for me."*

How do the Putins divide their property? another *anekdot* asked, after Putin divorced his wife, Ludmila, in 2014. The answer: *Along the Ural Mountains.*

Whatever Trump's faults, real or imagined, the anonymous Russian wags who dream up *anekdoty* do not presume that he will govern indefinitely. Putin is another matter. Although he is ineligible to run again after his current term runs out in 2024, many *anekdoty* suggest that he will not leave. Here's one:

"Do you think Putin will ever relinquish the presidency?" "Of course!" "When?" "Immediately after the coronation!"

ADVISORY ON ETIQUETTE IN CLUB PREMISES



Managing Committee noted, at times some Members and children are going overboard and the actions are in violation of Club's rules. The Committee's endeavor to bring to the knowledge of Members the issues and relevant rules to avoid any sort of embarrassment to the Committee or the Members.

1) **Behavior with the staff Members:**

The staff Members are part of our Club and have essential role in day to day working of the same. The decorum of our Club calls that they be treated with due civility. (There were instances in the past where misbehavior with staff Members led to suspension of a senior Member).

2) **Conduct in the Club:**

A Gentleman is someone who values comfort of other people in the neighborhood. Care is to be taken while talking and using cell phones that we do not disturb other Members or people around. Absolute silence need to be maintained in Library and It's polite to speak in a low-pitched voice in other venues of the Club. Abusive and vulgar language should be totally avoided in Club premises.

3) **Members and Dependent children using the sports and other facilities of the Club:**

It has come to the notice of the Committee that dependent children bring along with them their friends. It is to be noted, the dependent children are not allowed to bring any guests to use the sports or other facilities of the Club. Further Members also should ensure they enter the guests' names in respective registers as soon as they enter the Club. Non-compliance in this regard is gross violation of the Club rules and will be dealt seriously.

4) **Dress Code and Timing for using various facilities:**

The Members and children should strictly follow the prescribed Dress Code and the timings while using various facilities. Members are advised not to use or visit the venues/facilities during their closing time. Please note all the venues and facilities have fixed timings.

5) **Smoking Areas:**

Smoking areas are designated and they should alone be used to avoid inconvenience to other Members and families.

6) **Chambers:**

This is a facility created only to provide accommodation for our Members, their Guests and Members of our affiliated Clubs. Members to take note of the bye laws regarding introduction of guests when they reserve Chambers. Except the room guests and on duty staff, all the persons (including our Club Members not residing in the Chambers) should leave Chambers and the Club premises at the time of closing of the Club.

7) **Guest Rules:**

Care should be taken while introducing guests, as our bye laws state that you can introduce a guest who is not a Member of our Club but has the eligibility to become a Member of our Club. This is very important not to disturb the decorum of the Club. Further the same guest can be introduced only on four occasions in a calendar month.

8) **Usage of Affiliated Clubs:**

Please carry your identity card and currently valid Introduction Card to affiliated Clubs. Please adhere to the rules of the respective affiliated Clubs and attention to be given to the dress code, behavior etc. Members to note that while using affiliated Clubs, they are brand ambassadors of our Club.

9) **Dues to the Club:**

The dues to the Club should be in time to avoid unnecessary action.

The Managing Committee appeals to all the Members that Our Club's Dignity will be measured by our Discipline and Inner Peace, and solicit your valuable cooperation in upholding the same.

10) **Mobile phones**

Use of mobile phone inside the enclosures maybe avoided. Mobile phones should be used with absolute discretion so as not to cause any disturbance to other Members.


11) Member to enter Guest details in the Register at the Reception. Guest must be accompanied by the Member.


AFFILIATED CLUBS





BOWRING INSTITUTE, BENGALURU.

Bowring Institute is one of the finest club in Bengaluru that illustrates the spirit of the garden city with a perfect blend of luscious green space and local heritage

Bowring Institute is one of the few heritable clubs in India. With one hundred and seventy six affiliated clubs currently spread across India and Overseas, Bowring has been able to sustain a perfect blend of the traditional age while keeping its pace with cosmopolitan times.  resort's like ambience with spacious rooms, lawns and banquets are ideal for residential conferences and social gatherings. Its multi-cuisine restaurant complements it with fine dining, vibrant bars and brilliant health and wellness services.

Its foundations were laid in 1868 by B. L. Rice CIE who was the Director of Public Instruction in Mysore and the author of the Mysore Gazette. Renowned for making a strong camaraderie with its guests and members,  redefines the tradition of hospitality in an interestingly modern way to create unique experiences and lifelong memories.

Bowring has a cosmopolitan group of over 5,000 Members, comprising of all sections of the Society and the largest daily attendance of any Social Club in the State. The Main Building of the  has been declared as a 'State Protected Monument' that is featuring a historical Main Hall and a Reading Room with its heritage dating back to 1888.  is a Social Club in the truest sense of the word providing elaborate Multi-Sports facilities such Tennis, Badminton, Squash, Billiards, Snooker and Swimming Pool, Health Club and Guest Quarters with ATM facility.



TERMS AND CONDITIONS FOR ACCOMMODATION:

1. 24 hours check-out time.
2. Can be booked only by members of affiliated clubs and members of Bowring Institute for their guests.
3. Mode of payment is cash / DD. (Cheques are not accepted).
4. Club members should carry their letter of introduction & ID card of the parent club as a mode of introduction.
5. Total visits permitted is 3 days at a stretch.
6. Affiliated Members/ Member's Guests can stay for 30 days in a calendar year.
7. Guests of reciprocal members are not allowed.
8. Dress code for the guests is formals or casual wear. Shorts are not permitted except in the sports area.

FACILITIES:



AFFILIATIONS

The Bowring Institute being one of the elite clubs in India, it is affiliated to many equally prestigious clubs pan India. Bowring members can enjoy the hospitality of more than 100 premium clubs across the country and clubs in Dubai and Singapore as well.



CONTACT DETAILS;

Bowring Institute #19, St. Marks Road, Bengaluru, Karnataka, India, 560001, 080-22228881, admin@bowringinstitute.in

AJMER CLUB - AJMER:



About us

The Ajmer Club was registered under section 26 of the Companies Act of 1882 as a Limited Company not working for profit, after a license had been obtained from the Local Government, as No.III of 1891, on 9th November 1891, and the Articles of Association were delivered and registered on 12th November 1891.

The original Memorandum and Articles of Association were altered by special resolutions passed at a general meeting on 3rd December 1915 and confirmed at a general meeting on 18th December 1915 and the revised Memorandum and Articles included in this issue of Club Rules were dully registered.

The Club is not precluded from making profits, but must apply those profits in promoting its objects and may not pay a dividend to its members, vide Section 26 of Companies Act.

The Companies Act of 1882 was repealed by the Companies Act of 1913 which was repeat of by the Companies Act 1956 (1 of 1956). The Club is presently deemed to be a company registered under the Registrar, Non Trading Companies Act 1960 (13 of 1960), and the provisions of the latter Act now apply to the Club vide section 290 of Companies Act of 1913 and Section 38 of Companies Act of 1882.

The Articles of Association were further revised in 1946 to bring them into line with the amendments of 1936 to the Companies Act. Further amendments were made from time to time.

FACILITIES & SERVICES



Tennis court two (with flood light)



A.C.Billiard hall With two tables



Card Room



Wooden Badminton courts two



Table Tennis



A'C . Licensed Bar



Two conference halls with all infra structure



Air Condition health club gymnasium



Restaurant



Squash Court



Residential rooms



Baradari (New wing)



Old Wing



Total 14 A.C. rooms with all luxurious facilities



Air Cooled room

Reciprocal Club Information Sheet:

Total Area	:	40,000 Sq. Yds
Established	:	1883
Total no. of Members	:	717 (Seven Hundred Seventeen)
Club Timings	:	6:00 am to 12:00 midnight
Residential Rooms	:	15 Rooms out of which 14 A. C. & 1 Air Cooled
Length of Stay Permitted	:	Seven to Ten Days in a month or Thirty days in Year
Reservation	:	On advance payment & availability

Ajmer Club - Contact Information:

Name & Address	:	Civil Line, Ajmer (Rajasthan) India
Telephone Nos	:	0145-2627003; 2624303
Contact person	:	Mob. No. 7737520220 (Rajendra Prasad Mathur)
Website	:	www.ajmerclub.co.in
e_mail address	:	ac.ajmer@rediffmail.com
Contact Persons	:	Between 11 am to 3 pm and 7 pm to 9 pm



WALTAIR CLUB

MANAGING COMMITTEE : 2019-20



Gold Bumper Tambola

ON 25th JANUARY 2020 (SATURDAY) @ 7.30 PM
AT CENTENARY AUDITORIUM

*Attractive
Prizes*



Prizes
worth
Rs.2,00,000/-



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ELECTRIC**
AIR CONDITIONERS

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Exclusive Sales & Service Dealers for MITSUBISHI ELECTRIC INDIA PVT. LTD.

CLUB TIMINGS



1) CLUB HOURS: The Club shall remain open as follows:

1. On all days 6.00 A.M To 11.00 P.M.

Bar shall be closed at 10.30 P.M. every day

Office: Monday To Friday	:	9.00 A.M. to 1.00 P.M. 4.00 P.M to 8.00 P.M
Saturday	:	9.00 A.M. to 1.30 PM
Sunday	:	Holiday

1) TIMINGS & TARIFF FOR VARIOUS SPORTS & GAMES IS AS UNDER:

a) SWIMMING POOL:

For all Members & Children above 12 years:

Timings	:	6.00 A.M. TO 9.00 A.M. & 4.00 P.M TO 8.30 P.M. Monday Closed.
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For Ladies On	:	4.00 P.M. to 5.30 P.M. – All Days
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Tariff: Member Rs.400/- Month
Each additional family Member Rs.50/-

Health Club: Monday Closed

6.00 A.M. To 10.00 A.M. – All Members, Ladies & Children
4.00 P.M. To 8:30 P.M. - “

TARIFF

Rs.400/-	-	Member/Month
Rs.30/-	-	Member/visit (if he has not Taken a Monthly Card).

b) BILLIARDS & SNOOKER:

For Members:

10.00 A.M to 10.00 P.M. = Monday to Saturday.

TARIFF:

1. Per an Hour	-	Rs.40/-
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c) SHUTTLE: The Shuttle Court is open between 6.00 A.M. to 9.00 A.M. and 4.00 P.M. to 8.30 P.M. on all days.

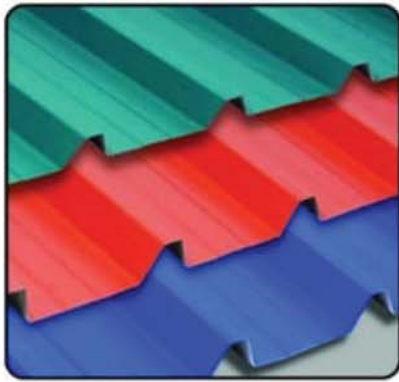
TARIFF:

1. For Member per month	-	Rs.300/-
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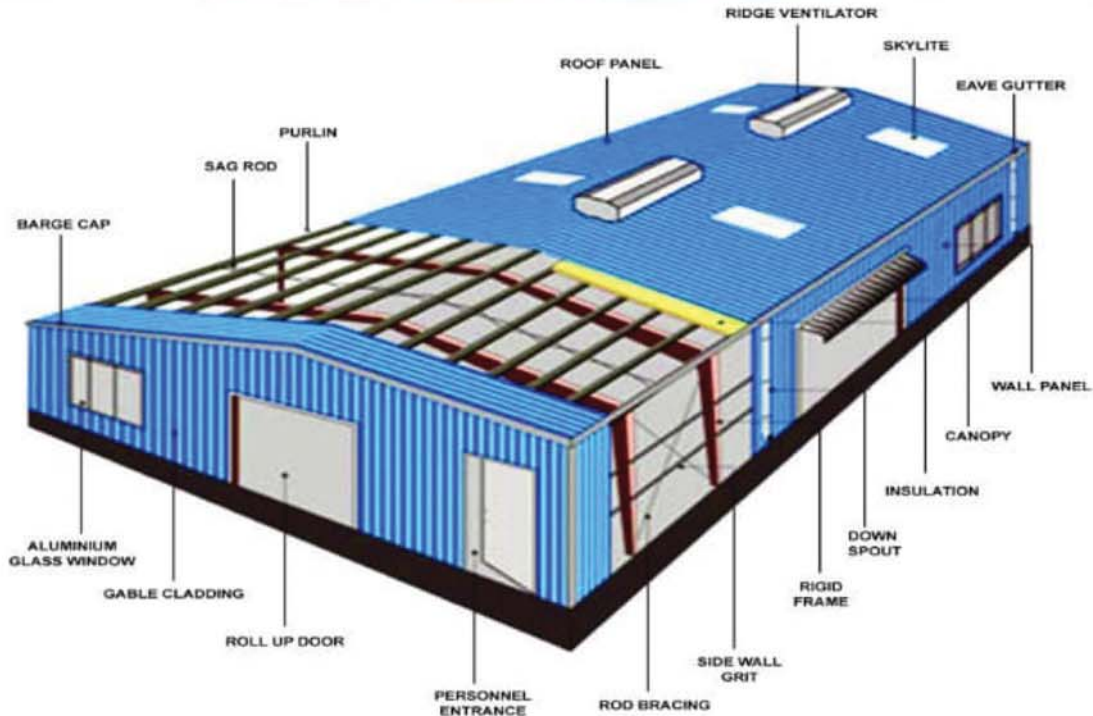
d) TENNIS: The Tennis Court is open between 6.00 A.M. to 9.00 A.M and 3.00 P.M to 7.00 P.M on all days except Monday which is holiday.

TARIFF: For Member per Month	-	Rs.400/- per head.
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ROOF SHEETS



WAREHOUSE



HINDUSTAN SHIPYARD



DGNP, VISAKHAPATNAM



CONCOR, OPP. AIRPORT, VSKP



APPLICATIONS :

1. WAREHOUSE SHEDS
2. FACTORY BUILDINGS
3. HEAVY INDUSTRIAL STEEL FABRICATIONS

PRODUCTS :

1. COLOUR COATED ROOFING SHEETS
2. LIGHTING SHEETS
3. TURBO VENTILATORS
4. BARRICADING SHEETS

BUILD-TEC INFRA

98B, D-Block, Autonagar, BHPV Post, Gajuwaka, Visakhapatnam-530 012.

Mobile : 9581499500, 8686786408 Ph : 0891-2511233

E-mail : buildtecpeb@gmail.com

Building Trust Together

DISCIPLINARY COMMITTEE

2019-2020

Mr.B.Satish Chandra 9848198411	S-223 sbe_satish@yahoo.co.in
Mr.G.V.K.Srirama Murthy 9848196587	S-068 agency@gprn.co
Mr.A.V.R.K.Kumar 9393262826	K-016
Mr.K.S.Anand Dutt 9393100729	A-022 ananddutt@hotmail.com
Mr.G.Veeramohan 9848196777	V-088 veermohan@hotmail.com

LEGAL COMMITTEE

2019-2020

Mr.M.Ramadas 9348186105	R-137 ramdasmangu@gmail.com
Mr.D.Dakshinamurthy 9346434348	D-018 dmdurvasula@yahoo.com
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Mr.G.Ramakrishna 9849999919	R-098 goliram1945@gmail.com
Mr.A.V.Monish S Row 9848190912	M-035 monishr@gmail.com

FLIGHT TIMINGS

9I-539	-	0655	DAILY	ALLIANCE AIR	-	VJAYAWADA/BLR	
I5519/ I5518	0645	0710	DAILY	AIRASIA	KOLKATA	KOLKATA	
AI 952/AI - 452	0715	0750	DAILY	AIR INDIA LTD	DUBAI/H'BAD	DELHI	
6E-288/6E-287	0700	0745	DAILY	INDIGO	BANGALORE	BLR/AHME	ON 7 DAY DEP BLR/PUNE
6E-2719/6E-608	0735	0805	DAILY	INDIGO	DELHI	HYDERA/MUMBAI	
AI-485	0740	0815	1,4,6	AIR INDIA	DELHI	PORTBLAIR	
6E-557/6E-557	0755	0825	DAILY	INDIGO	CHENNAI	BUBANESAR/KOL	
6E-6211/6E-2726	0825	0855	DAILY	INDIGO	HYDERABAD	DELHI	
SG-421/SG-422	0850	0920	DAILY	SPICEJET	MUMBAI/HYDE	HYDERA/MUMBAI	WEF 28/10/18
6E139/6E833	0855	0925	DAILY	INDIGO	KOLKATA	KOLKATA	
AI-487	0905	0940	1,5	AIR INDIA LTD	DELHI	PORT BLAIR	
6X207/6X208	0935	1005	1,2,3,4,5,6	AIR ODISHA	JAGDALPUR	JAGDALPUR	
I5-1452/I5-1453	1000	1025	2	AIRASIA	BANGALORE	BANGALORE	
I5-1452/I5-1453	1040	1105	1,3,4,5,6,7	AIRASIA	BANGALORE	BANGALORE	
6E-879/6E-881	1140	1210	DAILY	INDIGO	AHMEDABAD/HYD ERABAD	CHENNAI/ COIMBATORE	
AI-486	1145	1215	2,3,5,7	AIRINDIA	PORT BLAIR	DELHI	
6E833/886	1210	1240	DAILY	INDIGO	KOLKATA	KOLKATA	
6E-366/6E-809	1225	1300	DAILY	INDIGO	MUMBAI/H'BAD	H'BAD/MUMBAI	
9W-2979/9W-2980	1315	1345	DAILY	JETLITE	MUMBAI	MUMBAI	
9I-540/9I-527	1320	1500	DAILY	ALLIANCE	BLR/VJWADA	BZA-TIR	
AI 651	1335	1415	DAILY	AIR INDIA	MUMBAI	MUMBAI	
6E-409/6E-422	1405	1435	DAILY	INDIGO	BANGALORE	BANGALORE	
6E-512 /6E-512	1425	1455	DAILY	INDIGO	KOLKATA/ BUBANESWAR	CHENNAI	
AI-488	1435	1515	1,5	AIR INDIA	PORT BLAIR	DELHI	
SG1056/SG1057	1445	1510	DAILY	SPICEJET	HYDERABAD	HYDERABAD	
6E626/6E783	1550	1620	DAILY	INDIGO	HYDERABAD	HYDERABAD	FROM DEC 16
6E531/6E0532	1620	1700	DAILY	INDIGO	COCHIN	COCHIN	FROM NOV 30
AI -451/AI-951	1715	1800	DAILY	AIR INDIA	DELHI	H'BAD/DUBAI	
6E-611/6E-2772	1800	1830	DAILY	INDIGO	HYDERABAD	DELHI	
6E-208/6E-216	1820	1900	DAILY	INDIGO	BENGALURU	BENGALURU	
6E-773/6E-776	1850	1920	DAILY	INDIGO	HYDERABAD	HYDERABAD	
6E-882/6E-883	1945	2015	DAILY	INDIGO	COIMBAT/ CHENNAI	H'AD/AHMEDABA	
9I-528	2020	-	DAILY	ALLIANCE	TIRUPATI/VJWADA		
I5-1458/I5-1459	2030	2055	DAILY	AIRASIA	BANGALORE	BANGALORE	
6E-622/6E-647	2040	2110	DAILY	INDIGO	BANGALORE	BANGALORE	
SG3471/SG3292	2120	2200	DAILY	SPICEJET	KOLKATA	KOLKATA	
SG1059/SG-1060	2115	2140	DAILY	SPICEJET	HYDERABAD	H'BAD/MUMBAI	WEF 28/10/18
AK83/AK82	2125	2155	2,4,6,7	AIRASIA	KULALAMPUR	KULALAMPUR	
6E-2197/6E-742	2135	2205	DAILY	INDIGO	DELHI	HYDERABAD	
MI442/MI441	2220	2310	3,5,7	SILK AIR	SINGAPORE	SINGAPORE	
6E-838/6E-839	2240	2310	DAILY	INDIGO	BANGALORE	BANGALORE	
6E-437/6E-538	2325	2355	DAILY	INDIGO	CHENNAI	CHENNAI	
FD 116	2345	0015	1,3,5,7	THAI AIRASIA	DONMUEANG(BA NGOK)		FROM DEC 7
FD117			1,2,4,6			DONMUEANG (BANGOK)	

FLIGHT TIMINGS

EX VIZAG-HYDERABAD

Ex Hyderabad-Visakhapatnam

INDIGO FLIGHT

01) VTZ-HYD—6E-608—07:55—09:10
 02) VTZ-HYD—6E-809—13:00—14:15
 03) VTZ-HYD—6E-783—17:30—18:50
 04) VTZ-HYD—6E-776—19:20—20:30
 05) VTZ-HYD—6E-883—20:15—21:30
 06) VTZ-HYD—6E-742—22:05—23:20

01) HYD-VTZ—AI-952—06:10—07:20
 02) HYD-VTZ—SG-421—07:45—08:55
 03) HYD-VTZ—6E-366—11:15—12:30
 04) HYD-VTZ—6E-626—15:55—17:00
 05) HYD-VTZ—6E-611—16:50—18:00
 06) HYD-VTZ—SG-1059—18:55—20:30

SPICEJET

07) VTZ-HYD—SG-422—09:25—10:35
 08) VTZ-HYD—SG-1057—15:10—16:35
 09) VTZ-HYD—SG-1060—20:55—22:10

07) HYD-VTZ—6E-6211—07:20—08:15
 08) HYD-VTZ—6E-879—10:35—11:45
 09) HYD-VTZ—6E-773—17:35—18:50

AIR INDIA

10) VTZ-HYD—AI-951—18:00—19:10

10) HYD-VTZ—SG-1056—13:35—14:50

EX VIZAG-BANGALORE

Ex Bangalore-Visakhapatnam

AIR ASIA

01) VTZ-BLR—I5-1453—11:05—12:40

01) BLR-VTZ—I5-1452—09:10—10:40

INDIGO

02) VTZ-BLR—6E-422—14:45—16:20
 03) VTZ-BLR—6E-216—19:00—20:35

02) BLR-VTZ—6E-109—12:45—14:15
 03) BLR-VTZ—6E-608—16:50—18:20

EX VIZAG-CHENNAI

EX Chennai-Visakhapatnam

INDIGO

01) VTZ-MAA—6E-881—12:15—13:40
 02) VTZ-MAA—6E-512—15:00—16:20
 03) VTZ-MAA—6E-6001—17:55—19:05

01) MAA-VTZ—6E-557—06:40—08:10
 02) MAA-VTZ—6E-6834—16:00—17:25
 03) MAA-VTZ—6E-882—17:55—19:15

EX VIZAG-MUMBAI

EX Mumbai-Visakhapatnam

INDIGO

01) VTZ-BOM—6E-608—07:55—11:25

01) BOM-VTZ—SG-421—05:45—08:55

SPICEJET

02) VTZ-BOM—SG-422—09:25—12:30

02) BOM-VTZ—6E-366—09:15—12:30

AIR INDIA

03) VTZ-BOM—AI-651—14:15—16:20
 04) VTZ-BOM—AI-653—21:30—23:40

03) BOM-VTZ—AI-651—09:50—13:35
 04) BOM-VTZ—AI-652—19:10—20:50

EX VIZAG-DELHI

EX DELHI-VISAKHAPATNAM

AIR INDIA

01) VTZ-DEL—AI-452—08:40—11:20

01) DEL-VTZ—6E-2719—05:20—07:25

INDIGO

02) VTZ-DEL—6E-2726—08:55—11:25
 03) VTZ-DEL—6E-2772—18:30—21:10

02) DEL-VTZ—SG-8903—09:10—11:25
 03) DEL-VTZ—6E-2197—19:25—21:35

SPICEJET

04) VTZ-DEL—SG-8904—11:55—14:20

04) DEL-VTZ—AI-451—15:00—17:20

EX VIZAG-KOLKATA

EX KOLKATA-VISAKHAPATNAM

AIR ASIA

01) VTZ-CCU—I5-518—07:00—08:35

01) CCU-VTZ—I5-519—05:10—06:35

INDIGO FLIGHT

02) VTZ-CCU—6E-557—08:50—10:30

02) CCU-VTZ—6E-512—12:20—14:00

* SCHEDULE IS SUBJECT TO CHANGE

* PASSENGER SHOULD ENQUIRY BEFORE BOOKING/TRAVEL

ENQUIRY NOS.

* 6E - INDIGO FLIGHT 9910383838

* SG - SPICEJET

9871803333

* AI- AIR INDIA 18602331407

* I5 - AIR ASIA

08046662222

* VISAKHA AIRPORT 08912851169

EMERGENCY PHONE NUMBERS AT VISAKHAPATNAM

AMBULANCE SERVICES/HOSPITALS

HOSPITALS	Phone Number
Emergency	108 (Toll Free)
Apollo, Waltair Main Road	
Apollo, Arilova	2727272
	2867777
Care Hospital, Ramnagar	3041444/ 2522622
ESI Hospital - Malkapuram	2577195
ESI Hospital - Industrial Estate	2558209
ESI Hospital - Ramnagar	2553780
Golden Jubilee Hospital	2748050, 2748037
Ghosha Hospital	2562637
K.G.H.	2564891,
	Casulity (2542987)
	Blood Bank : 2543342
Kanakadurga Nursing Home	26667201
Latha Hospital(Daspalla Hills)	2736116
Lazarus Hospital	2780780,2784784
Mental Hospital	2570915
Queen's NRI Hospital	2535063/ 2535752
Seven Hills Hospital	2535488, 6677777
TB Hospital	2552525
Sunrise Children's Hospital	9550377799
Onmi RK Super Speciality Hospital	3080300
Mahatma Gandhi Cancer Hospital	2878787
LV Prasad Eye Institute	6714000
Visakha Eye Hospital	3042525
Vasan Eye Care Hospital	3989000
Lotus Hospital for Women	6656666
Star Pinnacle Hospital	6769977,6769978
RK Hospital	2764411
Govt.ENT Hospital	2711443
Krishna Hospital	2706628
Sankar Foundation Eye	9152769228
St. Joseph's Hospital	2706974

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