

# Annual General Body Meeting











# From the President's Desk



**PRESIDENT** DR.S.V.H.RAJENDRA R-285 9848192607

VICE-PRESIDENT MR.T.RAJESH KUMAR R-383 9848755599

HON.SECRETARY MR.V.CHANDRAKANTH C-049 9885011775

HON.TREASURER MR.V.KAMARAJU K-159 9849766622

**COMMITTEE MEMBERS:** 

KOSURI SRINIVASA S MURTHY M-231 9000046464

**SPORTS** 

MR.LINGAM K.N.S.REDDY R-475 9866668888

**ENTERTAINMENT** 

K.S.R.K.RAJU S-648 9848185679

CHAMBERS

MR.S.SUBRAHMANYA SHARMA S-533 9849116584

**GENERAL SERVICES** 

MR.V.SRIJAN BABU S-896 9848344511

**AUDITORIUM & LIBRARY** 

AKKINA SEKHAR BABU S-699 9849199906

**LADIES COMMITTEE CHAIRPERSON** SAKSHI ANUMOLU S-514

98491 62000

**SENIOR CITIZEN COMMITTEE** 

G. RAMA KRISHNA R-098 98499 99919

The past 2 years have been more like a roller coaster ride and I thank you for your patience and understanding.

I am humbled and honoured by the affection and blessings shown by all the members in giving me another opportunity to serve the club and I look forward to guiding the new committee and our members as we work to fulfil our mission in the forth coming year 2022-23.

I also thank the members for their continuous support in developing and attending all the activities in the club. I assure you that the present Managing Committee strides towards achieving the utmost satisfaction in fulfiling their goals according to the respective departments,

We need to collectively welcome and mentor members from all walks of life. I would be remiss if I did not thank the previous committee for their friendship and guidance throughout the term. The Managing Committee and I look forward to the participation of each of our members and hope to leverage your energy and ideas to make the club a better place.

We eagerly look forward to the blooming of the old camaraderie at the club, and I believe we have the will to make it happen.

**DR.S.V.H. RAJENDRA** 

# Vice President's Message



Dear Members,

I wish to sincerely thank all of you for reposing trust in me and unanimously selecting me as Vice President of Waltair Club. I am indeed pleased to serve our time honoured club and will strive to do my best.

It is a privilege to be the Chairman of the Editorial Board for Waltair Times. I thank Mrs. Sheila Jackson (S679) and the team for agreeing to come on board this year. I request members to contribute interesting features to the in-house magazine.

I seek your suggestions and support during the year ahead.

Warm Regards,

- T. Rajesh Kumar

#### WALTAIR TIMES ADVERTISEMENT TARIFF

Location	Single Issue	3 Issues	6 Issues	12 Issues
	Rs.	Rs.	Rs.	Rs.
Front Cover inside full	20000	44000	66000	121000
Back Cover	27500	66000	99000	158500
Back Cover inside	16500	36000	66000	106000
Back Cover inside half	9000	20000	33000	53000
Full page inside	11000	27000	40000	66000
Half page inside	7000	17000	27000	40000
* CCT Even 100/				

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<sup>\*</sup> Cheques & DD in favour of "WALTAIR CLUB"

Advertisement	Size:
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	Full A	Агеа	Prin	t Area
Full Page	21.5 (W)	28.5 (H)	18.5 (W)	26.5(H)
Half Page	21.5 (W)	14 (H)	18.5(W)	12(H)

# Hon. Secretary's Message

Dear Members,

Greeting to All

At the onset of this new 2022-23 year in Waltair Club I would like to thank each and every member personally from the bottom of my heart for reposing your faith in me to lead the club as a Secretary for this year.

Our team agenda for this year is to not to have an agenda and the agenda would be the agenda of the club users, what our members need and what our members want and expect from the club. So please come forward express your views, suggest improvements share your new ideas for a better club experience. My focus would be on wholesome entertainment for the entire family to help create a vibrant and joyful experience for all the club members.

Happy clubbing.

V.Chandrakanth



#### Address:

#### Waltair Club

Waltair Uplands, Siripuram, Visakhapatnam-530003.

Ph 0891-2565240, 2565740,

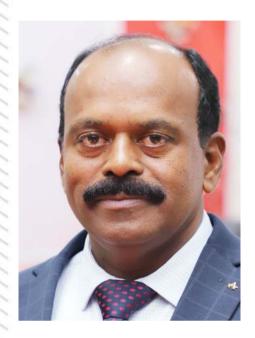
0891-2562182

Parcel No. 9390501495

Chambers Nos. 9390501494, 0891-2505462

Email info@waltairclub.com Web www.waltairclub.com

# Hon. Treasurer's Message



I am indebted to all the members of our esteemed club for electing me as the Hony. Treasurer for one more tenure.

With due respect for the trust & confidence reposed on me, I sincerely vouch to stay committed in improving our club financial strength & optimizing various expenses needed for a seamless administration of our club & endless entertainment to every segment of our club members.

As there are many areas of lacunae to be focused on, my envisage would be primarily on upgrading the ambience & standards of all our drink & dining places, and to digitalize the stewards task of orders & billing, that would save time & energy for a synchronous operation of all areas of F&B services.

Amongst many such visionary thoughts for improvement of our club standards, capping all areas of pilferage & mis-management is a crucial task on hand and I am confident that with the support & co-operation from our committee team, the much anticipated tasks can be easily achievable.

My closing note would be, 'Give Happiness to Get Happiness' and celebrate this Nano Life King size.!!

Ever Yours,

V. Kamaraju

#### Our bank details:

Beneficiary : Waltair Club

Bank Name : State Bank of India

Branch : Dutt Island, Siripuram,

City : Visakhapatnam-530 003.

Account No. : 34918462054

IFS Code No. : SBIN0006846

PAN No. : AAACW1956C

Please send payment details UTR No. to info@waltairclub.com.

# **Committee Members' Messages**

#### **BAR COMMITTEE**



I sincerely thank one and all for the overwhelming support and trust placed in me. I thank our President for entrusting me the Bar Committee. I will honor the responsibility and promise to deliver to the best of my abilities and will also use the help of our whole Committee's collective abilities.

We have already started off with a few initiatives like 'Pub Nites' on Saturdays, 'Seniors Special' on Sundays and 'Ladies Nite' on alternate Wednesdays. Some more weekly and monthly initiatives will be introduced soon. We hope to see your full participation and support.

Current areas of liquor service are at 1883 Bar and Restaurant, 2010, Club Lawns, Party Halls, Waltair Lounge and Wills Pub. Destiny Lounge will be open soon and Sports Bar for

youngsters is already in the drawing stage. Not only adding places, but we will also concentrate on improving the hygiene of all

the areas. We will be adding new bar stools, cutlery, bar crockery and linen. We are planning to impart bar etiquette classes to our bar staff. We will constantly strive to introduce the best available brands at a reasonable price and make your every visit to the club a pleasant one.

Any initiative can be successful only with the members' support and cooperation. Request all the members to abide by the rules of the events and initiatives. This is our place, and we need make the most of it. We always welcome your suggestions and feedback.

Chairman: Mr. K. Srinivasa S. Murthy Members	(M-231)
1. MRS. BHARATI SIKAND	(S-106)
2. MRS. BINDYA SHANKAR	(S-377)
3. DR. G. SRIDHAR	(S-492)
4. MR. T. GANESH GUPTA	(G-100)

#### Kosuri Srinivasa S. Murthy

Programmes for July & August, 2022				
22.07.2022	Friday	Movie	7:00pm	
29.07.2022	Friday	Rhythm of the Rains	8:00 pm	
05.08.2022	Friday	Movie	7:00pm	
07.08.2022	Sunday	Beer n Biryani with Tambola	12noon	
12.08.2022	Friday	Movie	7:00pm	
14.08.2022	Sunday	Independence Day - Azadi Ball	7:30 pm	
15.08.2022	Monday	Flag Hoisting followed by breakfast	9:00 am	
19.08.2022	Friday	Movie	7:00pm	
26.08.2022	Friday	Movie	7:00pm	
27.08.2022	Saturday	Tambola	7:30pm	
31-08-2022	Wednesday	Vinayaka Chavithi Pooja	09.00 am	
Weekend Events- At Wills Pub				
Ladies Night	Every month 2nd &	4th Wednesday	7pm to 11pm	
Wills Pub Nites	Every Saturday	Every Saturday		
Seniors Special	Every Sunday		11am to 11pm	

#### Announcements

- (1) Independence Day Eve Azadi Ball will be on 14th August, 2022 at 7.30pm
- (2) Flag Hosting on 15th August will be @ 9 am followed by a lavish Breakfast.

The 75th Independence Day will be celebrated magnificently. We request all members to attend both the events on 14th & 15th August, 2022

#### **Guest Charges**

: Rs. 100/-Per Day

Wills pub : Rs. 200/-

Breakfast & Executive Lunch: Rs. 50/- (per head)

#### SPORTS COMMITTEE



Dear Members.

I sincerely THANK YOU for your support in electing me as a Committee Member. The newly elected President has entrusted me to be the CHAIRMAN of the SPORTS COMMITTEE. In co-ordination with the newly elected Managing & Executive committee, we have planned

Chairman:

a year full of Sports activities, championships and tournaments. To mention a few,

SNOOKER: We have already successfully conducted an A.P. State Snooker Invitation Tournament. We also plan to do at least two Lightning Tournaments and one Ranking Tournament this year. Brand new sets of Snooker Balls have been acquired.

CRICKET: In addition to the Annual Presidential Cup and Annual Sports Month Tournament, we plan to have at least two championships against other clubs or societies such as Medical Fraternity Team / Round Table / BNI, Etc.,

Two new cricket training nets are being installed in the cricket ground which will be useful for coaching children.

BASKETBALL: We have newly appointed Nirmala Sports Academy which has about 20+ National Players as coaches to coach members' children. On the suggestions of the players and the new coaches, we plan to replace the basketball back board to a more professional one and better the facility.

GOLF ARENA: We are planning to better the participation of members in the Golf Arena by increasing the number of players. We will be conducting monthly competitions and shall also have an annual Tournament at the time of the Club Annual Sports Meet.

GYM: With a huge budget being approved in the AGM, we plan to bring in new equipment as per the requests of the members and also we plan to renovate and create a proper atmosphere and ambience in the gym.

In addition to the above mentioned activities, we plan to have more tournaments and competitions across all other indoor as well as outdoor sports.

I request members and their children to fully utilize and take advantage of the Sports facilities available at Waltair Club and also request you to give us valuable suggestions and inputs in further improving the sports facilities.

Thank You,

Raja Lingam

	nators:	<b>Mr. Raja Lingam (R-475)</b> Mr. G.srinivas Reddy Mr. D.seetharama Raju	(S-840) (S-1257)	
Sports S	ub-comm	ittees:		
Volley B	all:			
1.		na Kanth (Convenor)	(K-176)	
2.		d Katineni	(A-118)	
3.	Mr. Tarur	n Kumar	(T-066)	
4.	Mr. Koth	apalli Mohit	(M-287)	
5.	Mr. Pava	n Potluri	(P-265)	
6.	Mr. Jagai	nmohan Reddy (Morning)	(J-091)	
Cricket:				
1.		nivasa Reddy (Convenor)	(S-840)	
2.		Kolagatla	(A-342)	
3.		etharamaraju	(S-1257)	
4.	-	Vankayala	(U-034)	
5.		anthi Kiran	(S-566)	
6.	Mr. Dilip		(R-448)	
7. Swimmi		m Tatineni	(V-402)	
3WIIIIIIII 1.	_	a Muppidi (Convenor)	(J-103)	
2.		du Nangelia	(C-073)	
3.		ali Deepa	(D-098)	
Golf Are			(/	
1.	Mr. S.V.R	. Raju (Convenor)	(R-597)	
2.	Mr. Venk		(V-217)	
3.	Mr. Chan	chal Gupta	(C-074)	
4.	Mr. P.V.L	. Narasimha Raju	(N-134)	
5.	Dr. Satish	n Kumar Arya	(S-869)	
6.	Mr. Amar	kanth Babu	(A-325)	
7.	Mr. Pladu	ıgu Srinivas	(S-1200)	
8.	Mr. Ch. R	ajasekhar	(R-247)	
9.	Мг. Арра	sani Nagu	(N-281)	
Gym:				
1.		oathy Roy (Convenor)	(J-103)	
2.		ndra Lingamaneni	(S-908)	
3.		herla Ram Prasad	(R-110)	
4.		sh Kantipudi	(A-190)	
Badmin			/	
1.		h Choudary (Convenor)	(A-198)	
2.	Mr. Viraj	Polisetty	(V-355)	
Basket			(1402)	
1. 2.		oathy Roy (Convenor0 shi Morada	(J-103) (S-514)	
Snooke		ili Morada	(3 3 1 7)	
1.		arao Eranki	(S-938)	
2.		alyana Chakravathy	(K-262)	
Tennis:		.,,	(	
1.	Mr. Veera	a Mohan (Convenor)	(V-088)	
2.	O. Laxma	ın Kumar	(L-017)	
Walkers:				
		li Deepa (Convenor)	(D098)	
2.		anik Raj (Morning)	(14.2.42)	
F	(Convend	DF)	(M-248)	
Footbal		ovi Tojo Kodid		
1.	(Convenc	avi Teja Kodidasu	(S-1164)	
2.	•	Kodidasu	(S-1164) (S-902)	
			,/	

Mr. Raia Lingam (R-475)



#### **ENTERTAINMENT COMMITTEE:**

Dear Member,

At the outset, please accept my warm and hearty greetings.

I am extremely grateful to you all for your valuable support for electing me as Committee Member of the prestigious and reputed Waltair Club for the second time.

It is a great honor to hold the reigns of the Entertainment Committee, as Chairman, for the second time in a row and I express my deep and heartfelt gratitude to the President, Waltair Club, for this.

Because of pandemic last year, all elections were delayed and subsequently I could not serve as Chairman of Entertainment Committee for the full term. However I tried my level best to stand up to your expectations and do my job to the satisfaction of all in the remaining term.

Now, I sincerely assure you that I would come up with refreshing and innovative entertainment programs and leave no stone unturned to make you happy and keep you entertained during my second innings as Chairman of the Entertainment Committee.

Chairman: Mr. K.S.R.K. Raju	(S-648)
Members	
1. MR. K. VENKAT KIRIT	(V-217)
2. MR. T. VEER KUMAR	(V-443)
3. MR. HARISH DEEPAK IDANI	(H-153)
4. MRS. KRANTHI VARMA	(P-294)
5. MRS. VALLI RAM PRASAD	(R-051)
6. MRS. SHEILA JACKSON	(S-679)

Working with zeal and creating zest would be the hall marks of my efforts and I sincerely seek your full cooperation and support to carry out my responsibilities.

I heartily invite new and innovative ideas, suggestions, inputs to make the entertainment programs enchanting and exciting.

I once again express my hearty thanks for your valuable and continued support.....

K.S.R.K.Raju (Sai), S-648

#### **CHAMBERS COMMITTEE:**



As the Chairman for Chambers this year, my prime focus would be on upgradation of standards in rooms & bathrooms. And will gear up the House Keeping & the Reception team with a class apart in delivering their work in synchrony with quality and responsibility.

As the occupancy of our rooms has picked up post Covid last year, I shall put my best efforts to further the bar of occupancy to its maximum, by consistent monitoring of room services & house keeping and intend to bring a mark of recognition to our club with the best rooms & services over any other club, and to offer our members & guests, a value addition on every moment of their stay at Chambers.

S.Subrahmanya Sharma, S-533

<b>Chairman</b> : Mr. Subrahmanya Sharma <b>Members</b>	(S-533)
1. MR. V. KIRAN KUMAR	(K-079)
2. MR. S. CHAKRAVARTHI	(C-061)
3. MR. A. KRISHNA KUMAR	(K-056)
4. MR. Y. DINESH	(G-124)



#### **GENERAL SERVICES:**

I express my sincere thanks for electing me as Chairman - General Services. I would do my very best to maintain the standards of our esteemed club. I request members to give their suggestions, if any, for better functioning.

Dr. V. Srijan Babu, S-896

Chairman : Dr. V. Srijan Babu	(S-896)
Members	
1. MR. E. SUBBA RAO	(S-938)
2. MRS. S. NANDITHA REDDY	(N-141)
3. MR. T. AMITH CHOUDARY	(A-198)
4. MR. G. SRINIVASA REDDY	(S-840)

# AUDITORIUM & LIBRARY COMMITTEE

I sincerely thank the members for entrusting me responsibility of both the Auditorium and the Library.

Auditorium: To improve the aesthetics the following tasks have been undertaken and completed.

- 1. Seepage issues have been addressed on an urgent basis and the work is completed.
- 2. Painting and polishing has been done.
- 3. AC ducts were cleaned & tested.

Kindly note that the above has been completed on war footing in a month's time.

#### LIBRARY:

Our Library boasts of having an excellent collection of books on various genres.

Sincere attempts are being made to provide the facility of E-books, as well. Suggestions are welcome. A few literary programs for children are being planned. We request members & children to utilise these facilities to the maximum.

Akkina Sekarbabu



Chairman: MR. AKKINA SEKHAR BABU Members	(S-699)
A) Auditorium Sub Committee:	
1. MR. J.M. M. CHOWDARY	(M-116)
2. MR. V. RAVINDRA	(R-359)
3. MR. M. DURGA PRASADA RAO	(D-074)
4. MR. N.S.R. BAPUJI	(B-102)
B). Library Sub Committee:	
1. MR. I.B. KUMAR	(K-137)
2. Mrs.Parveen Z Hosain	(P-156)
3. Mrs.C.Nirupama	(C-063)
4. Mrs. Sheila Jackson	(S-679)

#### LADIES COMMITTEE:

Waltair club has always been a home away from home and I am sure we all have very fond memories of attending events at the club while growing up. Hence it gives me immense pleasure to have this opportunity to give back to the club and it's members what it has always provided for us - a means to be engaged constructively.

I would like to thank the managing committee for giving me this chance and at the same time acknowledge the lovely talented team of ladies committee 2022-23. I look forward to organising activities and events for club members and their families.

This is one institution that is very close to my heart and my team and I will strive to do our best to bring to you an eventful entertaining calendar.



Mrs. Sakshi Anumolu

Chair	person : Mrs. Sakshi Anumolu	S-514			
Mem	bers				
1	Mrs. Jija Valsaraj (Advisor)	V-130	14	Miss. Vinesha	V-422
2	Meghana Oza (Advisor)	S-291	15	Mrs. Gayatri	G-127
3	Mrs. Prerna Kancharla	R-520	16	Mrs. Shwetha Kancharla	S-546
4	Mrs. Sindhuja Vankayala	R-578	17	Miss. Lakshmi (Prakya)	L-043
5	Mrs. Hanisha	P-373	18	Mrs. Kodali Deepa	D-098
6	Mrs. Priya	K-079	19	Swetha Josh	S-1251
7	Mrs. Divya Das	D-093	20	Mrs. Deepti Bollina	S-573
8	Mrs. Sonal sarda	N-266	21	Mrs. Sonika Kankatala	A-412
9	Mrs. Sweta N	C-073	22	Miss. Sai Keerthana Grandhi	S-1249
10	Mrs. Jyothi	K-262	23	Mrs. Deepika Das	I-026
11	Mrs. Subhashini Garuda	B-095	24	Mrs. Srujana	V-191
12	Mrs. Mona	J-111	25	Mrs. Paridhi	A-461
13	Mrs. Nivedita	K-274	26	Mrs. Sunitha Rani	G-100

#### SENIOR CITIZEN'S COMMITTEE

I thank the Managing Committee for selecting me to be the Chairman of Senior Citizen's Committee.

I have had the privilege of being the Past President of our Club during 2011.

Programs are held once in 3 months. I request all the senior members to participate in all the activities and the medical camps that are held periodically.

G.Ramakrishna



#### **Sub Committee:**

1. MR. R.JAGAPATHI RAJU (J-032)

# From the Editor's Desk

I deem it a privilege to take forward the Waltair Times into another new epoch.

I express my gratitude to the President of the Club Dr.S.V.H.Rajendra and the Managing Committee for entrusting me with this monumental assignment I am also grateful to the entire team for readily consenting to the part of the Editorial Team and I trust that under their able guidance, we would strive to bring out a well-informed and delightful Waltair Times!

Reminiscences of former events, plans for fun filled times, triumphs of our beloved members, and an assortment of other fascinating reads, would fill the pages of Waltair Times.

As in the past, we continue to invite members to contribute knowledgeable articles, accomplishments of members and their children, columns on wellness and medical management, real life experiences worth recounting and various other features as you deem appropriate. We request members to submit short jokes, riddles, puzzles, not only in English, but also in Telugu and Hindi The Editorial Board would publish the articles after careful consideration.

Members are requested to send their write-ups to mail id: sheilajackson753@gmail.com.

The activities of the club are gradually gaining momentum. We sincerely request all members to take precautionary measures and strictly adhere to safety protocols at all times.

We congratulate the newly selected team for the year 2022-2023 and wish that the Club be filled with joie-de-vivre.

#### Sheila Jackson

M.No.S-679

EDITORIAL BOARD	
Chairman	
Mr.T. Rajesh Kumar	R-383
Editor	
Mrs. Sheila Jackson	S-679
Members:	
Mrs. Parveen Z Hosain	P-156
Mr. Vijaya Kumar Atmakuri	V-048
Mrs. Sandhya Godey	R-185
Mrs. C.Nirupama	C-063
Dr. Betsy Williams	B-170
Mr. S.R.Ravindra	R-454
Mrs. Sonal Sarda	N-266
Mr. V.Ravikanth	R-446









For any Holiday Destinations

Plot No. 1, Balaji Nagar, Ardee Building, Siripuram, Visakhapatnam. Ph: 98487 55599, 77358 99999 | Email: asconvtz@yahoo.co.in

















#### Dr T.V.S. Rao (S-301)

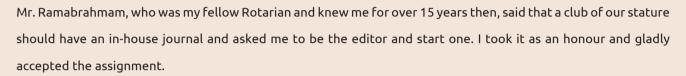
Founding Editor

# MY TRYST WITH THE WALTAIR TIMES

Time flies fast. The Silver Jubilee of Waltair Time passed by, unnoticed and unsung.

It was the eventful year1996. Our club President was Mr. Kancharla Rambrahmam.

I was asked by the President to meet him. At that brief meeting in his office,



In those days designing and printing technology was not as advanced as now. The journal started on a modest scale. I suggested the name WALTAIR TIMES and it was accepted. Thus was ushered in our in-house magazine.

From the start, I felt that in addition to dissemination of club information, Waltair Times should serve as a family journal, where every age group has something to expect.

I used to sit in a dingy room with a DTP operator and compose and edit the journal. Thus began the journey of our magazine. Successive editors put in their best efforts to improve the looks and content of the magazine,

It was perhaps a coincidence that in 2010. I was asked to edit the Waltair Times for a second time by Mr. K. S. Anand Dutt, the president and brother of Mr. Ramabrahmam. By that time technology improved. Photoshop and other software came into use in designing the journal. Photos became colourful and art paper replaced map litho. I had upgraded my composing skills as well. I learnt Pagemaker and used to compose the whole journal at home, setting the fonts and picture placements. I used to spend only about an hour with the DTP operator of the press to prepare the final design to print. GK Press, our printers, who were known to me since the nineties, used to give priority to my work and extend me all the courtesies, which made my job that much easier.

In the second stint, I received excellent cooperation from Ladies Committee Chairperson Mrs. Rajini Chitra as well as some doctor and lawyer members who contributed articles to the journal. Late Mr. Durvasula Dakshina Murthy used to contribute an article in Telugu for every issue. We used to run a quiz contest and give prizes. Thus it was fun combined with serious work bringing out the twelve issues of the year. The feedback was encouraging.

I continue to feel that affinity for Waltair Times. As she takes up its reigns, I wish our new Editor Shiela, all the best in her assignment. And my warm greetings to all the readers.



#### Waltair Club Tambola Winners



1st Prize Winner - Mrs.Kavita G Satwani W/o. Mr.G.G.Satwani (M.No.S-007)



2nd Prize Winner -Mr.N.Ajit Madhusudan (M.No.A-409)



2nd Prize Winner- Mrs.K.Kanaka Lakshmi W/o Mr.K.Panduranga Rao (M.No.R-447)



3rd Prize Winner -Mr.M.Vivek Nag (M.No.V-347)

## **Obituary**

We regret to announce the sad demise of the following members.



Mr.V.Suryanarayana Rao (M.No.S-684) expired on 11.07.2022



Mr.Pavan Sutha Potharaju (M.No.P-305) expired on 23.07.2022



Mr.W.Raj Kamal (M.No.R-074) expired on 30.07.2022



Further to our earlier information, requesting to maintain speed limit below 15KMPH within all areas of the Club. It is noticed that some persons are still violating the same. Kindly adhere with the above speed limit in the Club premises. Voilation is causing inconvenience to the senior / lady members

# New Members List \_\_\_\_\_

	W Members Else			
S.NO.	. MEMBER NAME	M.NO.	CATEGORY	D.O.J.
1	MR.N.RAGHURAM	N-289	REGULAR MC	27.05.2022
2	MISS.CH.PRANEETHA	P-375	REGULAR MC	01.06.2022
3	MR.S.SATISH	S-1359	LIFE	02.06.2022
4	MISS.MARY SHARANYA N.	M-353	ASSOCIATE	04.06.2022
5	MR.AVNEESH KUMAR	A-487	REGULAR MC	04.06.2022
6	MISS.M.GEETHIKA SAI	G-153	ASSOCIATE	04.06.2022
7	MR.RAJEEV KUMAR MEENA, IPS	R-761	SERVICE	05.06.2022
8	MISS.V.SUPARNA YACHENDRA	Y-019	REGULAR MC	06.06.2022
9	MISS.P.SRI RAMYA JYOTHI	S-1361	ASSOCIATE	06.06.2022
10	MISS.P.SRI RENUKA VARMA	S-1362	ASSOCIATE	06.06.2022
11	MISS.G.KARISHMA CHOWDARY	K-317	ASSOCIATE	07.06.2022
12	MISS.PREETI BATTAGANI	P-376	REGULAR MC	07.06.2022
13	MISS.M.PHANI SURYA KANTHA	P-308	REGULAR MC	07.06.2022
14	MR.VINEEL YATHAM	Y-027	REGULAR MC	08.06.2022
15	MR.K.S.L.GANESH	S-1360	REGULAR MC	08.06.2022
16	MISS.A.LAKSHMI MAYUKHA	M-351	REGULAR MC	09.06.2022
17	MR.SURYA PRITHVI R.	S-1358	REGULAR MC	09.06.2022
18	MR.CH.PRANAY	P-377	ASSOCIATE	09.06.2022
19	MR.CH.PRATHEEK	P-379	ASSOCIATE	09.06.2022
20	MR.M.V.SESHANK	S-1153	REGULAR MC	10.06.2022
21	MR.S.RANJIT KUMAR	R-759	REGULAR MC	14.06.2022
22	MISS.P.LOHITHA	L-074	REGULAR MC	15.06.2022
23	MISS.J.LIKITHA	L-072	REGULAR MC	15.06.2022
24	MR.P.VISHAL KUMAR	V-471	ASSOCIATE	15.06.2022
25	MR.SAIF ALI KHAN	S-1114	REGULAR MC	16.06.2022
26	MR.SANATH S.	S-1161	REGULAR MC	16.06.2022
27	MR.L.AKSHAY CHOWDHARY	A-486	REGULAR MC	16.06.2022
28	MISS.V.SARVANI	S-1159	REGULAR MC	16.06.2022
29	MRS.D.MONIKA	M-352	REGULAR MC	17.06.2022
30	MR.VANDIT GUPTA	V-472	ASSOCIATE	18.06.2022
31	MISS.R.HARSHINI	H-199	REGULAR MC	27.06.2022
32	MR.V.BALAKRISHNA RAO	B-182	LIFE	08.07.2022
33	MR.SEGU SRIDHAR	S-1365	LIFE	08.07.2022
34	MR.K.SRINIVASA RAO	S-1367	SERVICE	09.07.2022
35	MRS.D.KUSUM LATA	K-318	REGULAR MC	09.07.2022
36	MRS.VASAVI VYSYARAJU	V-475	LIFE	11.07.2022
37	MR.P.VENKATA SUBBA RAJU	V-473	REGULAR MC	12.07.2022
38	MISS.P.POOJA	P-383	ASSOCIATE	13.07.2022
39	MR.G.SRINIVAS RAO	S-1363	LIFE	13.07.2022
40	MISS.A.RADHA MOUKTHIKA	R-762	ASSOCIATE	13.07.2022
41	DR.K.PRADEEP	P-381	LIFE	13.07.2022
42	DR.T.PRASHANTH	P-380	LIFE	14.07.2022
43	MR.K.SAI ADITYA VARMA	S-1366	ASSOCIATE	14.07.2022
44	MR.PANKAJ KUMAR NARAVA	P-346	REGULAR MC	14.07.2022
45	MISS.N.MEGHANA	M-356	ASSOCIATE	15.07.2022
46	MR.RONAV MORADA	R-760	ASSOCIATE	15.07.2022
47	MR.M.VISHAL VARMA	V-474	ASSOCIATE	16.07.2022
48	MR.B.RONITH SAI	R-764	ASSOCIATE	16.07.2022
49	MISS.A.JAYA RAKSHITA	J-141	ASSOCIATE	19.07.2022

#### Member Honour



We proudly congratulate our Member Mr.Aftab Yusuf Patel (M.No.A-361) who has been awarded a Ph.D in Theoretical Mathematics from University of Western Ontario Canada.

Ph.D Research Title: Equisingular Approximation of Real and Complex Analytic Germs

Aftab's passion for Mathematics and Computing has taken him on an exciting journey starting from IIT Kharagpur, Georgia Tech Atlanta to University of Western Ontario. His exemplary works in Mathematics and Computing have been published in acclaimed International Journals. We wish him all the luck in his future pursuits.

The club congratulates our member S. Radha Krishna (R-728) son of Mr S.N. Swamy (S-282) who has been awarded with a Ph.D. in Electrical engineering from Boston "University, USA, where his specialization was in the area of MICROFLUIDICS DESIGN and AUTOMATION. His PhD is focussed in developing technologies which engineers could utilize when developing Biomedical devices. Utilizing these technologies researchers would be able to accelerate the development of "New therapeutics and reduce the cost of development for point of care diagnostics in low resource settings.

Radhakrishna has done his schooling in Timpany, Graduation from BITS PILLANI Dubai campus. He was team finalist for the MICROSOFT IMAGINE WORLD CUP. He worked in Team INDUS banglore in the satillite launch programe of google. He further completed his Master's and Ph.D in Boston University. His three papers were published in the International news magazine.







### Les rècents èvènements

#### International Yoga Day 21st July, 2022.

International Yoga Day was commemorated on 21st July, 2022, where over a 100 members participated. It was celebrated all over the world with the theme 'Yoga for Humanity'.

Mr Ravi Shankar, the Yoga Instructor, expertly guided the members.

The President, Dr.S.V.H.Rajendra, in his address, mentioned that Yoga helps people to stay energetic and have a strong immune system. He appreciated that both adults and children took part enthusiastically and said that regular practice of Yoga would help in achieving holistic health.

Other committee members were present and the event proved beneficial to all those who participated.











# **Snooker Champions**

Waltair Club hosted the most prestigious Andhra Pradesh State Invitation Snooker Championship-2022 under the esteemed Andhra Pradesh Billiards & Snooker Association from 12.07.2022 to 17.07.2022. Title sponsors Nekkanti Sea Foods and Nekkanti Enterprises.

Winner – Siva Sarma

Runners – S. Sankar Rao

Semi Finals – Zaffar, Hemanth

Quarter Finals – Susheel, Ananth Achari, Selva, Kalyana Varma

















# Plastic Bottle Crushing Machine inauguration held on 14.07.2022 at evening 5pm. Chief Guest Shri G.Lakshmisha, GVMC –Commissioner.







Donor - CSR Initiative of Coastal Trawlers Ltd.

#### WEDNESDAY NIGHT FEVER



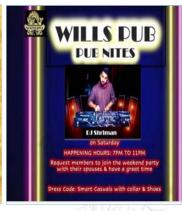
Many members were aware that there was a pub in Waltair Club. Some of them even knew that it was known as the Wills Pub. Of these, most nights, a regular crowd shuffled in. And Wednesday nights were like any other night. But then something happened recently: the quality of service improved, boring recorded music was replaced by live bands and DJs playing foot-shuffling beats, our regular armchair uncles began to shake a leg, the word spread, and before you knew it, the Wills Pub became a happening place. And yet,

lady members of the club still felt a little left out. Many of them who enjoyed getting together in the warmth and security of the club, were looking for a similar experience - but in a pub. They wanted a watering hole where they could let their hair down once in a while - but one that had no need for bouncers. No problem, said President Rajendra and his new committee, consider it done. And Voila! Ladies' Night every other Wednesday was introduced. Going by the crowds and the enthusiasm, this has turned out to be a 'masterstroke'. But ladies, don't take our word for it; see for yourself that Wednesdays are the new Saturdays - in Wills Pub at least.

Bindya Shankar (S377)









## The Rhythm of the Rains













The Waltair Club Ladies Committee, chaired by Sakshi Anumolu, organized its first event of the year on 29th July 2020. It was a musical evening that featured a three member band - Project Arzoo from Hyderabad. The night was one of games, music and dance that was well attended by more than 350 members. The décor was an elegant black and gold and the auditorium was decked up to give an energetic party vibe.

The auditorium was packed to full capacity early in the evening itself. The ladies committee started off the night with a few ice breaker games for couples. Monisha Nagpal was brought in as the MC for the event. All games saw the spirited participation of both the young and the old. Exciting prizes were handed over to the winners

Once the energy was amped up with games and activities, the band took stage and set the night rolling. A special menu had been created by the Food Committee to make sure that all members and guests were well fed and comfortable. The Bar Committee also had given special attention to ensuring an inviting set up for the bar.

After the band was done, DJ Chetan took over the music and got the members dancing to foot tapping numbers. The night saw youngsters and old alike, enthusiastically taking to the dance floor. The managing committee acknowledged the effort of the Ladies Committee and encouraged the Ladies Committee to continue organizing more such engaging events.

- Mrs. Sonal Sarda, N-266







## **Medical Management**

#### **COMMON EYE PROBLEMS, PREVENTION AND MANAGEMENT**

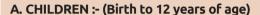
- Dr.I.Venkata Rao M.No.V-079

#### **USEFUL SUGGESTIONS**

Friends,

Eye problems are very common indeed. I give a brief account of common issues and ways to tackle them and for easy understanding, I divide them into four categories:

- A. Children
- B. Teenagers and Adolescent
- C. Middle agers
- D. Elderly Seniors.



These are mostly inherited from parents (genetics):

- 1. Refractive Errors: It must be realised that the human eye is not a perfect organ in every sense. However these variations are not really diseases.
- i). Myopia : Near Sight
- ii). Hyperopia : 3 colour blindness
- i) Myopia: is a common occurrence in children. Inability / difficulty in seeing things at far distance eg: T.V. viewing, black boards at school. When parents notice this, an eye doctor's opinion is mandatory. A thorough examination will help to establish this defect and present an opportunity to assess the whole eye for other abnormalities. The child will be advised to wear glasses to improve vision at far distance.
- ii) Hyperopia: (far sightedness is a misnomer): These children experience difficulty with vision at all distances more importantly while reading and writing. Spectacle wearing is a common advice.

Some Teenage girls detest wearing glasses and the parents need to create confidence in them.

iii) Squint: A squint means one or both eyes may turn in or out. The reason is that one eye dominates the other because of better vision and functionality. Eye exercises and corrective eye surgery may be required in some instances.

#### **B. TEENAGERS & ADOLESCENTS**

We live in a "computer-age" where cell phones, tablets, and laptops have become a household affair and usage of these gadgets have bad fallouts.

Eye strain is a term that encompasses the unwanted effects of excessive usage of these useful gadgets 'Glare' is the uncomfortable light that emanates from these gadgets screens and it is very hurting to the retina.

INJURIES: Eye injuries resulting from accidents usage of bicycles, motor bikes and cars have become an essential part of life. Protective gear (Helmets and Car seat belts) must be worn at all times Dark Glasses, besides reducing glare add comfort. However dark glasses usage has become more of a fashion these days. All car drivers should avoid them while driving.

An 'irritating Red Eye' should never ever be neglected. Self treatment and using others eye drops can be harmful. It should be recognised that eye injuries as described above are a very important cause of visual impairment / blindness globally.

#### C. MIDDLE AGE

- 1. Presbiopia (Chatvaram) (38-45 years): This is not a disease but an integral part of aging where the eye's ability to focus on near objects principally small print / small numbers becomes increasingly difficult especially in dim light.
- 2. Glaucoma: This is essentially a disease of Retina and the nerve (optic nerve) that connects it to the brain. Very often this condition is asymptomatic (occasional headache for no reason). It can be diagnosed only after careful examination by an ophthalmologist. A frequent observation is increased eye-pressure. It tends to be hereditary. After eye- examination and on confirmation of glaucoma, eye drops are usually prescribed to be used regularly.



3. Diabetes: Diabetes related issues: These are very bothersome. Eye examination is as important as controlling diabetes by drugs. This entity is another major cause of vision loss / blindness.

#### D. ELDERS (SENIORS) (60 plus)

- a) Cataract: Human eye has a built in idly shaped lens which is transparent like glass. This helps to focus light rays entering the eye onto the Retina, where signals are transmitted to the brain for visual perception. Over a period of time even in healthy individuals cataract becomes very obtrusive due to loss of lens transparency which becomes opaque. Cataract is not cancer. Examining eye surgeon may recommend change of spectacles or cataract surgery.
- b) Glaucoma: 18 to 20% in this group tend to have this condition. Eye examination and scrupulous compliance of doctors advice are essential.
- c) A.M.D: Age related retinal changes occur for no reason. Vision in one or both eyes gradually and imperceptibly deteriorate "Macula" located at the back of the eye is the site of disease. Doctors advice may include change of life style, medicines/magnifying lenses. Injections into the eye and laser treatment are some of the modern modalities of management
- d) Dry Eyes: This is a common feature especially in middle aged women because of hormonal changes or arthritis. Artificial tears / lubricants are helpful in providing eye comfort.
- e) Alcohol and Tobacco: Dear friends, useful advice is different from preaching. It has become a fashion in recent times to see people becoming addicts to alcohol and smoking. It is said within certain limitations (Lakshman Rekha) complications are avoidable. It is easier said than done. It has become a fashion to see youngsters smoking and drinking in college parties. These indeed have become a common feature in T.V. shows and some recent movies.
- f) Conclusion: Without offence may I say the people should exercise the god given common sense and conduct their life styles accordingly.

The above text is an essence of my 46 years of practice as an ophthalmologist in India & abroad. I accept bouquets and Bric Bracs whole heartedly.

Dr.I.Venkata Rao



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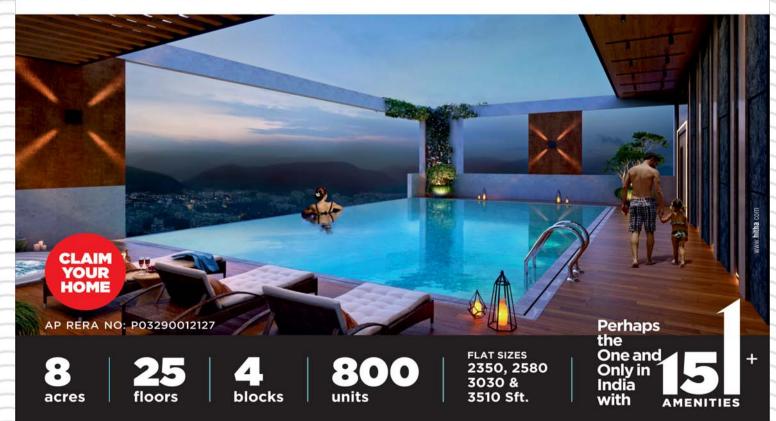


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